



InPharmX Inc. DBA
UNIVERSITY LEARNING SYSTEMS



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Woman Owned Small Business



Integrative Medicine and Functional Nutrition October 11-13, 2022 41 Lakefront Hotel, Geneva NY

Enjoy lakeside vistas of Seneca Lake, one of the western most Finger Lakes and experience "Color Season" in New York.



Expert Speakers



Lynn Lafferty, Pharm.D., ND
Endowed Assistant Professor of Integrative Medicine, Nova Southeastern University (NSU), Ft. Lauderdale, FL. Dr. Lafferty has NO financial arrangements with any corporate organization that might have an interest in the subject being presented.



John DeLuca, MD, DC, MS
Medical Director, Palm Beach Integrative Medicine/Health and Rehab Center of the Palm Beaches and Medical Director, International Institute for Brain Enhancement/Hyperbaric Services of the Palm Beaches. Dr. DeLuca has NO financial arrangements with any corporate organization that might have an interest in the subject being presented.

Join Us Live in Geneva NY or via Live Stream Webcast!

This program in its entirety provides 15.5 contact hours (1.55 CEU) over three days, 5 – 5.5 hours per day, of live AAFP/ AMA PRA Category 1 Credit™, ACPE and pharmacology CE/ CME credit.

Tuesday, October 11, 2022: 7:30 AM - 8:00 AM Registration & Breakfast, 8:00 AM - 1:30PM Educational Program

Integrative Medicine, Functional Nutrition and Detoxification

At the completion of this activity, the participant will be able to:

TOPIC 1: What is Integrative Medicine and Interventions: (2 hrs)- 1. Discuss the components and principles of integrative medicine. 2. Describe manipulative medicine. 3. List the various components of precision medicine. 4. Review how to implement lifestyle changes for your patients.

Topic 2: Functional nutrition and Herbal Therapy (2hrs) 1. Describe clinical nutrition. 2. Review biochemical pathways in fatty acids and neurotransmitters. 3. Review Herbal medicine components. 4. List components of food and their healing components. 5. List what to take out of the diet that leads to disease. 6. Describe the important components of the GI tract.

Topic 3: Detoxification (1hr)- 1. Describe phase 1,2, and 3 detoxification. 2. Review the importance of gallbladder and liver. 3. Describe herbal remedies that detoxify the liver, gallbladder and GI tract.

Wednesday, October 12, 2022: 7:30 AM - 8:00 AM Registration & Breakfast, 8:00 AM - 1:30PM Educational Program

Immune and oxidative stress, Integrative Lab Analysis, Therapies for Mental Health and Sleep Management

At the completion of this activity, the participant will be able to:

Topic 4: Immune and oxidative stress (2 hrs)- 1. Review methylation, folate, B12 and homocysteine. 2. Recognize the destructive role of lipid peroxidation. 3. Describe supplements and foods that ameliorate reactive oxidative species. 4. Identify the role of the endocrine-nervous and immune system axis. 5. List immune builders, natural antibiotics, antioxidants and lifestyle changes.

Topic 5: Integrative Lab (2 hrs.) 1. Review labs analysis. 2. Discuss why labs are ordered. 3. Implement supplements and lifestyle changes that will help change laboratory values and symptoms.

Topic 6: Integrative Therapies for mental health and sleep management (1.5hrs) 1. Describe the role of life style in sleep, anxiety and depression. 2. Review Gut-brain axis. 3. Describe sleep hygiene. 4. List biochemical components of sleep. 5. Identify natural sleep and brain health aids.

Thursday October 13, 2022: 7:30AM - 8:00 AM Registration & Breakfast, 8:00 AM - 1:30PM Educational Program

Systemic Thinking: Case Based Approach to Treating Difficult Conditions

At the conclusion of this program, the participant will be able to:

Topic 7: Systems thinking: Treating difficult conditions; Long-COVID, resistant hypertension, diabetes and genetic cases (1.5)- 1. Describe systems thinking in difficult case management. 2. Review long-COVID, resistant hypertension and diabetes components. 3. Describe systems thinking with genetic case management. 4. Review library resources in case management.

Topic 8: Bringing it all together: Case Studies 3.5 hours

1. List how to incorporate integrative medicine strategies into your practice. 2. Identify the systems approach to cases. 3. Interpret laboratory results for patient cases. 4. Design plans in teams for given cases and present to class.

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ROOM TYPE	RATE
Run of House Room	\$129/night Mon 10/10-Wed 10/12, 2022
Hotel Web Page	Www.41lakefront.com
Online Reservations	Call
Phone Reservations	315-789-0400
ULS Group Code	University Learning Systems
ULS Group Expiration Date	September 10, 2022
Hotel Taxes	12.5%
*Seminar Surcharge if not staying at hotel. *Waived for local commuting students.	\$50
Parking Fee	Free
ULS Group Rates	Hotel Rooms and Rates based on Availability and double occupancy. Cancellation fee assessed if less than 24 hours notice.
Check In / Check Out	4:00 pm / 11:00 am

IN PERSON CONFERENCE REGISTRATION: Includes workshop attendance, handouts, breakfast or refreshments during the meetings and documentation of continuing education credit*.

LIVE STREAM WEBCAST REGISTRATION: Includes live conference streaming, access to online course materials and documentation of continuing education credit*.

*Pharmacists: Please ensure that we have your NABP# and date of birth on file. ACPE does not allow us to provide you with paper Statements of Credit. Should you need a paper statement of credit, you can access that information via CPE Monitor. All other professionals: An applicable paper Statement of Credit will be issued upon receipt of your post-conference paperwork.

REQUIREMENTS FOR CREDIT: Credit is dependent on verification of conference attendance by on-time check-in at each session and ULS receipt of completed evaluations. Credit is determined based on actual attendance on a per session basis, no partial credit is awarded. Note: Approximately one 15 minute break per 2.5 hours. Credited hours do not include breaks.

PER PERSON CONFERENCE REGISTRATION	DISCOUNTED ADVANCED REGISTRATION UNTIL SEPT 10, 2022	REGULAR REGISTRATION
3 DAY IN PERSON	\$650	\$675
3 DAY LIVE STREAM		\$550



UNIVERSITY LEARNING SYSTEMS
CONTINUING EDUCATION. INSPIRING LOCATIONS

**Non-commercial
pharmacology
continuing education
since 1979**

TARGET AUDIENCE/ ACCREDITATION

PHYSICIANS: Application for CME credit with AAFP has been made. A determination of credit is pending. Physicians should claim only the credit commensurate with the extent of their participation in the activity. AAFP Prescribed credit is accepted by the American Medical Association as equivalent to AMA PRA Category 1 Credit™ toward the AMA Physician's Recognition Award. When applying for the AMA PRA, Prescribed credit earned must be reported as Prescribed, not as Category 1. CME programs approved by the AAFP are eligible for Category 2 credit (or Category 1-A under special circumstances) through the American Osteopathic Association (AOA).

CANADIAN PHYSICIANS: Members of the College of Family Physicians of Canada are eligible to receive up to 15 MAINPRO-M1 credits for participation in this activity due to reciprocal agreement with the American Academy of Family Physicians.

PHYSICIAN ASSISTANTS: American Academy of Physician Assistants (AAPA) accepts certificates of participation for educational activities certified for Prescribed credit from AAFP. Physician assistants may report the number of hours stated above of Category I credit for completing this program.

PHARMACISTS/PHARMACIST TECHNICIANS: UNIVERSITY LEARNING SYSTEMS IS ACCREDITED BY THE ACCREDITATION COUNCIL FOR PHARMACY EDUCATION (ACPE) AS A PROVIDER OF CONTINUING PHARMACY EDUCATION.

SESSION 1: 5 CONTACT HRS ACPE UAN 0741-0000-22-016-L01-P, ACTIVITY: KNOWLEDGE

SESSION 2: 5 CONTACT HRS ACPE UAN 0741-0000-22-017-L01-P, ACTIVITY: KNOWLEDGE

SESSION 3: 5 CONTACT HRS ACPE UAN 0741-0000-22-018-L01-P, ACTIVITY: APPLICATION

CONSULTANT PHARMACISTS: Some consultant pharmacist boards accept University Learning Systems courses for recertification either as is or with board approval. Please contact your board regarding course approval and ULS with any questions.

CANADIAN PHARMACISTS: Canadian Council on Continuing Education in Pharmacy (CCCEP) accepts courses accredited by the Accreditation Council for Pharmacy Education (ACPE). This credit is applicable to health professionals who may require pharmacology credit.

CHIROPRACTORS: SELECTED STATES-NY AND PA EXCLUDED

ACBN DIPLOMATE OF NUTRITION: 15 HOURS

NURSE PRACTITIONERS/ NURSES: This course provides 15 contact hours (1.5 CEU) over three days, 5 hours per day, to fulfill the pharmacotherapeutics/ pharmacology requirements for American Nurses Credentialing Center (ANCC) Category 1 Continuing Education Hours for certification renewal. The same hours submitted to renew certification may be submitted to a State Board of Nursing for re-licensure. American Nurses Credentialing Center (ANCC) accepts formally approved continuing education sponsored by organizations accredited or approved by the Accreditation Council for Pharmacy Education (ACPE).

OTHER HEALTH PROFESSIONALS: Contact your respective board regarding approval.

CE Broker Tracking#: 50-11357

REFUND POLICY

Advance written notice is required for any refund consideration.

- Up to the Advanced Registration Deadline: Cancellations are subject to a \$50 processing fee per person or you may apply your full registration one time to another program attended within 12 months.

- After Advanced Registration Deadline: No refunds, although conference registration less \$50 processing fee may be applied one time to another program attended within 12 months.

- Two weeks before the start of the conference: No refunds or application of registration to another program for cancellation, nonappearance or partial attendance. No refunds due to airline delays or cancellation of flights. With the exception of Canada, we offer no international refunds. Refunds processed by original form of payment or by check only. Refunds may take 2-4 weeks to process after notification of cancellation.

PHYSICALLY IMPAIRED: If you have impairments that require assistance in order to participate in this conference, please contact us so that we may make arrangements to assist you.

**PO Box 35, East Amherst, NY 14051
800-940-5860
info@universitylearning.com**

41 Lake Front Dr, Geneva, NY 14456 October 11-13, 2022 - Registration Form

Name (first, last): _____ Degree/Profession: _____

Spouse (if attending conference): _____ Degree/Profession: _____

Address: _____ City: _____ State/Province: _____ Code: _____

Daytime Phone: _____ Evening Phone/Cell Phone: _____

E-mail (required for conference confirmation): _____

Pharmacists/ Technicians NABP e Profile ID# _____ Date of Birth ____/____/____

Conference Registration: \$ _____ in U.S. Funds, for ____ Persons

Lodging: If you do not reserve/ stay at the hotel/ travel agent as described above, please add the surcharge to the conference fee. Reservations are verified by hotel rooming/ travel agent list. If you are sharing a room / cabin with another attendee, please indicate that here _____.

Payment Methods for Conference Registration: _____ Credit Card: _____ MasterCard _____ Visa _____ American Express _____ Discover _____ Checks - for MAIL registration only. Complete this form and mail with check payable to: University Learning Systems, PO Box 35, East Amherst, NY, 14051. Checks returned due to insufficient funds incur a \$50 fee. Your conference registration will appear on your credit card statement as "University Learning Sys" or similar. Please share this information with the person responsible for paying the credit card company, as there is an extra charge of \$50 for any contested charge-backs. If you need further explanation on this, please contact us.

Credit Card Number: _____ Exp. Date: (MM/YY) ____ / ____

CVV# Card Security Code _____ Cardholder Name (as on the card): _____

Phone Numbers of Cardholder (if different from above) Phone: _____ Cell Phone: _____

Billing Address of Cardholder if different than above: _____

If registering by FAX or MAIL, you must sign here: _____

Have you ever attended a University Learning Systems conference? _____ No _____ Yes