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Type Registration	Definition	Price
Group rate	Register 20 or more	\$40
Individual Rate	Single Registration	\$65

Course #	Course Title	
Webinar Date		
Name	Discipline	
Facility		
Home Mailing Address		
City	State	Zip
Daytime Phone	Fax	
E-mail Address for Confirmation (will not be shared or sold)		

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Webinar Cancellation Policy: Motivations, Inc. reserves the right to discontinue or reschedule a course from our listing of options. Should you have already registered, you will receive a full refund. Participants may receive a full refund when requesting cancellation 24 hours prior to the the webinar. After that time, a credit for a future Motivations event may be awarded.

Special Needs Requests: Please email us any special needs related to vision, hearing, accessibility or any other considerations to completing the course so we can assist in advance.



Motivations CEU
Accredited Courses for Rehabilitation Professionals

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ASHA CE
APPROVED PROVIDER

Motivations, Inc.

Intermediate Level
0.3 ASHA CEUs

WEBINAR

#7316-1 Why, What, and How to feed Picky Eaters, a professional approach.

Instructor
Samantha Heidenreich, OTD, MOT

Audience: Physical Therapists, Occupational Therapists, Assistants and Speech Therapists

Delivery Options:
Live Webinar or
Self-Study Options

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SUMMARY: The purpose of this course is to provide detailed information of why and what you should feed a child from a nutritional standpoint to support gut and brain health, and the how to, for providing professional intervention to improve tolerance, acceptance, and increase food consumption. Feeding therapists will be instructed on how to discuss these elements within their scope of practice and utilize intervention to create a feeding program utilizing best practice and evidence-based research. Course instruction methods include lecture, demonstration, case studies, question/answers.

PRESENTER: Samantha Heidenreich, OTD, MOT, Samantha completed her Doctorate of Occupational Therapy at the University of St Augustine for Health Sciences and complete her Masters in OT at the University of St Augustine for Health Sciences with a Bachelors in Special Education K-12 from Coastal Carolina University. Samantha has been in clinical settings with a focus in pediatric occupational therapy, and an emphasis on feeding intervention. She has completed advanced coursework in multiple areas of pediatric intervention, including sequential oral sequencing approach to feeding, AEIOU, primitive reflex and sensory integration, and Hanen SPARK communication. For her OTD program, her capstone project focused on nutritional implications for feeding for children with autism, sparking her interest and professional investment in this topic area. Financial - Received a teaching honorarium from Motivations, Inc. Nonfinancial - No relevant nonfinancial relationship exists.

OBJECTIVES: Upon completion of this course, the participant will be able to

- 1) Correctly identify underlying conditions impacting brain gut connection and feeding behaviors
- 2) Identify various avenues to heal the gut and improve cognitive functions and behavior
- 3) Name the role of nutrition for picky eaters, as well as common causes, the most common nutritional deficits, and food and supplementation sources to combat these deficits
- 4) Identify and implement specific strategies to overcome causes of nutritional deficit
- 5) Define intervention strategies to increase nutritional intake and overall tolerance and acceptance of a variety of foods.
- 6) List provided resources to explore product recommendations and highlighted research topics to provide education and support to clients

FORMAT: This is a 3-contact hour course equivalent to 3 CEU's or 0.3 CEUs offered as a live webinar or self-study. Instructors present the live course content via an internet website displaying real time power points. Learners will receive a course instruction link. Instructors lecture through livestreaming internet on your computer. Questions may be asked during the webinar using the chat feature or the "raise hand" feature for live discussion.

PT CEU's: Motivations Inc is an approved provider of Physical Therapy continuing education by these professional bodies: Texas Chapter of the American Physical Therapy Association, ILDPR- Illinois Department of Professional Regulation Approved PT CE Sponsor, NY- New York State Education Department, Office of the Professions. Physical Therapy Board of California. Many state boards recognize these for pre-approval purposes. Contact us if you would like verification a state.



OT CEU's: Motivations Inc. is an AOTA Approved Provider of professional development. Course Approval #10599. This Live or Distance Learning—Interactive or Distance Learning—Independent activity is offered at 0.3 CEUs Intermediate Level, Occupational Therapy Service Delivery, Foundational Knowledge. The assignment of AOTA CEU's does not imply endorsement of specific course content, products or clinical procedures.

SLP CEU's: This course is offered for 0.2 CEUs. Effective May 1, 2026 Live-0.3 ASHA CEUs or Effective July 1, 2026 REC- 0.3 ASHA CEUs (Intermediate level, Professional area).

AGENDA ON NEXT PAGE...

For course dates, times and registration, please visit: www.motivationsceu.com

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AGENDA:

Pre-Study: 30 Minutes Plan to read the course materials, references and review the post test before the start time. Please be prepared to share patient case study and related question during the discussion time.

Time Increment	Topic	Instructional Method
0-5	Background & Review of Learner Outcomes	Lecture
15	Foundational Nutritional Information, brain/gut connection, common vitamin deficits	Lecture/PowerPoint/Interactive Discussion and Questions
20	Combating Nutritional deficit, underlying conditions & strategies	Lecture/PowerPoint/Interactive Discussion and Questions
45	Specific Intervention Strategies and examples	Lecture/PowerPoint/Interactive Discussion and Questions
25	Case Studies	Lecture/PowerPoint/Interactive Discussion and Questions
10	Q and A, Summary	Lecture

Post-test: 30 Minutes Research, identify, and submit your post test question answers on the online form. This is an open book test you can take multiple times if needed to obtain the 70% score. Complete the evaluation feedback survey and needs assessment. Obtain, review and save your auto-emailed certificate for your files.