



EVENING COURSE FOR PRIMARY CARE – FALL 2018

› **Wednesday Evenings | 1930-2130**
September 12 – November 28, 2018

OFFERED IN PERSON

Clara Christie Theatre, Health Sciences Centre, 3330 Hospital Drive NW, Calgary, AB

OR ONLINE VIA WEBCAST

ATTEND IN PERSON OR VIA WEBCAST CHOOSE WHICH EVENINGS TO ATTEND

REGISTER ONLINE
cumming.ucalgary.ca/cme

PAPERLESS COURSE
Access to handouts will be available prior to each evening session

ON-SITE REGISTRATION
Based on availability, is not guaranteed and a surcharge may be applied

The webcast is run through Adobe Connect, a University of Calgary supported medium. In order to access this series, an electronic device with internet access is required. Access information will be made available to participants the day before the event. Once registered, successful access to each session is the responsibility of the participant.

Handouts are available digitally in the webinar room.

Check the website for any program updates
cumming.ucalgary.ca/cme/courses

COURSE OVERVIEW AND OBJECTIVES

Evening Course for Primary Care provides practice pearls that can be used every day.

At the end of this course, learners will be equipped to:

- review the diagnosis and management of problems commonly seen in Family Medicine
- exchange information and develop informal inter-professional communities of practice
- stay up-to-date on CFPC priority topics

WHY ATTEND

- relevant, practical, evidence-informed
- register for as many or as few sessions as you want
- attend in person or online via webcast
- Mainpro+ Group Learning – 2.0 credits per evening

WHO SHOULD ATTEND

Family Physicians, Residents, Nurse Practitioners, Pharmacists, Other Health Professionals

CREDITS

Mainpro+ Group Learning – up to 24.0 credits (2.0 credits per evening)

COURSE PROGRAM – FALL 2018

SEPTEMBER 12 | 1930-2030

Rhinorrhea and Sinusitis

- Jonathan Dautremont
- diagnose chronic rhinorrhea and sinusitis
- outline how to manage chronic rhinorrhea and sinusitis

SEPTEMBER 12 | 2030-2130

Acute Abdominal Pain in Children – Red Flags!

- Hilary Ambrose
- use a step-wise approach to examine and investigate acute abdominal pain in children
- describe red flags – what not to miss
- assess which children to send to emergency

SEPTEMBER 19 | 1930-2030

BOO! Don't Be Afraid to Manage BPH

- John Coppola
- diagnose BPH
- describe new approaches to management of BPH
- initiate appropriate BPH therapy
- monitor BPH

SEPTEMBER 19 | 2030-2130

Male Bladder Problems

- Kevin Carlson
- diagnose male bladder problems
- initiate appropriate therapy
- identify which patients to refer

SEPTEMBER 26 | 1930-2030

What Really Works to Decrease Cardiovascular Risk?

- Todd Anderson
- assess your patients' cardiovascular risk using current evidence
- discuss risk reduction strategies with your patients
- manage patients after a cardiovascular event

SEPTEMBER 26 | 2030-2130

Osteoporosis Screening Conundrums

- Greg Kline
- develop an osteoporosis screening approach
- identify which investigations to order

OCTOBER 3 | 1930-2030

Lynch Syndrome and Other Genetic Conditions

- Carey Johnson
- screen patients for genetic conditions
- advise patients on genetic testing – what is the evidence?
- use family history as an assessment tool

OCTOBER 3 | 2030-2130

Seborrheic Dermatitis and the Red Face

- Derek Woolner
- describe new medications for treating seborrheic dermatitis
- contrast new medications – efficacy, side effects
- explain how new medications fit into a treatment approach

OCTOBER 10 | 1930-2030

STIs – Update

- Alejandra Ugarte Torres
- identify current STI trends in Alberta
- describe new treatments for STIs
- recall new HIV prophylaxis guidelines – PrEP and PEP

OCTOBER 10 | 2030-2130

How to Rule Out Bleeding Disorders Pre-operatively?

- Dawn Goodyear
- screen patients for bleeding disorders
- order appropriate laboratory investigations
- interpret results of laboratory investigations
- identify which patients to refer

OCTOBER 17 | 1930-2030

2018 Diabetic Guidelines – An Update

- Stuart Ross
- summarize relevant updates in the diabetes guidelines
- screen patients appropriately
- identify targets for glycemic control

OCTOBER 17 | 2030-2130

2018 Diabetic Guidelines – Pharmacological Management

- Hanan Bassyouni
- summarize relevant updates in the pharmacological management of diabetes
- develop a step-wise pharmacological approach to managing diabetes
- identify when to initiate insulin

PROGRAM MAY CHANGE DUE TO CIRCUMSTANCES BEYOND OUR CONTROL

COURSE PROGRAM – FALL 2018

OCTOBER 24 | 1930-2030

Pre-operative Medical

- Melinda Davis, Rahim Kachra
- identify which tests to order for pre-operative medicals
- assess which pre-operative tests are unnecessary
- discuss unnecessary tests with patients and other healthcare providers – addressing liability issues

OCTOBER 24 | 2030-2130

Itchiness and Urticaria

- Arjun Rash
- assess patients presenting with itchiness and urticaria
- select appropriate therapy
- determine which patient to refer (and to whom)

OCTOBER 31 | 1930-2030

Diagnosing Personality Disorders

- Nadeem Bhanji
- outline how to diagnose personality disorders

OCTOBER 31 | 2030-2130

EMG and Nerve Conduction

- Leung Gentson
- identify when to order an EMG
- use EMG results for diagnosis of nerve conduction disorders

NOVEMBER 7 | 1930-2030

Voice Problems – Primary Care Management, Red Flags, When and to Whom to Refer?

- Derrick Randall
- be aware of recommended primary care management of voice disorders
- identify red flags that indicate serious medical concerns with voice change
- assess which patients should be referred to ENT versus speech pathologist

NOVEMBER 7 | 2030-2130

Voice Problems – The Role of Speech Pathologists

- Meri Andreassen, Shari Beaveridge
- outline how speech pathologists can help family physicians manage patients with voice problems

NOVEMBER 14 | 1930-2030

Growth Disorders in Children

- Carol Huang
- describe causes of growth disorders in children
- assess pediatric patients for growth disorders
- identify which patients to refer

NOVEMBER 14 | 2030-2130

Current Guidelines for Treating Pediatric Infections

- Taj Jadavji
- summarize updates for treating common pediatric infections
- diagnose and manage common infections in children
- identify which children to refer to ER or specialist

NOVEMBER 21 | 1930-2030

Concussions

- Kathryn Schneider
- diagnose concussions
- identify which patient to refer (and to whom)
- manage patients with concussions – including patients diagnosed with previous head injuries

NOVEMBER 21, 2018 | 2030-2130

How to Manage Your Patient Who Has Addiction

- Raju Hajela
- assess patients with Addiction
- outline management approach to patients with Addiction
- develop strategy for connecting with community resources

NOVEMBER 28 | 1930-2030

Cardiac Electrophysiology

- George Veenhuizen
- describe advances in cardiac electrophysiology that are relevant to family physicians
- contrast new cardiac monitors/devices
- explain risks and benefits of ablation – what is the failure rate?

NOVEMBER 28 | 2030-2130

Limbic Limbo – Understanding Your Brain on Pain

- Adrian Gretton
- describe basic brain anatomy and function, and recognize the centrality of the limbic system in stress and chronic pain
- recognize how neuroplasticity actually works in health and illness
- be aware of practical approaches for unlocking “limbic lockdown” and optimizing brain function and chronic pain

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PLANNING COMMITTEE

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Family Physician, Private Practice

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FACULTY

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Registered Speech Language Pathologist,
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Clinical Assistant Professor, University of Calgary;
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Dr David Hanley Osteoporosis Centre

Derrick Randall MD FRCSC
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Head and Neck Surgery, Peter Lougheed Centre,
Fellow, American Laryngological Association and
American Bronchoesophagological Association

Arjun Rash MD
Internal Medicine, University of Calgary;
Immunology and Allergy, McGill University

Stuart Ross MB ChB FRACP FRCPC
Clinical Professor of Medicine, University of
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Kathryn Schneider PT PhD
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University of Calgary

Alejandra Ugarte Torres MD
Clinical Assistant Professor, University of Calgary;
Infectious Diseases Specialist

George Veenhuijzen MD FRCPC
Associate Professor, Libin Cardiovascular Institute
of Alberta, University of Calgary; Program
Director for Royal College Area of Focused
Competency in Adult Cardiac Electrophysiology

Derek Woolner MD FRCPC
Clinical Assistant Professor, Department of
Medicine, University of Calgary

DISCLOSURE OF POTENTIAL FINANCIAL CONFLICTS OF INTEREST

In keeping with accreditation guidelines, speakers
participating in this event have been asked to
disclose to the audience any involvement with
industry or other organizations that may potentially
influence the presentation of the educational
material. Disclosure will be done verbally and using
a slide prior to the speaker's presentation.

ACCREDITATION

The University of Calgary – Office of Continuing Medical Education and Professional Development is fully accredited by the Committee on Accreditation of Canadian Medical Schools (CACMS).

STUDY CREDITS

CFPC

MAINPRO+ GROUP LEARNING

This one-credit-per-hour Group Learning program meets the certification criteria of The College of Family Physicians of Canada and has been certified by the University of Calgary Office of Continuing Medical Education and Professional Development for up to 24.0 Mainpro+ credits.

AACP

AMERICAN ACADEMY OF FAMILY PHYSICIANS (AAFP) AND CFPC

Members of the American Academy of Family Physicians are eligible to receive up to 24.0 prescribed credits for attendance at this meeting/event due to a reciprocal agreement with The College of Family Physicians of Canada.

ADDITIONAL PROGRAM INFORMATION

DRESS

Dress is business casual. Sweaters or items of clothing that can be layered are recommended since temperature in the venue may fluctuate.

SCENT FREE

To ensure the comfort of everyone attending this event, please do not wear scented products.

CONFIRMATION OF REGISTRATION

Confirmation will be sent by email to registrants.

COURSE CANCELLATION POLICY

The Office of Continuing Medical Education and Professional Development reserves the right to cancel the course if there are insufficient registrations.

REFUND POLICY

No refunds will be available.

REIMBURSEMENT OF REGISTRATION FEES

Physicians may be eligible for reimbursement of registration fees and expenses to attend CME courses from a fund administered by the Alberta Medical Association. For more information regarding this, please call the AMA at 780.482.2626 or 1.800.272.9680.

FOR FURTHER INFORMATION

Office of Continuing Medical Education and Professional Development, Cumming School of Medicine, University of Calgary, TRW Building, 3280 Hospital Drive NW, Calgary, AB T2N 4Z6

ABOUT COURSE CONTENT

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ABOUT REGISTRATION

Phone 403.220.7032
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UPCOMING | SAVE THE DATES

EVENING COURSE FOR PRIMARY CARE - WINTER 2019

January 9 - March 13, 2019



Course Brochure Available
August 2018
cumming.ucalgary.ca/cme

Sign up to receive the course brochure when it becomes available
<https://www.surveymonkey.com/r/upcomingbrochure>

REGISTRATION FORM
Evening Course for Primary Care – Fall 2018
September 12 – November 28, 2018

PROFESSION	PHYSICIAN ☐	OTHER HEALTH PROFESSIONAL – PLEASE SPECIFY 	STUDENT / RESIDENT (FULL-TIME STUDENTS ONLY) ☐
FIRST NAME			
LAST NAME			
ADDRESS			
CITY		PROVINCE	POSTAL CODE
AREA CODE	PHONE	EXT	AREA CODE FAX
EMAIL			

REGISTRATION FEE

PLUS 5% GST – UCalgary GST Registration #108102864RT0001
 ADD 5% TO FEE(S) BELOW TO CALCULATE TOTAL COURSE FEE

FEE PER EVENING	# OF EVENINGS	TOTAL FEE
☐ \$50.00 Physician		\$
☐ \$40.00 Physician (FIRST 5 YEARS)		\$
☐ \$40.00 Other Health Professional		\$
☐ \$10.00 Student / Resident (FULL-TIME STUDENTS ONLY)		\$

FALL 2018 – EVENING SELECTIONS

☐ SEP 12	☐ SEP 19	☐ SEP 26	☐ OCT 3
☐ OCT 10	☐ OCT 17	☐ OCT 24	☐ OCT 31
☐ NOV 7	☐ NOV 14	☐ NOV 21	☐ NOV 28

PAYMENT BY

CHEQ	AMEX	VISA	MASTERCARD	M	M	Y	Y
☐	☐	☐	☐				
EXPIRY DATE							
CARD NUMBER							
SIGNATURE							

REGISTER**ONLINE**
cumming.ucalgary.ca/cme
BY CONFIDENTIAL FAX

Fax 403.270.2330

For your protection, the University of Calgary does not accept and will not process credit card information provided via email or text messages

BY MAIL

Cheque Payable – UNIVERSITY OF CALGARY

CHEQUE MUST INCLUDE 5% GST

Cumming School of Medicine, Office of Continuing Medical Education and Professional Development, University of Calgary, TRW Building, 3280 Hospital Drive NW, Calgary, AB T2N 4Z6

REGISTRATION SERVICES

Phone 403.220.7032

 Email cmereg@ucalgary.ca

FREEDOM OF INFORMATION AND PROTECTION OF PRIVACY ACT
 Registration information is collected under the authority of the Freedom of Information and Protection of Privacy Act. The contact information you provide is required by our Office to register you in the course, prepare material and courses for your use, plan for future courses and notify you of similar, upcoming courses offered by our Office. Financial information is used to process applicable fees and is retained for future reference. Call 403.220.4251 if you have questions about the collection or use of this information.