

2018

Pediatric Psychopharmacology Update Institute

AMERICAN ACADEMY OF
CHILD & ADOLESCENT
PSYCHIATRY

WWW.AACAP.ORG

Cutting-Edge Psychopharmacology: Fads vs. Facts?

THIS INSTITUTE
SELLS OUT
IN NEW YORK —
REGISTER EARLY!

January 26-27, 2018

New York Marriott at the Brooklyn Bridge—Brooklyn, NY

Laurence L. Greenhill, MD, and Jeremy M. Veenstra-VanderWeele, MD, Co-Chairs

Register by December 12 at www.aacap.org/psychopharm-2018 for early bird rates.
Questions? Email meetings@aacap.org.

Institute Benefits

Course Notebook

Each participant receives a detailed notebook (helpful for later review), which organizes course materials, including outlines, annotated bibliographies of selected readings, and various handout materials. The notebook is also available for purchase after AACAP's Pediatric Psychopharmacology Update Institute for \$65, plus shipping and handling. To purchase, go to the Publication Store at www.aacap.org after February 23, 2018.

Session Recordings

Session recordings of presentations from AACAP's 2018 Pediatric Psychopharmacology Update Institute are available for purchase as an educational supplement or for those who are unable to attend. Recorded sessions include audio recordings and speakers' PowerPoint slides for true recreation of live presentations. Institute registrants receive a special discount on session recordings if purchased with the registration. The session recordings are distributed approximately three weeks after the meeting via email from Multiview. See the registration form for more details.

To order session recordings online, please contact aacap.sclivelearningcenter.com or:

Multiview

7701 Las Colinas Ridge, 5th Floor
Irving, TX 75063
Phone: 972.402.7098, Fax: 972.402.7035

Scholarships

Tuition scholarships are available for medical students and residents in exchange for volunteering during the meeting. Email meetings@aacap.org for details.

Continuing Medical Education Credit

This course is one in a continuing medical education series under the direction of the American Academy of Child and Adolescent Psychiatry's Continuing Medical Education Committee. The American Academy of Child and Adolescent Psychiatry is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

The American Academy of Child and Adolescent Psychiatry designates this live activity for a maximum of **12.5 AMA PRA Category 1 Credits™**. Physicians should claim only the credit commensurate with the extent of their participation in the activity. For participants seeking non-AMA continuing education credits: A certificate of attendance will be emailed after the activity and can be submitted to the appropriate specialty organization to attempt to obtain reciprocal credits.

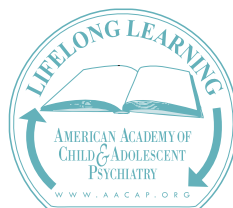
CME credits are not available for purchasing the Institute notebook or session recordings.

Maintain Your Certification

Wondering how Maintenance of Certification applies to you?

Get your recertification questions answered by AACAP's experts! For more information on what you need to do to maintain your certification in child and adolescent psychiatry, please contact the Meetings & CME Department at cme@aacap.org or 202.966.7300.

Visit AACAP's website at www.aacap.org/moc for the latest maintenance of certification information, including how AACAP's member benefits can assist you with the lifelong learning and self-assessment requirements.



AACAP Institutes Subcommittee of the Program Committee

Jeffrey Robert Strawn, MD, *Chair*

Tami Benton, MD

Boris Birmaher, MD

Anne Cecilia Duffy, MD

Ryan Herringa, MD, PhD

James J. McGough, MD

Faculty Disclosures of Affiliations

Before the program, all faculty members will disclose the existence of any financial interests and/or other relationships they may have with a) the manufacturers of any commercial products to be discussed during their presentation, and/or b) any commercial contributor to this activity. When unlabeled uses are discussed, these will also be indicated.

These disclosures are also posted on AACAP's website at www.aacap.org/psychopharm-2018.



Save Money!

Purchase your session recordings in advance!

Pre-purchase the session recordings (including PowerPoint slides) at a discounted price of \$75 when you pre-register for AACAP's 2018 Pediatric Psychopharmacology Update Institute. Note the "Conference Enrichment Package" option on your registration form.

CME credit is not available with the purchase of session recordings.

Institute Overview

AACAP's 2018 Pediatric Psychopharmacology Update Institute: *Cutting Edge Psychopharmacology: Fads versus Facts?* discusses effective and safe treatments for childhood disorders. Speakers compare them to less well-established, but promising approaches with some evidence of efficacy that are still being tested. In addition, each speaker describes the unstudied treatments that have appeared on the internet, television, or social media. These include homeopathic medications, optokinetic training for youth with attention-deficit/hyperactivity disorder (ADHD), the use of EEG brain maps to diagnose childhood psychiatric disorders, secretin injections or facilitated communication for youth with autism spectrum disorder, and Doman-Delacato therapy for children with cerebral palsy. Parents hear about these treatments from well-meaning relatives or friends or from the internet, that raise their hopes, but whose claims far outdistance any data.

Eight top child and adolescent psychiatric researchers detail their approaches to psychopharmacological

treatment of preschool to transitional age youth with ADHD, anxiety disorders, bipolar and depressive disorders, autism spectrum disorders, tics, Tourette's disorder, disruptive behavior disorder with dysfunctional aggression, and substance use disorders. They discuss medication selection, effectiveness, expected adverse events, and the utility of pharmacogenomics.

At the end of the Institute, participants will be able to discuss safe and effective psychopharmacologic treatments in youth, as well as list why treatment fads are not yet ready for prime time.

Educational Learning Objectives:

At the conclusion of this CME activity, the participant will be able to:

1. Describe the first- and second-line psychopharmacological medication choices and dose ranges for youth who present with ADHD, depressive and bipolar disorders, autism spectrum disorders, tic disorders, anxiety, and substance use disorders.
2. List the starting doses and highest doses of pediatric psychopharmacological agents, their titration plans, how long a medication needs to be tried before switching to another medication, and the methods of phasing in a new medication while withdrawing the other, especially in patients of different ages.
3. Discuss one promising but not yet proven psychopharmacological treatment for each disorder and be able to explain what more needs to be done before it can be used in practice.
4. Describe a totally unsupported intervention that might be requested by a parent to treat their child with each of the main psychiatric disorders.

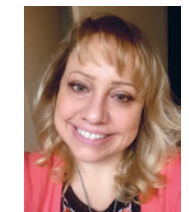
Institute Faculty



Co-Chairs

Laurence L. Greenhill, MD
Columbia University, New York, NY

Jeremy M. Veenstra-VanderWeele, MD
Columbia University, New York, NY



Gabrielle A. Carlson, MD
Stony Brook University School of Medicine, Stony Brook, NY

Barbara J. Coffey, MD, MS
University of Miami Miller School of Medicine, Miami, FL; Icahn School of Medicine at Mount Sinai, New York, NY

Robert L. Findling, MD, MBA
Bloomberg Children's Center, Baltimore, MD

Erika L. Nurmi, MD, PhD
University of California, Los Angeles, Los Angeles, CA

John T. Walkup, MD
Northwestern University and Ann & Robert Lurie Children's Hospital of Chicago, Chicago, IL

Timothy E. Wilens, MD
Massachusetts General Hospital Boston, MA

Preliminary Program

Friday, January 26, 2018

8:00 am–9:00 am	Registration and Breakfast
9:00 am–9:10 am	Welcoming Remarks
9:10 am–10:20 am	Bipolar Disorder and Disruptive Mood Dysregulation Disorder: Treatment Update Gabrielle A. Carlson, MD, <i>Stony Brook University School of Medicine, Stony Brook, NY</i>
10:20 am–10:35 am	Break
10:35 am–11:45 am	Disruptive Behavior Disorders and Dysfunctional Aggression: When Might Pharmacotherapy Be Considered? Robert L. Findling, MD, MBA, <i>Bloomberg Children's Center, Baltimore, MD</i>
11:45 am–12:30 pm	Question and Answer Panel
12:30 pm–1:45 pm	Lunch (on your own)
1:45 pm–2:55 pm	Addressing Substance Use Disorders in Youth: What Works and What Doesn't Timothy E. Wilens, MD, <i>Massachusetts General Hospital, Boston, MA</i>
2:55 pm–3:10 pm	Break
3:10 pm–4:20 pm	ADHD Treatment Update: What Works, What's Promising, and What's Not Laurence L. Greenhill, MD, <i>Columbia University, New York, NY</i>
4:20 pm–5:00 pm	Question and Answer Panel
5:00 pm	Reception

Saturday, January 27, 2018

7:30 am–8:30 am	Registration and Breakfast
8:30 am–9:40 am	Genetic Drug Response Testing: What It Can (and Can't) Tell You Erika L. Nurmi, MD, PhD, <i>University of California, Los Angeles, Los Angeles, CA</i>
9:40 am–9:55 am	Break
9:55 am–11:05 am	Autism Spectrum Disorder Treatment: Finding the Needles of Evidence in the Haystack of Fantasy Jeremy M. Veenstra-VanderWeele, MD, <i>Columbia University, New York, NY</i>
11:05 am–11:50 am	Question and Answer Panel
11:50 am–1:10 pm	Lunch (on your own)
1:10 pm–2:20 pm	What's New in Treatment of Tics, Tourette's and OCD? Myths, Mother Knows Best, or Just the Facts, Ma'am? Barbara J. Coffey, MD, MS, <i>University of Miami Miller School of Medicine, Miami, FL and Icahn School of Medicine at Mount Sinai, New York, NY</i>
2:20 pm–2:35 pm	Break
2:35 pm–3:45 pm	Cutting Edge Treatment for Anxiety Disorders: Facts and Fads—the Whole Picture! John T. Walkup, MD, <i>Northwestern University and Ann & Robert Lurie Children's Hospital of Chicago, Chicago, IL</i>
3:45 pm–4:30 pm	Question and Answer Panel



AACAP Pediatric Psychopharmacology Update Institute Registration Form

The registration fee includes CME credit, the Institute Notebook, and the Welcome Reception on Friday. After December 12, 2017, all registrants must pay the onsite registration rate. Personal checks (made payable to AACAP), American Express, MasterCard, and VISA are accepted.

NO CASH WILL BE ACCEPTED ONSITE.

AMERICAN ACADEMY OF
CHILD & ADOLESCENT
PSYCHIATRY

WWW.AACAP.ORG

1. REGISTRATION FEES

	EARLY BIRD (BY DEC. 12)	LATE/ONSITE (AFTER DEC. 12)
MEMBER	\$465	\$535
NON-MEMBER	\$600	\$670
TRAINEE/RESIDENT MEMBERS	\$200	\$230
TRAINEE/RESIDENT NON-MEMBERS	\$255	\$285

MEMBERS WITH DELINQUENT DUES WILL BE REQUIRED TO PAY THE HIGHER NON-MEMBER RATES.

Turn my registration into a **Conference Enrichment Package** by adding on the Pediatric Psychopharmacology Update Institute session recordings (including PowerPoint slides) at a discounted price of \$75. *Onsite prices are significantly higher.*

☐ YES ☐ NO

2. GENERAL REGISTRATION

AACAP MEMBER? ☐ YES, MEMBER ID# (IF KNOWN) _____ ☐ NO

FIRST MI LAST

STREET/P.O. BOX

CITY STATE/PROV ZIP/POSTAL CODE

COUNTRY

I WANT TO RECEIVE ALL FUTURE AACAP MAILINGS AT THIS ADDRESS

☐ YES ☐ NO

WORK PHONE HOME PHONE

FAX E-MAIL

EMERGENCY CONTACT NAME AND PHONE

**Questions about registration?
Email registrar@aacap.org.**

ARE YOU A PHYSICIAN? ☐ YES ☐ NO

IF YES, SELECT YOUR PRIMARY PRACTICE AREA:

- ☐ BEHAVIORAL PEDIATRICS ☐ CHILD AND ADOLESCENT PSYCHIATRY
☐ FAMILY PRACTICE/INTERNAL MEDICINE ☐ GENERAL PSYCHIATRY
☐ NEUROLOGY ☐ PEDIATRICS ☐ OTHER _____

IF NO, SELECT YOUR PROFESSIONAL CATEGORY:

- ☐ NURSE PRACTITIONER ☐ PHYSICIAN ASSISTANT
☐ PSYCHIATRIC NURSE ☐ PSYCHOLOGIST ☐ REGISTERED NURSE
☐ SOCIAL WORKER ☐ OTHER _____

3. PAYMENT BY CREDIT CARD

☐ AMERICAN EXPRESS ☐ MASTERCARD ☐ VISA

"I AUTHORIZE AACAP TO CHARGE THE TOTAL MONIES DUE."

ACCOUNT NO. EXPIRES CSV CODE

TOTAL AMOUNT

SIGNATURE

NAME AS IT APPEARS ON THE CARD

4. SIGNATURE REQUIRED

By registering for this meeting, registrant grants AACAP and its sublicensee(s) the right to record his/her presentation, remarks, appearance, or other participation, and to reproduce and distribute such recording by any means and for any purpose without payment to the registrant. Registrant also agrees that it will not reproduce, distribute, summarize, adapt, publicly perform, or publicly display any presentation or accompanying materials, in whole or in part, for commercial purposes without prior written authorization from the copyright owner(s), nor will registrant use the AACAP name or logo in connection with any commercial use of such materials without written authorization from AACAP.

PLEASE SIGN BELOW ACKNOWLEDGING THAT YOU UNDERSTAND THIS PARAGRAPH.
SIGNATURE REQUIRED.

X _____

THREE EASY WAYS TO REGISTER! Register online with your credit card on our secure website at www.aacap.org or fax registration form to: 202.464.0131 (credit cards only) available 24 hours a day. Please do not subsequently mail the same form. Or mail your form and payment (payable to AACAP in U.S. funds) to: American Academy of Child & Adolescent Psychiatry, Attention: 2018 Psychopharmacology Institute Update, P.O. Box 96106, Washington, DC 20090-6106.

CANCELLATION/REFUND POLICY: All cancellations must be received in writing to registrar@aacap.org; telephone cancellations will not be accepted. Cancellation between the date of registration and December 12, 2017 will receive a full refund, less a \$150 administrative fee. No refunds will be given after December 12, 2017. Refunds will be issued after the meeting. The Conference Enrichment Package is nonrefundable. AACAP will keep the amount charged for the recordings and you can access them after the meeting.

ADDITIONAL SERVICES: If you have specific needs for the facilities, visual or audio aids, or dietary requirements, please attach additional information or e-mail meetings@aacap.org and an AACAP staff member will contact you.

FOR OFFICE USE ONLY:

CC: check: _____

by: _____

Payment Processed Date: _____ by: _____

Batch #: _____ by: _____

AMERICAN ACADEMY OF CHILD & ADOLESCENT PSYCHIATRY

W W W . A A C A P . O R G

3615 Wisconsin Avenue, NW
Washington, DC 20016-3007



Kostakes/Shutterstock

Hotel Information

New York Marriott

at the Brooklyn Bridge

333 Adams Street, Brooklyn, NY 11201

Telephone: 888.436.3759 (for reservations)
or 718.246.7000

Check in after 4:00 pm.

Check out time is 11:00 am.

Visit www.aacap.org/Psychopharm-2018
to make hotel reservations online.

Rates: \$189 per night for standard rooms (single/double occupancy). Guest room rate is exclusive of state and local taxes, which are currently 14.75%, plus a \$3.50 per night occupancy charge. All taxes are subject to change without notice.

Reservations: To make a reservation at the New York Marriott at the Brooklyn Bridge, call 888.436.3759 (please ask for the "AACAP, American Academy of Child and Adolescent Psychiatry, or AACAP 2018 Psychopharmacology Update Institute" when making your reservation), or visit www.aacap.org/Psychopharm-2018 to make hotel reservations online.

Reservations will be accepted until January 4, 2018, or until rooms sell out, whichever comes first. Reservations received after 5:00 pm Eastern time on the cut-off date will be accepted on a space and rate availability basis. A deposit equal to one night's stay is required to hold each guest's reservation.

Cancellation: Should you wish to cancel a reservation, the advance deposit is refundable if notice is received at least 72 hours prior to arrival. Please obtain a cancellation number from the hotel.

Future AACAP Meetings:

Douglas B. Hansen, MD,
43rd Annual Review Course
Spring 2018
Online Course

**Legislative Conference and
Assembly Meeting**
April 6–10, 2018
Mayflower Hotel
Washington, DC

65th Annual Meeting
October 22–27, 2018
Washington State
Convention Center
Seattle, WA

For more information, contact:
AACAP Meetings Department
Phone: 202.966.7300, ext. 2006
E-mail: meetings@aacap.org

Non-profit
US Postage
PAID
Permit #1693
Merrifield, VA