

FINAL ANNOUNCEMENT

19th Continuing Professional Development (CPD) Series:

Organised by

NADI NATIONAL
DIABETES
INSTITUTE
CENTRE OF EXCELLENCE-DEDICATED TO DIABETICS

Endorsed by



Ministry of Health Malaysia



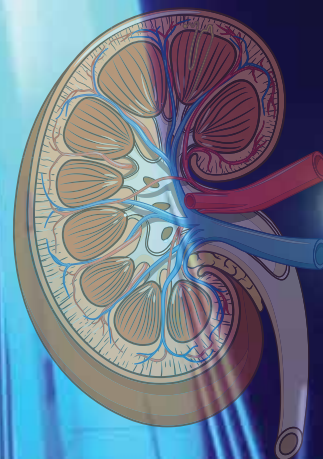
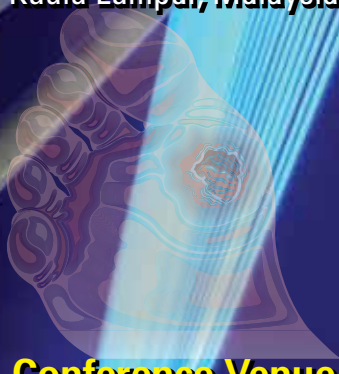
12th DIABETES COMPLICATIONS

Conference & Grand Rounds

**"Highlighting Heart, Foot and Kidney
Complications of Diabetes"**

March 27 - 29, 2020

Kuala Lumpur, Malaysia



Conference Venue

Hotel Istana

73, Jalan Raja Chulan
50200 Kuala Lumpur, Malaysia



THE BRANDLAUREATE
CSR AWARDS 2018
NATIONAL DIABETES
INSTITUTE



THE BRANDLAUREATE
CSR BRANDLEADERSHIP
AWARDS 2018

*"Putrajaya bridge
by night"*

Secretariat: 12th 'DIABETES COMPLICATIONS' Conference & Grand Rounds
NATIONAL DIABETES INSTITUTE (NADI)

No. 1, Jalan SS 3/50, 47300 Petaling Jaya, Selangor, MALAYSIA

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NADI Continuing Professional Development Series:

“DIABETES COMPLICATIONS” CONFERENCE & GRAND ROUNDS

Prevalence of diabetes mellitus, especially of type 2, is on the increase. This rise is most marked in developing countries, Malaysia included. The increasing number of people with diabetes is compounded with the added burden of the chronic complications of the disease which remain an important cause of morbidity and premature mortality for those affected, and a huge challenge to healthcare providers.

To help address these issues, the National Diabetes Institute (NADI) of Malaysia, organises “Diabetes Asia Conference (DAC)” annually since its inception in 2002 as a Continuing Professional Development (CPD) initiative on diabetes and related diseases. The “Diabetes Complications” Conference & Grand Rounds (DCOM) was first introduced in 2009 to provide specific focus on diabetic complications.

Objectives of “DIABETES COMPLICATIONS”:

Conference & Grand Rounds

The Continuing Professional Development (CPD) Series as “Diabetes Complications” Conference & Grand Rounds aims to help in the prevention and effective management of diabetic complications especially in relation to diabetic foot, cardiovascular disease, retinopathy and nephropathy. **The emphasis is on recent advances and practical aspects in the prevention and effective management of diabetic complications.**

Participants are expected to be able to:

- appreciate recent advances and practical aspects of diabetes care, especially in relation to prevention, early diagnosis and optimal management of diabetic complications.
- apply knowledge gained during the “Diabetes Complications” Conference & Grand Rounds to further improve care for persons with diabetes in the community.

Who Should Attend

Healthcare professionals responsible for managing persons with diabetes including:

- Medical and Surgical Specialists
- General Practitioners
- Medical and Health Officers
- Trainee Lecturers
- Pharmacists
- Nursing Practitioners
- Diabetes Educators
- Dietitians
- Medical Assistants

**Certificate of attendance
for all Delegates**



IMPORTANT

**Please note that
registration starts at 0700
and Plenary at 0815**

Thank you.

The “Diabetes Complications” Conference & Grand Rounds will emphasise on **recent advances and practical aspects** in the management of diabetic complications.

Organising Committee

Patron

YAB Tun Dr. Mahathir Mohamad

Advisor

Professor Dato' Anuar Zaini Md. Zain

Secretary

Dato' Dr. Nor 'Aini Abu Bakar

Sub Committees

Chairmen of Scientific Committee*

Professor Harikrishna Ragavan Nair
Associate Professor Norlaila Mustafa
Associate Professor Tajunisah Begam
Dato' Dr. David Chew Soon Ping
Dato' Dr. Zaki Morad Mohamed Zaher

Secretariat

Dato' Dr. Nor 'Aini Abu Bakar (Chairperson)
Ms. Farah Aishah Kamaruddin
Ms. Norsuhana Halim

Chairman

Emeritus Professor Dato' Mustaffa Embong

Treasurer

Ms. Rosmawati Yusoff

Sabah & Sarawak Representative

Dr. William Voon Yu Huat

Fund Raising & Exhibition

Ms. Rosmawati Yusoff

Audiovisual

Mr. Kamarulzaman Othman (Audiovisual)
Mr. Zamri Husin (Video & Photography)

Conference Coordinator

Ms. Nurhidayah Zainol

International Advisory Board

Emeritus Professor Augusto D. Litonjua, **Philippines**

Professor Morsi Arab, **Egypt**

Professor Eberhard Standl, **Germany**

Professor Harold E. Lebovitz, **USA**

Professor Xu Zhang Rong, **China**

Professor Timothy Davis, **Australia**

Professor Luc Van Gaal, **Belgium**

Professor Philip Home, **United Kingdom**

Professor Thep Himathongkam, **Thailand**

Professor Clive S. Cockram, **Hong Kong**

Invited Conference Speakers/ Chairpersons*

International Faculty:

1. Professor Joseph Proietto
Professor Emeritus and Endocrinologist, Department of Medicine Austin Health,
University of Melbourne, AUSTRALIA
2. Associate Professor Teo Boon Wee
Head & Senior Consultant, Division of Nephrology,
University Medicine Cluster, National University Hospital, SINGAPORE
3. Dr. Roberto Mirasol
Consultant in Diabetes, Thyroid and Endocrine Center
St. Luke's Medical Center, PHILIPPINES
4. Dr. Sunil V. Kari
Consultant and Diabetic Foot Surgeon
Sou. Mandakini Memorial Hospital
Diabetic Limb Salvage Centre, INDIA

Local Faculty:

1. Emeritus Professor Dato' Khalid Abdul Kadir, *MUM*
2. Emeritus Professor Dato' Mustaffa Embong, *NADI*
3. Senior Professor Dato' Che Khalid Haji Yusoff, *UCSI*
4. Professor Dato' Anuar Zaini Md. Zain, *MUM*
5. Professor Dato' Hanafiah Harunarashid, *UKM Hospital*
6. Professor Dato' Ikram Shah bin Ismail, *UMMC*
7. Professor Dato' Mafauzy Mohamed, *USM Hospital*
8. Professor Datuk Aziah Ahmad Mahayiddin, *Perdana University*
9. Professor Christopher Ho Chee Keong, *OMSMC*
10. Professor Goh Bak Leong, *Serdang Hospital*
11. Professor Halim Abdul Gafor, *UKM*
12. Professor Harikrishna K. Ragavan Nair, *KL Hospital*
13. Professor Imran Zainal Abidin, *UMMC*
14. Professor Mae-Lynn Catherine Bastion, *UKMSC*
15. Professor Nor Azmi Kamaruddin, *UKMMC*
16. Associate Professor Abdul Halim Abdul Rashid, *UKMMC*
17. Associate Professor Adawiyah Jamil, *UKM Hospital*
18. Associate Professor Barakatun Nisak Mohd Yusof, *UPM*
19. Associate Professor Chua Yeok Pin, *SMC*
20. Associate Professor Karen Choong Wei Li, *UM*
21. Associate Professor Lim Soo Kun, *UMMC*
22. Associate Professor Mohd Nahar Azmi Mohamed, *UMMC*
23. Associate Professor Norlaila Mustafa, *UKMMC*
24. Associate Professor Rozita Mohd, *UKMMC*
25. Associate Professor Shireene Vethakkan, *UMMC*
26. Associate Professor Tajunisah Begam Mohamed Iqbal, *UMSC*
27. Associate Professor Wan Mohd Izani Wan Mohamed, *USM Hospital*
28. Dato' Dr. David Chew Soon Ping, *CVSKL*
29. Dato' Dr. Tamil Selvan, *CVSKL*
30. Dato' Dr. Syed Abdul Latiff Al Sagoff, *KPJ APSPH*
31. Dato' Dr. Zaki Morad Mohamed Zaher, *KPJ APSPH*
32. Datuk Dr. Ghazali Ahmad, *National Heart Institute*
33. Datuk Dr. Mohamed Badrulnizam Long Bidin, *KL Hospital*
34. Dr. Foo Siew Hui, *Selayang Hospital*
35. Dr. G. R. Letchuman, *RPB Hospital*
36. Dr. Gunavathy Muthusamy, *Shah Alam Hospital*
37. Dr. Hazlita Dato' Mohd Isa, *GHKL*
38. Dr. Kong Wei Yen, *UKM Hospital*
39. Dr. Lee Ching Li, *IMU*
40. Dr. Luqman Ibrahim, *UMMC*
41. Dr. Ng Ooi Chuan, *UPM*
42. Dr. Shahida Mohd Said, *UKMMC*
43. Dr. Shelina Oli Mohamed, *Shah Alam Hospital*
44. Dr. Sunita Bavanandan, *KL Hospital*
45. Dr. Vijay Ananda Paramasvaran, *PHKL*
46. Dr. Wong Hin Seng, *Selayang Hospital*
47. Dr. Yeap Ewe Juan, *PMC*
48. Dr. Zanariah Hussein, *Putrajaya Hospital*
49. Dr. Zulkeflee Muhammad, *NHI*
50. Matron Ng Mooi Eng, *Arthro Associate Kuala Lumpur*
51. Ms. Kher Pui Ling, *NKFM*
52. Ms. Foong Pui Hing, *NHI*
53. Ms. Mastari Mohamad, *NHI*
54. Ms. Pirehma Marimuthu, *Wound Care Services Malaysia*

*Subject to confirmation

Programme Outline*

27 March 2020			28 March 2020			29 March 2020	
FRIDAY			SATURDAY			SUNDAY	
(0700 – 0815) Registration			(0700 – 0815) Registration			(0700 – 0815) Registration	
(0815 – 0900) Plenary 1			(0815 – 0900) Plenary 2			(0815 – 0900) Plenary 3	
(0900 – 0945) Special Lecture 1 [Sponsored by Fresenius Kabi Malaysia]			(0900 – 0945) Special Lecture 2** [Slot for Sponsor]			(0900 – 0945) Plenary 4	
(0945 – 1015) Coffee Break							
(1015 – 1215)			(1015 – 1215)			(1015 – 1215)	
Main Symposium 1A	Main Symposium 1B** [Slot for Sponsor]	Main Symposium 1C	Main Symposium 3A	Main Symposium 3B** [Slot for Sponsor]	Main Symposium 3C	Main Symposium 5A	Main Symposium 5B
(1215 – 1315)		Friday Prayers	(1215 – 1315)			(1215 – 1315)	
Lunch Symposium 1** [Slot for Sponsor]			Lunch Symposium 2** [Slot for Sponsor]			Plenary 5A	Plenary 5B
(1315 – 1400) Lunch						(1315 – 1415) Lunch	
(1400 – 1530)			(1400 – 1530)			(1415) End of Conference	
Main Symposium 2A	Main Symposium 2B** [Slot for Sponsor]	Main Symposium 2C	Main Symposium 4A	Main Symposium 4B** [Slot for Sponsor]	Main Symposium 4C		
(1530 – 1600) Tea Break							
(1600 – 1730)			(1600 – 1730)				
Grand Round 1	Grand Round 2	Grand Round 3	Grand Round 4				

*Subject to change ** Available slots for Sponsors

SCIENTIFIC PROGRAMME BRIEFS*

Participants are free to attend any of the concurrent sessions.

PLENARY

P1 Management of Cardiovascular Disease
in Patients with Diabetes

P2 Advances in Diabetic Wound Management

P3 Strategies to Prevent Progression
of Diabetic Kidney Disease

P4 Peripheral Vascular Disease:
Recent Advances in Diagnosis and Management

P5 New Knowledge in the Prevention/Minimising
the Progress of Diabetes Complications

P6 Treatment of Diabetic Eye Disease:
The Past, Present and the Future

*Subject to change

SYMPOSIUM THEMES / TOPICS INCLUDE

MS1A New Understanding in Diabetic Kidney Disease

- 1.1 Glomerular Hyperfiltration in Diabetes: Mechanism, Clinical Significance and Management
- 1.2 Role of SGLT2-I in Diabetic Kidney Disease
- 1.3 Managing Suspected VEGF Inhibitors Nephrotoxicity

MS1C Diabetic Foot Ulcers

- 2.1 Proper Wound Debridement and Choice of Dressing
- 2.2 Nursing Role in the Management and Prevention of Diabetes Foot Ulcers
- 2.3 A Novel Bioelectrical Dressing in Diabetic Foot Wounds

MS2A Heart Failure and Diabetes

- 3.1 Identifying the Patient with Heart Failure
- 3.2 Dietary Approaches for Diabetic Patients with Heart Failure
- 3.3 New Treatment Options in the Treatment of Heart Failure in diabetics

MS2C Managing Renal Failure

- 4.1 Drugs for Preventing Worsening of Proteinuria in Diabetics
- 4.2 Dialysis in Patients with Ischaemic Heart Disease
- 4.3 Practical Aspects of Nutrition Management for DM patients with ESKD

MS3A Diabetic Eye Disease: Prevention and Management

- 5.1 Sight-damaging Complications of Diabetic Retinopathy
- 5.2 Systemic Risk Factors in Diabetic Retinopathy
- 5.3 Ocular Surface Disease in Diabetes

MS3C Offloading Diabetic foot

- 6.1 Offloading: For Whom and When?
- 6.2 Appropriate Footwear to Prevent Foot Ulcers – does it work
- 6.3 Surgical Offloading in Chronic Plantar Diabetic Foot Ulcers

MS4A The Forgotten Complications

- 7.1 Lung Complications of Diabetes
- 7.2 Oral Health and Diabetes
- 7.3 The Skin in Diabetes

MS4C Nutrition and Exercise for Diabetic Complications

- 8.1 Nutrition for Diabetic Foot Ulcer
- 8.2 Role of Nutrition Therapy in the Prevention and Management of CVD
- 8.3 Exercise Prescription for Patient with Uncontrolled Diabetes with Co-morbidities

MS5A Sex and Diabetes

- 9.1 Sexual Dysfunction among T2DM Patients
- 9.2 Diabetes & Ejaculatory Problems
- 9.3 Sex after MI: safe?

MS5B Optimal Management of Associated Diseases in People with Diabetes

- 10.1 Dyslipidaemia
- 10.2 Hypertension
- 10.3 Obesity

GRAND ROUNDS

- 1. A 65-Year Old Women with Diabetes Who had A Recent Heart Attack
- 2. A 28-Year Old Women with Obesity, Hypertension, Hyperlipidaemia and Prediabetes
- 3. A Young Obese Man with Uncontrolled Diabetes and Hyperlipidaemia, Presented with Rapidly Progressive Worsening of Renal Function
- 4. A 45-Year Old Diabetic Person With Chronic, Non-Healing Foot Ulcer with Foul-Smelling Discharge

OTHER SESSIONS INCLUDE:

- LUNCH SYMPOSIUMS
- SPONSORED LECTURES AND SYMPOSIUMS

**Subject to change*

Registration & Fees

Registration form is enclosed with this **FINAL ANNOUNCEMENT**. Completed form must be returned with the registration fee to the Secretariat of the “12th Diabetes Complications” Conference & Grand Rounds by mail or fax. Registration fee covers admission to all NADI “12th Diabetes Complications” Conference & Grand Rounds sessions, conference bag, identification tag and printed materials, Conference & Grand Rounds lunches and tea/coffee breaks. The fees are as followed:

Local Delegates (subsidised rates)

REGISTRATION	Conference Fee	Please Tick
Early Bird Registration (before February 28, 2020)	RM650	
AFTER February 28, 2020	RM750	

International Delegates

REGISTRATION	Conference Fee	Please Tick
Early Bird Registration (before February 28, 2020)	USD450	
AFTER February 28, 2020	USD550	

Please register early to enjoy “Early Bird” discount for registration.

NOTE: Registration fee should be made payable to: **National Diabetes Institute**
Special discount is available for group booking. Kindly check with the Secretariat.

For ONLINE REGISTRATION & PAYMENT DETAILS, please visit <http://eepurl.com/gLLAsP>

Accommodation

Special room rates have been arranged for conference participants from March 27 – 29, 2020, at the following hotels:

- Hotel Istana (Conference & Grand Rounds Venue)
- Grand Millennium Hotel Kuala Lumpur
- Holiday Inn Express Kuala Lumpur City Centre
- Pullman Kuala Lumpur City Hotel & Residences
- Novatel Kuala Lumpur City Centre (Hotel Novatel)
- Alpha Genesis Hotel

Participants are advised to reserve their hotel accommodation early, **DIRECTLY** with the hotel of their choice. Please specify that you wish to book as a participant of the National Diabetes Institute 12th “Diabetes Complications” Conference & Grand Rounds in order to qualify for the special rates offered. Please refer to the accompanying leaflet for details.

Disclaimer:

The National Diabetes Institute and its agents are not to be held responsible for any change in the terms or conditions of the hotel accommodation.

For further Information and Updates regarding the 12th “Diabetes Complications” Conference & Grand Rounds, please contact:

The Secretariat (Attention: Ms. Rosmawati / Ms. Farah / Ms. Hidayah / Ms. Suhana)

National Diabetes Institute (NADI)

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or visit our website:

www.diabetesmalaysia.com.my

About the National Diabetes Institute (NADI)

The National Diabetes Institute (NADI) is established to provide a dedicated and comprehensive service for diabetics, to prevent and control diabetes, its complications and associated diseases.

NADI is a **non-profit, Non-Government Organisation (NGO)** managed by a Board of Trustees with our Prime Minister YAB Tun Dr. Mahathir Mohamad as Patron.

The Board of Trustees comprises of Founding and Elected members and representatives from the Malaysian Endocrine and Metabolic Society (MEMS), Diabetes Malaysia (DM) and Ministry of Health (MOH) Malaysia.

The main objectives of NADI are:

- to be a National Diabetes Education Resource Centre for the country
- to establish and run a comprehensive health facility including a National Diabetes Hospital for the management of diabetes and its complications
- to create and maintain a National Diabetes Registry
- to coordinate and conduct research in diabetes and related conditions
- to be the national coordinating centre for diabetes in Malaysia in respect to statistics, education, management, research, policy and planning on diabetes and associated diseases
- to prevent diabetes and associated cardiometabolic conditions such as high blood pressure, high blood cholesterol and heart disease through promotion of healthy lifestyle.



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