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Type Registration	Definition	Price
Group rate	Register 20 or more	\$40
Individual Rate	Single Registration	\$65

Course # Course Title

Webinar Date

Name Discipline

Facility

Home Mailing Address

City State Zip

Daytime Phone Fax

E-mail Address for Confirmation (will not be shared or sold)

Webinar Cancellation Policy: Motivations, Inc. reserves the right to discontinue or reschedule a course from our listing of options. Should you have already registered, you will receive a full refund. Participants may receive a full refund when requesting cancellation 24 hours prior to the webinar. After that time, a credit for a future Motivations event may be awarded.

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Motivations, Inc.
Accredited Continuing Education Courses

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National Credentials
Motivations Inc. works with the following CEU approval sources.
See individual brochures with approval information by course.



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Additional State PT Boards
and APTA Chapters approvals
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WEBINAR

#7466 Tackling Breast Cancer Rehabilitation: Addressing Dysfunctions

Instructor:
Deborah Riczo, PT, DPT, M.Ed.

Audience:
Physical Therapists, Assistants and Athletic
Trainers,

Delivery Options:
Live Webinar or Self-Study Options

SUMMARY: Rehab professionals are often treating someone with breast cancer as either a primary or secondary diagnosis. Many therapists have not had formal education on the various diagnoses and treatments for breast cancer and breast cancer reconstruction, and do not feel comfortable evaluating a patient with breast cancer and are unsure of prescribing exercise. This course will review relevant anatomy, surgical/adjuvant treatment and literature. This will enable a therapist to better assess the impairments and design an appropriate plan of care that will make a difference in the quality of life for the person with breast cancer. Emphasis will be placed on knowing when to refer to a breast cancer/lymphedema trained specialist. Course instruction methods include lecture, demonstration, videos, case studies and question/answers. (Intermediate Level)

PRESENTER: Deborah Riczo, PT, DPT, M.Ed. has been a practicing physical therapist for over 30 years, most of which has been spent in clinical practice at MetroHealth Medical Center, Cleveland, OH. She has also served as adjunct faculty at Cleveland State University (CSU) DPT program and guest speaker in various subjects at CSU since 1990. She owns **Riczo Health Education** and is currently focused on providing/developing continuing education courses, guest speaking for health care professionals and consumers, and private consultations. While practicing at MetroHealth, Deborah was the impetus behind the interdisciplinary team that formed to promote breast cancer referrals for rehabilitation. She developed and has taught since 2012 a 7-hour continuing education course "Breast Cancer Rehabilitation: what the general therapist needs to know" as a way to provide basic education to therapists that have the ability to greatly help this population. She presented on breast cancer rehabilitation at the Ohio Annual Conference in 2016 and at the district level in Ohio in 2015 (NW). See abbreviated Curriculum Vitae at www.RiczoHealthEducation.com about Dr. Riczo. *Financial*—Received a teaching honorarium from Motivations Inc. *Nonfinancial*—No relevant nonfinancial relationship exists.

OBJECTIVES: Upon completion of this course, the participant will be able to:

1. Understand basic anatomy of the breast and lymphatic system.
2. Understand what musculoskeletal structures are involved in surgical treatment for breast cancer and reconstruction.
3. Be able to integrate critical information from your patient's history into your evaluation and treatment, and know when to refer to a lymphedema therapist.
4. Identify remedial post op breast cancer and lymphatic exercises.
5. Understand progression to exercising for fitness for the breast cancer patient and appropriate guidelines and precautions.

FORMAT: This is a 3-contact hour course equivalent to 3 CEU's or 0.3 CEUs offered as a live webinar or self-study. Instructors present the live course content via an internet website displaying real time power points. Learners will receive a course instruction link. Instructors lecture through livestreaming internet on your computer. Questions may be asked during the webinar using the chat feature or the "raise hand" feature for live discussion.

PT CEU's: Motivations Inc is an approved provider of Physical Therapy continuing education by these professional bodies: Texas Chapter of the American Physical Therapy Association, ILDPR- Illinois Department of Professional Regulation Approved PT CE Sponsor, NY- New York State Education Department, Office of the Professions. Physical Therapy Board of California. Many state boards recognize these for pre-approval purposes. Contact us if you would like verification a state.

ATC CEU's: Motivations, Inc. (BOC AP #P2549) is approved by the Board of Certification, Inc. to provide continuing education to Athletic Trainers. This program is eligible for a maximum of 3 Category A hours/CEU's.

AGENDA:

Pre-Study: 30 Minutes Plan to read the course materials, references and review the post test before the start time. Please be prepared to share patient case study and related question during the discussion time.

- 10 min: Intro/scope of problem/course objectives
- 10 min: Breast & Lymph Anatomy review
- 25 min: Breast cancer medical interventions
- 20 min: Post intervention effects, complications and research
- 10 min: Assessment tools in the clinic
- 35 min: Rehabilitation interventions
- 10 min: Questions and answers

Post-test: 30 Minutes Research, identify, and submit your post test question answers on the online form. This is an open book test you can take multiple times if needed to obtain the 70% score. Complete the evaluation feedback survey and needs assessment. Obtain, review and save your auto-emailed certificate for your files.