



## PRIMARY CARE CONFERENCES

EXCEPTIONAL CME | EXTRAORDINARY LOCATIONS

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### OFFICE ORTHOPEDICS FOR PRIMARY CARE

**Walt Disney World Resort, Florida – Disney's Grand Floridian Resort & Spa  
October 25 – 27, 2019**

**Friday, October 25th:**

**7:00 am – 7:30 am**

**Registration and Hot Breakfast**

**7:30 am – 10:30 am**

**Shoulder**

Rotator cuff syndrome; impingement, frozen shoulder; subacromial bursitis; bicipital tendonitis; A-C joint disease

**10:30 am – 10:40 am**

**Coffee Break**

**10:40 am – 11:40 pm**

**Elbow**

Tennis and golfer's elbow, olecranon bursitis, osteoarthritis, joint injection

**11:40 pm – 12:40 pm**

**Wrist, Hand and Fingers**

Carpal tunnel, CMC arthritis thumb, ganglion cyst, trigger finger, de Quervains disease.

**12:40 pm – Session Adjourns**

## Saturday, October 26th:

**7:00 am – 7:30 am**

**Hot Breakfast**

**7:30 am – 10:30 am**

**Knee**

ACL, meniscus, MRI; common sports injuries; osteoarthritis and hyaluronan; bursitis: prepatellar and pes anserine; Baker's cyst; joint injection/X-ray interpretation

**10:30 am – 10:40 am**

**Coffee Break**

**10:40 am – 12:40 pm**

**Lower Extremities**

Hip, Ankle and Foot

**12:40 pm**

**Session Adjourns**

**Sunday, October 27th:**

**7:00 am – 7:30 am**

**Continental Breakfast**

**7:30 am – 8:30 am**

**Shoulder Examination and Injection Workshop**

Small-group workshops. Please wear tank tops so shoulders are exposed.

**8:30 am – 9:30 am**

**Knee Examination, Injection and Aspiration Workshop**

Small-group workshops. Please wear loose gym shorts so knees are exposed.

**9:30 am**

**Conference Adjourns**

**Target Audience**

This program is targeted to office-based primary care providers and other health professionals with updates in primary care medicine

**Learning Objectives**

Upon completion of this program, participants should be better able to:

- Discuss common office orthopedic problems
- Describe the anatomy and function of the shoulder and knee joints
- Determine the basics and common pitfalls of orthopedic x-ray interpretation for shoulder and knee imaging
- Describe how and when to utilize joint aspiration and injection for the shoulder and knee joints
- Diagnose and treat common joint problems

**Learning Outcome**

To provide updates in primary care medicine to office based providers

### **Disclosure of Conflicts of Interest**

Medical Education Resources insures balance, independence, objectivity, and scientific rigor in all our educational programs. In accordance with this policy, MER identifies conflicts of interest with its instructors, content managers, and other individuals who are in a position to control the content of an activity. Conflicts are resolved by MER to ensure that all scientific research referred to, reported, or used in a CME activity conforms to the generally accepted standards of experimental design, data collection, and analysis. MER is committed to providing its learners with high-quality CME activities that promote improvements or quality in health care and not the business interest of a commercial interest.

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All lectures incorporate time for questions and answers.

Due to last-minute updates by the faculty, flash drives may differ from the actual presentations.

### Accreditation

#### Physician Accreditation

Medical Education Resources is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

#### Credit Designation

Medical Education Resources designates this live activity for a maximum of 12 *AMA PRA Category 1 Credit(s)*™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

#### ABIM MOC Recognition

Successful completion of this CME activity, which includes participation in the evaluation component, enables the participant to earn up to 12 (part II) MOC points in the American Board of Internal Medicine's (ABIM) Maintenance of Certification (MOC) program. Participants will earn MOC points equivalent to the amount of CME credits claimed for the activity. It is the CME activity provider's responsibility to submit participant completion information to ACCME for the purpose of granting ABIM MOC credit.



#### American Academy of Family Physicians

This Live activity, *Office Orthopedics for Primary Care*, with a beginning date of October 25, 2019 has been reviewed and is acceptable for up to 12 Prescribed credits by the American Academy of Family Physicians. Physicians should only claim the credit commensurate with the extent of their participation in the activity.

#### American Osteopathic Association

These programs are approved for 12 hours in Category 2-A by the American Osteopathic Association.

#### American College of Emergency Physicians

This program is approved by the American College of Emergency Physicians for a maximum of 12 hours of ACEP Category I credit.

#### Canadian Physicians

The College of Family Physicians of Canada (CFPC) has a reciprocal credit agreement with the American Academy of Family Physicians (AAFP) for activities which offer Prescribed credit. CFPC members who complete these conferences may claim the equivalent number of Mainpro-M1 credits.

### American Academy of Physician Assistants

AAPA accepts certificates of participation for educational activities certified for Category I credit from AOACCME, Prescribed credit from AAFP, and *AMA PRA Category 1 Credit(s)<sup>TM</sup>* from organizations accredited by ACCME or a recognized state medical society. Physician assistants may receive a maximum of 12 hours of Category I credit for completing this program.

### Nursing Accreditation

Medical Education Resources is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation.

This CE activity provides 12 contact hours of continuing nursing education.

The American Academy of Nurse Practitioners (AANP) Certification Board recognizes and accepts continuing education (CE) contact hours from activities approved by AMA, ACCME, ANCC, AANP, AAFP and AACN.

Provider approved by the California Board of Registered Nursing, Provider Number 12299, for 12 contact hours.

### Pharmacy Accreditation



Medical Education Resources (MER) is accredited by the Accreditation Council for Pharmacy Education as a provider of continuing pharmacy education. MER designates this continuing education activity for 12 contact hours (1.2 CEUs) of the Accreditation Council for Pharmacy Education.

Universal Program Number: 0816-0000-19-XXX-L01-P

Participants will be required to sign in at the start of the program and/or complete a program evaluation form.

Credits will be uploaded into CPE Monitor within 60 days of the activity.

This activity is certified as Knowledge-based CPE.