

Carolinas Society of Endocrinologists
2023 Annual Meeting



August 18–20, 2023
Omni Grove Park Inn, Asheville, NC

This continuing medical education activity is jointly provided by the Duke University Health System Department of Clinical Education and Professional Development and North Carolina Medical Society.

CSE Annual Meeting

Target Audience and Purpose

The purpose of this educational activity is to present the latest knowledge and methods of evaluation and treatment of endocrine and metabolic conditions affecting our patients. Through the topics discussed and the faculty involved we will aim to increase scientific knowledge and optimize practical management of endocrine diseases. Most current diagnosis, therapy and outcome practices will be emphasized. The target audience for the activity includes active practicing and academic endocrinologists, fellows, residents in training, medical students, physician assistants, and advanced practice providers.

Objectives

At the conclusion of this educational activity participants should be able to:

- » Understand the latest ideas on prevention and treatment of diabetic kidney disease as well as the risks and benefits of the interventions
- » To discuss updated guidelines in transgender medicine
- » Diagnose pheochromocytoma based on clinical presentation and imaging studies
- » Review reasons for poor screening rates for primary aldosteronism
- » Illustrate an approach to avoid cardiovascular and renal morbidities in patients with primary aldosteronism

Credit Statement

Duke University Health System Department of Clinical Education and Professional Development designates this live activity for a maximum of 10.25 *AMA PRA Category 1 Credit(s)*[™]. Physicians should claim only credit commensurate with the extent of their participation in the activity.

Accreditation

In support of improving patient In support of improving patient care, the Duke University Health System Department of Clinical Education and Professional Development is accredited by the American Nurses Credentialing Center (ANCC), the Accreditation Council for Pharmacy Education (ACPE), and the Accreditation Council for Continuing Medical Education (ACCME), to provide continuing education for the health care team.

Disclosure Statement

Duke University Health System Department of Clinical Education and Professional Development adheres to ACCME Essential Areas and Policies regarding industry support of continuing medical education. Disclosures of faculty/planning committee members and commercial relationships will be made known at the activity. Speakers are also expected to openly disclose a discussion of any off-label, experimental, or investigational use of drugs or devices in their presentations.

Americans with Disabilities Act

The CSE is fully committed to the principle of equal educational opportunities for all individuals and does not discriminate on the basis of any characteristics protected by federal or state law. If you require any of the auxiliary aids or services identified in the Americans with Disabilities Act in order to participate in this conference, please call Megan Eberle at (919) 833-3836 no later than 10 business days before the date of the activity.



JOINTLY ACCREDITED PROVIDER[™]
INTERPROFESSIONAL CONTINUING EDUCATION

Meeting Features

Friday's general session includes presentations on updates on diabetic kidney disease and diabetes insipidus; a welcome reception in the exhibit hall rounds out Friday's events. On Saturday, following breakfast in the exhibit hall, there will be presentations on clinical pearls in endocrine hypertension, a transgender care panel advocacy update, and diabetes technology. Saturday afternoon is free. The family-friendly Saturday buffet dinner will feature live musical entertainment with square dancing (please register in advance for this event). Following breakfast in the exhibit hall, Sunday's highlights include discussions on gender affirming surgery and lipid updates. Please note that attire for all functions is business or resort casual.

Registration Information: Register by May 15 and Save!

Fees include all meeting sessions, electronic versions of course handouts, the Friday evening welcome reception, daily breaks and two continental breakfasts. There is a \$85 per adult fee to attend the Saturday buffet dinner; the fee for children 4 to 12 years of age is \$30. You may register securely online at <https://cvent.me/ErXZmV>, or complete the form in this brochure and return it with payment prior by August 11; register by May 15 to receive early-bird discounted fees. Refunds of registration fees will not be made after Friday, August 11. Refunds, less \$25, will be made for cancellations received prior to that date. No-shows will be charged.

Accommodations - Reserve Your Room at the Omni Grove Park Inn

The Omni Grove Park Inn is a four-diamond-rated resort with a tradition of southern hospitality amidst the beauty of the Blue Ridge Mountains. The resort boasts a Donald Ross designed golf course, a fitness center, tennis courts, indoor and outdoor pools. The signature spa features a full slate of rejuvenating spa services. The Omni Grove Park Inn also has resort activities such as wild food foraging and an outdoor center featuring whitewater rafting, kayaking, mountain biking, hiking, and climbing. Zip-line and canopy tours are also available. To secure your hotel accommodations, please call (800) 438-5800 and reference the CSE, or reserve your room **online here**. A deposit for the first night's rate plus taxes is required; group rates are \$319 excluding resort fee, plus destination fee and taxes, per night. Our block of rooms will be released **July 18**. The resort is a popular destination and is likely to sell out, so you are urged to make your reservation promptly.

Questions?

Contact the CSE office at (919) 833-3836 or meberle@ncmedsoc.org.



Meeting Schedule

Friday, August 18

3:30pm-7:00pm	Registration
4:25pm-6:00pm	Scientific Session
4:25pm	Welcome and Introductions - Eveline Waring, MD, FACE , President and Program Chair
4:30pm	Update on Diabetic Kidney Disease - Robert C. Stanton, MD
5:15pm	Q&A
5:25pm	Sodium/Diabetes Insipidus/SIADH - Joseph G. Verbalis, MD
6:10pm	Q&A
6:20pm	Adjourn
6:20pm-7:45pm	Welcome Reception and Networking with Exhibitors <i>Dinner on your own. Advance reservations are recommended.</i>

Saturday, August 19

7:00am-12:00pm	Registration
7:00am-7:50am	Continental Breakfast and Networking with Exhibitors
7:50am-12:05pm	Scientific Session
7:50am	Welcome and Introductions - Eveline Waring, MD, FACE
8:00am	Clinical Pearls in Endocrine Hypertension - William Young, Jr., MD
8:45am	Q&A
8:55am	Medical Management Transgender Care Panel - Vin Tangpricha, MD, PhD
9:40am	Q&A
9:50am-10:20am	Break and Networking with Exhibitors
10:20am	Business Meeting - Eveline Waring, MD, FACE (<i>no credit will be awarded</i>)
10:50am	Advocacy Update - B. Davis Horne, JD
11:10am	Diabetes Technology – Anne L. Peters, MD (<i>virtual</i>)
11:55am	Q&A
12:05pm	Adjourn
12:00pm	Fellows Lunch (<i>pre-registration required</i>) Free afternoon
6:30pm-9:30pm	Buffet Dinner and Musical Entertainment with square dancing – Families Welcome! (<i>pre-registration required</i>)

Sunday, August 20

7:00am-11:00am	Registration
7:00am-7:50am	Continental Breakfast and Networking with Exhibitors
7:50am-11:50am	Scientific Session
7:50am	Introductions - Eveline Waring, MD, FACE
8:00am	Gender Affirming Surgery - Loren Schechter, MD
8:45am	Q&A
8:55am	Lipid Update - Marc-André Cornier, MD
9:40am	Q&A
9:50am-10:20am	Break and Networking with Exhibitors
10:20am	Hypoparathyroidism - John P. Bilezikian, MD
11:05am	Q&A
11:15am	General Update in NAFLD with Respect to T2DM and Therapeutics - Kenneth Cusi, MD
12:00pm	Q&A
12:10am	Closing Remarks / Prize Drawings
12:15pm	Adjourn



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Register securely online! Go to <https://cvent.me/ErXZmV> or complete and return this form by mail or fax by **August 11**.

PERSONAL INFORMATION (please print)

Name: _____ Degree(s): _____

First name for badge: _____

Practice name/Affiliation: _____

Address: _____

City/State/Zip: _____

Phone: () _____ Mobile (for emergency): () _____

E-mail: _____ Last 4 digits of SSN: (required for CME purposes) _____

Spouse/guest name, if attending: _____

Child(ren) name(s) and age(s), if attending: _____

Contact in case of emergency: _____ Phone: () _____

Dietary restrictions/accessibility needs: _____

REGISTRATION FEES 2023 dues must be current.

PRIOR TO 5/15

AFTER 5/15

☐ CSE Member Physician.....	\$250.....	\$300
☐ Non-member Physician/PharmD/PhD.....	\$375.....	\$425
☐ Emeritus/Retired Physician.....	\$175.....	\$225
☐ Resident/Fellow/Medical Student	\$25.....	\$50
☐ Advanced Practice Provider	\$125.....	\$175

Registration Fees Total \$ _____

EVENT FEES Pre-registration required.

attending

_____ Friday Welcome Reception @ no charge

Saturday Dinner/Entertainment:

_____ Adult(s) @ \$85 each

_____ Child(ren) 4-12 years old @ \$30

_____ Child(ren) under 4 years @ no charge

Event Fees Total \$ _____

TOTAL FEES: \$ _____ (Total of registration and event fees above)

PAYMENT (No refunds after August 11.)

Enclosed is check # _____ for \$ _____ payable to CSE, or

Credit Card Type: Visa _____ MasterCard _____ American Express _____ Security Code: _____

Name as it appears on Card: _____

Account #: _____ - _____ - _____ Exp. Date: _____

Billing Address: _____

Signature: _____

Register securely **online**, or send this form and payment to:
CSE, PO Box 27167, Raleigh, NC 27611 / Fax: (919) 833-2023