



TheMHS Summer Forum 2018

TRAUMA MATTERS

Values, Evidence and Responses to
Trauma in Mental Health Services



Join us on Thursday 22 and Friday 23 February 2018
at Mercure Sydney, Australia for the 20th annual TheMHS Summer Forum.

Trauma leaves an indelible impression in the lives of survivors. Trauma is associated with the development in a person's life of mental health problems and substance use, as well as major impacts on social, emotional and physical health.

When trauma is unacknowledged and unrecognised, the effects can be magnified.

People using mental health services have very high incidence of trauma including interpersonal abuse and further betrayal by systems and services. Services are increasingly aware of the incidence and effects of trauma.

Even if trauma occurred many years ago – it matters. It matters for the person, their family and the services and institutions they contact.

TheMHS Summer Forum 2018 explores how mental health services can recognise and respond to trauma and shows the way forward with trauma-informed care and effective, evidence-based responses that promote healing and recovery.

TheMHS Summer Forum will feature examples of good practice and explore the questions:

- ☒ How is the experience of trauma related to the development and exacerbation of mental health problems?
- ☒ How can services recognise the effects of trauma and provide environments that facilitate safe disclosure and establish trauma-informed responses that are accountable to trauma survivors?
- ☒ Can mental health services go beyond being trauma-informed to provide effective, evidence-based treatments?
- ☒ What is the best available evidence to avoid traumatising and re-traumatising all people who have contact with mental health services?

The 20th TheMHS Summer Forum is an annual two-day educational programme that highlights a contemporary topic in mental health. It will guide, challenge and inspire you. Audience discussion and participation are actively encouraged.

**Save \$135 by registering
before the Early Bird deadline.**

**Early Bird Registration: \$815
Ends Thursday 14 December 2017.**

**REGISTER
TODAY @
themhs.org**



TheMHS Summer Forum 2018

TRAUMA MATTERS

Values, Evidence and Responses to
Trauma in Mental Health Services

THURSDAY 22 AND FRIDAY 23 FEBRUARY 2018
MERCURE SYDNEY, AUSTRALIA

Speakers include:



Helen Milroy

Helen is a descendent of the Palyku people of the Pilbara region of Western Australia. She is a Commissioner with the Royal Commission into Institutional Responses to Child Sexual Abuse 2013-2017. She is a Consultant Child and Adolescent Psychiatrist, Professor at the University of Western Australia, and a National Mental Health Commissioner.



Indigo Daya

Senior Consumer Advisor at the Victorian Department of Health and Human Services, an Adjunct Research Fellow at Swinburne University and author of a blog about trauma, madness and recovery.



Louise Newman

Director, Centre for Women's Mental Health and Professor of Psychiatry, University of Melbourne.



Margaret Cutajar

Clinical-forensic psychologist and honorary teaching fellow, Swinburne University



Sophie Isobel

Clinical Nurse Consultant for Quality, Research and Ethics for Mental Health Services in Sydney Local Health District.

Plus expert speakers including **Martin Dorahy** (Professor of Clinical Psychology, University of Canterbury, New Zealand); and **Katherine Mills** (Senior Research Fellow with the National Drug and Alcohol Research Centre at the University of New South Wales).



REGISTER TODAY
@ themhs.org

Save \$135 by registering
before the Early Bird
deadline.

Early Bird Registration:
\$815. Ends Thursday
14 December 2017.

For more information
about speakers and
program visit
www.themhs.org

info@themhs.org
+61 2 9810 8700