



2023 CONFERENCE

October 4-8

Lymphological
Investigations & Exploration

Philadelphia

Message from the Conference Chairs

To the Lymphology Community,

The National Lymphedema Network is proud to present the 2023 NLN Conference *Lymphological Investigations and Exploration* held at the Loews Philadelphia Hotel October 4-8.

The conference theme represents the NLN as an organization where curiosity, innovation, and exploration are held in high esteem. These values lead to advancement in lymphology which ultimately improves the lives of people with lymphedema. Areas of clinical focus include wound care, head and neck lymphedema, and sexology. Discoveries related to central lymphatics and microsurgery for neurologic conditions will also take center stage. We hope you will give us the opportunity to take you on this year's journey with us.

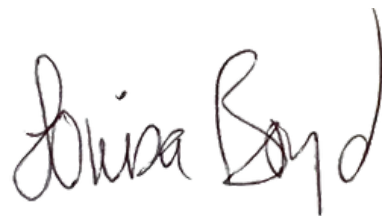
Five wonderful days of learning and networking and an unforgettable conference experience are all we can promise. Thank you so much to all our sponsors, whose tremendous support makes our meeting possible. Thank you to all the clinicians, researchers, patient advocates, and everyone in the Lymphology community. We appreciate your time, your energy, and your passion.

We look forward to welcoming you all in Philadelphia.

With sincere gratitude,

A handwritten signature in black ink. It features a large, stylized 'J' that loops around the name 'Zucker'.

Jeannette Zucker, PT, DPT, MBA
Certified Lymphedema Therapist
Wound Care Certified
Executive Director
National Lymphedema Network

A handwritten signature in black ink. It is written in a cursive style and reads 'Louisa Boyd'.

Louisa Boyd OTR/L, CLT-LANA
Certified Lymphedema Therapist
Board Member
National Lymphedema Network

Thank You NLN Members!

To the National Lymphedema Network Membership,

On behalf of the NLN Board of Directors, we sincerely thank you for your tremendous support. We hope that you feel proud being a part of our community, supporting the work that we do for the benefit of people with lymphedema.

As we explore ways to bring more value to you as members, we may experiment with different programs and ideas; however, our moral compass, our true North, is unwavering and steadfast. We always consider if what we offer is ultimately going to improve the lives of people with lymphedema. The educational program of the 2023 Conference was developed with this in mind and is undoubtedly aligned with our mission.

As a token of our appreciation, we would like to invite all of our active members to a special reception on Wednesday, October 4, 2023.

We are so grateful for your dedication, engagement, and support as we continue on this journey. We look forward to supporting you as much as you have supported us, and hope you can join us at the NLN Membership Reception.

Sincerely with gratitude,



Schedule Overview

Wednesday

AM

Pre-Conferences

PM

Expert Clinician Exam

NLN Membership Reception

Thursday

AM

Expert Clinician

Pre-Conferences

PM

Sponsored Workshops

General Assembly

Welcome Reception

Friday & Saturday

AM

Sponsored Sessions

Breakouts

PM

General Assembly

Breakouts

Magenta/Platinum Reception

Sunday

AM

Sponsored Sessions

Breakouts

General Assembly

PM

NLN Expert Clinician Program



Written Exam - Wednesday, October 4, 2023 - 5:00 pm-6:30 pm

Clinical Testing - Thursday, October 5, 2023 - 7:45 am-2:45 pm

Program Objectives - The objective of the National Lymphedema Network Expert Clinician program is in line with the mission of empowering our community of lymphedema practitioners and patients by providing educational opportunities and inspiring clinicians to provide world-class care for people with lymphedema by promoting best practice guidelines and standards of care.

Program Description - The NLN Expert Clinician program was developed in 2021 to recognize lymphedema therapists who have extensive experience in treating people with lymphedema and possess expertise in the core skills needed to provide excellent patient care. Highly skilled clinicians are offered the opportunity to receive individualized coaching from experts in the field of lymphology and have their demonstrations of core competencies assessed. Clinicians who demonstrate the necessary manual and clinical skills will receive an NLN Expert Clinician certificate and medallion and be distinguished by the designation in the NLN Lymphedema Therapy Directory. Candidates who are accepted can attend the entire 2023 Conference as part of the support for continued professional development, courtesy of the NLN. The program's capacity is ten clinicians.

Apply

Pre-Conference Schedule - Wednesday, 10/4/23

The four Pre-conferences sessions run from **8:30 am to 5:00 pm** concurrently on Wednesday and are included in conference registration. These are offered on a first-come-first-served basis and have limited capacities. Attendees must choose from one of the programs listed below.

Manual Lymphatic Drainage

Guenter Klose

Manual lymphatic drainage is a well-known core competency for all lymphedema therapy clinicians. Refresh your manual skills for MLD with this skills building lab.

Maximum capacity is 24 participants.

Elastic Taping, Cupping, & IASTM - The Science & Application

James Wagner

Learn about the most recent research related to elastic taping, the indications and contraindications, and application techniques of this versatile modality. This full-day pre-conference will be a combination of lecture, demonstration, and practice of application of various techniques for not only elastic taping, but also cupping and instrument-assisted soft tissue mobilization (IASTM). *Maximum capacity is 24 participants.*

Certification Preparation for Fitting of Compression Garments

USMCA

The passage of The Lymphedema Treatment Act and subsequent activities in Centers for Medicare and Medicaid Services (CMS) has led to questions regarding the fitting process for medical compression garments. While we are still waiting for formal definitions and guidance from CMS, it would not be unprecedented for there to be implementation of certification requirements. The US Medical Compression Alliance, composed of the leading compression garment manufacturers, will be offering a class to address FAQs and provide a refresher on the fitting process. *Maximum capacity is 40 participants.*

Compression Bandaging

Vicki Ralph

Multi-layer compression bandaging is a well-known core competency for all lymphedema therapy clinicians. Refresh your manual skills for bandaging with this skills building lab.

Maximum capacity is 24 participants.

All meals during the Wednesday pre-conferences are generously provided by Magenta, Platinum, and Gold sponsors. These include the morning break, lunch, and afternoon break. The NLN Membership Reception is an event where we would like to thank the VIPs of our organization, our members. All NLN Members are welcome whether you are arriving just in time for the reception or whether you are taking one of the four Wednesday Pre-Conferences.

Clinical Tracks

We are pleased to present clinical tracks that span the whole conference for you to delve deep into a specific area focus. Alternatively, you are also welcome to skip around to learn a little bit of various topics of interest. All tracks start with a three-hour Thursday pre-conference, continue with breakout sessions on Friday and Saturday. The tracks offered are in the areas of Breast/Chest Lymphedema, Manual Therapy, Private Practice, Compression, Genital Lymphedema, Head and Neck Lymphedema, and Wound Care.

Below is an outline of how the Clinical Tracks are organized. The breakout sessions within each track are delineated separately on the next page.

Thursday	Friday	Saturday	
Thursday Pre-Conferences 9:00 am - 12:00 pm	Breakout 8:45-10:00 am	Breakout 8:45-10:00 am	Breakout 5:15-6:30 pm
	Communications Track		
	Breast / Chest Track		
	Manual Therapy Track		
	Private Practice Track		
	Compression Track		
	Genital Lymphedema Track		
	Head & Neck Track		
	Wound Care Track		

Clinical Tracks

Communications

The Public Servant's Survival Guide
How to Be Heard Without Screaming
Dealing with Difficult People
I Love My Job - How to Create an Inspiring Workplace

Breast/Chest Lymphedema

Evaluation and Treatment of Upper Quarter Dysfunction in
the Breast Cancer Patient Population
Breast and Sensory Rehabilitation Following Oncology
Application of the McKenzie Technique on the Breast
Cancer Population
Significance of Early Detection, Prevention, &
Tailored Therapy for Breast Cancer Lymphedema
Breast Surgery and Lymphedema

Manual Therapy

Negative Pressure Manual Therapy for Lymphatic Conditions
Deep Oscillation Therapy: Hands-On Educational Learning
Vibrational Experience!
Managing Fibrosis: Techniques to Achieve Unbelievable
Outcomes With Your Patients
Application of Lymphedema Technique to the Ortho
Population

Private Practice

Where to Start When Considering Building a Private Practice
Building a Lymphedema Program in the Acute Care Setting
Lymphedema Care in Private Practice
Insurance Referrals in Private Practice
Breaking Boundaries in Lymphedema Care: The Mobile Method

Compression

Lower Extremity Bandaging and Lobules
Managing the Foot
International Compression Strategies
Bandaging Alternatives for the Lower Extremity

Genital Lymphedema

Genital Assessment & Bandaging
Genital Manual Lymph Drainage
Compression Garments for the Genital Region
Let's Talk About Sex

Wound Care

Wound Assessment, Types, & Documentation
Diabetic Wounds
Infection Management
Managing Wounds in the Home Care Setting

Pre-Conference Schedule - Thursday, 10/5/23

Pre-Conference Skills Labs

The Pre-conferences sessions on Thursday run from **9:00 to 12:00 am** concurrently on and are included in conference registration. These are offered on a first-come-first-served basis and have limited capacities. Attendees can choose from one of the programs listed below.

Evaluation and Treatment of Upper Quarter Dysfunction in the Breast Cancer Patient Population

(Breast/Chest Track)

Jodi Winicour

Negative Pressure Manual Therapy for Lymphatic Conditions

(Manual Therapy Track)

Louisa Boyd

Where to Start When Considering Building a Private Practice

(Private Practice Track)

Lisa Sylvestri

Lower Extremity Bandaging - A Guide to Providing a Safe, Comfortable and Incredibly Effective Bandage (Compression Track)

Vicki Ralph

Genital Assessment & Bandaging

(Genital Lymphedema Track)

Shelley DiCecco

Head & Neck Anatomy & Assessment

(Head & Neck Track)

Jie Deng, Bryan Spinelli, Lauren Meffen

Wound Assessment, Types, & Documentation

(Wounds Care Track)

Bryan Groleau, Denise Richlen, Frank Aviles

Sponsored Workshops

The Sponsored Workshops run from **12:30 - 2:45 pm** concurrently on Thursday and are included in conference registration. Though not required, sign up is recommended and will be available September 1, 2023.

Magenta Workshops - *Sponsored by medi USA*

There will be four concurrent medi USA workshops available. Sign-up will be available once speakers and topics have been confirmed.

Platinum Workshops - *Sponsored by Essity JOBST*

There will be three concurrent Essity JOBST workshops available. Sign-up will be available once speakers and topics have been confirmed.

Breakout Sessions - Friday, 10/6

Friday, 10/6 Morning Breakouts 8:45 - 10:00

These sessions run concurrently. Please choose one when registering.

The Public Servant's Survival Guide

(Communications Track)

Brenda Viola

Breast and Sensory Rehabilitation Following Oncological Management

(Breast/Chest Track)

Nasreen Starner, Maria Pickston

Deep Oscillation Therapy: Hands-On Educational Learning Vibrational Experience!

(Manual Therapy Track)

Rochelle Brannan

Building a Lymphedema Program in the Acute Care Setting

(Private Practice Track)

Sarah Colwell, Emilia Naranjo, Nola Seader, Amy Sommerville

Managing the Foot with Lymphedema

(Compression Track)

Holly Rodriguez

Genital Manual Lymph Drainage

(Genital Lymphedema Track)

Shelley DiCecco

Head & Neck Manual Lymph Drainage with Intra-Oral Techniques

(Head & Neck Track)

Lauren Meffen

Diabetic Wounds

(Wound Care Track)

Denise Richlen, Bryan Groleau

Registration Link

Program is subject to change without notice.

Breakout Sessions - Saturday, 10/7

Saturday, 10/7 Morning Breakouts 8:45 - 10:00

These sessions run concurrently. Please choose one when registering.

How to Be Heard Without Screaming

(Communications Track)

Brenda Viola

Application of the McKenzie Technique on the Breast Cancer Population

(Breast/Chest Track)

Sarena Banas

Managing Fibrosis: Techniques to Achieve Unbelievable Outcomes With Your Patients

(Manual Therapy Track)

Vicki Ralph

Lymphedema Care in Private Practice

(Private Practice Track)

Michael Alatraste

International Compression Practices

(Compression Track)

Emad Abdalla

Genital Compression Garments

(Genital Lymphedema Track)

Donald Thomas, Jr

Head & Neck Elastic Taping

(Head & Neck Track)

Lauren Meffen

Infection Management

(Wound Care Track)

Denise Richlen, Bryan Groleau

Breakout Sessions - Saturday, 10/7

Saturday, 10/7 Afternoon Breakouts 5:15 - 6:30

These sessions run concurrently. Please choose one when registering.

Dealing with Difficult People

(Communications Track)

Brenda Viola

The Significance of Early Detection, Prevention, and Tailored Therapy for Breast Cancer Lymphedema

(Breast/Chest Track)

Atilla Soran, Ashley Whitehead

Application of Lymphedema Technique to the Ortho Population

(Manual Therapy Track)

Cassandra Dowtin

Obtaining Referrals for "Lymphatic Disorders" in Private Practice

(Private Practice Track)

Ana Pozzoli, Oscar Pozzoli

Compression Alternatives for Upper and Lower Extremity

(Compression Track)

Erin Sokalsky

Let's Talk About Sex

(Genital Lymphedema Track)

Molly Sleigh

Head & Neck Compression

(Head & Neck Track)

Lauren Meffen

Homecare... What's Really Behind the Wraps

(Wound Care Track)

Jesse Michaud

Breakout Sessions - Sunday, 10/8

Sunday, 10/8 Morning Breakouts 8:45 - 10:00

These sessions run concurrently. Please choose one when registering.

I Love My Job - How to Create an Inspiring Work Place

(Communications Track)

Brenda Viola

Breast Surgery

(Breast/Chest Track)

Risal Djohan

Breaking Boundaries in Lymphedema Care: The Mobile Method

(Private Practice Track)

Jarrett Dottin

Delivering Quality Lymphedema Consultation and Treatment via Telehealth

Karen Ashforth

What is the Current State of the Art in Lymphedema Surgery as of 2023?

Lymphedema Therapy as an Integral Part for Successful Outcomes in Lymphedema Surgery

Wei Chen, Jay Granzow, Sonia Pandey

Conference Schedule - Thursday, 10/5/23

Thursday, October 5, 2023

NLN Expert Clinician

7:00 am *Breakfast for NLN Expert Clinician Participants*
7:45 am NLN Expert Clinician Testing Begins

Pre-Conferences

9:00 am Thursday Pre-Conferences

Sponsored Lunch & Workshops

12:00 pm *Lunch & Workshops Sponsored by Platinum & Magenta Sponsors*
2:30 pm *Transition Break*

Lymphology

2:45 pm *Conference Opening*
3:15 pm Changes in Lymphology - the Good, the Bad, the Ugly
3:45 pm Average Number of Lymph Nodes
4:15 pm What Manual Lymphatic Drainage Is and Is Not
4:45 pm Manual Lymphatic Drainage Demonstration & Discussion
5:30 pm Lymphedema Treatment Act
6:00 pm US Medical Compression Alliance
6:30 pm *Welcome Reception in Exhibit Hall*

J. Zucker, L. Boyd
K. Francis
S. DiCecco
G. Klose
G. Klose
H. Ferguson
USMCA



Conference Schedule - Friday, 10/6/23

Friday, October 6, 2023

7:00 am	<i>Sponsored Sessions</i>
7:45 am	<i>Sponsored Breakfasts</i>
8:45 am	<i>Breakout Sessions</i>
10:00 am	<i>Break in Exhibit Hall</i>

Central Lymphatics

10:30 am	Rehabilitation Approach to the Patient with Central Lymphatic Disease	J. Zheng
10:45 am	Discovering the Blueprints of Central Lymphatics	M. Itkin
11:15 am	Reengineering Central Lymphatics	S. Kovach
11:45 am	Patient Experience: Lymphatic Mystery to Lymphatic Success	C. Rosenberg
12:00 pm	<i>Lunch in Exhibit Hall</i>	
1:30 pm	Flying with Lymphedema: Central Lymphatic Issues, Occluded Thoracic Duct, and Bypass Surgery - One Patient's Experience	C. Seo
1:45pm	The Role of CLTs in the Management of Central Lymphatic Dysfunction	L. Keith
2:15 pm	Patient Experience: The Potential Nutritional Impacts Caused By Central Lymphatic Dysfunction	K. Bell
2:30 pm	Unlocking the Flow: Innovative Approaches to Move Lymphatic Fluid in Central Lymphatic Dysfunction	A. Rivera
2:45 pm	Central Lymphatics Panel Discussion	
3:30 pm	<i>Break in Exhibit Hall</i>	

Wound Care

4:00 pm	Exploring Thermography in Wound Care	F. Aviles
4:20 pm	Wound Care Nutrition - Healing from the Inside Out	J. LaMantia
4:40 pm	The Use of Augmented Compression and Low Profile Primary Wound Dressings to Enhance Compression Pressure Profiles and Wound Healing in Persons with Lymphedema	E. Fazzari
5:00 pm	Wound Care Panel - Investigations on Complex Wounds in Lymphedema	
5:45 pm	Wound Care Demonstrations	
6:30 pm	<i>Magenta Sponsor Reception</i>	

Conference Schedule - Saturday, 10/7/23

Saturday, October 7, 2023

7:00 am	<i>Sponsored Sessions</i>
7:45 am	<i>Sponsored Breakfasts</i>
8:45 am	<i>Breakout Sessions</i>
10:00 am	<i>Break in Exhibit Hall</i>

Head & Neck

10:30 am	Head & Neck Research	J. Deng
11:00 am	Barriers to Physical Activity in Survivors of Head &	B. Spinelli
11:30 am	Neck Cancer	
12:00 pm	Challenging Head & Neck Cases - Panel Discussion	
	<i>Lunch in Exhibit Hall</i>	

Sex, Intimacy, & Body Image

1:30 pm	Body Image, Sex, and Intimacy: Overcoming Barriers within the Oncology Population	M. Sleight
2:00 pm	Sexuality & Pleasure 101: Exploring Beliefs, Hang Ups, and Bias	K. Ellis
2:30 pm	The Psychology of Sex	E. Dawkins
3:00 pm	Panel Discussion	
3:30 pm	<i>Break in Exhibit Hall</i>	

Brain Lymphatics

4:00 pm	Meningeal Lymphatic Regulation of Brain Function in Health and Disease	A. Louveau
4:30 pm	Unlocking the Brain's Lymphatic System - A Promising Path for Alzheimer's Disease and Beyond	W. Chen
5:00 pm	<i>Breakout Sessions</i>	
6:30 pm	<i>Platinum Sponsor Reception</i>	

Conference Schedule - Sunday, 10/8/23

Sunday, October 8, 2023

7:00 am	<i>Sponsored Sessions</i>
7:45 am	<i>Sponsored Breakfasts</i>
8:45 am	<i>Breakout Sessions</i>
10:00 am	<i>Transition Break</i>

Keynote

10:15 am	Settle Your Worth and Launch the Life of Your Dreams!	B. Viola
11:15 am	QA	
11:30 am	Conference Closing	J. Zucker, L. Boyd
12:00 pm	End of Conference - Thank You!	

Thank You!

National Lymphedema Network Team



Jeannette Zucker
PT, DPT, CLT, MBA
Executive Director
Conference Cochair
National Lymphedema Network



Louisa Boyd
OTR/L, CLT-LANA
Board Member
Conference Cochair
National Lymphedema Network



Michael Cannon
MBA
Board Chair
National Lymphedema Network



Eric Ansart
MS
Secretary of the Board
National Lymphedema Network



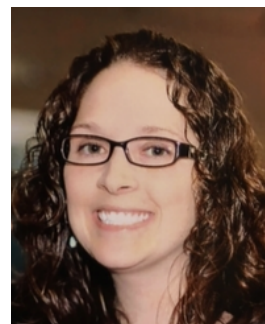
Dan Karadsheh
MBA
Treasurer of the Board
National Lymphedema Network



Jennifer Williams
PT, DPT, CLT
Continuing Education Officer
National Lymphedema Network



Elissa Fiorito
OTR/L, CLT
OT Consultant
Garment Program Manager
National Lymphedema Network



Kristy Blair
PT, MSPT, DPT, CLT
Project Manager
National Lymphedema Network



NLN Expert Clinician Faculty



Guenter Klose
MLD/CDT Certified Instructor
Founder & Executive Director
Klose Training



Jeannette Zucker
PT, DPT, CLT, MBA
Executive Director
National Lymphedema Network



Bryan Groleau
COTA/L, CLT-LANA, CLWT, WCC, LLE
Director of Clinical Education
medi USA



Karen Ashforth
MS, OTR, CLT-LANA
NLN Expert Clinician
Lymphedema Therapist, Professor
*St. Joseph's Medical Center,
University of the Pacific*



Lauren Meffen
MA, CCC/SLP, CLT
Head & Neck Rehab Specialist
Wildflower Therapy



Rochelle Brannan
MPT, CLT-LANA, APTA Board Certified in
Oncologic PT, NLN Expert Clinician
Owner and Founder
West Cliff Physical Therapy and Lymphedema Care



Shelly DiCecco
PT, PhD, CLT-LANA, CI-CS
NLN Expert Clinician
Assistant Professor
Philadelphia College of Osteopathic Medicine

Conference Faculty



Emad Abdalla

PT, DPT, CLT-LANA, CES
Physiotherapy Specialist & Certified
Lymphedema Therapist
*National Center for Cancer Care &
Research - Hamad Medical Corporation*



Michael Alatraste

LMT, CLT
Clinical Director
*Lymphedema Alliance
of New York*



Karen Ashforth

MS, OTR, CLT-LANA
NLN Expert Clinician
Lymphedema Therapist, Professor
*St. Joseph's Medical Center,
University of the Pacific*



Frank Aviles

PT, CWS, FACCWS, CLT-LANA,
ALM, AWCC, MAPWCA
Director of Lymphatic &
Wound Healing Services
Hyperbaric Physicians of Georgia



Sarena Banas

PT, DPT, CLT-LANA, Cert MDT
NLN Expert Clinician
Oncology-Lymphedema Team Leader
Good Shepherd Penn Partners



Kelly Bell

Patient Advocate
Veterans Fighting Lymphedema



Louisa Boyd

OTR/L, CLT-LANA
Founder and CEO
nPress



Rochelle Brannan

MPT, CLT-LANA, APTA Board
Certified in Oncologic PT
NLN Expert Clinician
Owner and Founder
*West Cliff Physical Therapy and
Lymphedema Care*



Wei Chen

MD, FACS
Professor of Plastic Surgery
Cleveland Clinic

Conference Faculty



Sarah Colwell

OTR/L, CLT
Occupational Therapist
*New York Presbyterian
Columbia University*



Erika Dawkins

PsyD, MED, CSP
Clinical Psychologist
Revolutionary Perspectives, LLC



Jie Deng

PhD, RN, OCN, FAAN
Associate Professor of Nursing
*University of Pennsylvania School of
Nursing*



Shelley DiCecco

PT, PhD, CLT-LANA, CI-CS
NLN Expert Clinician
Owner/Instructor LymphEd
LymphEd, LLC



Risal Djohan

MD, MBA
Professor & Vice Chair of Plastic
Surgery
Cleveland Clinic



Jarrett Dottin

OTR/L, MOT, CLT, CDP
CEO
JD The OT Therapy Services



Cassie Dowtin

PT, CLT
Outpatient Physical Therapist
*Atrium Health Wake Forest Baptist
Health*



Kathryn Ellis

OTD, OTR/L, AASECT-SC
Founder/CEO
*Institute for Sex, Intimacy &
Occupational Therapy*



Erin Fazzari

PT, MPT, CLT-LANA, CWS
Physical Therapist
Advanced Clinician II
*Good Shepherd Penn Partners: Penn
Therapy and Fitness*

Conference Faculty



Heather Ferguson

Founder & Executive Director
Lymphedema Advocacy Group



Kathleen Francis

MD
Medical Director, Course Instructor
Klose Training & Consulting



Jay Granzow

MD, MPH
Lymphedema Surgeon
*Granzow Lymphedema and
Lipedema Center*



Bryan Groleau

COTA/L, CLT-LANA, WCC, LLE, CLWT
Director of Clinical Education
medi USA



Maxim Itkin

MD
Director, Professor
*Penn Center for Lymphatic Disorders
Hospital of the UPenn*



Leslyn Keith

OTD, OTR/L, CLT-LANA
Consultant, Director of Research
Lipedema Project



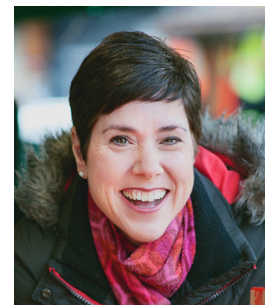
Guenter Klose

MLD/CDT Cert. Instructor
Lymphedema Therapy Instructor
Klose Training



Steven Kovach

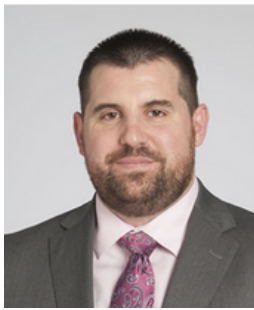
MD
Associate Professor
Penn Medicine



Jean LaMantia

RD
Registered Dietician
JeanLaMantia.com

Conference Faculty



Antoine Louveau
MD
Assistant Professor
*Lerner Research Institute
Cleveland Clinic*



Lauren Meffen
CCC, SLP, CLT
Speech Language Pathologist
Head Neck Rehab LLC



Jesse Michaud
MOT, OTR/L, CLT, WCC
Occupational Therapist
*Androscoggin Home
Healthcare and Hospice*



Emilia Naranjo
OTR/L, CLT
Occupational Therapist
*New York Presbyterian
Columbia University*



Sonia Kukreja Pandey
MD
Plastic Surgery
*Cleveland Clinic
USA*



Maria Pickston
OTR/L, CLT
Clinical Rehabilitation
Specialist
Cleveland Clinic



Ana Pozzoli
PT, CLT
NLN Expert Clinician
Owner
Omnitherapy Center, LLC



Oscar Pozzoli
PTA, Vodder-CLT
NLN Expert Clinician
Owner
Omnitherapy Center, LLC



Vicki Ralph
OTR/L, CLT-LANA
UHealth Clinical Specialist,
Klose Training Instructor
UHealth, Klose Training



Denise Richlen
PT, WCC, DWC, OMS, CLT
VP of Clinical Education
Archangel

Conference Faculty



Amy Rivera

BS

Founder

*Ninjas Fighting
Lymphedema Foundation*



Holly Rodriquez

PT, CLT-LANA, Board-Certified Clinical
Specialist in Oncologic PT
PT Clinical Specialist, Oncology &
Lymphedema Rehabilitation
Kaiser Permanente



Catherine Rosenberg

MAT, MEd, MSci
Patient Advocate



Nola Seader

OTR/L, CLT

Senior Advanced Clinician
*New York Presbyterian
Columbia University*



Catherine Seo

PhD

Founder & CEO
Lipedema Simplified



Molly Sleigh

OTD, OTR/L, CLT-LANA
Adjunct Professor
*Rocky Mountain University,
Centura Health*



Erin Sokalsky

ATC, PTA, CLT-LANA, WCC
National Clinical Manager
Lymphology and Phlebology
Essity Jobst



Amy Sommerville

OT/L, CLWT
Assistant Head OT
*New York Presbyterian
Columbia University*



Atilla Soran

MD, MPH, FNCBC, FACS, Professor
of Clinical Surgery
Director of Comprehensive
Lymphedema Program
UPMC

Conference Faculty



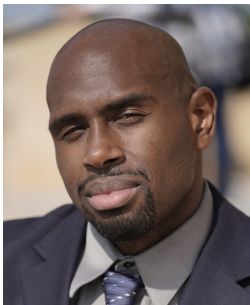
Bryan Spinelli
PT, PhD
Assistant Professor
Thomas Jefferson University



Nasreen Starner
OTR/L, CLT
Occupational Therapist, Clinical
Rehabilitation Specialist
Cleveland Clinic



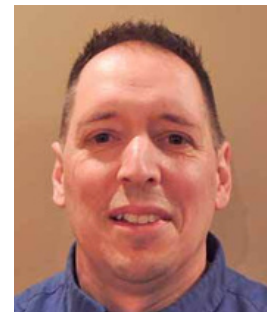
Lisa Sylvestri
MSPT, CLT-LANA, CES
NLN Expert Clinician
Owner
*Oasis Physical Therapy
and Wellness*



Donald Thomas, Jr
PT, DPT, CLT-LANA, CWT
NLN Expert Clinician
Good Shepherd Penn Partners



Brenda Viola
BA, CC
President
Vici Communications LLC



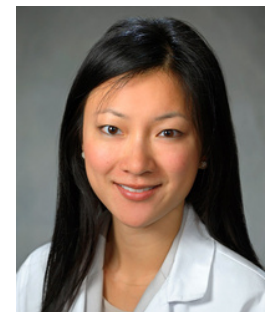
James Wagner
OTD, OTR/L, CHT, CPAM, CSCS
Team Leader
Guthrie Hand Center



Ashley Whitehead
PT, DPT, WCS, CLT-LANA
Senior Physical Therapist
UPMC Rehabilitation Institute



Jodi Winicour
PT, CMT, CLT-LANA
Physical Therapist
Klose Training/UC Health



Jasmine Zheng
MD, CLT, FAAPMR
Director of Cancer Rehabilitation
University of Pennsylvania

Continuing Education

Educational Level

Educational level of the various programs vary from introductory to intermediate to advanced depending on the program or professional development activity.

Methods of Assessment of Learning Objectives

Electronic polls will be activated immediately at the conclusion of programs or professional development activities that are lecture based. Those that have a clinical or manual component requires that learners demonstrate competency in meeting the established learning objectives.

New York

The National Lymphedema Network is recognized by the New York State Education Department Office of Professions for physical therapists and physical therapy assistants as an approved provider of continuing education. The 2023 Conference will offer a maximum of 19.75 contact hours for the main program. Additional contact hours are offered to those who attend pre-conferences. Only learners who meet satisfactory completion requirements for each program will be offered continuing education credits for each program.

AOTA



The National Lymphedema Network is recognized by the American Occupational Therapy Association (AOTA) as an Approved Provider for professional development. The assignment of AOTA CEUs does not imply endorsement of specific course content, products, or clinical procedures by AOTA or indicate AOTA approval of a certification or other professional recognition. AOTA Provider number #165. Expires 7/8/2029.

The AOTA application for the 2023 NLN Conference *Lymphological Investigations & Exploration* is pending approval.

Additional Approvals

The National Lymphedema Network plans to submit for continuing education credit approvals from other states and organizations, and we will update the main conference page accordingly.

Registration Link

Policies

Compliance with The Americans with Disabilities Act

The 2023 Conference - Lymphological Investigations and Exploration is committed to providing a conference experience that is accessible to the widest possible audience, regardless of technology or ability. We are actively working to increase the accessibility and usability of our meeting spaces and virtual experience via the conference app to maximize everyone's conference experience. On the registration form is a question asking if there are any needs for special accommodations. An email can also be sent to events@lymphnet.org.

Professional Conduct Policy

The National Lymphedema Network holds high expectations that each faculty and staff member demonstrate high standards of professional conduct and do not discriminate against learners on the basis of gender, age, socioeconomic or ethnic background, sexual orientation, or disability.

The National Lymphedema Networks also holds high expectations that each student/attendee demonstrates high standards of conduct and do not discriminate against fellow students and faculty and staff members on the basis of gender, age, socioeconomic or ethnic background, sexual orientation, or disability.

Any person found to be violating the policy will be escorted out by security and banned from all future National Lymphedema Network events.

Cancellation and Refund Policy

Cancellation of Classes - If, due to unforeseen circumstances, a professional development activity, including the conference, is canceled by National Lymphedema Network, all registered attendees will be notified via email that was used for registration as soon as cancellation of the event is confirmed. A notice will additionally be posted on the NLN Education page, NLN Events Page, and social media. The management of funds paid for the event is up to the discretion of the National Lymphedema Network.

Refund Policy

The National Lymphedema Network has a no refund policy regardless of circumstance when the registrant is unable to attend the event. Registration payment can be applied to a future event for the same registrant or transferred to another registrant for the relevant event if notification is received by the set date to the email address specifically listed in the registration confirmation. For the 2023 Conference, the deadline to submit an email notification to events@lymphnet.org is September 1, 2023.

Registration Rates & Hotel

Registration Rates

Registration Type	Magenta Special	Spring	Summer	Fall
NLN Member	\$399	\$699	\$799	\$899
Non-member		\$899	\$999	\$1099
Student *		\$349		
Patient / Advocate **		\$599		

The Magenta registration rate was the early bird rate available April 1-20, 2023. Registration rates follow the seasons. Spring registration rates are available until June 20, 2023. Summer registration rates are available from June 21, 2023 until September 22, 2023. Fall registration rates are available from September 23, 2023 until the conference.

* Student registrations require proof of active matriculation emailed to events@lymphnet.org. This registration is also open to clinicians who were recently certified in lymphedema therapy, receiving their CLT within 1 year of start of the conference on 10/04/23.

** CEU Certificates are not included in Patient Advocate Registrations.

Single Day and Group Registration Rates Available.

Register Here

Hotel

The 4-Diamond Loews Philadelphia Hotel is a true classic that serves as a perfect backdrop for the 2023 NLN Conference. The group room rate of \$259 (plus tax & gratuity) is available until September 12, 2023 or until the block is sold out. Make your room reservation via [the hotel link](#), calling 800-235-6397, or scanning the QR Code to the right.



Hotel Link

Conference Inclusions

NLN Expert Clinicians

National Lymphedema Expert Clinicians who have maintained an active status of their designation by completing all annual requirements are granted full access to the 2023 NLN Conference Program on a complimentary basis. This is the NLN's way of supporting these extraordinary clinicians who dedicate their careers toward continuous professional development in the field of Lymphology. In addition to all the benefits and meals offered by the conference, all active NLN Expert Clinicians and all those participating in the NLN Expert Clinician program for the first time this year will have priority when choosing breakout sessions and pre-conference sessions.

This year, the United State Medical Compression Alliance will be debuting their compression certification, and this is offered as one of the pre-conferences on Wednesday, October 4, 2023. This certification is mandatory for all NLN Expert Clinicians and needs to be achieved by December 31, 2024.

Conference Attendees

All attendees will experience a wonderful conference. The educational program will amply quench your educational thirst as all pre-conferences (Wednesday & Thursday) are included. These pre-conferences have limited capacities and are on a first-come-first-served basis. The General Assembly program will leave you feeling energized and thoroughly inspired. Gourmet meals will satisfy your appetite as all of the following meals are included:

Wednesday October 4, 2023	<i>Breakfast</i> <i>Break</i> <i>Lunch</i> <i>Break</i> <i>NLN Membership Reception</i> <i>(current NLN Members only)</i>	Saturday October 7, 2023	<i>Breakfast</i> <i>Break</i> <i>Lunch</i> <i>Break</i> <i>Platinum Sponsor Reception</i>
Thursday October 5, 2023	<i>Lunch</i> <i>Welcome Reception</i>	Sunday October 8, 2023	<i>Breakfast</i> <i>Farewell Snack</i>
Friday October 6, 2023	<i>Breakfast</i> <i>Break</i> <i>Lunch</i> <i>Break</i> <i>Magenta Sponsor Reception</i>		

Mission Statement



The National Lymphedema Network's mission is to empower our community of lymphedema practitioners and patients by providing educational opportunities, networking opportunities, and interventional resources. We aim to inspire clinicians to provide world-class care for people with lymphedema by promoting best practice guidelines and standards of care.



Thank You!