



Three Months Fellowship Course in
**Sexual
Medicine**



About Us

MHPro is a Continuing Medical Education (CME) platform to upskill healthcare professionals with evidence-based knowledge delivered online with immersive learning experience. The MHPro curriculum aims to prepare clinicians to master Basic Sciences, which then empowers them to deal with patients and their problems in a hospital or outpatient milieu. During the program, new clinical skills and considerable medical knowledge, and domain-specific core competencies will be stressed as clinicians acquire both diagnostic and therapeutic skills



MHPro is committed to a competency based curriculum. Learners will be graded and receive pertinent feedback

Welcome to MHPro





Course Introduction

This comprehensive and highly targeted sexual medicine fellowship course is designed by expert urologist, psychiatrist, endocrinologist, dermatologist, and gynecologist focusing on key aspects of evaluation, diagnosis and treatment examinations of various diseases and disorders, and also includes psychosocial conditions management affecting sexuality, needed to empower clinicians for day to day clinical practice





Learning Objectives:

- Gain knowledge and skills required for delivering reproductive healthcare
- Learn management approaches to various sexually transmitted infections (STIs)
- Identify possible causes and manage medical aspects of infertility in males and females
- Understand various options available for reproductive health promotion
- Evaluate and treat erectile dysfunction, Peyronie's disease, and male sexual dysfunction
- Manage complicated and difficult urologic prosthesis cases
- Evaluate and treat patients with urethral strictures, urinary fistulae, genital skin deficiency, and benign disorders of the scrotum and perineum
- Become expert in the comprehensive men's health evaluation
- Understand the sexual and reproductive health needs of the local communities



Learning outcomes:

- Implement evidence based sexual and reproductive health programs
- Evaluate effectiveness of reproductive health interventions
- Carry out sexual counseling
- Manage common STIs



Program Director



Dr. S S Vasan

Uro-Andrologist & Medical Director,
Ankur Healthcare, Bengaluru, India
President SASSM



Course Directors



Dr. Peter HC Lim

Medical Director, Andrology,
Urology & Continence Centre,
Gleneagles Hospital, Singapore



Dr. Rupin Shah

Consultant Andrologist &
Microsurgeon, Lilavati Hospital
& Research Centre, Mumbai, India



Who should take up this course?



Medical Graduates, PG Students in the field of Urology, General Surgery, Gynecology, and Reproductive Medicine, Embryologists, Psychiatrists, Dermatologists, Lab technicians in the field of Andrology and Embryology





Curriculum

Module Name	Chapter Name
The need for men's sexual health in today's era	• The case for men's health
Sexual Development & Sexuality	• History of sexual medicine - the evolution • Sexual development Male and Female - Sexual Response Cycle and its Determinants • Hormones in sexual development / behavior
Adolescent Sexual Medicine and Challenges in Management	• Introduction to Sexuality in Adolescents • Evaluation of Puberty • Components of Adolescent Sexuality and terms related to it • Stages of sexuality development in adolescents- early, mid and late • Assessing sexual health - HEADSSS / psychosocial history and sexual health history • Sexual Behaviour and STD
Evaluation of Sexual dysfunction in office clinical practice	• Male Sexual Dysfunction - Clinical Challenges Management Strategy for Gynaecologists • Effects of Tobacco on Sexual Health





Curriculum

Module Name	Chapter Name
Sexual Evaluation by Psychologist Perspectiv	• Sexual medicine clinic - do's & donts - consents • Relevant history taking and problem classification • Mindfulness in sexual therapy - the new trend • Steps of Mx of psychogenic ED: Psychotherapy or Drugs - alone or combined? how to choose? • Sex Therapy for PME - Is there a role? • Limitations & concerns of sex therapy
Management of Sexual Dysfunction / ED in office clinical practice	• Quick history format for evaluating male sexual dysfunction • Using PDE5 inhibitors effectively • Management of Non-Responders to PDE5 Inhibitors • Erectile Dysfunction - evaluation. A practical, therapy-guided approach for the urologist • Late Onset Hypogonadism • Case scenarios
Influence of Dermatological conditions on sexual function	• Dermatological conditions those can adversely influence the sexual relationship • Genital Hygiene
Influence of STI/HIV & Genital variations on sexual function	• Genital discharges in men • Female Genital Discharges • Impacts of STI-HIV on marriage,





Curriculum

Module Name	Chapter Name
Influence of STI/HIV & Genital variations on sexual function	parenthood and resuming sex after treatment • Myths and misconceptions on STI-HIV • Serology of Syphilis and HIV • Post exposure prophylaxis, preexposure prophylaxis and universal work precautions • Venerophobia and HIV Phobia
Psychiatry and Sexual Medicine	• Sexual evaluation by psychiatrist perspective • Psychiatric disorders and sexual problems - Introduction • Treatment of psychiatric disorders and treatment emergent sexual dysfunctions
Influence of Dermatological conditions on sexual function	• Dermatological conditions those can adversely influence the sexual relationship • Genital dermatoses those can result in Sexual Dysfunctions • Certain genital conditions raises concern and Sexual Dysfunctions • Genital Hygiene
Influence of STI/HIV & Genital variations on sexual function	• Genital discharges in men • Female Genital Discharges • Impacts of STI-HIV on marriage, parenthood and resuming sex after treatment





Curriculum

Module Name	Chapter Name
Influence of STI/HIV & Genital variations on sexual function	• Myths and misconceptions on STI-HIV • Serology of Syphilis and HIV • Post exposure prophylaxis, preexposure prophylaxis and universal work precautions • Venerophobia and HIV Phobia
Psychiatry and Sexual Medicine	• Sexual evaluation by psychiatrist perspective • Psychiatric disorders and sexual problems - Introduction • Treatment of psychiatric disorders and treatment emergent sexual dysfunctions
Co-Morbidity and Sexual dysfunction	• Sexual evaluation & Mx. by General Physician perspective
Non ED sexual dysfunction: A Practical approach	• Premature Ejaculation - Treatment advances and future • LGBTQIA+ • Testicular, penile and postejaculatory pain - Mx. and role of surgery • Infertility & Sexual Dysfunction
Guidelines and Complexities in sexual dysfunction Management	• Sexual Desire Disorders - Part 1 • Sexual Desire Disorders - Part 2





Curriculum

Module Name	Chapter Name
Female Sexual Dysfunction: FSD	• History, Investigation & Classification of the problem • Female HSDD • Hypoactive sexual desire disorder (HSDD) in women • Medical Management of Female Sexual Dysfunction: Critical Evaluation of Drugs • Dont know whether I have orgasms • UTI and Sex • FSD - Vaginismus • Dyspareunia • Urological issues with Sex
Set up and maximize your practice in sexual medicine	• Setting Up Of Sexual Health & Men's Health Services In Your Center - An Effective And Simple Way





Certificate Sample



USA | INDIA | UAE | UK

☎ : +1 (973) 606-6043 | ✉ : sales@masterhealthpro.com

MasterHealthPro Inc, 960 Holmdel Road, Bldg II, Holmdel, NJ 07733 | www.masterhealthpro.com