

Presented by the Colitis and Crohn's Disease Center
San Francisco, California

21st Annual
**Updates in
Inflammatory
Bowel Disease**

2026

FRIDAY – SUNDAY

November 6-8, 2026

St. Regis San Francisco
San Francisco, CA



ST REGIS
SAN FRANCISCO

Colitis & Crohn's
Disease Center

OVERVIEW

The Colitis and Crohn's Disease Center is dedicated to providing comprehensive care for individuals with Crohn's disease, ulcerative colitis, and related illnesses. As part of this commitment, we are proud to present our 21st inflammatory bowel disease (IBD) symposium. This course will address advances in the medical and surgical management of Crohn's disease and ulcerative colitis including novel therapies and optimizing current medications. Management of special populations including the older patient and those with complications of therapy will be discussed. This year's course also includes a workshop on Intestinal Ultrasound for IBD.

WHO SHOULD ATTEND THIS COURSE?

This symposium is designed for gastroenterologists, colorectal surgeons, internists, and other health professionals who participate in the management of this complicated patient population.

OBJECTIVES

Upon completion of this course, attendees will refine their approaches to:

- Choosing appropriate therapy and monitoring for patients with Crohn's Disease and Ulcerative Colitis
- Naming new mechanisms of treatment for Inflammatory Bowel Disease
- Understanding how to treat clostridium difficile colitis
- Understanding the unique challenges for older patients with Inflammatory Bowel Disease
- Explaining the uses of functional medicine and hyperbaric oxygen therapy for IBD
- Avoiding low value care in the patient with Inflammatory Bowel Disease



JOINTLY ACCREDITED PROVIDER[®]
INTERPROFESSIONAL CONTINUING EDUCATION

ACCREDITATION STATEMENT

In support of improving patient care, this activity has been planned and implemented by Dannemiller and NMG Meetings. Dannemiller is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

Physicians (ACCME): Dannemiller designates this enduring material for a maximum of 11.0 *AMA PRA Category 1 Credits*[™]. Physicians should claim only the credit commensurate with the extent of their participation.

MOC Credit: Successful completion of this CME activity, which includes participation in the evaluation component, enables the participant to earn up to 11 MOC points and patient safety MOC credit in the American Board of Internal Medicine's (ABIM) Maintenance of Certification (MOC) program. It is the CME activity provider's responsibility to submit participant completion information to ACCME for the purpose of granting ABIM MOC credit.



Physician Assistants (AAPA): Dannemiller has been authorized by the American Academy of PAs (AAPA) to award AAPA Category 1 CME credit for activities planned in accordance with AAPA CME Criteria. This activity is designated for a maximum of 11 AAPA Category 1 CME credits.

PAs should only claim credit commensurate with the extent of their participation.

Registered Nurses (RN, NP): Dannemiller designates this educational activity for up to 11 contact hours. Learners should only claim credit commensurate with the extent of their participation.

program

Friday November 6, 2026

4:00 pm	<i>Registration</i>	
5:00	Introduction to Intestinal Ultrasound for IBD: Workshop	Rishika Chugh, MD
7:00	<i>Product Theater Dinner</i>	
7:30	<i>Product Theater Dessert</i>	

Saturday, November 7, 2026

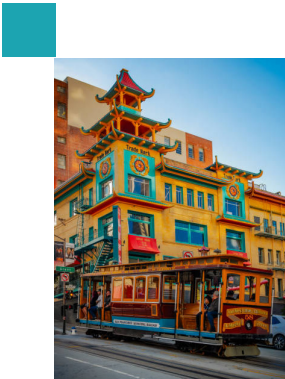
7:00 am	<i>Registration and Breakfast</i>	
7:15	<i>Product Theater</i>	
8:00	Welcome and Overview	Uma Mahadevan, MD
8:15	State of the Art: Management of Ulcerative Colitis	Bruce Sands, MD
8:55	State of the Art: Management of Crohn's Disease	Uma Mahadevan, MD
9:35	Obesity and IBD	Parambir Dulai, MD
10:05	Questions to the Panel	<i>Moderator:</i> Uma Mahadevan, MD
10:20	<i>Break</i>	
10:40	Medical Case Presentations	<i>Moderator:</i> Uma Mahadevan, MD <i>Panel:</i> Guest IBD Faculty, Emily Finlayson, MD Ryan Gill, MD
12:00 pm	<i>Course Luncheon</i>	<i>Moderator:</i> Fernando Velayos, MD
1:00	Use of Functional Medicine in IBD	Dawn Beaulieu, MD
1:30	Avoiding Low Value Care in your Practice	Fernando Velayos, MD
1:55	Speed Round: Sub-Sub-Specialties (15 min each) • Successful Prior Auths: IBD and GLPs • Eosinophilic Esophagitis • Intestinal Ultrasound in Special Populations • Risks of Hormone Therapy • Updates on Older IBD Patients • Dual Biologics/Small Molecules • Checkpoint Colitis	Sarah Setoudeh, Pharm D Priya Kathpalia, MD Rishika Chugh, MD Justin Field, MD Kendall Beck, MD Sara Lewin, MD Ruzbeh Mosadeghi, MD
3:50	Questions to the Panel	<i>Moderator:</i> Fernando Velayos, MD
4:15	<i>Wine and Cheese Reception</i>	
5:00	<i>Adjourn</i>	

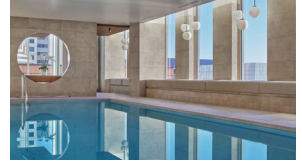
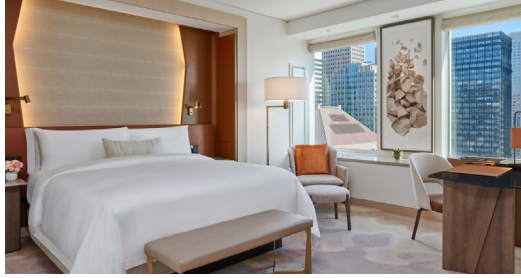


Sunday, November 8, 2026

7:00 am	Registration and Breakfast	
7:15	Product Theater	
8:00	Opening Remarks	Uma Mahadevan, MD Moderator: Rishika Chugh, MD Bruce Sands, MD
8:15	Emerging Therapies: What's New?	Dawn Beaulieu, MD
8:45	Management of Extraintestinal Manifestations	Parambir Dulai, MD
9:15	Hyperbaric Oxygen Therapy for IBD	Max Brondfield, MD
9:40	Management of C. Difficile: Antibiotics to FMT	Moderator: Rishika Chugh, MD
10:05	Questions to the Panel	
10:25	Break	
10:45	Rapid Fire: Hot Topics in IBD	Moderator: Uma Mahadevan, MD Panel: Home Faculty
12:00 pm	Adjourn	

Register now by visiting updatesibdcme.ucsf.edu





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www.marriott.com/stregis/sanfrancisco

GENERAL INFORMATION

Pre-registration is required to ensure we properly prepared for your arrival and participation.

REGISTRATION INFORMATION

Course enrollment is limited, and early registration is encouraged. Pre-registration closes on Thursday, **November 4th, 2026**, and on-site registration rates apply after this date.

HOW TO ENROLL

Tuition*:

Early Bird By July 31, 2026

- \$400** Physicians
- \$350** Advanced Practice Professionals/Nurses/
Radiologic Technologists
- \$175** Residents/Fellows

Regular Fee After July 31, 2026

- \$450** Radiologists/Physicians
- \$400** Advanced Practice Professionals/Nurses/
Radiologic Technologists
- \$225** Residents/Fellows

* On-site registration will be \$50 additional.

On-Site Registration: Generally we are able to accommodate on-site registration at our courses however pre-registration is preferred to ensure that we have adequate course materials.

SYLLABUS

The syllabus will be distributed electronically approximately 1 week prior to the course.

REGISTER ONLINE

updatesibdcme.ucsf.edu

Payment can be made by check, Visa, MasterCard, or AmEx.

Please check our website for up-to-date information on the course: updatesibdcme.ucsf.edu

CONFERENCE LOCATION

Enjoy San Francisco's renowned attractions such as its historic cable cars, shopping in Union Square, or the culinary hub at the Ferry Building.

The **St. Regis San Francisco** enjoys an artful address, with the Museum of the African Diaspora located within the hotel and the renowned San Francisco Museum of Modern Art next door. This San Francisco hotel defines the modern-day interpretation of the St. Regis legacy that began over a century ago.

A block of guestrooms has been reserved at the special discounted conference rate of **\$445/night**. You are urged to make your reservations early. The cut-off date is **October 16, 2026**, or until the group room block is filled. After this date, rooms will be provided on a space-available basis only.

To make hotel reservations on-line, go to the course webpage at updatesibdcme.ucsf.edu and click on the hotel link.

If you prefer to telephone in your reservation, call 1-877-787-3447 and identify yourself as a member of this conference to receive the special discounted rate.

By staying at the host hotel, you help Updates in IBD meet its contractual obligations and keep registration fees reasonable. Please take this into consideration when making your accommodation decisions.

REFUND POLICY

Cancellations received in writing before by **October 6, 2026** will be refunded, less a **\$100** administrative fee. No refunds will be made on cancellations received after that date.

For more information or to register online visit our website at updatesibdmc.ucsf.edu
For questions, please email Nicole Gomez at nicole@nmgmeetings.com or call 831-595-0710



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NMG Meetings and Events
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faculty

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