

# Stop the Pressure Pressure Ulcers Summit

10% card payments discount\*  
15% group booking discount\*\*

Friday 16 September 2016 ICO Conference Centre London



## Chair and Speakers Include:

**Heidi Sandoz**

*Chair*

Tissue Viability Society

**Tina Chambers**

*Immediate Past Chair*

Tissue Viability Society

**Prof Jackie Stephen-Haynes**

*Chair*

Wound Care Alliance UK

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**"700,000 are affected by Pressure Ulcers each year"**

**"Each Pressure Ulcer adds £4000 to the costs of care"**

**"186,617 people developed a Pressure Ulcer in hospital each year"**

**"Research shows between 80% and 95% are avoidable"**  
**Stop the Pressure Campaign, NHS England**

Chaired by Tina Chambers, Immediate Past Chair, Tissue Viability Society and Tissue Viability Educator and Advisor, this summit aimed to bring together tissue viability, wound care leads and senior nurses to discuss the important issue of eliminating avoidable pressure ulcers. The conference will cover implementing the national stop the pressure campaign and monitoring progress against the 2015 National NICE Quality Standard for Pressure Ulcers. Pressure Ulcers have recently been announced as a key priority area for the new patient safety collaboratives and pressure ulcer prevention is a key NHS Outcomes Framework Improvement Area.

The conference will open with a national updates updating delegates on developments in pressure ulcer prevention, and monitoring progress against the national quality standard released last year. The conference will continue with case studies focusing on eliminating pressure ulcer, on the ward and moving beyond 100 days free. Practical case studies will focus on reducing and preventing pressure ulcers, in depth extended sessions focusing on pressure ulcer grading and reporting including unstageable pressure ulcers, latest evidence on risk assessment, pain as a predictor of pressure ulcer development and factors associated with severe pressure ulcer development, and developing your skills in root cause analysis and investigation. The event will look at this issue of avoidability and discuss the latest evidence on what is actually considered unavoidable. There will also be a focus on the important issue of reducing "old" pressure ulcers and community acquired pressure ulcers.

## 10.00 Chair's Welcome and Introduction

### Tina Chambers

Immediate Past Tissue Viability Society  
Tissue Viability Consultant Educator and Advisor Tina Chambers Ltd

## 10.10 Stop the Pressure: Moving Forward

### Susan Bowler

Professional Advisor  
NHS England

- stop the pressure: national update
- pressure ulcers and the 6C's: moving forward
- maintaining and demonstrating competence and skills for revalidation

## 10.40 Monitoring progress against the NICE Quality Standard & Guideline for Pressure Ulcers and Implementing NICE Guidance for Pressure Ulcers

### Member

Guideline Development Group  
Prevention and Management of Pressure Ulcers Guideline and Quality Standard  
National Institute for Health and Care Excellent

- the Quality Statements: where are we now?
- implementing and monitoring adherence the standard in practice
- challenges and critical success factors

## 11.25 Question and answers, followed by coffee and exhibition

## 12.00 Eliminating pressure ulcers on the wards

### Speaker to be announced

- building momentum for improvement at Ward Level
- engaging frontline staff in preventing pressure ulcers and spreading the message of stop the pressure
- reviewing and learning from every instance of avoidable pressure ulcers: what needs to be done
- improved skin assessment and the patient's relevant personal care needs.
- understanding where patients were admitted from – home, nursing home, internal trust transfer or other hospital – which helps to inform the local clinical commissioning groups and other community care settings of potential 'hot spots' or areas that might need further support

## 12.30 Beyond 100 days free! How we have achieved 5 year free wards and 1 year free hospices Sustaining the prevention of pressure ulcers in hospitals

### Rachel Govier-Williams

Tissue Viability Nurse from Bridgend Locality  
With Hospice Representative  
Abertawe Bro Morgannwg University Health Board

- engaging frontline staff in preventing pressure ulcers and spreading the message of zero tolerance
- introducing processes to achieve sustainable culture change
- Reporting , reviewing and learning from every instance of avoidable pressure ulcers: in order to change future practice
- demonstrating compliance at board level: Ward-to-board metrics
- spreading new ways of working across hospitals: what has worked for us
- sharing the results and communicating improvement to drive change

## 13.00 Question and answers, followed by lunch and exhibition

## 13.50 EXTENDED SESSION: International Guidelines on Pressure Ulcers Pressure ulcer grading, reporting including unstageable pressure ulcers and understanding what is avoidable

### Tina Chambers

Immediate Past  
Tissue Viability Society  
Tissue Viability Consultant  
Educator and Advisor  
Tina Chambers Ltd

- international definitions and guidelines
- pressure ulcer reporting: ensuring consistency
- pressure ulcer assessment
- beyond risk assessment and grading: ensuring action!
- implementing the new guidance around unstageable pressure ulcers: project outcomes
- is it really unavoidable? What is and what isn't
- what if the patient refuses care? how to manage the patient who refuses pressure

## 14.35 Latest evidence on risk assessment, pain as a predictor of pressure ulcer development and factors associated with severe pressure ulcer development

### Heidi Sandoz

Lead Nurse for Wound Care  
Accelerate CIC, London  
Chair Tissue Viability Society

- risk assessment of pressure ulcers: latest evidence
- pain as a predictor of pressure ulcer development
- factors associated with severe pressure ulcer development
- implementing the findings in practice

## 15.00 Reducing 'old' pressure ulcers and community acquired pressure ulcers

### Prof Jackie Stephen-Haynes

Professor & Consultant Nurse in Tissue Viability  
Worcestershire Health and Care NHS Trust  
& Chair  
Wound Care Alliance UK

- reducing the overall prevalence of pressure ulcers, included the inherited ones
- how can we prevent pressure ulcers in vulnerable people whilst in their own home?
- what about those people who are not known to any nursing services
- working with care homes and the community to eliminate pressure ulcers
- reducing the number of patients admitted with pressure ulcers

## 15.30 Question and answers, followed by Tea and exhibition

## 16.00 EXTENDED SESSION: Advancing your skills in reporting, root cause analysis and investigation

### Simon Robinson

Barrister Accredited Mediator  
Five Paper Chambers

- a step by step guide to carrying out a root cause analysis of every grade three and four pressure ulcer
- advanced RCA and investigation: a step by step guide
- understanding trends
- learning from investigations and ensuring change occurs

## 17.00 Close

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## Implementing Stop the Pressure A Practical Guide to

# Eliminating Avoidable Pressure Ulcers

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Download

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☐ I cannot attend the conference but would like to receive a PDF containing the conference handbook material, which includes speaker slides, at £49 each.

*The PDF will be emailed out after the conference, please fill in the 'Your Details' section above, ensuring your email address is clear and the 'Payment' section..*

For more information contact Healthcare Conferences UK on **01932 429933** or email **jayne@hc-uk.org.uk**

#### Venue

ICO Conference Centre, 22 Berners Street, London, W1T 3DD. A map of the venue will be sent with confirmation of your booking.

*(The ICO stands for International Coffee Organisation)*

**Date** Thursday Friday 16 September 2016

#### Conference Fee

- ☐ £365 + VAT (£438.00) for NHS, Social care, private healthcare organisations and universities.  
☐ £300 + VAT (£360.00) for voluntary sector / charities.  
☐ £495 + VAT (£594.00) for commercial organisations.

The fee includes lunch, refreshments and a copy of the conference handbook. VAT at 20%.

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