

Pediatric and Adolescent Gynecology for the Primary Care Provider 2017

October 6, 2017 | Hyatt Regency | Bethesda, MD



Course Directors:

Veronica Gomez-Lobo, MD

MedStar Washington Hospital Center
Children's National Health System
Washington, DC

Lauren F. Damle, MD

MedStar Washington Hospital Center
Children's National Health System
Washington, DC



MedStar Washington
Hospital Center



Children's National™



CME INFORMATION

Course Description

This one-day pediatric and adolescent gynecology course will focus on common and uncommon gynecology conditions for healthcare professionals involved in the medical and surgical gynecologic care of adolescents and young adults. Pre-pubertal and adolescent girls experience a myriad of gynecologic problems. Most of these issues can be safely managed by primary care providers with specialty in pediatrics, family practice and gynecology. However, pediatricians often do not specialize in gynecologic problems and may face uncertainty when diagnosing a patient, as well as gynecologists may not be experienced in treating adolescents and young adults. The objective is to provide an environment complete with didactic lectures with ample room for panel discussion to cover such topics as abnormal menstrual bleeding, pelvic pain, confidential services, complex contraception and gender issues. This course will allow the primary care provider to increase his/her comfort with evaluation and management for these conditions as well as learn when to refer a child to a specialist.

Learning Objectives

- Recognize when a young woman's menstrual cycle is abnormal, initiate appropriate work up and facilitate appropriate treatment and/or referral
- Work-up and treat adolescent patients with female athlete triad according to the ACOG Guidelines
- Recognize the principle of ovarian preservation in the adolescent
- Define the proper indications for long-acting reversible contraception and discuss complex contraception in patients with complex medical issues
- Discuss the principles of adolescent patient confidentiality in the age of EMR
- Identify the causes of pelvic pain and utilize evaluation and management strategies
- Identify the principles of PreP and CDC recommendations for HIV prevention

Target Audience

This conference is intended for pediatricians, internists, gynecologists, medical students, residents, fellows, nurses, advanced practice clinicians, allied health professionals, midwives, social workers, nutritionists, and dieticians.

CME Accreditation

This activity has been planned and implemented in accordance with the Essential Areas and Policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of MedStar Georgetown University Hospital and MedStar Washington Hospital Center. MedStar Georgetown University Hospital is accredited by the ACCME to provide continuing medical education for physicians.

Credit Designation

MedStar Georgetown University Hospital designates this live activity for a maximum of 6.25 *AMA PRA Category 1 Credits™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

For Nurses: For the purpose of recertification, the American Nurses Credentialing Center (ANCC) accepts *AMA PRA Category 1 Credits™* issued by organizations accredited by the ACCME. Nurses who attend a Category 1 CME certified activity can complete the continuing education hours section of the ANCC Professional Development Record in order to document the courses attended and the hours obtained.



MedStar Georgetown
University Hospital

COURSE DIRECTORS

Veronica Gomez-Lobo, MD

Director, Pediatric and Adolescent Obstetrics and Gynecology

MedStar Washington Hospital Center

Children's National Health System

Professor, Clinical Obstetrics and Gynecology

Georgetown University School of Medicine

Washington, DC

Lauren F. Damle, MD

Attending Physician, Obstetrics and Gynecology

MedStar Washington Hospital Center

Children's National Health System

Assistant Professor, Clinical Obstetrics and Gynecology

Georgetown University School of Medicine

Washington, DC



FACULTY

David Call, MD

Director, Gender and Sexuality Development Program

Division of Psychiatry and Behavioral Sciences

Children's National Health System

Professor, Pediatrics

George Washington University

Washington, DC

Lawrence J. D'Angelo, MD

Emeritus Chief, Division of Adolescent and Young Adult Medicine

Medical Director, Youth Pride and Burgess Clinics

Children's National Health System

Professor, Pediatrics, Medicine and Epidemiology

George Washington University

Washington, DC

Andrea Estrada, MD

Pediatric Endocrinologist, Division of Endocrinology and Diabetes

Children's National Health System

Assistant Professor, Pediatrics

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Washington, DC

Kylie G. Fowler, MD

Fellow, Pediatric and Adolescent Obstetrics and Gynecology

MedStar Washington Hospital Center

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Kirsten B. Hawkins, MD, MPH

Pediatric Residency Program Director

Chief, Section of Adolescent Medicine

Associate Professor, Department of Pediatrics

Georgetown University School of Medicine

Washington, DC

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MedStar Washington Hospital Center

Associate Professor, Clinical Obstetrics and Gynecology

Georgetown University School of Medicine

Washington, DC

Peggy P. Ye, MD, MPH

Attending Physician, Obstetrics and Gynecology

MedStar Washington Hospital Center

Washington, DC

AGENDA

7:30 AM	Registration and Continental Breakfast	11:50 AM	Care of Gender Non-Conforming and Transgender Youth David Call, MD; Kylie G. Fowler, MD
7:55 AM	Welcome and Introduction Veronica Gomez-Lobo, MD		
8:00 AM	Adolescent Confidentiality in the Digital Age Kirsten B. Hawkins, MD, MPH	12:30 PM	Lunch and Visit the Exhibits
8:45 AM	Pelvic Pain in Girls and Adolescents Veronica Gomez-Lobo, MD	1:30 PM	Gynecology Issues in the Pre-pubertal Girl Lauren F. Damle, MD
9:35 AM	Updates in Contraception: Comple Contraception and Management of Abnormal Bleeding Pamela S. Lotke, MD, MPH	BREAKOUT SESSIONS	
10:15 AM	Female Athlete Triad Andrea Estrada, MD	2:10 PM	Breakout A: Surgical Issues in PAG Lauren F. Damle, MD; Veronica Gomez-Lobo, MD
10:55 AM	Break and Visit the Exhibits	2:10 PM	Breakout B: Peds Managing Contraception: Complex Patients and Side Effects Peggy P. Ye, MD, MPH
11:10 AM	What is New in Diagnosing, Treating and Preventing STIs and HIV in Youth Lawrence J. D'Angelo, MD	3:30 PM	Adjourn

* After each presentation there will be five minutes for questions and discussion.

The Council of the District of Columbia has approved Bill B19-510 "HIV/AIDS Continuing Education Amendment Act of 2012." The law requires physicians, physician assistants and nurses practicing in the District of Columbia to obtain 3 hours of HIV/AIDS CME credit each renewal cycle. To help practitioners meet this requirement, the presentation "What is New in Diagnosing, Treating and Preventing STIs and HIV in Youth" will provide .5 hours towards this requirement.

The Council of the District of Columbia has approved Bill B21-0168 "LGBTQ Cultural Competency Continuing Education Amendment Act of 2015". The law requires that two (2) credits of instruction pertinent to cultural competency or specialized clinical training that focuses on LGBTQ patients must be included as part of the continuing education requirements for any license, registration, or certification. The presentation "Care of Gender Non-Conforming and Transgender Youth" will provide .5 hours towards this requirement.

REGISTRATION INFORMATION

Registration Fees:	
Physician	\$225
Resident/Fellow	\$95
Advanced Practice Clinician	\$95
Nurse	\$95
Allied Health Professional	\$95

Online Registration Preferred

Please visit our secure website at <https://cme.medstarhealth.org/pedgyn> for updated program and registration information. We are unable to accept registrations or cancellations by telephone. If you wish to pay your registration fee by check, please download and print a registration form and mail it to the address on the registration form with your check.

All registrations will be confirmed by email only. Please use an email address that you check regularly. If you have questions regarding registration or do not receive an email confirmation of your registration within 1-2 business days, please contact us at medstarcme@gmail.com or 202-780-1655.

Cancellation Policy

Cancellations made in writing by **August 25, 2017** will be subject to a 50% penalty. No refunds will be given after August 25, 2017. Cancellations will not be accepted by telephone. In the unlikely event that the course is canceled, MedStar Health will refund the registration fee, but is not responsible for any travel costs.

Please call 202-780-1655 or email medstarcme@gmail.com if you any questions or need any additional information.

VENUE INFORMATION

Hyatt Regency Bethesda

1 Bethesda Metro Center
Bethesda, MD 20814
(301) 657-1234
<https://bethesda.regency.hyatt.com/>

Special Assistance

MedStar Health wishes to ensure that no individual with a disability is excluded, denied services, segregated or otherwise treated differently from other individuals because of the absence of auxiliary aids or services identified in the Americans with Disabilities Act. Please contact 202-780-1655 to notify us of your needs.





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FIRST NAME	MIDDLE INITIAL	LAST NAME	SUFFIX
DEGREE	HOSPITAL / COMPANY / ORGANIZATION		
MEDICAL SPECIALTY			
ADDRESS	STREET	SUITE OR APT #	
CITY	STATE	ZIP / POSTAL CODE	
TELEPHONE	FAX		
E-MAIL			

THREE WAYS TO REGISTER:

ON THE WEB:

CME.MedStarHealth.org/PedGyn

BY EMAIL:

Scan form and email to:
MedStarCME@gmail.com

BY MAIL:

MSH - PedGyn 2017
3007 Tilden Street, NW, Suite 3N
Washington, DC 20008

We are unable to accept registrations
or cancellations by telephone.

All registrations will be confirmed
by email only. Please use an email
address that you check regularly.
If you have questions regarding
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Physician ☐ \$225

Resident/Fellow ☐ \$95

Advanced Practice Clinician ☐ \$95

Nurse ☐ \$95

Allied Health Professional ☐ \$95

Industry ☐ \$250

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☐ Visa

☐ Mastercard

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EXPIRATION DATE (MO/YEAR)

*CCV NUMBER

NAME OF CARDHOLDER

CARDHOLDER SIGNATURE

*The CCV number is a 3-digit non-raised number printed on the back of the credit card in the right hand corner of the signature strip.
Amex card CCV numbers are 4-digits long and are on the front of the card.



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For more information, please visit:
<https://CME.MedStarHealth.org/PEDGYN>