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The Podiatry Institute cannot be held liable for events beyond its control, such as acts of God, government regulations, disasters or weather-related hazards, civil unrest, or any other emergency, making it inadvisable or impossible to hold the conference. The Podiatry Institute will make every effort to inform the participants as soon as possible to enable the participants to cancel hotel and flight arrangements. The entire contents of this brochure are copyrighted by The Podiatry Institute with all rights reserved. Reproduction or use, without permission, of written or graphic content in any manner is prohibited. ©2018

Photo courtesy of © Little Rock C&V



LITTLE ROCK

ABOUT THE PODIATRY INSTITUTE

The Podiatry Institute is a non-profit educational foundation that offers a variety of programs, conferences, workshops and postgraduate courses. The Institute has achieved international recognition for its leading role in

developing and advancing podiatric medicine and surgery. The faculty members are all volunteers who serve without compensation. They are committed to ongoing education in the area of foot and ankle surgery.

PHOENIX
April 11-14
Valley of the Sun
with Arizona Podiatric
Medical Assn.

NEWPORT
April 25-28
Surgical Pearls by the Sea
with Rhode Island
Podiatric Medical Assn.

ATLANTA
May 16-19
2nd Annual
Women's Podiatry
Conference

HILTON HEAD
June 20-23
Footprints in the Sand
with South Carolina
Podiatric Medical Assn.

PORTLAND MAINE
July 25-28
Atlantic Coast
Conference

PORTLAND OREGON
August 15-18
Pacific Coast Conference
with Oregon Podiatric
Medical Assn.

OVERLAND PARK
September 13-15
Forefoot & Reconstruction
with Kansas Podiatric
Medical Assn.

SAN DIEGO
September 19-22
UPDATE 2019
with San Diego
Podiatric Medical Society

MID-ATLANTIC
October 18-20
Mid-Atlantic Conference
with Mid-Atlantic Podiatric
Medical Association (Region 8)

BOSTON
October 25-27
APMA Region One
with Region One
Podiatry Assn.

SANIBEL
November 7-10
Hallux Valgus
& Related Forefoot

CHICAGO
December 6-8
Windy City Conference
with Illinois Podiatric
Medical Assn.



THE PODIATRY INSTITUTE

2675 North Decatur Road
Suite 309
Decatur, GA 30033-6132

• A NONPROFIT TEACHING FOUNDATION

Nonprofit
Organization
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Foot & Ankle Surgery *Building Blocks for Success*

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MEDICAL ASSOCIATION

LITTLE ROCK

MARCH 29-31

WYNDHAM RIVERFRONT
Little Rock, Arkansas

This is a PICA approved risk management seminar.



LITTLE ROCK ATTRACTIONS

ARTS & CULTURE

Arkansas Arts Center features an art museum and professional theatre company. 501.372.4000 www.arkansasartscenter.org

Bernice Garden showcases exciting beauty and sculptures by Arkansas artists. 501.617.2511 www.thebernicegarden.org

The **William J. Clinton Presidential Center and Park** is located on 29 beautiful acres with walking trails, the Clinton Foundation and the Clinton School of Public Service. www.clintonlibrary.gov

River Market District stands as an unofficial cultural center in Little Rock. On any given day you'll find a wealth of cuisine from every part of the globe, skilled artists practicing their crafts and live music. www.rivermarket.info

Robinson Center, a National Historic Landmark, is where you'll find traveling Broadway shows, the Arkansas Symphony Orchestra and other performing artists. 501.376.4781 www.robinsoncenterseconduct.com

Testament: The Little Rock Nine Monument museums honors the nine, African American students that courageously integrated Little Rock Central High School in 1957. Downtown

Vogel Schwartz Sculpture Garden, located along the bank of the Arkansas River, features natural terraces and walkways. 501.960.0539 sculptureattherivermarket.com

MUSEUMS & HISTORY

Arkansas Civil Rights History Audio Tour visits 35 sites. View historic images of buildings and the people who lived, worked and entertained in these neighborhoods. Download the free mobile app at www.littlerock.com

Arkansas Inland Maritime Museum offers guided tours of historic naval vessels with an emphasis on WWII through the present. 501.371.8320 aimmuseum.org

Historic Arkansas Museum celebrates Arkansas's cultural and material heritage with art and artifacts, an interactive children's gallery, Orientation Theater and more. 501.324.9351 historicarkansas.org

Little Rock Central High School is recognized for the role it played in the desegregation of public schools in the US. www.nps.gov/chsc

MacArthur Park offers the Museum of Arkansas Military History, Arkansas Korean War Veterans Memorial, trails, fishing ponds and sports courts. www.macarthurparklr.com

Mosaic Templars Cultural Center invites you to explore Arkansas' African American history, life and culture. 501.683.3593 mosaictemplarscenter.com

Old State House Museum presents the history of Arkansas from statehood to the present. 501.324.9685 www.oldstatehouse.com

Quapaw Quarter encompasses Little Rock's oldest and most historic areas, including 15 National Register Historic Districts, Little Rock Central High School, Arkansas Governor's Mansion, Arkansas State Capitol, MacArthur Park. www.quapaw.com

FAMILY FUN

Arkansas River Trail, a tribute to outdoor recreation, conservation and wellness, is anchored by the Clinton Presidential Park Bridge and the Big Dam Bridge further west. arkansasrivertrail.org

Heifer International, Heifer Village & Urban Farm is where you can learn more about world hunger and solutions currently being employed to combat it. 501.907.2697 www.heifer.org

Little Rock Zoo features more than 725 animals representing 200+ species, many on the endangered list. 501.666.2406 littlerockzoo.com

Museum of Discovery is where children and adults get energized about science, technology and math through hands-on exhibits and engaging programs. 501.396.7050 museumofdiscovery.org

Pinnacle Mountain State Park includes hiking trails, mountain bike trails, horseback riding, canoe and kayak rentals, barge tours, paddle boats, technical rock climbing, fishing and more. 501.868.5806 www.arkansasstateparks.com/pinnaclemountain

Witt Stephens Jr. Central Arkansas Nature Center features live native animals, interactive exhibits as well as the second largest aquarium in Arkansas! 501.907.0638 www.agfc.com

Visit www.littlerock.com for more attractions and activities!

TRAVEL DISCOUNTS

To obtain the best possible rates and make your reservations, please call our official agency:

Travel Leaders
678.689.0176

(A \$25.00 SERVICE FEE WILL APPLY FOR THE FIRST PASSENGER; \$15.00 FOR EACH ADDITIONAL PASSENGER.)

If you have trouble securing hotel accommodations, please call Trish at Travel Leaders.

WYNDHAM RIVERFRONT LITTLE ROCK

2 Riverfront Place, N. Little Rock, AK 72114 www.wyndhamhotels.com*
501.371.9000 (mention The Podiatry Institute Seminar)

You'll appreciate the personal service and thoughtful amenities at **Wyndham Riverfront Little Rock**, situated on the picturesque Arkansas River in the heart of downtown. Enjoy dining at two premier restaurants. Relieve stress in the state-of-the-art fitness center and outdoor pool. A fully equipped business center and free WiFi will keep you connected.

Rate: \$109 (plus tax, subject to change without notice)

*Register online via the Little Rock page at www.podiatryinstitute.com.

A block of rooms has been reserved and will be held until it is full or **March 7, 2019**, whichever comes first. Please book early to guarantee your reservation. In order to secure our special group rate, advanced reservations are mandatory and you must advise Reservations that you are attending The Podiatry Institute conference. Rates cannot be changed for guests who fail to identify their affiliation at the time the reservation is made. Rate applicable 3 days before/3 days after (based on availability).



DISTINGUISHED FACULTY

SCIENTIFIC CHAIRMAN

Mickey D. Stapp, DPM

Augusta, Georgia

SPECIAL GUEST SPEAKER

Lewis Freed, DPM

Phoenix, Arizona

FACULTY

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DeKalb Medical, Decatur, Georgia

Kieran T. Mahan, DPM

Philadelphia, Pennsylvania

Aaron Bradley, DPM

DeKalb Medical, Decatur, Georgia

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Atlanta, Georgia

Each speaker is required to disclose the existence of any financial and/or other relationship(s) (e.g., employee, consultant, speaker's bureau, grant recipient, research support) he/she might have with a) the manufacturer(s) of any commercial product(s) to be discussed during his/her presentation and/or b) the commercial contributor(s) of the activity.

CONFERENCE OBJECTIVES

At the conclusion of the conference, the participant should be able to:

Trauma: The attendee will gain the basic knowledge to recognize, evaluate, diagnose and manage common disorders seen in trauma to the foot and ankle and the long term sequelae in different groups.

Forefoot: The attendee will be exposed to the various options in the repair of hammertoes and to address the options, risks and long term complications of different procedures on the 2nd MPJ.

Hallux Valgus: The attendee will become familiar with all different surgical procedures in the management of hallux valgus and associated deformities and their roles.

Diabetic Foot: The attendee will become familiar with the current treatment options and advanced therapies in treating the diabetic foot.

Heel and Hindfoot: The attendee will discuss the goals and expected outcomes in the rearfoot. This includes soft tissue management, fractures, heel surgery and management of failed tendon surgeries.

Medicine & Topics of Interest: The attendee will gain knowledge and understanding of different products and their cost, diagnosis of carcinoma, understanding of the mechanism of ankle fractures and some less common anatomical variants and procedures.

FRIDAY

March 29

6:45 AM REGISTRATION

7:00 AM BREAKFAST WITH EXHIBITORS

7:25 AM WELCOME & INTRODUCTION

7:30 AM PODIATRIC MEDICINE

Pre-Op Consult: Risk Management Concerns

Obesity Related Foot Pain

Surgical Gloves: More Than Meets the Eye

Update on Non-Invasive Vascular Testing

Evidence in Foot and Ankle Surgery

Current Treatment of Gout

Oral Steroid Use in Podiatric Medicine

Question & Answer

10:15 AM BREAK — VISIT EXHIBITORS

11:00 AM WORKSHOPS

NOTE: YOU MUST TAKE THE ONE 2-HOUR WORKSHOP OR TWO OF THE 1-HOUR WORKSHOPS. THERE WILL BE A SIGN-IN SHEET IN EACH WORKSHOP PER ROTATION. Hands-on workshops featuring latest techniques & technologies

WORKSHOP ROTATION ONE: 11:00 AM – 11:55 AM

WORKSHOP ROTATION TWO: 12:00 PM – 12:55 PM

1:00 PM LUNCH AND VISIT EXHIBITS

Arkansas State Association Business Meeting will be held in Riverside West

Sponsored by APS-Advanced Pathology Solutions

2:30 PM REARFOOT AND ANKLE

My Brostrom was a Success But My Ankle Still Rolls

Insertion Achilles Pathology

Ultrasonic Debridement for Plantar Fasciitis and Achilles

Gastroc Recession for Plantar Fasciitis

Trephine Arthrodesis

4:10 PM BREAK — VISIT EXHIBITORS

4:55 PM Advanced Plating of Foot and Ankle

Hindfoot Bone Cyst

Peroneus Longus Repair

Question & Answer

6:10 PM FRIDAY SESSION ADJOURNS



SATURDAY

March 30

7:00 AM BREAKFAST WITH EXHIBITORS

7:30 AM FIRST RAY SURGERY PART 1

Keller Bunionectomy
Failed Hallux Valgus
Juvenile Hallux Valgus
Austin: Tips and Techniques
1st MTPJ Arthrodesis
Base Wedge Osteotomy
Lapidus: Early Weightbearing
Question & Answer

10:00 AM BREAK — VISIT EXHIBITORS

10:45 AM FIRST RAY SURGERY PART 2

Sesamoid Pathology: Which Heal
and Which Need Surgery
Options in Hallux Limitus
Hallux Limitus in Athletes
Hallux IPJ Fusion
Are Bunions a Deformity?
Question & Answer

12:45 PM LUNCH & LEARN

RISK MANAGEMENT PRESENTATION

**Mitigating Complications in
Vascular Compromised Patients**

Note: There will be a separate sign-in.

2:15 PM DIGITAL AND OTHER FOREFOOT SURGERY

Subungual Exostectomy
Lesser MTPJ Instability
Second MTPJ Pathology: A Different Look
Repair of the Flail Toe
5th Metatarsal Fractures

4:05 PM BREAK — VISIT EXHIBITORS

4:50 PM Stress Fracture of the Foot and Ankle
Polydactyly
Bone Grafts and Substitute Materials
Question & Answer

6:00 PM FRIDAY SESSION ADJOURNS

SUNDAY

March 31

7:30 AM BREAKFAST

8:00 AM THE DIABETIC FOOT / TOPICS OF INTEREST

Understanding Charcot
Charcot-Tips for Success
1st Ray Amp with Skin Flaps
Diagnosis of Osteomyelitis
Ultrasonic Debridement of Ulcers

10:00 AM BREAK — VISIT EXHIBITORS

10:30 AM TMA Techniques

Stress Fractures of the Foot and Ankle
Platelet Rich Plasma in Podiatric Medicine and Surgery
Functional Electrical Stimulation
for Treatment of Dropfoot

12:30 PM CONFERENCE ADJOURNS

TENTATIVE PROGRAM, SUBJECT TO CHANGE WITHOUT NOTICE



20 CECHS

This activity has been planned and implemented in accordance with the standards and requirements for approval of providers of continuing education in podiatric medicine through a joint provider agreement between The Podiatry Institute and Arkansas Podiatric Medical Association. The Podiatry Institute is approved by the Council on Podiatric Medical Education as a provider of continuing education in podiatric medicine. The Podiatry Institute has approved this activity for a maximum of 20 continuing education contact hours.



OUR MISSION

To be a supportive global network of members, colleagues, and friends that enhances the quality of life for patients with foot, ankle, and leg disorders through innovative education, research, and service.

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The Podiatry Institute is a non-profit educational foundation that offers a variety of programs including conferences, workshops and post-graduate courses, in addition to textbooks, DVDs, PowerPoint® presentations and patient education materials. The Institute has achieved national and international recognition for its leading role in developing and advancing the standard of care in podiatric medicine and surgery. The faculty members are all volunteers who serve without compensation. They are committed to ongoing education in the area of foot and ankle surgery.

For more information, please visit www.podiatryinstitute.com



LITTLE ROCK REGISTRATION

☐ \$440 **Arkansas PMA Member**
on or before 2/15/19

☐ \$540 on or before 2/15/19

☐ \$590 on 2/15/19 through 3/15/19

☐ \$690 after 3/16/19 or at the door
(**Credit Card ONLY**)

☐ \$315 Retired Podiatrists
or Active Military

☐ \$95* Residents with letter
from Residency Director

**DOES NOT APPLY TO CADAVER
WORKSHOPS. **LETTER MUST BE
SUBMITTED BY MAIL WITH YOUR
COMPLETED REGISTRATION FORM.
RESIDENT REGISTRATION NOT
ACCEPTED BY E-MAIL OR ONLINE.***

☐ Special Seminar Rate for
APMA Young Members.
Call 888.833.5682.

☐ **Food functions are open to
registered attendees only.**
Additional meal packages can
be purchased for family/guests.
Includes 3 breakfasts, 2 lunches
and 5 breaks.

____ # OF ADULTS (\$200 EACH)

____ # OF CHILDREN 12
& UNDER (\$100 EACH)

\$ _____
LITTLE ROCK TOTAL

CHOOSE ONE OF FOUR EASY WAYS TO REGISTER

ONLINE

(BEFORE 3/16/19)

www.podiatryinstitute.com

PHONE

888.833.5682
or 770.939.0393

FAX

404.508.8539

MAIL

The Podiatry Institute
2675 N Decatur Rd, Ste 309
Decatur, GA 30033-6132

PLEASE PRINT CLEARLY

Name _____

Address _____

City _____ State _____ Zip _____

Phone _____ First Name for Name Tag _____

Email _____
(YOU MUST PROVIDE EMAIL ADDRESS TO RECEIVE CONFIRMATION AND CME CERTIFICATE)



PLEASE INDICATE ANY SPECIAL NEEDS YOU HAVE AND WE WILL CONTACT YOU

**IF YOU DO NOT RECEIVE AN EMAIL CONFIRMATION,
PLEASE CALL OUR OFFICE TO CONFIRM REGISTRATION.**

MAKE CHECKS PAYABLE TO: The Podiatry Institute OR USE ☐ M/C ☐ VISA ☐ AX ☐ DISC

Card # _____ Exp. Date _____
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Signature _____ Date _____

**REGISTER FOR A 2019 SEMINAR AT THE REGULAR RATE
AND RECEIVE 25% OFF YOUR SECOND 2019 SEMINAR**

VALID ONLY FOR SEMINARS. DOES NOT APPLY TO RESIDENTS, RETIRED, MILITARY OR APMA YOUNG MEMBERS.
DOES NOT APPLY TO EXHIBITOR REGISTRATION OR CADAVER SURGICAL SKILLS COURSES.
CALL BEFORE REGISTERING FOR THE SECOND SEMINAR TO RECEIVE THE DISCOUNT.

CANCELLATION requests must be made in writing, via fax or mail, and postmarked no later than one month before the start date of the conference. All cancellation requests will be assessed a \$75 administrative fee. There will be no refunds for cancellations made less than one month prior to the start of the conference. Instead a "certificate of transfer" will be issued, redeemable for any Podiatry Institute conference of equal price or as partial registration fee on any higher price conference. The certificate will be valid for a period of one year from date of issue. NO cancellations or transfers will be accepted within two weeks of the start of the conference. In the event the conference is cancelled by events beyond our control, the participant will receive a full refund or transfer to another conference, without penalty, within 30 days of the notice of cancellation.