

THE 37TH ANNUAL SUMMER CME CONFERENCE



PAS
Make
Magic Happen



JULY 21ST THROUGH 26TH, 2019
AT THE HILTON VIRGINIA BEACH OCEANFRONT

THE 37TH ANNUAL SUMMER CME CONFERENCE

* PAs MAKE MAGIC HAPPEN! *

We Support Our Active Duty Military and Veterans!

We'd like to thank our active duty military members and veterans with a special discounted conference rate. If you attend the full conference, you will receive \$100 off the Member Registration price.

In support of the Virginia Academy of Physician Assistants' mission, the focus of this year's conference is to provide Physician Assistants and other providers with current medical information that will reinforce their knowledge base and introduce new concepts and clinical practice skills through a cost-effective, evidence-based, and diverse educational program.

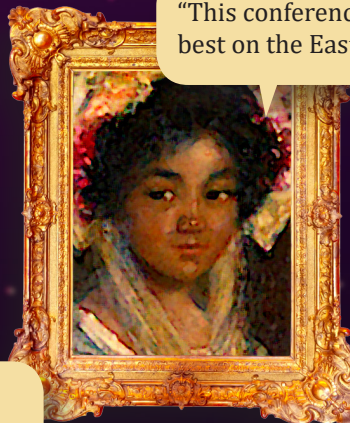
This program has not yet been approved for Category 1 CME credit. Conference organizers will request Category 1 CME hours for General Sessions (plus additional hours for optional workshops) as well as SA-CME credit from the American Academy of Physician Assistants.

Conjure Up Some Credits With Our CME

- * Earn Category 1 CME credits while enjoying a family summer vacation!
- * Faculty will present current updates and provide clinical perspective
- * Participants will gain knowledge and practical strategies to provide highest level of patient care
- * Insightful hands-on workshops (optional)
- * Exhibit hall
- * Daily breakfast, lunch (Mon-Thurs) and refreshment breaks included
- * Nearby popular dining, shopping, and entertainment



"We will continue to attend year after year."



"This conference is one of the best on the East Coast."



"Love this conference!"

2019 Summer Social Event!

*Wednesday, July 24, 2019 * 7-10 PM Beachside Social*

Witches and wizards alike are cordially invited to the VAPA Wednesday Social Event! Walk on over (or apparate!) to Beachside Social for a casual finger food dinner and other family friendly activities for all ages. Non-alcoholic beverages are included, and a cash bar will be available.

Registered attendees of the conference can join the social event free! Additional guests will be charged \$10 if over 13 years of age, \$5 if between 5-12, and all children under 5 get in free.

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Hotel Information

Group
Virginia Academy of Physician
Assistants

Group Code
VAP

Rates (Per Night)
Non-Ocean-View Rooms

begin at \$229/night

Ocean-View Rooms

begin at \$255/night

Ocean-Front Rooms

begin at \$295/night

Empyrean/Club Level Rooms

begin at \$329/night

One-Bedroom Suites

also available

Reservations

Rooms are available
at the Hilton until

Tuesday, June 25, 2019 or
until the group block is sold
out, whichever comes first. Visit
www.vapa.org for reservation
information or call (757) 213-
3000 now!

This hotel, towering 21 stories above the Virginia Beach resort district, offers panoramic views that rank among the very best on the Mid-Atlantic coast. It boasts two award-winning restaurants including Catch 31 - offering the Oceanfront's largest raw bar and fresh seafood selections and Salacia - Virginia's only AAA Four-Diamond Steakhouse, as well as the Sky Bar, featuring Virginia Beach's only roof top bar and infinity pool.

Located adjacent to the hotel is Neptune Park which hosts nightly entertainment throughout the summer, and the Shoppes at 31 Ocean, which offers a variety of fabulous boutiques for your shopping pleasure. The Hilton Virginia Beach Oceanfront hotel is situated just 20 minutes from Norfolk International Airport and downtown Norfolk, 45 minutes from Colonial Williamsburg and Busch Gardens, five minutes from the Virginia Aquarium & Marine Science Center, and only 10 seconds from the famous Virginia Beach boardwalk and oceanfront. Travel should take you places!™

Superior guestrooms are available with king beds or two double beds. Featured amenities include a 32-inch flat-screen color television with premium cable channels, on-demand movies, high-speed internet access, two telephones with voicemail capabilities, and work desks with ergonomic chairs.



2019 VAPA Awards Ceremony

Monday, July 22nd, 2019 • 4:30 - 5:30 PM • Hilton Peacock AB Ballroom

We strongly encourage attendees to join us Monday evening after the last General Session to attend the 2019 VAPA Awards Ceremony. Each year, VAPA honors PAs in Virginia, nominated by their peers, in the following categories: Preceptor of the Year, Humanitarian PA of the Year, PA Student of the Year, Physician/PA Partnership of the Year, and PA of the Year. This is an incredible honor and we hope you will join us to recognize the award recipients who have made outstanding contributions to the profession in the Commonwealth.



**PA
of the Year**

Rachel Carlson, EdD,
PA-C



**PA Physician
Partnership**

Michael Jeremiah, MD
Christina Gardner, PA-C



**Preceptor
of the Year**

Ken Anderson, PA-C



**PA Student of the
Year**

Stephen Lewia, PA-S

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Sunday, July 21, 2019

12:00 PM	Conference Registration Opens	
12:30 - 2:30 PM	WORKSHOP: ECG Review Utilizing Clinical Cases: Beyond the Interpretation	<i>Philip O'Donnell, M.D.</i>
12:30 - 2:30 PM	WORKSHOP: Examination of the Knee	<i>Jeanine Gargiulo, PA-C</i>
2:30 - 4:30 PM	WORKSHOP: Introduction to Basic Point of Care Ultrasound	<i>Shea Dempsey, DMSc, PA-C</i>
2:30 - 4:30 PM	WORKSHOP: Wilderness Medicine Top 10/Hemorrhage Control in the Wilderness	<i>Randy Howell, DHSc, PA-C</i>

Monday, July 22, 2019

7:00 - 8:00 AM	Registration & Breakfast	
8:00 - 8:05 AM	Welcome from VAPA President	<i>A. Rose Rutherford, PA-C, MSPAS</i>
8:05 - 9:00 AM	Thyroid Pearls for Primary Care - Nodules, Hyper and Hypothyroidism	<i>Scott Urquhart, PA-C, DFAAPA</i>
9:00 - 10:00 AM	AAPA Clinical Case Challenge Series: Managing Cardiovascular Risk in Patients with Type 2 Diabetes: Emerging Concepts	<i>Scott Urquhart, PA-C, DFAAPA</i>
10:00 - 10:15 AM	Networking Break	
10:15 - 11:15 AM	Making Change Happen: Advancing Patient-Centered Health Care in Virginia	<i>Richard A. Szucs, M.D.</i>
11:15 AM - 12:15 PM	Atrial Fibrillation: An Overview and Emerging Treatments	<i>Scott Baute, PA-C</i>
12:15 - 1:30 PM	VAPA Membership Lunch (pre-registration required)	
12:30 - 1:30 PM	Lunch for Attendees	
1:30 - 2:30 PM	Current Guidelines for Treatment of DVT/PE	<i>Kevin Rebeck, PA-C</i>
2:30 - 3:30 PM	AAPA Clinical Case Challenge Series: Reproductive Health Care: Conversations for Clinicians and Their Patients	<i>Cynthia Calixte M.D., M.PH.</i>
3:30 - 4:30 PM	Treatment of Coronary Heart Disease Including The New ACC/AHA Guidelines for Cholesterol Management	<i>Philip O'Donnell, M.D.</i>
4:30 - 5:30 PM	2019 VAPA Awards Ceremony	

Tuesday, July 23, 2019

7:00 - 8:00 AM	Registration Opens & Breakfast with Exhibitors	<i>EXHIBITOR BINGO BEGINS</i>
8:00 - 9:00 AM	AAPA: National Trends and Issues	<i>TBD</i>
9:00 - 10:00 AM	Atypical Hip Pain	<i>Bradley Williams, PA-C</i>
10:00 - 10:30 AM	Break with Exhibitors	
10:30 - 11:30 AM	The ABC's of CKD	<i>Kim Zuber, PA-C</i>
11:30 AM - 12:30 PM	Lunch with Exhibitors	
12:30 - 1:30 PM	Asthma Management 2019	<i>Stuart Henochowicz, M.D.</i>
1:30 - 2:30 PM	Top 10 Ocular Diagnosis You Don't Want To Miss	<i>Walter Whitley, O.D.</i>
2:30 - 3:30 PM	Kidneys Gone Bad: Acute Kidney Injury (AKI)	<i>Kim Zuber, PA-C</i>
3:30-4:00 PM	Break with Exhibitors	
3:30 - 5:30 PM	WORKSHOP: Suturing Techniques for Superficial and Deep Closures	<i>Sara Nicely, DHEd, PA-C</i>
3:30 - 5:30 PM	WORKSHOP: ECG Review Utilizing Clinical Cases: Beyond the Interpretation	<i>Philip O'Donnell, M.D.</i>
4:00-5:00 PM	Evaluation and Management of the Patient with Mitral Valve Disease	<i>Lori McVay, DMSc, PA-C, CPAAPA</i>
5:00 - 6:30 PM	Reception with Exhibitors & Exhibitor BINGO (pre-registration required)	

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Wednesday, July 24, 2019

6:30 - 7:30 AM	Registration & Breakfast with Exhibitors	<i>EXHIBITOR BINGO</i>
7:30 - 8:30 AM	Mindfulness for Health Care Providers: How Do We Avoid Burnout?	<i>Barbara Morrison, PA-C, RYT</i>
8:30 - 9:30 AM	Clostridium Difficile - UPDATE	<i>Michelle Touw, PA-C</i>
9:30 - 10:00 AM	Break with Exhibitors	
10:00 - 11:00 AM	Common Causes of Foot and Ankle Pain in Athletes and Treatment Options	<i>Kim Snow, PA-C</i>
11:00 AM - 12:00 PM	STD Medical Update	<i>Patricia R. Jennings, DrPA, PA-C</i>
12:00 - 1:30 PM	Lunch with Exhibitors	
1:30 - 2:30 PM	My Skin Is So Itchy, I Must Have Scabies: The Differential Diagnosis of Pruritic Rashes	<i>Kimberly Dempsey, PA-C</i>
2:30 - 3:30 PM	Controlled Substance Documentation: Requirements & Recommendations	<i>Scott Clingan, PA-C</i>
3:30 - 3:45 PM	Networking Break	
3:45 - 4:45 PM	Travel Medicine	<i>John Lynch, MPAS, PA-C, DFAAPA</i>
3:45 - 4:45 PM	WORKSHOP: Yoga & Self-Care: Rediscovering the Joy of Practice	<i>Barbara Morrison, PA-C, RYT</i>
3:45-5:45 PM	WORKSHOP: The 4 P's of Orthopedic Splinting	<i>Kim Ford, OT-C III</i>
7:00 - 10:00 PM	VAPA Social Event at Beachside Social (pre-registration required)	

Thursday, July 25, 2019

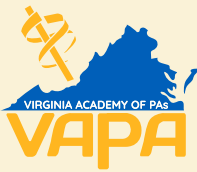
7:00 - 8:00 AM	Breakfast	
8:00 - 9:00 AM	ENT Emergencies: Recognition & Management	<i>Cathy Pearman, MPAS, PA-C</i>
9:00 - 10:00 AM	Pediatric Neurosurgery Basics	<i>Peggy Vollstad, PA-C</i>
10:00 - 10:15 AM	Networking Break	
10:15 - 11:15 AM	Pins and Needles: An Approach to Evaluation	<i>Harold Felton, DHed/PA-C</i>
11:15 AM - 12:15 PM	Bathing in Hand Sanitizer: Topics in Pediatric Infectious Disease	<i>Lauren Paluch, PA-C</i>
12:15 - 1:15 PM	Lunch with Attendees and Poster Presentation Q&A	
1:15 - 2:15 PM	Overview of Bariatric Surgery	<i>Brett A. Gordon, MS, PA-C</i>
2:15 - 2:30 PM	Networking Break	
2:30 - 4:30 PM	Conundrum of Opioid Therapy for Chronic Pain: Simple Dependence to be Managed or Addiction to be Treated?	<i>Ajay Manhapra, M.D.</i>

Friday, July 26, 2019

6:30 - 7:00 AM	Registration and Breakfast	
7:00 - 8:00 AM	Venous Insufficiency: What Is It and Why Do We Care?	<i>Keith Nichols, M.D.</i>
8:00 - 9:00 AM	Anxiety Disorders	<i>David Spiegel, M.D.</i>
9:00 - 10:00 AM	Opiate Addiction: Treatment Options for a National Crisis	<i>David Munter, M.D.</i>
10:00 - 11:00 AM	Office Evaluation of Male with Low Testosterone, Erectile Dysfunction, or Peyronie's Disease	<i>William C. Reha, M.D., M.B.A.</i>

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Registration Form



Registration includes continental breakfast each morning, refreshment breaks, and access to seminars & exhibits. Registration badges will be required for admission to all events. Payment is due with registration form and must be postmarked by listed dates to qualify for the corresponding rate. All workshops are an additional cost to attend. Full payment must accompany registration. Cancellations made in writing before **June 21, 2019** are eligible for a refund, minus a \$50 fee. **No refunds will be granted after June 21.** Substitutions are acceptable. For cancellation, late registration or special dietary requests, please call the VAPA offices at 434-977-3716. **Registration also available online at www.vapa.org**

Please mail completed form and check (**made payable to VAPA**) to: VAPA Summer CME, 250 West Main Street, Suite 100, Charlottesville, VA 22902

By registering for this VAPA event, you acknowledge and agree to grant Virginia Academy of Physician Assistants the right to record, film and photograph your likeness in its media, marketing, promotional and educational efforts.

Name: _____

Credentials (for certificate and name badge) _____ Specialty _____

VAPA ID _____ NCCPA ID (required to log CME hours with NCCPA) _____

Address: _____

City _____ State _____ Zip _____

Phone _____ E-mail _____

This will be your user ID and the email we will use for all communication

Registration Type	Before 6/21	After 6/21	On-Site	Total
VAPA Member Registration	\$475	\$525	\$575	_____
Non-Member Registration	\$595	\$645	\$675	_____
Student - Fax or email a copy of a student ID or class schedule to verify full time status. Fax to (434) 979-2439 or email devon.possanza@easterassociates.com .	\$60	\$60	\$60	_____
Military/Veteran	\$375	\$425	\$475	_____
Daily	\$195	\$195	\$195	_____
Guest/Spouse	\$275	\$290	\$305	_____
Student (Daily)	\$15	\$15	\$15	_____

Sunday Workshops	Cost	Total
ECG Review Utilizing Clinical Cases: Beyond the Interpretation	\$75	_____
Examination of the Knee	\$75	_____
Introduction to Basic Point of Care Ultrasound	\$75	_____
Wilderness Medicine Top 10	\$75	_____

Tuesday Workshops	Cost	Total
Suturing Techniques for Superficial and Deep Closures	\$75	_____
ECG Review Utilizing Clinical Cases: Beyond the Interpretation	\$75	_____

Wednesday Workshops	Cost	Total
Yoga & Self-Care: Rediscovering the Joy of Practice	\$25	_____
The 4 P's of Orthopedic Splinting	\$75	_____

Extras	Cost	Total
Conference T-Shirt (one free shirt with every paid registration, excluding Daily registrants) Choose a size: ☐ Small ☐ Medium ☐ Large ☐ XL ☐ XXL	FREE	FREE

Social Events	Cost	Total
Conference Attendee (FREE with registration)	FREE	_____
Spouse of Conference Attendee AND/OR Guest 13+ years of age (price per attendee)	\$10 x _____	_____
Child - 5-12 years of age (price per attendee)	\$5 x _____	_____
Children under 5	FREE	_____

Total Enclosed

Will you attend the VAPA Membership Meeting & Lunch on Monday, July 22? ☐ Yes ☐ No

Will you attend the Sangria Reception with Exhibitors on Tuesday, July 23? ☐ Yes ☐ No

How did you learn about the conference?

☐ Brochure ☐ Email ☐ VAPA website ☐ AAPA website ☐ Colleague referral ☐ Other _____

