



2018 Primary Care Women's Health: Essentials and Beyond

August 23-24, 2018

Global Center for Health Innovations

Register Today! [**ccfcme.org/womenshealth**](http://ccfcme.org/womenshealth)

Attend and earn ABIM MOC points
Hands-on Workshops
Call for Abstracts



2018 Primary Care Women's Health: Essentials and Beyond

You Don't Want to Miss This Activity

In general, primary care providers for women are challenged to stay abreast of a large volume of emerging research, to accurately assess its evidence-based, and to correctly analyze its application to the clinical care of women. In addition, they need to be knowledgeable of new therapies and technologies that are changing the direction of care for this patient population. Addressing these gaps in both knowledge and practice will translate to improved care of women and increased patient satisfaction.

The course organizers have selected several practice areas with clinical gaps this educational activity will address. Their evidence for these needs are from several sources including a review of outcomes assessments from other Cleveland Clinic educational activities focused on women's health, a review of the medical literature, and the professional opinion of the Activity Directors and the faculty presenters. Additionally, national and international efforts are moving to address these issues through publications, journal articles, society meetings, and other symposia. These are all testaments to the continuing need for educational activities focused on women's health care.

Improve Your Knowledge To:

- Assess and treat polycystic ovaries osteoporosis, chronic fatigue and fibromyalgia in women
- Summarize the most recent evidence on safety and efficacy of hormonal therapy for menopause symptoms and describe how to prescribe and monitor its use in clinical practice
- Critically appraise the safety and efficacy of hormonal and gender-confirmation therapies, and address the role of the primary care physician for referral and continuity of care following these therapies
- Recognize, diagnosis, and treat mood and anxiety disorders in women, and describe how they are affected by reproductive lifecycle stages
- Describe the available breastfeeding therapies and develop strategies to promote and improve healthy breastfeeding practices
- Describe the contributors to a decrease in desire and orgasm, and counsel patients on methods to help boost sexual satisfaction, including the use of sexual aids such as lubricants and various stimulation devices
- Describe methods available to identify patients who are in need of women's preventative services
- Describe innovative outreach programs available to improve screening and treatment outcomes

Who Should Attend?

This activity is designed for physicians, physician assistants, nurse practitioners, and nurses who provide primary care to women. Other healthcare professionals with an interest in women's health will also gain significant knowledge by attending this activity.

Call for Abstracts

Submission Deadline: July 2, 2018

Abstracts are now being reviewed for this year's Primary Care Women's Health: Essentials and Beyond course.

Go to www.ccfcm.org/womenshealth for more information on topics, submission procedures, review process, and more.

Activity Codirectors

Laura D. Lipold, MD, NMCP

Director, Primary Care Women's Health
Cleveland Clinic
Assistant Professor of Family Medicine
Cleveland Clinic Lerner College of Medicine of
Case Western Reserve University

Pelin Batur, MD, NCMP, CCD

Education Director, Primary Care
Women's Health
Cleveland Clinic
Associate Professor of Medicine
Cleveland Clinic Lerner College of Medicine
of Case Western Reserve University

Guest Faculty

Brigid Dolan, MD, MEd

Assistant Professor Division of General Internal
Medicine and Geriatrics
Women's Health Track Director, Internal
Medicine Residency Program
Northwestern University Feinberg School
of Medicine
Division of General Internal Medicine
and Geriatrics
Chicago, IL

Julie Mitchell, MD, MS

Professor of Medicine, General Internal Medicine
Chief Population Health Management Officer,
Medical College of Physicians
Froedtert & the Medical College of Wisconsin
Milwaukee, WI

Phyllis Nsiah-Kumi, MD, MPH

Chief, Women's Health
Northeast Ohio Veterans Healthcare System
Assistant Professor, Internal Medicine
Case Western Reserve University School
of Medicine
Cleveland, OH

Jordan Rullo, PhD, ABPP

Board Certified Clinical Health Psychologist,
AASECT Certified Sex Therapist
Adjunct Assistant Professor University of Utah
Salt Lake City, UT

Ann M. Witt, MD, FABM, IBCLC

Director
Breastfeeding Medicine of Northeast Ohio
South Euclid, OH

Cleveland Clinic Faculty

Rebecca Flyckt, MD

Director, Fertility Preservation Program
Section of Reproductive
Endocrinology and Infertility
Ob/Gyn & Women's Health Institute
Assistant Professor of Surgery
Cleveland Clinic Lerner College of Medicine of
Case Western Reserve University

Lilian Gonsalves, MD

Staff Psychiatrist
Center for Behavioral Health
Clinical Professor of Medicine
Cleveland Clinic Lerner College of Medicine of
Case Western Reserve University
Neurological Institute

Carmen E. Gota, MD

Director of Fibromyalgia Clinic
Staff
Orthopedic and Rheumatologic Institute
Assistant Professor Internal Medicine
Cleveland Clinic Lerner College of Medicine of
Case Western Reserve University

Yufang Lin, MD, FACP, FAAP

Integrative Medicine Specialist
Center of Integrative Medicine
Wellness Institute

Anna Camille Moreno, DO

Clinical Fellow
Education Institute

Aphrodite Papadakis, MD

Staff Physician
Beachwood Family Health Center
Medicine Institute

Holly J. Pederson, MD

Director, Medical Breast Services
Ob/Gyn & Women's Health Institute
Associate Professor of Medicine
Cleveland Clinic Lerner College of Medicine

Sabrina K. Sikka, MD

Clinical Fellow
Education Institute

Andrea Sikon, MD

Chair, Internal Medicine
Center for Specialized Women's Health
Ob/Gyn & Women's Health Institute

Lynn Simpson, MD

Center for Specialized Women's Health
Ob/Gyn & Women's Health Institute

Jessica Strasburg, MD, FAAFP

Medical Director, Chronic Pelvic Pain
Ob/Gyn & Women's Health Institute
Professor, Cleveland Clinic Lerner College of
Medicine of Case Western Reserve University

Holly L. Thacker MD, FACP, CCD, NCMP

Director, Center for Specialized Women's Health
Ob/Gyn & Women's Health Institute
Professor, Cleveland Clinic Lerner College of
Medicine of Case Western Reserve University

Cecile Unger, MD, MPH

Center for Urogynecology & Reconstructive
Surgery
Center for LGBT Care
Ob/Gyn & Women's Health Institute

Thursday, August 23, 2018

7:00am	Registration, Continental Breakfast and Exhibits	2:45pm	A Practical Approach to Treating Sexual Dysfunction <i>Jordan Rullo, PhD</i>
7:50am	Welcome and Opening Remarks <i>Laura Lipold, MD and Pelin Batur, MD</i>	3:30pm	Refreshment Break and Exhibits
8:00am	Breastfeeding Medicine <i>Anne Witt, MD</i>	3:45pm	Current Breakout Sessions (choice of one breakout):
9:00am	Reproductive Medicine: An Overview Fertility Options and Egg Preservation <i>Rebecca Flyckt, MD</i>		Breakout 1 Endometrial Biopsy (Max 15) <i>Laura Lipold MD and Aphrodite Papadakis, MD</i>
9:45am	Refreshment break and Exhibits		Breakout 2 IUD Insertion and Removal (Max 15) <i>Lynn Simpson, MD</i>
10:15am	LGBT: An Overview of Hormonal and Gender Confirmation Therapies <i>Cecile Unger, MD</i>		Breakout 3 Pearls for the Challenging Pelvic Exam <i>Jessica Strasburg, MD</i>
11:15am	Osteoporosis: A Case Based Treatment Overview <i>Andrea Sikon, MD</i>		Breakout 4 Abstract Presentation and Review
12:15pm	Lunch Break and Exhibits	5:00pm	Adjourn
1:15pm	Population Healthcare Delivery: Innovative Ways to Improve Health Outcomes <i>Brigid Dolan, MD, Julie Mitchell, MD and Phyllis Nsiah-Kumi, MD</i>		

Friday, August 24, 2018

7:00am	Registration, Continental Breakfast, Exhibits	11:20am	Fibromyalgia and Chronic Fatigue in Women: An Update on Management <i>Carmen Gota, MD</i>
7:30am	Welcome and Remarks <i>Laura Lipold, MD and Pelin Batur, MD</i>	12:15pm	Lunch Break and Exhibits
7:40am	Mood and Anxiety Disorders in Women: Diagnosis and Treatment <i>Lilian Gonsalves, MD</i>	1:15pm	Practical Contraception <i>Pelin Batur, MD</i>
8:40am	Prescribing Hormone Therapy: A Case Based Approach <i>Holly Thacker, MD</i>	2:15pm	Refreshment Break and Exhibits
9:25am	Breast Cancer for the Primary Care Provider: Assessing and Managing Risk and Survivorship Treatment <i>Holly Pederson, MD</i>	2:45pm	Emergency Contraception Update <i>Pelin Batur, MD, Anna Camille Moreno, DO and Sabrina K. Sikka, MD</i>
10:10am	Refreshment Break and Exhibits	3:45pm	Update on Cervical Cancer Screening: Follow-up and Prevention <i>Laura Lipold, MD</i>
10:30am	Evidence-Based Integrative Medicine: A focus on Chronic Pain Management in Women <i>Yufang Lin</i>	4:45pm	Adjourn

A five-minute question and answer period is included in each speaker's allotted time

General Information

Location

Global Center for Health Innovation
1 St. Clair Avenue NE
Cleveland, OH 44114
Phone: 216.920.1450

Hotel Accommodations

A limited block of rooms has been reserved at the CLEVELAND MARRIOTT DOWNTOWN AT KEY CENTER until August 1, 2018. The hotel is directly across the street from the Global Center for Health Innovation

To make your reservations, contact the hotel at 216.696.9200 or 800.228.9290 and identify yourself as an attendee for the Cleveland Clinic Primary Care Women's Health room block staying at the Cleveland Marriott Downtown at Key Center for a special rate of \$149 per night single or double occupancy. Hotel room rates are subject to applicable state and local taxes (currently 16.50%) in effect at the time of check-out.

Parking

Valet parking is available at the Marriott and self-parking is also available at the Huntington Garage on Lakeside Avenue at prevailing rates.

Information

For further information about this activity, Faculty Disclosure, and Americans with Disabilities Act, visit the Cleveland Clinic Center for Continuing Education website: ccfcme.org/womenshealth

Accreditation

The Cleveland Clinic Foundation Center for Continuing Education is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

The Cleveland Clinic Foundation Center for Continuing Education designates this live activity for a maximum of 15 *AMA PRA Category 1 Credits™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Participants claiming CME credit from this activity may submit the credit hours to the American Osteopathic Association for Category 2 credit.

This Live activity, 2018 Primary Care Women's Health: Essentials and Beyond, with a beginning date of 08/23/2018, has been reviewed and is acceptable for up to 11.50 Prescribed credit(s) by the American Academy of Family Physicians. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

American Board of Internal Medicine MOC

Successful completion of this CME activity, which includes participation in the evaluation component, enables the participant to earn up to 15 MOC points in the American Board of Internal Medicine's (ABIM) Maintenance of Certification (MOC) program. Participants will earn MOC points equivalent to the amount of CME credits claimed for the activity. It is the CME activity provider's responsibility to submit participant completion information to ACCME for the purpose of granting ABIM MOC credit.

Other Health Care Professionals

A certificate of attendance will be provided to other health care professionals for requesting credits in accordance with state nursing boards, specialty societies, or other professional associations.

Register Online at www.ccfcme.org/womenshealth

Fee includes: continental breakfast, refreshment breaks, and faculty PowerPoint presentations in PDF format, available online and via USI mobile app.

	On or Before July 1	After July 1
Physician	\$350	\$450
Non-Physician	\$275	\$375
Resident*/Fellow*	\$150	\$250

*Letter from program director is required to receive the discounted fee. If letter is not received two weeks prior to the activity, the full physician fee will be charged.

Visit www.ccfcme.org/womenshealth for complete registration information.

Registration and Cancellation

Preregistrations are accepted until 2:00 pm ET August 21, 2018. Register on site after this date.

In case of cancellation, email notification is required to process your refund. A full refund will be issued if canceled by August 9, 2018. After August 9, 2018, a \$100 cancellation fee will be deducted from your refund. No refunds will be issued after August 13, 2018.

For questions about registration or cancellation, email us at cmeregistration@ccf.org or call 216.448.8710.

Cleveland Clinic Center for Continuing Education reserves the right to cancel or postpone an activity at our sole discretion. In the unlikely event that this occurs, any registration fee(s) paid will be refunded. Be advised that Cleveland Clinic is not responsible for related costs including airline tickets, hotel costs, or any similar fee penalties incurred as a result of any meeting cancellations or changes.



2018 Primary Care Women's Health: Essentials and Beyond

August 23-24, 2018
Global Center for Health Innovations
Register Today! ccfcmc.org/womenshealth



 **Cleveland Clinic**
The Cleveland Clinic Foundation
9500 Euclid Avenue, AC313
Cleveland, OH 44195

NON-PROFIT ORG.
U.S. Postage
PAID
Cleveland, OH
Permit No. 1918

