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Type Registration	Definition	Price
Group rate	Register 20 or more	\$95
Individual Rate	Single Registration	\$120

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WEBINAR

#7377 School-Based OT/PT 101 Foundations: From Caseload Survival to Educationally Relevant Practice

Instructor: Dr. Aditi Mehra, DHSc., OTR/L

Audience: Physical Therapists, Occupational
Therapists, and Assistants

Delivery Options:
Live Webinar or Self-Study Options
Times- 8:00 AM - 12:15 PM EST

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SUMMARY:

Part 1: Primer for OTPs / PTs Entering School-Based Practice

This introductory course prepares occupational therapy practitioners who are new to school-based practice or transitioning from medical, outpatient, or pediatric clinic settings. Participants will learn the role of OT/PT in schools, the difference between medical and educational models, workload versus caseload thinking, service delivery options, documentation expectations, and how to avoid being reduced to “the handwriting therapist.” Current evidence supports expanding school-based OT/PT toward participation, inclusion, transition support, MTSS, and embedded collaborative models. Course instruction method includes: Lecture, videos, question/answers.

Part 2: IEPs, Goal Writing, Collaboration, and School Team Practice

This course takes a deeper dive into the practical skills school-based Practitioners need to function confidently on educational teams. Participants will examine present levels, educational impact, IEP goal writing, service recommendations, data collection, progress monitoring, and collaborative decision-making. Emphasis is placed on writing participation-focused goals, aligning OT/PT services with classroom routines, collaborating with teachers and related service providers, and communicating the value of OT/PT clearly to administrators and families. Recent research supports stronger Practitioner–teacher collaboration, embedded service models, and collaborative goal development rather than isolated discipline-specific practice. Course instruction method includes: Lecture, videos, question/answers

PRESENTER:

Dr. Aditi Mehra is a pediatric occupational therapist with over 25 years of experience across school, clinical, and educational settings. She holds a Bachelor's degree in Occupational Therapy from Western Michigan University and a Doctorate in Health Sciences from Midwestern University. During her doctoral studies, she also completed certification training in Behavior Analysis to further deepen her understanding of learning and behavior.

Dr. Mehra is the Director of the Chicago Fit Learning lab, where she integrates Precision Teaching and data-driven learning methodologies to support academic and developmental growth. She has also been an adjunct professor for OT and develops continuing education trainings for therapists and educators, with a focus on neurodiversity, learning, and AI-supported educational practices.

In addition to her clinical and educational work, Dr. Mehra is currently preparing her first published continuing education presentation and educational resources focused on innovative, evidence-based approaches in therapy and learning.

Financial— Receives a teaching honorarium from Motivations Inc. *Nonfinancial*— No relevant nonfinancial relationship exists.

OBJECTIVES: Upon completion of this course, the participant will be able to:

1. Describe the role of a school-based OT/ PT and the importance of transitioning from medical and clinic-based models.
2. Explain school-based OT/PT service delivery models, including direct, consultative, push-in, pull-out, and MTSS approaches.
3. List 3 evidence-based strategies to set-up and provide school-based services.
4. Describe how OT/PT present levels and IEP goals connect student performance to participation, access, and develop measurable participation-focused IEP goals
5. Explain the purpose of data collection and progress monitoring in school-based practice and recognize methods used to support educational decision-making.
6. List members of the educational team and identify collaboration strategies that support student participation and educational success in the school environment.

FORMAT: This is a 5-hour course equivalent to 5 CEU's or 0.5 CEUs offered as a live webinar or self-study.

For Live courses, the content is presented via an internet website displaying real time power points. Learners will receive a course instruction link. Instructors lecture through livestreaming internet on your computer. Questions may be asked during the webinar using the chat feature or the "raise hand" feature for live discussion.

For Recorded courses, learners will not be able to participate in real time with questions.

PT CEU's: Motivations Inc is an approved provider of Physical Therapy continuing education by these professional bodies: Texas Chapter of the American Physical Therapy Association, ILDPR- Illinois Department of Professional Regulation Approved PT CE Sponsor, NY- New York State Education Department, Office of the Professions. Physical Therapy Board of California. Many state boards recognize these for pre-approval purposes. Contact us if you would like verification a state. The assignment of Texas PT CCUs does not imply endorsement of specific course content, products, or clinical procedures by TPTA or TBPTE.

For course dates, times and registration, please visit: www.motivationsceu.com

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Motivations Inc. is an AOTA Approved Provider of professional development. Course approval ID# PENDING. This Distance Learning-Interactive or Distance Learning-Independent activity is offered at 0.5 CEUs, Introductory Level, Occupational Therapy Service Delivery/Foundational Knowledge. The assignment of AOTA CEU's does not imply endorsement of specific course content, products, or clinical procedures by AOTA

AGENDA:

Pre-Study: 30 Minutes Plan to read the course materials, references and review the post test before the start time. Please be prepared to share patient case study and related question during the discussion time.

Part 1

30 mins- Connecting components of an IEP and the addressing research-based challenges in school-based OT
30 mins- Using a Case study to highlight the steps of the IEP process and documentation in school-based OT
15 mins- Break
35 mins- Collaboration Strategies for School-Based OT Practice & Eligibility criteria
20 mins- Dispelling Common Myths about School- OT practice & key take-aways
5 mins- Summary and Question/Answers

Part 2

30 mins- Describe the current role of a school-based OT, including barriers to transitioning from medical and clinic-based Models
30 mins- Discuss the parameters of school-based OTPS and review service delivery.
15 mins- Break
15 mins- Highlight the limitations and potential strategies to address different types of service delivery in schools based Setting
40 mins- Discuss examples of evidence-based strategies to set up and provide school-based services using a case study example.
5 mins- Summary and Question/Answers

Post-test: 30 Minutes Research, identify, and submit your post-test question answers on the online form. This is an open book test you can take multiple times if needed to obtain the 70% score. Complete the evaluation feedback survey and needs assessment. Obtain and save your auto-emailed certificate for your files.