



APRIL 13-16

Phoenix



The 12th Annual Valley of the Sun Conference
**Challenging Cases & Current Treatment Options
in Podiatric Medicine & Surgery**

WITH JOINT PROVIDER ARIZONA FOOT AND ANKLE MEDICAL ASSOCIATION

This is a PICA approved
risk management seminar.  PICA
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THE PODIATRY INSTITUTE
2675 North Decatur Road
Suite 309
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A NONPROFIT TEACHING FOUNDATION



DAY 1 APRIL 13

12:00 PM REFRESHMENTS & EXHIBIT HALL OPENS

12:25 PM OPENING REMARKS

12:30 PM PODIATRIC MEDICINE, TIPS & PEARLS

Diabetic Neuropathy: Does Anything Help

Phenol Nail Procedure

Suppan Matrixectomy for Ingrown Nails

What to Do with the Peroneus Bevis After Fifth Toe Amputation

DVT Prophylaxis

Question & Answer

3:30 PM REFRESHMENT BREAK & VISIT EXHIBITS

CONFERENCE OBJECTIVES

At the conclusion of the conference, the participant should be able to:

Trauma: The attendee will gain the basic knowledge to recognize, evaluate, diagnose and manage common disorders seen in trauma to the foot and ankle and the long term sequelae in different groups.

Forefoot: The attendee will be exposed to the various options in the repair of hammertoes and to address the options, risks and long term complications of different procedures on the 2nd MPJ.

Hallux Valgus: The attendee will become familiar with all different surgical procedures in the management of hallux valgus and associated deformities and their roles.

Diabetic Foot: The attendee will become familiar with the current treatment options and advanced therapies in treating the diabetic foot.

Heel and Hindfoot: The attendee will discuss the goals and expected outcomes in the rearfoot. This includes soft tissue management, fractures, heel surgery and management of failed tendon surgeries.

Medicine and Topics of Interest: The attendee will gain knowledge and understanding of different products and their cost, diagnosis of carcinoma, understanding of the mechanism of ankle fractures and some less common anatomical variants and procedures.

Special thanks to our CORPORATE SPONSORS

for their outstanding support of The Podiatry Institute and the continued development of excellence in post-graduate continuing education. Please support these companies that support your profession.

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4:15 PM

COMPLEX CASE DISCUSSIONS

Moderator: Mike Michael C. McGlamry, DPM

Panel: Michael S. Downey, DPM; Todd B. Haddon, DPM; Jeffrey S. Boberg, DPM; Thomas A. Brosky, II, DPM; and Trent H. Lott, DPM

5:45 PM

RISK MANAGEMENT SESSION

Building Your Pre-Operative Blueprint: Tips for a Successful Surgical Outcome

Presented by Michael C. McGlamry, DPM

This lecture covers risk management issues involved with the surgical patient. The reality is that you cannot have a successful post-operative outcome without informed consent and a thorough pre-operative evaluation prior to surgery. This lecture will help surgeons identify pre-operative risk factors, understand proper documentation tactics, and minimize the liability risks related to surgical patients.

NOTE: THERE WILL BE A SEPARATE SIGN-IN FOR THIS LECTURE.

6:45 PM

THURSDAY SESSION ADJOURNS



DISTINGUISHED FACULTY

SCIENTIFIC CHAIRMAN

Michael C. McGlamry, DPM
Cumming, GA

CONFERENCE CHAIRMAN

Todd B. Haddon, DPM
Mesa, AZ

SPECIAL GUEST SPEAKER

Brandon M. Brooks, DPM, MPH
Dorn VA Medical Center,
Columbia, SC

FACULTY

Nicole Baxter, DPM
Resident, Emory Decatur
Hospital, Decatur, GA

Thomas A. Brosky, II, DPM
Oakwood, GA

Jeffrey S. Boberg, DPM
O'Fallon, MO

Kwame Doh, DPM
Resident, Emory Decatur
Hospital, Decatur, GA

Michael S. Downey, DPM
Chief, Division of Podiatric
Surgery, Penn Presbyterian
Medical Center, Philadelphia, PA

William Harris, IV, DPM
Lancaster, SC

Trent H. Lott, DPM
Happy Valley, OR

William Montross, DPM
Denver, CO

William P. Scherer, DPM
Delray Beach, FL

Tracey C. Vlahovic, DPM
FFPM RCPS (Glasg)
Clinical Professor, Dept. of
Podiatric Medicine, Temple
University School of Podiatric
Medicine, Philadelphia, PA

Each speaker is required to disclose the existence of any financial and/or other relationship(s) (e.g., employee, consultant, speaker's bureau, grant recipient, research support) he/she might have with a) the manufacturer(s) of any commercial product(s) to be discussed during his/her presentation and/or b) the commercial contributor(s) of the activity.

DAY 2 APRIL 14

7:00 AM BREAKFAST WITH THE EXHIBITORS

7:30 AM **APRAJITA NAKRA – MEMORIAL SECTION
INNOVATIONS IN PODIATRIC
MEDICINE & SURGERY**

HUAIRS (HEPA Ultraviolet Non-turbulent Air Recirculation Systems)

Assessing New Technology:
Is This Right for My Patients?

Interpositional Allograft with Long-term Results

First MTPJ Silicone Implants:
Do They Still Have a Role?

Osteoporotic Ankle Fracture Management

Considerations of First MPJ Implants

Onychodystrophy vs. Onychomycosis

Question & Answer

10:00 AM REFRESHMENT BREAK & VISIT EXHIBITS

10:45 AM **HANDS-ON WORKSHOPS**

NOTE: YOU MUST ATTEND ONE WORKSHOP PER ROTATION TO RECEIVE FULL CME CREDITS. THERE WILL BE A SEPARATE SIGN-IN.

Hands-on workshop featuring the latest techniques and technologies

10:45 AM **ROTATION ONE**

Skin Cancer & Biopsy Workshop

with William P. Scherer, DPM in the Amphitheater

Review of skin cancer, risk factors, basal cell carcinoma, squamous cell carcinoma, malignant melanoma, Kaposi sarcoma, nail unit tumors, soft tissue tumors, statistics, 10-year review from podiatrists diagnosing 15,000 lower extremity malignancies. A comprehensive demonstration and audience hands-on participation of fundamental biopsy indications, best practices, and step-by-step techniques will be covered for punch biopsy, nail unit biopsy, and ulcer biopsy, and tangential biopsy.

**Opioids & Postoperative Pain Management:
A 2022 Review for Podiatric Physicians & Surgeons**

with Brandon M. Brooks, DPM, MPH in the Main Ballroom

Thirty-eight states now require some form of opioid and/or pain management CME in order to renew your license! In this 2-hour lecture, Dr. Brooks takes a deep dive into the literature and reveals pertinent prescribing pearls from the latest and greatest studies on opioid prescribing in foot and ankle surgery. After losing his own sister to heroin overdose, Dr. Brooks has committed a substantial amount of time in researching opioids and improving the public health crisis that is the United States Opioid Epidemic. He was named the APMA's 6th Public Health Fellow at the Geisel School of Medicine at Dartmouth College in Hanover, NH, where he earned his MPH degree and graduated at the top of his class. Of note, Dr. Brooks was the first clinician to demonstrate that clinically meaningful variation in postoperative opioid prescribing exists among podiatric surgeons on a national scale.

NOTE: THIS IS A TWO-HOUR LECTURE TO HELP MEET THE AZ PAIN MANAGEMENT REQUIREMENTS.

First MPJ Replacement Options & Theory

with William Montross, DPM in Hopi I

11:50 AM **ROTATION TWO**

Neuropathy & Soft Tissue Biopsy Workshop

with William P. Scherer, DPM in the Amphitheater

Review of small peripheral neuropathy, statistics, symptoms, diagnosis, NCVT and EMG vs. Epidermal Nerve Fiber Density Biopsy, test results, prognosis, and various treatment options will be presented. Review of common soft tissue masses, and web space infections. A comprehensive demonstration and audience hands-on participation of advanced biopsy indications, best practices, and step-by-step techniques will be covered for epidermal nerve fiber density, fine needle aspiration, incisional biopsy, curettage biopsy, and skin closures. It is helpful, but not mandatory, to attend part one of the biopsy workshop series to attend the second session.

First MPJ Replacement Options & Theory

with William Montross, DPM in Hopi I

12:45 PM **LUNCH & LEARN**

**JUBLIA® (efinaconazole) topical solution, 10%,
for the Treatment of Onychomycosis**

Sponsored by Ortho Dermatologics

NOTE: THIS IS A NON-CECH LECTURE.

1:30 PM

HALLUX VALGUS

First MPJ Injuries

Procedure Selection in HAV Surgery

Bunions Gone Wild

Austin Bunonectomy "Live!"

Weil Osteotomy: Tips for Success

Lapidus: A Different Perspective

Hallux Varus: Can We Avoid Fusion

Question & Answer

4:00 PM

REFRESHMENT BREAK & VISIT EXHIBITS

4:45 PM

FOREFOOT

Keller for IPJ Ulcers

Management of Lesser MTPJ Arthritis

Transverse Approach to Pan Met Head Resection

Hammertoe Correction: The Cost of Being Straight

Ischemic Digits Post-Op:

How to Survive This Nightmare

Question & Answer

6:30 PM

FRIDAY SESSION ADJOURNS

UP TO 25 CECHs

This activity has been planned and implemented in accordance with the standards and requirements for approval of providers of continuing education in podiatric medicine through a joint provider agreement between The Podiatry Institute and **Arizona Foot and Ankle Medical Association**. The Podiatry Institute is approved by the Council on Podiatric Medical Education as a provider of continuing education in podiatric medicine. The Podiatry Institute has approved this activity for a maximum of **25 continuing education contact hours**.

DAY 3 APRIL 15

7:00 AM BREAKFAST WITH THE EXHIBITORS

7:30 AM REARFOOT & ANKLE

Tarsal Tunnel
Ankle Sprains
Medial Column in Flatfoot Surgery
Talectomy for Salvage
Management of Complex Rearfoot Deformities
Exertional Compartment Syndrome
Conservative Care of Ankle Fractures
Tarsal Coalition: Deciding Between Resection & Fusion
Question & Answer

10:30 AM REFRESHMENT BREAK & VISIT EXHIBITS ONE MORE TIME

11:15 AM

WOUNDS, DIABETES, INFECTION MANAGEMENT & RECONSTRUCTION

Chopart Amputation
Skin Substitute Options for Complex Wounds
Peroneal Tendon Subluxation: Reproducible Technique
Neuropathic Ankle Management
Brodie's Abscess: An Unusual Case Presentation
Question & Answer
Opioids & Depression (1 Hour)

2:15 PM ADJOURN FOR THE DAY TO ENJOY PHOENIX

DAY 4 APRIL 16

7:00 AM BREAKFAST

7:30 AM CHALLENGING MEDICINE & TOPICS OF INTEREST

"A Bridge Too Far": Posterior Heel Defect with Achilles Tendinosis
Plantar Plate Repair
3D Printed Bone Alternatives
Pyoderma Gangrenosum
Question & Answer

10:05 AM

REFRESHMENT BREAK

10:20 AM

CHALLENGING MEDICINE & TOPICS OF INTEREST (CONTINUED)

Bone Marrow Lesions
Wounds That Kill
Top 10 Derm Conditions
What's New in Dermatologic Therapies
Question & Answer

12:30 PM CONFERENCE ADJOURNS

MARRIOTT PHOENIX TEMPE AT THE BUTTES

2000 W Westcourt Way, Tempe, AZ 85282
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(mention **The Podiatry Institute** for special rate)

Register online via the link on the **Phoenix** page at www.podiatryinstitute.com

Rate: from \$215 (plus tax, subject to change without notice)

A block of rooms has been reserved and will be held until it is full or **March 12, 2023**, whichever comes first. Please book early to guarantee your reservation. In order to secure our special group rate, advanced reservations are mandatory and you must advise Reservations that you are attending The Podiatry Institute conference. Rates cannot be changed for guests who fail to identify their affiliation at the time the reservation is made. Rate applicable April 9-19, 2023 (based on availability).

TRAVEL DISCOUNTS

To obtain the best possible rates and make your reservations, please call our official agency:

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(A \$35.00 SERVICE FEE WILL APPLY FOR THE FIRST PASSENGER; \$15.00 FOR EACH ADDITIONAL PASSENGER.) If you have trouble securing hotel accommodations, please call Trish at Unique Adventures by Trish or email her at tgraves8649@gmail.com.

To register for webinar or on-site attendance, see pricing and available discounts, order meal packages, make hotel reservations, and discover local attractions, visit us at www.podiatryinstitute.com.

UPCOMING 2023 CONFERENCES

Newport

April 27-30
Surgical Pearls by the Sea
with Rhode Island Podiatric Medical Association

Little Rock

May 19-21
Foot & Ankle Surgery
with Arkansas Podiatric Medical Association

Hilton Head

June 22-25
Footprints in the Sand
with S.Carolina Podiatric Medical Association

Portland

July 20-23
Foot & Ankle Surgery
with Maine Podiatric Medical Association

San Diego

September 21-24
UPDATE 2023
with San Diego Podiatric Medical Society

Sanibel

November 2-5
33rd Annual
Hallux Valgus & Related Forefoot Surgery

Chicago

December 1-3
Windy City Conference
with Illinois Podiatric Medical Association

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