



David Geffen
School of Medicine

UCLA Office of Continuing Medical Education
David Geffen School of Medicine at UCLA
and the UCLA Department of Family Medicine

43rd Annual



UCLA Family Medicine Refresher Course



**Monday-Friday
May 23-27, 2016**

**Marina del Rey Marriott
Marina del Rey, California**

CME OFFICE OF
CONTINUING
MEDICAL
EDUCATION

DAVID GEFEN SCHOOL OF MEDICINE at **UCLA**

43rd Annual UCLA Family Medicine Refresher Course

Monday, May 23 – Friday, May 27, 2016

The goal of this refresher course is to provide family physicians and other primary care providers with state-of-the-art educational experiences and accepted approaches to clinical problem-solving in both office and hospital settings.

AT THE CONCLUSION OF THIS COURSE, PARTICIPANTS SHOULD BE ABLE TO:

- Apply current diagnosis and management principles pertaining to common problems seen in a family medicine setting, including hypertension, diabetes, depression, rheumatologic diseases, obesity, COPD, coronary heart disease, child abuse, cancer screening, and menopause
- Recognize the impact of, and integrate advances in, specialty areas as they relate to the practice of family medicine
- Formulate management plans for disorders frequently seen in family practice, based on the latest accepted methodologies

COURSE INCLUDES

- The latest clinical developments of interest to family physicians
- Practical skills workshops
- Mini-courses providing in-depth review of selected relevant topics
- Expanded syllabus for quick reference in your clinical practice
- Speakers with proven ability to present relevant content useful in the family medicine context

ACCREDITATION

The Office of Continuing Medical Education, David Geffen School of Medicine at UCLA, is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

The Office of Continuing Medical Education, David Geffen School of Medicine at UCLA designates this live activity for a maximum of **36.5 AMA PRA Category 1 Credit(s)**[™]. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

The California State Board of Registered Nursing accepts courses approved by the AMA for Category 1 credit as meeting the continuing education requirements for license renewal. Nurses from states other than California should inquire with their local State Board for specific continuing education policies.

AAFP ACCREDITATION

Application for CME credit has been filed with the American Academy of Family Physicians.
Determination of credit is pending.

DISCLOSURE STATEMENT

The FDA has issued a concept paper which classifies commercial support of scientific and educational programs as promotional unless it can be affirmed that the program is truly independent and free of commercial influence. In addition to independence, the FDA requires that non-promotional, commercially supported education be objective, balanced, and scientifically rigorous. The policy further states that all potential conflicts of interest of the CME staff and faculty be fully disclosed to the program's participants. In addition, Accreditation Council for Continuing Medical Education policy now mandates that the provider adequately manages all identified potential conflicts of interest prior to the program. We, at UCLA, fully endorse the letter and spirit of these concepts.

Monday May 23, 2016

- 7:00 **Registration and Continental Breakfast**
- 7:25 **Welcome/Introduction**
- 7:35 **Acute Coronary Syndrome: State-of-the-Art**
Gregg C. Fonarow, MD
- 8:15 **Hypercholesterolemia: Implementing the New Guidelines**
Karol E. Watson, MD, PhD
- 9:00 **Questions and Answers**
- 9:15 **Managing Hypertension in 2016: SPRINT and More**
Karol E. Watson, MD, PhD
- 9:55 **Break**
- 10:10 **Diabetes Update: 2016**
Michael A. Bush, MD
- 10:50 **Diabetic Complications: Proving that Ounce of Prevention**
Michael A. Bush, MD
- 11:30 **Modern Management of Obesity**
Zhaoping Li, MD, PhD
- 12:15 **Lunch (on own)**

Minicourse: Geriatrics

- 1:30 **Alzheimer's Disease: Recognition and Management**
Michelle S. Eslami, MD
- 2:15 **Delirium: A Neurologist's Approach**
Lucas Restrepo, MD, PhD
- 3:00 **Break**
- 3:15 **Ethical Issues in the Elderly**
Neil Wenger, MD
- 4:00 **Common Infections in the Elderly**
Dean C. Norman, MD
- 4:40 **Questions and Answers**
- 5:00 **Adjourn**

Tuesday, May 24, 2016

- 7:00 **Continental Breakfast**

Minicourse: Office Gynecology

- 7:30 **Approach to the Breast Mass**
Armando Giuliano, MD, FACS, FRCSEd
- 8:15 **Cancer Screening in Women**
Jodi Friedman, MD

- 8:55 **Contraception Update**
Martin Anderson, MD
- 9:35 **Questions and Answers**
- 9:45 **Break**
- 10:00 **Osteoporosis**
Roland Sakiyama, MD, FACP
- 10:45 **Modern Management of the Menopause**
Carolyn J. Crandall, MD, MS
- 11:30 **Case Studies in Vaginitis**
Martin A. Quan, MD
- 12:15 **Lunch (on own)**

Minicourse: Subspecialty Update

- 1:45 **Atrial Fibrillation: Current Guidelines and Recommendations**
Eric Buch, MD, FHRS, FACC
- 2:25 **Heart Failure**
Jon A. Kobashigawa
- 3:05 **Questions and Answers**
- 3:15 **Break**
- 3:30 **Insomnia: A Primary Care Approach**
Alon Y. Avidan, MD, MPH
- 4:10 **Venous Disorders**
David A. Rigberg, MD
- 4:50 **Prostate Cancer and BPH**
Leonard S. Marks, MD
- 5:00 **Adjourn**

Wednesday, May 25, 2016

- 7:00 **Continental Breakfast**

Minicourse: Pediatrics

- 7:30 **Approach to the Child with a Heart Murmur**
Daniel S. Levi, MD
- 8:15 **Approach to the Febrile Child**
Carol D. Berkowitz, MD
- 9:00 **Food Allergy**
Maria Garcia-Lloret, MD
- 9:45 **Questions and Answers**
- 10:00 **Break**
- 10:15 **Pediatric Dermatology**
Robert E. Morris, MD
- 11:00 **Child Abuse**
Claudia Wang, MD
- 11:45 **Questions and Answers**
- 12:00 **Lunch (on own)**

- 1:30 **Low Back Pain**
Duncan McBride, MD
- 2:15 **Approach to Rheumatologic Diagnosis**
Peng Thim Fan, MD
- 3:00 **Questions and Answers**
- 3:15 **Break**
- 3:30 **Diagnosis and Management of Gout**
Peng Thim Fan, MD
- 4:10 **Smoking Cessation**
Michael Ong, MD, PhD
- 4:50 **Questions and Answers**
- 5:00 **Adjourn**

Thursday, May 26, 2016

- 7:00 **Continental Breakfast**

Minicourse: GI

- 7:30 **Current Clinical Concepts in Fatty Liver**
Francisco A. Durazo, MD, FACP
- 8:10 **Management of Hepatitis C**
Steven-Huy Han, MD, AGAF
- 8:50 **Barrett's Esophagus: Sorting Out the Controversy**
Raman Muthusamy, MD
- 9:30 **Questions and Answers**
- 9:45 **Break**
- 10:00 **COPD Update**
Gerard W. Frank, MD, PhD
- 10:45 **Office Orthopedics vs. Asthma**
Bruce A. Brown, MD
- 11:30 **Questions and Answers**
- 11:45 **Lunch (on own)**

WORKSHOPS

- 1:15-2:45 and 3:00-4:30

Office Orthopedics
Bruce A. Brown, MD

Office Radiology
James D. Collins, MD

Skin Biopsy
Richard A. Johnson, MD

Joint Injections
Daniel T. Lee, MD

Myofascial Pain
Jimmy Hara, MD, FAAFP

Friday, May 27, 2016

- 7:00 **Continental Breakfast**

Minicourse: Office Psychiatry

- 7:30 **Anxiety Disorders**
Shirah Vollmer, MD
- 8:10 **Alcoholism Recognition and Management: 2016**
Timothy Fong, MD
- 8:50 **Approach to the Patient with Depression**
Andrew F. Leuchter, MD
- 9:45 **Questions and Answers**

Minicourse: Challenges in Primary Care

- 10:00 **Common ENT Disorders**
Paul A. Kedesian, MD
- 10:45 **Office Ophthalmology**
Lynn Gordon, MD, PhD
- 11:30 **Office Dermatology**
Jennifer Haley, MD
- 12:15 **Lunch (on own)**

Minicourse: Common Problems in Primary Care

- 1:30 **Hypertension 1, 2, 3: How to Measure BP? How to Choose Treatment? How Low to Go?**
Stanley S. Franklin, MD, FACP, FACC, FASN
- 2:15 **Concussion**
John DiFiori, MD
- 3:00 **Common Thyroid Disorders**
Roland Sakiyama, MD, FACP
- 3:45 **Questions and Answers**
- 4:00 **Adjourn**

Other UCLA Meetings of Interest

Meeting the Challenge of Primary Care
March 16-19, 2016
Wailea Beach Marriott Resort
Wailea, Maui, Hawaii

Office Gynecology/Women's Health for Primary Care
August 11-14, 2016
Disney's Paradise Pier Hotel
Anaheim, California

PROGRAM CHAIR

Martin A. Quan, MD

Professor of Clinical Family Medicine*
Director, Office of Continuing Medical Education

PROGRAM COMMITTEE

Jimmy Hara, MD, FAAFP

Professor of Clinical Family Medicine*
Residency Program Director Emeritus,
Southern California Kaiser Permanente
Los Angeles, California

Roland Sakiyama, MD, FACP

Clinical Professor of Medicine*

PROGRAM FACULTY

Martin Anderson, MD

Professor of Pediatrics*

Alon Y. Avidan, MD, MPH

Professor of Neurology*
UCLA Department of Neurology
Director, UCLA Sleep Disorders Center

Carol D. Berkowitz, MD

Professor and Executive Vice Chair*
Department of Pediatrics
Harbor-UCLA Medical Center

Bruce A. Brown, MD

Assistant Clinical Professor*
Department of Orthopaedic Surgery

Eric Buch, MD, FHRS, FACC

Assistant Professor of Medicine*
Director, Specialized Program for Atrial Fibrillation
UCLA Cardiac Arrhythmia Center

Michael A. Bush, MD

Associate Clinical Professor
of Medicine/Endocrinology*
Division of Endocrinology,
Cedars-Sinai Medical Center

James D. Collins, MD

Professor of Radiological Sciences*

Carolyn J. Crandall, MD, MS

Professor of Medicine*

John DiFiori, MD

Professor of Clinical Family Medicine and
Orthopaedics*
Chief, Division of Sports Medicine
Team Physician, UCLA Department of Intercollegiate
Athletics

Francisco A. Durazo, MD, FACP

Professor of Medicine and Surgery*
Medical Director, Dumont-UCLA Liver Transplant
Center
Division of Digestive and Liver Disease

Michelle S. Eslami, MD

Professor of Medicine/Geriatrics*

Peng Thim Fan, MD

Clinical Professor of Medicine/Rheumatology*

Gregg C. Fonarow, MD

Eliot Corday Professor of Cardiovascular Medicine
and Science*
Director, Ahmanson-UCLA Cardiomyopathy Center
Co-Chief of Clinical Cardiology
UCLA Division of Cardiology

Timothy Fong, MD

Associate Professor of Psychiatry*
Co-Director, UCLA Gambling Studies Program
Director, UCLA Addiction Psychiatry Fellowship
UCLA
UC Tobacco Cessation Network

Gerard W. Frank, MD, PhD

Associate Clinical Professor*
Pulmonary and Critical Care Medicine

Stanley S. Franklin, MD, FACP, FACC, FASN

Professor of Medicine
Division of Cardiology
University of California, Irvine

Jodi Friedman, MD

Associate Clinical Professor of Medicine*

Maria I. Garcia-Lloret, MD

Assistant Clinical Professor*
Department of Pediatric Allergy/Immunology/
Rheumatology

Armando Giuliano, MD, FACS, FRCSEd

Professor of Surgery*
Executive Vice Chair of Surgery
Associate Director, Samuel Oschin Comprehensive
Cancer Institute
Cedars-Sinai Medical Center

Lynn Gordon, MD, PhD

Professor of Ophthalmology*

Jennifer Haley, MD

Associate Clinical Professor of Medicine/
Dermatology*

Steven-Huy Han, MD, AGAF

Professor of Medicine and Surgery*
Digestive and Liver Diseases
Dumont-UCLA Liver Transplant Center

Richard A. Johnson, MD

Clinical Professor of Family Medicine*
Pacific Palisades Medical Group, Inc.

Paul A. Kedesian, MD

Associate Clinical Professor*
Department of Head and Neck Surgery

Jon A. Kobashigawa, MD

Clinical Professor of Medicine*
OSL/Thomas D. Gordon Chair in Heart Transplantation
Medicine
Associate Director, Cedars-Sinai Institute
Director, Advanced Heart Disease Section
Director, Heart Transplant Program

Daniel T. Lee, MD

Clinical Professor of Family Medicine*
Faculty, UCLA - Santa Monica Family Medicine
Residency Program

Andrew F. Leuchter, MD

Professor of Psychiatry and Biobehavioral Sciences*

Daniel S. Levi, MD

Assistant Professor of Pediatrics*
Division of Pediatric Cardiology

Zhaoping Li, MD, PhD
Professor of Medicine*
Director, Center for Human Nutrition
Chief, Division of Clinical Nutrition

Leonard S. Marks, MD
Clinical Professor*
Department of Urology

Duncan McBride, MD
Associate Clinical Professor*
Division of Neurosurgery

Robert E. Morris, MD
Professor Emeritus of Pediatrics*
Department of Pediatrics

Raman Muthusamy, MD
Clinical Professor*
Department of Medicine/Digestive Diseases

Dean C. Norman, MD
Professor of Medicine/Geriatric Medicine*
Chief of Staff, VA Greater Los Angeles Healthcare System

Michael Ong, MD, PhD
Associate Professor*
General Internal Medicine and Health Services Research

Lucas Restrepo, MD, PhD
Clinical Assistant Professor of Neurology*

David A. Rigberg, MD
Associate Clinical Professor*
Department of Surgery-Vascular

Shirah Vollmer, MD
Associate Clinical Professor of Family Medicine and Psychiatry*

Claudia Wang, MD
Clinical Professor of Pediatrics*
Medical Director of Suspected Child Abuse and Neglect Team

Karol E. Watson, MD, PhD
Professor of Medicine/Cardiology*
Co-Director, UCLA Program in Preventive Cardiology
Director, UCLA Barbra Streisand Women's Heart Health Program

Neil Wenger, MD
Professor of Medicine*
Director, UCLA Healthcare Ethics Center

* David Geffen School of Medicine at UCLA

Please visit our website for other UCLA CME offerings.
www.cme.ucla.edu

GENERAL INFORMATION

MEETING LOCATION
Marina del Rey Marriott
4100 Admiralty Way
Marina del Rey, CA 90292
(310) 301-3000

The Marina del Rey Marriott is located three blocks from the beach in the heart of Marina del Rey, across from the world's largest man-made harbor. It is six miles from LAX airport, with access to all area freeways and major surface routes. Within walking distance of the hotel are a variety of restaurants, clubs, and shops as well as biking paths, jogging trails and the Marina Beach. Close to Marina del Rey are art galleries, popular restaurants, architectural showpieces, and the distinctive cultural scene of Santa Monica and Venice Beach. Shopping in Beverly Hills and Century City is also close by. The Los Angeles area offers a variety of vacation entertainment for both adults and children. Disneyland, Knotts Berry Farm, Magic Mountain and Universal Studios are just a sample of attractions that help to make a visit to Southern California a memorable experience.

ACCOMMODATIONS
A block of rooms has been reserved at the Marina del Rey Marriott for seminar participants at a special conference rate starting at \$239.00 per night for single/double occupancy. Confirmation of reservations received after May 2, 2016 is subject to availability.

For reservations call (800) 228-9290 or (310) 301-3000. Make sure to mention the UCLA Family Medicine Conference when calling in your reservations.

FEES:
\$675 for physicians
\$506 for non-physician healthcare professionals
Fee includes course registration, continental breakfasts and extensive course syllabus.

CONFERENCE PARKING
There will be special banquet valet day parking rates of \$12 per day for attendees of the conference. Overnight parking is \$24.00 per night.

REFUNDS
Cancellations must be received in writing by Friday, May 9, 2016, and will be subject to a \$75 processing fee. No refunds will be given after May 9, 2016. If for any reason the course must be canceled, discontinued, or rescheduled by the Office of Continuing Medical Education, a full refund will be provided.

TRANSPORTATION TO HOTEL FROM LAX
Taxi service is available from Los Angeles International Airport to the Marina del Rey Marriott.

ENROLLMENT

By Mail

Use the form attached.

Mail to the UCLA Office of Continuing Medical Education, David Geffen School of Medicine at UCLA, Family Medicine Refresher Course, 10920 Wilshire Blvd., Suite 1060 Los Angeles, CA 90024-6512

By FAX

Send the completed enrollment form with credit card information and authorizing signature.
FAX 310-794-2624

By Phone

Use your MasterCard, VISA, American Express, or Discover Card. Call 310-794-2620.

Online

Use your MasterCard, VISA, American Express or Discover Card. Go to www.cme.ucla.edu/courses and click on 43rd Annual UCLA Family Practice Refresher Course and select the registration button.

**ENROLLMENT IS LIMITED!
EARLY ENROLLMENT IS ADVISED.**

E-mail address: eyala@mednet.ucla.edu

Mail Application for Enrollment (Please Print)

2016

Course Title and Number	Amount
43rd Annual UCLA Family Medicine Refresher Course M156-35 May 23-27, 2016	

Last four digits of your Social Security Number

☐ Please check if new address

Name (First/Middle/Last) ☐ Male ☐ Female

Preferred Mailing Address

City/State/Zip

()
Area Code/Daytime Phone

()
Area Code/FAX #

Specialty

E-mail address

WORKSHOPS:

Each registrant will participate in two workshops. Each workshop is held twice, both on Thursday, May 26, 2016.

Session 1 is from 1:15-2:45 and **Session 2** is from 3:00-4:30.

Please choose two workshops (mark with a 1 and 2) and a third (3) as an alternate (should one of the others be full).

_____ A. Myofacial Pain

_____ C. Office Orthopedics

_____ E. Office Radiology

_____ B. Joint Injections

_____ D. Skin Biopsy

Space is limited, so please register early!

☐ Check enclosed payable to: The Regents of the University of California

Charge: ☐ MasterCard ☐ Visa ☐ American Express ☐ Discover

Authorizing Signature Expiration Date (Mo/Yr)

Mail or Fax completed form and payment to:

**Office of Continuing Medical Education
David Geffen School of Medicine at UCLA
Family Medicine Refresher Course
10920 Wilshire Blvd., Suite 1060
Los Angeles, CA 90024-6512 FAX: 310-794-2624**

UCLA Office of Continuing Medical Education
David Geffen School of Medicine at UCLA
405 Hilgard Avenue MC 29
Los Angeles, California 90095-6938

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Marina del Rey, California**

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