



APPLYING FUNCTIONAL MEDICINE IN CLINICAL PRACTICE® (AFMCP)

September 19–23, 2016 ■ Marriott Baltimore Waterfront, Baltimore, MD

PROGRAM SCHEDULE*

ONSITE PROGRAM SCHEDULE

SUNDAY, SEPTEMBER 18

6:00–7:00 PM	Check In	
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MONDAY, SEPTEMBER 19 (DAY ONE)

7:00–8:00 AM	Check In	
8:00–8:15 AM	Welcome and Orientation	Dan Lukaczer, ND
8:15–9:30 AM	Introduction to Functional Medicine: Redefining Disease Applied Systems Medicine	Mark Hyman, MD
9:30–10:00 AM	Morning Break – Refreshments in Foyer	
10:00AM–12:00 PM	Mapping the Territory: Using the Functional Medicine Matrix Model	Kristi Hughes, ND
12:00–1:30 PM	Lunch Break	
1:30–3:15 PM	DIGIN to Root Causes of Gut Dysfunction	Tom O'Bryan, DC, CCN
3:15–4:00 PM	Afternoon Break – Refreshments in Foyer	
4:00–5:30 PM	Treatment of GI Dysfunction	Tom Sult, MD
5:30–6:00 PM	Integration of Concepts	Tom Sult, MD
6:00–6:30 PM	Evening Break	
6:30–8:00 PM	Welcome Reception	

TUESDAY, SEPTEMBER 20 (DAY TWO)

6:00–7:00 AM	Yoga	
7:15–7:45	Optional (Non-CME): Introduction to the IFM Communities, IFM Toolkit and Natural Medicine Database	Dan Lukaczer, ND
8:00–9:30 AM	Immune Dysfunction and Inflammation: A Primary Mechanism of Illness	Robert Rountree, MD
9:30–10:00 AM	Morning Break – Refreshments in Exhibit Hall	
10:00–11:30 AM	Food Allergies, Sensitivities, and Intolerances: Diagnosis and Treatment	Dan Lukaczer, ND
11:30 AM–1:00 PM	Lunch Break	
1:00–2:15 PM	Prescribing an Elimination Diet	Bette Bischoff, MD, RD
2:15–3:15 PM	Afternoon Break – Refreshments in Exhibit Hall	
3:15–4:30 PM	Anthropometrics, Biomarkers, Clinical Assessment, and Diet Evaluation: The ABCDs of Nutritional Evaluation: Part 1	Michael Stone, MD, MS
4:30–4:45 PM	Short Restroom Break	
4:45–6:00 PM	Shifting the Therapeutic Encounter	Monique Class, MS, APRN, BC

WEDNESDAY, SEPTEMBER 21 (DAY THREE)

6:00–7:00 AM	Yoga	
7:15–7:45 AM	Optional (Non-CME) Introduction to the IFM Communities, IFM Toolkit and Natural Medicine Database	



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8:00–9:45 AM	Anthropometrics, Biomarkers, Clinical Assessment, and Diet Evaluation: The ABCDs of Nutritional Evaluation: Part 2	Michael Stone, MD, MS
9:45–10:15 AM	Morning Break – Refreshments in Exhibit Hall	
10:15 AM–12:00 PM	Lowering the Toxic Body Burden Using Diet, Lifestyle, and Other Strategies	Robert Rountree
12:00–1:30 PM	Lunch Break	
1:30–3:45 PM	Functional Approaches to Cardiometabolic Disease	Shilpa Saxena, MD
3:45–4:45 PM	Afternoon Break – Refreshments in Exhibit Hall	
4:45–6:00 PM	Challenges in the Journey of Change	Monique Class, MS, APRN, BC
THURSDAY, SEPTEMBER 22 (DAY FOUR)		
6:00–7:00 AM	Yoga	
8:00–9:30 AM	The Hypothalamic–Pituitary–Adrenal–Thyroid Axis	Marcelle Pick, NP
9:30–10:00 AM	Morning Break – Refreshments in Exhibit Hall	
10:00–11:30 AM	Assessment and Treatment of Thyroid Dysfunction	Dan Lukaczer, ND
11:30–12:00 PM	Questions and Answers Session	Presenters
12:00 PM–1:30 PM	Lunch Break	
1:30–3:00 PM	Understanding Sex Steroid Hormones	Joel Evans MD
3:00–4:00 PM	Afternoon Break – Refreshments in Exhibit Hall	
4:00–5:30 PM	Managing a Woman’s Hormones	Bethany Hays, MD
5:30–6:00 PM	Questions and Answers Session	Presenters
FRIDAY, SEPTEMBER 23 (DAY FIVE)		
8:00–9:30	Mitochondria and Energy Dynamics	Datis Kharrazian, DC
9:30–10:00 AM	Morning Break – Refreshments in Foyer	
10:00–11:30 AM	Clinical Integration and the Functional Medicine Matrix Part 1	Robert Luby, MD
11:30–1:00 PM	Lunch Break	
1:00–3:00 PM	Clinic Integration and the Functional Medicine Matrix Part 2	Kristi Hughes, ND
3:00–3:30 PM	Afternoon Break – Refreshments in Foyer	
3:30–5:00 PM	Insight, Intuition, and the Therapeutic Partnership	David Jones, MD
POST-COURSE LIVE WEBINARS		
TBD		TBD
TBD		TBD