

ORTHOPAEDIC SURGERY ALUMNI WEEKEND

An interactive, case-based education program
focusing on current trends in Orthopaedic Surgery



APRIL 13-14, 2018

Omni Charlottesville Hotel

212 Ridge McIntire Rd, Charlottesville, VA 22903

Provided by the Office of Continuing Medical Education, University of Virginia School of Medicine

Course Overview

This conference is designed for orthopaedic practitioners including surgeons, nurse practitioners, and physician assistants. A primarily case-based format will be used to explore the surgical and alternative management of patients within the subspecialties of joint replacement, trauma, pediatrics, hand and upper extremity, foot and ankle, shoulder and knee, and spine. Each presenter will engage the audience in an exchange of ideas and opinions ending with an overview of the best evidence for the problem(s) highlighted in the case. Panel discussions will allow for discussion of complex cases, and each session will include opportunities for audience participation. New this year – alumni who were nominated to present will discuss their research, areas of interest/expertise, innovative ideas and practice accomplishments.

Course Objectives

- Review advances and current best practices in each of the following fields, foot/ankle, hand, spine, joint arthroplasty, pediatric orthopaedics, orthopaedic trauma surgery, and sports medicine
- Discuss and debate controversies relevant in each of the orthopaedic subspecialties
- Provide an update and discuss relevant issues in today's health care environment that are prudent to providing optimal patient care in a financially fiscal manner

Education Objectives

At the conclusion of the educational activity, participants should be able to:

- Evaluate and discuss complex cases involving orthopaedic pathology of the foot and ankle, hand and wrist, and spine
- Identify and appropriately utilize new and emerging techniques in pediatric orthopaedics, musculoskeletal trauma and sports medicine
- Choose efficient methods of providing orthopaedic care in a changing health care environment.

Accreditation and Designation Statement

The University of Virginia School of Medicine is accredited by the ACCME to provide continuing medical education for physicians.

The University of Virginia School of Medicine designates this live activity for a maximum of **9 AMA PRA Category 1 Credits.TM** Physicians should claim only the credit commensurate with the extent of their participation in the activity.

The University of Virginia School of Medicine awards **9 hours of participation** (equivalent to *AMA PRA Category 1 Credits.TM*) to each non-physician participant who successfully completes this educational activity. The University of Virginia School of Medicine maintains a record of participation for six (6) years.

Agenda

Friday, April 13, 2018

10:00-10:30	Registration	
10:30-11:30	Hand Division • Case discussions – Nerve Injury, Throwers Elbow, Scaphoid Fracture	Drs. Chhabra, Dacus, Deal, Freilich
11:30-12:30	Foot & Ankle Division • Guest lecture • Case Based Discussions	Dr. Hogan Drs. Perumal, Cooper, Park
12:30-1:30	Lunch (provided)	
1:30-2:30	Sports Medicine Division • Management of Cartilage Defects • Advances in Physeal Sparing ACL Reconstruction • Patellofemoral Instability	Dr. Miller Dr. Milewski Dr. Diduch
2:30-2:45	Break	
2:45-3:45	Spine Division • Revision Spinal Surgery & Dual Rod Spinal Instrumentation • Cervical Myelopathy–Surgical Approaches and Best Treatment Guidelines • High Grade Spondylolisthesis • Sacroiliac Joint Pathology • A Novel Treatment for Radiculopathy	Dr. Shen Dr. Shimer Dr. Hassanzadeh Dr. Singla Dr. Li
3:45-4:45	The Golden Age of Orthopaedics	Dr. Kahler
4:45-5:00	Break	
5:00-6:00	Audience Cases	
7:00-9:00	Dinner at Maya Restaurant	

Agenda continued

Saturday, April 14, 2018

8:00-8:30	Breakfast (provided)	
8:30-9:30	Adult Reconstruction/Arthroplasty Division • Reflections on adopting a new approach for total hip arthroplasty • Update on Periprosthetic Joint Infection • Case discussions	Dr. Thomas Brown Dr. Cui
9:30-10:30	Pediatrics Division • What's New in Pediatric Orthopaedics: Spine, Hip & Limb Lengthening	Drs. Bachmann, Abel, Romness
10:30-11:30	Trauma Division • Use of local Antibiotics in Open Fractures • Peri-Prosthetic Fractures • Case Discussions	Dr. Weiss Dr. Yarbboro
3:00-4:00	Tailgate - Keswick Club	
4:00	UVA-UNC Baseball game	

*order of agenda subject to change

**Syllabus will be provided online only, at
www.cmevillage.com

COURSE DIRECTORS

M. Truitt Cooper, MD

Assistant Professor of Orthopaedic Surgery –
Foot and Ankle Division

Brian C. Werner, MD

Assistant Professor of Orthopaedic Surgery –
Sports Medicine Division

GUEST SPEAKERS

MaCalus Hogan, MD

Assistant Professor
University of Pittsburgh Medical Center

Matthew D. Milewski MD

Division of Sports Medicine
Department of Orthopaedic Surgery
Boston Children's Hospital
Harvard Medical School

UNIVERSITY OF VIRGINIA COURSE FACULTY

Mark Abel, MD

Keith Bachmann, MD

Stephen Brockmeier, MD

James Browne, MD

Thomas Brown, MD

Eric Carson, MD

A. Bobby Chhabra, MD

George Christ, PhD

M. Truitt Cooper, MD

QuanJun Cui, MD

A Rashard Dacus, MD

D. Nicole Deal, MD

David Diduch, MD

Aaron Freilich, MD

Hamid Hassanzadeh, MD

David Kahler, MD

Xudong Li, MD

Mark Miller, MD

Joseph Park, MD

Venkat Perumal, MBBS

Mark Romness, MD

Anuj Singla, MD

Francis Shen, MD

Adam Shimer, MD

David Weiss, MD

Brian Werner, MD

Seth Yarbboro, MD

Registration Fees

Register and pay online at www.cmevillage.com, click Conferences and Symposia. **Pre-registration will close on April 6, 2018**, after which time walk-in rates will apply.

Physicians: \$400.00 Walk-in: \$475.00 (Includes Friday night dinner and 1 baseball ticket)
NP and PA: \$300.00 Walk-in: \$375.00 (Does **not** include Friday night dinner or baseball ticket)
Dinner Guest: \$50 per additional person
UVA vs. UNC baseball: 1 ticket included in registration. Each additional ticket is \$12.00.

Parking and Location

Parking at the Omni Hotel is complimentary for all attendees.

The UVA vs. UNC baseball game will be at Davenport Field. Parking is available at University Hall lot, surface lot at John Paul Jones Arena, and the McCue Center Parking lot. Please visit <http://www.virginiasports.com/parking/parking.html> for updated parking information and game day/field policies.

Accommodations

Rooms have been reserved at the Omni Charlottesville at a discounted rate of \$126.00 per night and will be available on a first-come, first-serve basis. Attendees should make reservations using the group name “2018 Orthopaedic Alumni Conference”. All reservations must be made by **Monday, March 12, 2018**, after which time rooms will be released and can’t be guaranteed to be available. Reservations can be made by calling 434-971-5500.

Additional Activities

On Saturday, April 14th there will be a Tailgate Party (*more information and location to come*) and the UVA vs. UNC baseball game at 4:00pm at Davenport Field. There are a limited number of tickets to the baseball game, early registration is recommended.

Contact Information

Melanie A. Whall, MA

Program Manager, Office of Continuing Medical Education
mw2ct@virginia.edu

Truitt Cooper, M.D.

Course Co-chair
Mtc2d@virginia.edu