

PROGRAM

THE ANKLE 2024

The basics of ankle arthroscopy: Anatomical and practical approach to ankle arthroscopy.

Monday, July 1, 2024

07.30 Registration

Part 1: Arthroscopy of the Ankle

08.00 Opening and welcome

Matthijs Somford

08.05 Anatomy and portals; what do we like to avoid?

Tom Roeling

08.20 Indications for anterior ankle arthroscopy, anatomy and physical examination.

...Who are the winners – Menno Bloembergen

08.35 Indications for posterior ankle arthroscopy, anatomy and physical examination.

...Who are the winners – Joost Schrier

08.50 Portals and technique anterior and posterior arthroscopy

Wilbert van Laar

09.05 Case discussion in small groups

09.45 Coffee break

10.00 General setup and portals. (refresher lecture op snijzaal)

Menno Bloembergen

10.10 HANDS-ON session: arthroscopy of anterior ankle

Moderator: Somford

Instructors: all

12.30 Lunch

Part 2: Specific pathologies that can be treated arthroscopically

13.30 Anteromedial and anterolateral impingement

Menno Bloembergen

13.50 Treatment of OCD

Joost Schrier

14.10 Ankle arthritis

Wilbert van Laar

14.40 Posterior impingement and FHL tendinopathy

Sander Wuite

15:10 Case discussion in small groups

15.30 TEA BREAK

16.00 HANDS-ON session: posterior arthroscopy (demonstration of sinus tarsi scopy and FHL transfer scopically)
The practical parts are introduced step by step with powerpoint

17.30 Closing remarks/drinks

Matthijs Somford

18.00 Departure by bus for a dinner/drinks