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Type Registration	Definition	Price
Group rate	Register 20 or more	\$40
Individual Rate	Single Registration	\$65

Course #	Course Title	
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Webinar Cancellation Policy: Motivations, Inc. reserves the right to discontinue or reschedule a course from our listing of options. Should you have already registered, you will receive a full refund. Participants may receive a full refund when requesting cancellation 24 hours prior to the the webinar. After that time, a credit for a future Motivations event may be awarded.

Special Needs Requests: Please email us any special needs related to vision, hearing, accessibility or any other considerations to completing the course so we can assist in advance.



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WEBINAR

#7177 Instrument Assisted Soft Tissue Manipulation (IASTM): Foundation Meets Application

Instructor: Chris Gellert, PT, MMusc &
Sportsphysio, MPT, CSCS, C-IASTM, NASM-CPT

Audience: Physical Therapists and Assistants

Delivery Options:
Live Webinar or Self-Study Options

SUMMARY: This course will provide a foundation for understanding the value and application of Instrument Assisted Soft Tissue Manipulation (IASTM) in the physical therapy practice. Applications for this approach includes persons with neurological conditions, spinal stenosis, spondylosis and lumbar radiculopathy, fibromyalgia and common muscle imbalances. Learn how this approach can help your patients and practice with another source of intervention. Course instruction method includes: Lecture, Videos, Case Studies, and Question/answers. (Intermediate Level)

PRESENTER: Chris Gellert, PT, MMusc & Sportsphysio, MPT, CSCS, C-IASTM, NASM-CPT is the CEO of Pinnacle Training & Consulting Systems, LLC, a continuing education and consulting company. Chris has 22 years of diverse strong clinical experience haven worked in hospital, industrial rehabilitation, outpatient and private practice settings. Where he has treated spinal injuries, sacroiliac, degenerative, sports and various movement dysfunctions. Chris is also uniquely a personal trainer with 22 years experience.

Chris completed an Advanced Master's degree in orthopedics & sports physical therapy (residency) from the University of South Australia, a Master's degree in physical therapy from Nova Southeastern University and B.S. in Marketing from SUNY Plattsburgh. He is an experienced, passionate international presenter, writer, and consultant. He has created 15 home study courses on human movement and three live seminars for personal trainers and physical therapy assistants. He developed the advanced Certificate in Post Rehabilitation Program(CPRS). Which is comprised of 10 home study courses, a live seminar, over 100+ videos, articles, webinars and a mentoring system. A system that teaches the foundation science, assessments and application science behind human movement. <https://www.personaltrainerceu.com/cprs> *Financial—* Receives a teaching honorarium from Motivations Inc. *Nonfinancial—* No relevant nonfinancial relationship exists

OBJECTIVES: Upon completion of this course, the participant will be able to:

1. Interpret and list two sources on the foundation and origin of Instrument Assisted Soft Tissue Mobilization (IASTM) and the latest research as it applies clinically.
2. Apply the fanning stroke with a patient who has active or latent trigger points in their upper trapezius muscle.
3. Defend the selection of one IASTM tool and treatment plan for a specified clinical condition.
4. Compare mechanical and physiologic responses of IASTM when provided with a case study.
5. Explain three key differences between a fascial restriction and muscle tightness.
6. Identify two indications and two contraindications of IASTM for an instructor named clinical condition.
7. Explain the rationale behind IASTM by comparing mechanical vs. neurological responses using the most current research.
8. Understand what fascia is, how to identify common fascial restrictions using the IASTM and latest research.
9. Based on instructor specified example indicating evaluation findings, will accurately choose the IASTM technique to manage the condition.
10. Compare the difference between the clinical patterns of spinal stenosis, spondylosis and lumbar radiculopathy in terms of each diagnoses behavior of symptoms, clinical findings, and common muscle imbalances.
11. Compare an active trigger point vs. a latent trigger point for patients diagnosed with fibromyalgia.
12. Justify the IASTM

FORMAT: This is a 3-hour course equivalent to 3 CEU's or 0.3 CEUs offered as a live webinar or self-study.

For Live courses, the content is presented via an internet website displaying real time power points. Learners will receive a course instruction link. Instructors lecture through livestreaming internet on your computer. Questions may be asked during the webinar using the chat feature or the "raise hand" feature for live discussion.

For Recorded courses, learners will not be able to participate in real time with questions.

PT CEU's: Motivations Inc is an approved provider of Physical Therapy continuing education by these professional bodies: Texas Chapter of the American Physical Therapy Association, ILDPR- Illinois Department of Professional Regulation Approved PT CE Sponsor, NY- New York State Education Department, Office of the Professions. Physical Therapy Board of California. Many state boards recognize these for pre-approval purposes. Contact us if you would like verification a state.

AGENDA:

8-8:10pm	Fascia
8:10- 8:30pm	Trigger Points
8:30-8:40pm	Foundation of IASTM
8:40pm-8:50pm	Research on IASTM
8:50-9PM	Principles of IASTM
9-10:00PM	IASTM Foundational Strokes, concepts, techniques for upper and lower body

Post-test: 30 Minutes Research, identify, and submit your post-test question answers on the online form. This is an open book test you can take multiple times if needed to obtain the 70% score. Complete the evaluation feedback survey and needs assessment. Obtain and save your auto-emailed certificate for your files.