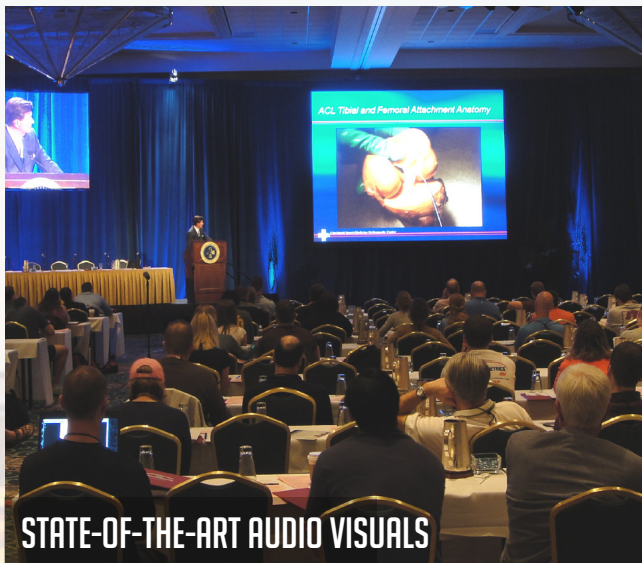


ADVANCES ON THE KNEE, SHOULDER & SPORTSMEDICINE

Sonesta Resort
Hilton Head Island, SC

May 27-30-2017
Memorial Day Weekend



Why You Should Attend This Course:

- ★ Enjoy the holiday weekend combining a great educational meeting with relaxation in a resort setting
- ★ Hear internationally recognized experts on the knee, shoulder, and hip present their preferred techniques and clinical outcomes
- ★ Review advanced orthopaedic and rehabilitation products and educational materials in our Exhibitors' Gallery
- ★ Talk personally throughout the conference with our course faculty during breaks, panel discussions and break-outs
- ★ Network with other professionals
- ★ Relax, enjoy the beachside atmosphere, and rekindle old friendships at our Chairmen's Low Country Buffett
- ★ Receive 32 hours CMEs/CEUs



COURSE CHAIRMEN

Frank R. Noyes, M.D. - Cincinnati, OH

Timothy P. Heckmann, P.T., ATC - Cincinnati, OH

PHYSICIAN FACULTY

Sanjeev Bhatia, M.D. - Cincinnati, OH

Matthew L. Busam, M.D. - Cincinnati, OH

Samer S. Hasan, M.D., Ph.D. - Cincinnati, OH

Thomas N. Lindendorf, M.D. - Cincinnati, OH

Stephen J. O'Brien, M.D. - New York City, NY

Lonnie E. Paulos, M.D. - Salt Lake City, UT

Anthony A. Romeo, M.D. - Chicago, IL

Edward M. Wojtys, M.D. - Ann Arbor, MI

REHABILITATION FACULTY

George J. Davies, DPT, MEd, P.T., ATC - Savannah, GA

Julie Jasontek, P.T., MHS - Cincinnati, OH

Russell M. Paine, P.T. - Houston, TX

Kevin E. Wilk, DPT, P.T., - Birmingham, AL

RESEARCH AND SPORTSMEDICINE

FELLOW FACULTY

Bradley D. Ashman, M.D. - Cincinnati, OH

Jeffrey K. Jenks, D.O. - Cincinnati, OH

Chris Karrasch, M.D. - Cincinnati, OH

Mathew T. Phillips, M.D. - Cincinnati, OH

Stephanie L. Smith, M.S. - Cincinnati, OH

For a Detailed Course Program, additional information or to register online visit www.csmoevents.com or contact Debbie Hartwig: dlhartwig@csmoc.com, 513-794-8461 or fax 513-792-3230

WHY YOU SHOULD ATTEND THIS COURSE

- **SURGEONS:** Hear the latest information on research advancements, surgical techniques and injury prevention programs
- **SPORTS MEDICINE PHYSICIANS:** Learn cutting edge treatments of sports injuries
- **REHABILITATION:** PT's and ATC's learn specific rehabilitation techniques and protocols
- **PHYSICIAN ASSISTANTS:** Learn advanced treatments to help treat your patients after injury
- **ALLIED HEALTH & COACHES:** Hear from the experts on sports injuries and prevention options

CONTINUING EDUCATION UNITS AND CMES

The Jewish Hospital designates this live activity for a maximum of 32 AMA PRA Category 1 Credit(s)TM. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

For Physician Assistants: The American Academy of Physicians (AAPA) accepts AMA PRA Category 1 CreditsTM from organizations accredited by the ACCME.

For Nurses: For the purpose of recertification, the American Nurses Credentialing Center (ANCC) accepts AMA PRA Category 1 CreditsTM issued by organizations accredited by the ACCME.

For Physical Therapists: This course will be accredited by state designated representative bodies of the APTA. In addition, this course will also be certified through ProCert for CCUs. Each state varies on the number of CEUs approved. Participants may call their State Board or Cincinnati SportsMedicine Research and Education Foundation at (513) 794-8461 for more information.

For Athletic Trainers: Cincinnati SportsMedicine Research and Education Foundation has been approved as a BOC Approved Provider for 32 Category A CEUs.

For Strength Coaches: The Executive Council of the NSCA Certification Commission (National Strength and Conditioning Association) has approved the conference for CEUs. CEUs are not automatically recorded. The CSCS and/or NSCA-Certified Personal Trainer attending this conference is eligible to receive up to 2.0 CEUs depending on sessions attended.

COURSE SOCIAL EVENTS

Chairmen's Low Country Buffet

Sunday, May 29, 2016

7:00 pm - 10:00 pm

Location: Ocean Front Beach Pavilion

The low country buffet is a great chance for participants, guests, exhibitors and faculty to interact. We think you will enjoy the company, food, music and drink at our beachside event!

(Guest fees apply: adults \$35 - children \$15 - children 5 & under free.)

Breakfast Buffet

Saturday through Tuesday,

6:00 am - 7:00 am

Participants will enjoy a full breakfast buffet to start their day.

(Guest or family not included.)

ACCOMMODATIONS

The course is being held in its entirety at the ocean front Sonesta Resort at the Shipyard Plantation. We have negotiated pre-conference and conference rates depending on your nights of stay. Dates before and after Fri/Sat/Sun (5/26-28) will show a blended rate. Make reservations early because the resort will be sold out. Group rate ends April 25, 2017. For guaranteed room types or special requests, please contact the hotel directly.

IMPORTANT: RESERVATION CONFIRMATION

One night stay advance deposit (check or credit card) required

SONESTA CANCELLATIONS/REFUNDS Three (3) business days prior to arrival & cancellation number to ensure advance deposit refund.

HELP/QUESTIONS 513-794-8461 Debbie Hartwig

HOLIDAY INN EXPRESS

Hilton Head Island

Reservations: (843) 842-6662

HAMPTON INN

Reservations: (843) 681-7900

For detailed accommodations information including group discount codes visit csmoc.events.com



REGISTRATION FEE AND REFUNDS

The course is limited to 350 participants. Please be aware that previous courses have sold out. Fees include all sessions, break-outs, a 800 page course notebook, four buffet breakfasts, breaks, Chairmen's Beachside Cookout, course t-shirt and tote bag.

MD / DO	\$1000
Resident / Fellow	\$1000
(\$100 Refunded upon receipt of certified letter of training status)	
Physical Therapist	\$800
Physical Therapy Assistant	\$800
Athletic Trainer	\$800
Physician Assistant	\$800
Student	\$800
(\$100 Refunded upon receipt of certified letter of training status)	
Other Allied Health Professional	\$800

If your registration must be cancelled, a full refund will be given if we are notified (in writing) by March 31, 2017. Your fees, less 20% for administrative costs, will be refunded if we are notified (in writing) beginning April 1st up to April 30, 2017. No refunds will be made for any reason beginning May 1, 2017. Each participant who attends will receive a certificate of completion at the conclusion of the course. In case of adverse weather conditions or travel interruptions caused by national security issues, refunds will be determined on an individual basis. Cincinnati SportsMedicine Research and Education Foundation reserves the right to change speakers or cancel the conference if unforeseen circumstances arise.

SPORTSMETRICS™ PRECONFERENCE PROGRAM

Thursday, May 25, 2017:

1:15 pm - 2:00 pm Sportsmetrics™ Course Check-In, Santee Ballroom Foyer

2:00 pm - 7:00 pm Sportsmetrics™ Certification Course, Savannah Junior Ballroom

Friday, May 26, 2017:

7:30 am - 4:00 pm Sportsmetrics™ Certification Course, Savannah Junior Ballroom

ADVANCES ON THE KNEE, SHOULDER AND SPORTSMEDICINE

Friday, May 26, 2017

10:00 am - 5:00 pm

Advances on the Knee, Shoulder and Sports Medicine Course
Check-In Sonesta Resort, Santee Ballroom Foyer

Saturday, May 27, 2017

6:00 am - 7:00 am

6:50 am

Breakfast Buffet - Santee Ballroom Salons F, G, H

Course Welcome:

Frank R. Noyes, M.D. and Timothy P. Heckmann, P.T.

Session I: Anatomy and Examination of the Shoulder

Session II: Treatment of the SLAP/Biceps Complex

Break in Exhibitors' Gallery

Session III: The Overhead Athletes; Diagnosis and Treatment of Rotator Cuff Tears and Shoulder Arthritis

Session IV: Evening Breakouts

4:00 pm - 7:45 pm

Sunday, May 28, 2017

6:00 am - 7:00 am

6:50 am

7:00 am - 9:00 am

9:00 am - 10:35 am

Breakfast Buffett - Santee Ballroom Salons F, G, H

Morning Announcements

Session V: Shoulder Instability: Diagnosis and Treatment

Session VI: Diagnosis and Treatment of Common Elbow Pathology

Break in Exhibitors' Gallery

Session VII: Advances in Hip Arthroscopy

Session VIII: Meniscus Repair and Transplantation

Session IX: Evening Breakouts

4:00 pm - 7:45 pm

Monday, May 29, 2017

6:00 am - 7:00 am

6:50 am

7:00 am

7:15 am - 8:15 am

Breakfast Buffett - Santee Ballroom Salons F, G, H

Daily Announcements

Memorial Day Tribute - George J. Davies, DPT

Session X: Understanding Knee Anatomy and the Comprehensive Knee Examination

Session XI: ACL Reconstruction, Rehabilitation and Clinical Outcomes

Break in Exhibitors' Gallery

Session XII: Neuromuscular Training, Functional Testing and the Female Athlete

Session XIII: Evening Breakouts

10:50 am - 11:20 am

11:20 am - 1:15 pm

4:00 pm - 7:45 pm

Tuesday, May 30, 2017

6:00 am - 7:00 am

7:00 am - 8:10 am

8:10 am - 10:45 am

10:45 am

Breakfast Buffett - Santee Ballroom Salons F, G, H

Session XIV: Treatment Options for Complex Knee Ligament Injuries

Session XV: Osteoarthritis of the Knee: Surgical and Rehabilitation Options

Course Adjourns

DAY ONE SATURDAY, MAY 27th

- 6:00 am Breakfast Buffet – Santee Ballroom Salons F, G, H
6:00 am Course Check-in, Santee Ballroom Foyer
6:50 am Course Welcome: Frank R. Noyes, M.D. and Timothy P. Heckmann, P.T

Session I: Anatomy and Examination of the Shoulder

Moderator: Thomas N. Lindendorf, M.D.

- 7:00 am Shoulder Anatomy Review - What You Need to Know – Thomas N. Lindendorf, M.D.
7:20 am Examination of the Shoulder: General Overview – Anthony A. Romeo, M.D.
7:35 am Objective and Functional Testing for the Upper Extremity – George J. Davies, DPT

Session II: Treatment of the SLAP/Biceps Complex

Moderator: Anthony A. Romeo, M.D.

- 7:50 am Diagnosis and Treatment of the Biceps-Labrum Complex – Stephen J. O'Brien, M.D.
8:05 am SLAP Tears: Shouldn't We Tenodesis Them All? – Anthony A. Romeo, M.D.
8:20 am Complications of SLAP and Biceps Surgeries – Samer S. Hasan, M.D., PhD
8:50 am Rehabilitation Following SLAP Repair Surgery – Kevin E. Wilk, DPT
8:50 am Science Meets Clinical Practice: Advanced Plyometric Training for the Shoulder – George J. Davies, DPT
9:05 am Q&A
9:35 am Break in Exhibitors' Gallery

Session III: Diagnosis and Treatment Options for the Rotator Cuff and Shoulder Arthritis

Moderator: Samer S. Hasan, M.D., Ph.D.

- 10:05 am Treatment of the Overhead Athlete: Case Based Symposium
Moderator: Samer S. Hasan, M.D., PhD, Faculty: Stephen J. O'Brien, M.D., Anthony A. Romeo, M.D.,
George J. Davies, DPT, Russell M. Paine, P.T., Kevin E. Wilk, DPT
10:40 am Conservative Management of Rotator Cuff Tears – Russell M. Paine, P.T.
10:55 am The Rotator Cuff: Case Based Symposium
Moderator: Thomas N. Lindendorf, M.D., Faculty: Samer S. Hasan, M.D., PhD, Sanjeev Bhatia, M.D.,
Stephen J. O'Brien, M.D., Anthony A. Romeo, M.D., Kevin E. Wilk, DPT
11:30 am Rehabilitation Following Rotator Cuff Repair Surgery – Kevin E. Wilk, DPT
12:00 pm Non-Prosthetic Treatment of Shoulder Arthritis – Matthew L. Busam, M.D.
12:00 pm Shoulder Replacement Surgery – Samer S. Hasan, M.D., PhD
12:20 pm Conservative and Post-Operative Treatment Options for the Arthritic Shoulder – Julie Jasontek, P.T.
12:35 pm Q&A
1:15 pm Adjourn

EVENING BREAKOUTS

Session IV: Diagnosis, Treatment, and Rehabilitation Option for Shoulder Pathology

- 4:00 pm Comprehensive Examination of the Shoulder -Thomas N. Lindendorf, M.D., Samer S. Hasan, M.D., PhD,
Stephen J. O'Brien, M.D., Anthony A. Romeo, M. D., George J. Davies, DPT, Kevin E. Wilk, DPT, Russell M. Paine, P.T.
5:15 pm The Stiff Shoulder: Diagnosis and Treatment Options
Moderator: Samer S. Hasan, M.D., PhD, Faculty: Stephen J. O'Brien, M.D., Anthony A. Romeo, M.D., Julie Jasontek, P.T.,
Russell M. Paine, P.T., Kevin E. Wilk, DPT
— Operative and Non-Operative Treatment of the Stiff Shoulder - Hasan
— Stiff Shoulder Rehabilitation Concepts - Paine
— Presentation of Cases to the Expert Panel
— Q&A
6:30 pm New Rehabilitation Techniques to Enhance Dynamic Stabilization Through Activation Exercises of the Shoulder
Complex Musculature - George J. Davies, DPT, Michael A. McCormack, P.T. (?), Russell M. Paine, P.T., Kevin E. Wilk, DPT

DAY TWO

SUNDAY, MAY 28th

6:00 am Breakfast Buffet - Santee Ballroom Salons F, G, H

6:00 am Course Check-in, Santee Ballroom Foyer

Session V: Shoulder Instability: Diagnosis and Treatment

Moderator: Stephen J. O'Brien, M.D.

7:00 am Non-Operative Rehabilitation for Patients with Shoulder Instability - Kevin E. Wilk, DPT

7:15 am Current Concepts in Anterior Shoulder Instability - Stephen J. O'Brien, M.D.

7:30 am Management of Glenoid and Humeral Bone Loss in Shoulder Instability - Anthony A. Romeo, M.D.

7:45 am Posterior and Multidirectional Instability - Samer S. Hasan, M.D., PhD

8:00 am Post-Operative Management of Shoulder Instability - Russell M. Paine, P.T.

8:15 am Decision Making Criteria to Return an Athlete Back to Activity Following a Shoulder Injury? - George J. Davies, DPT

8:30 am Q&A

Session VI: Diagnosis and Treatment of Common Elbow Pathology

Moderator: Matthew L. Busam, M.D.

8:50 am Elbow Anatomy and Basic Arthroscopy - Thomas N. Lindenfeld, M.D.

9:05 am Arthroscopic Treatment Options for the Athlete's Elbow - Anthony A. Romeo, M.D.

9:20 am The Clinical Relevance of the Bicipital Tunnel - Stephen J. O'Brien, M.D.

9:35 am Distal Biceps Injuries - Matthew L. Busam, M.D.

9:50 am Rehabilitation Following UCL Reconstruction - Kevin E. Wilk, DPT

10:05 am Q&A

10:25 am Break in Exhibitors' Gallery

Session VII: Advances in Hip Arthroscopy

Moderator: Sanjeev Bhatia, M.D.

10:55 am Common Hip Problems and Injuries: Diagnosis and Treatment- Sanjeev Bhatia, M.D.

11:10 am Rehabilitation of Non-Operative Hip Joint Lesions - Kevin E. Wilk, DPT

11:25 am Hip Arthroscopy: What Works and What Doesn't - Sanjeev Bhatia, M.D.

11:40 am Rehabilitation Following Hip Arthroscopy - Julie Jasontek, P.T.

11:55 am Q&A

Session VIII: Meniscus Repair and Transplantation

Moderator: Kevin E. Wilk, DPT

12:15 pm Meniscus Repair and Transplantation: What's New In 2017 - Frank R. Noyes, M.D.

12:30 pm Rehabilitation Techniques Following Meniscus Repair and Transplantation - Timothy P. Heckmann, P.T.

12:45 pm Treatment of Meniscus Tears: Rapid Fire Case Presentation

Moderator: Frank R. Noyes, M.D, Faculty: Lonnie E. Paulos, M.D., Edward M. Wojtys, M.D.,

Timothy P. Heckmann, P.T., Russell M. Paine, P.T.

1:05 pm Q&A

1:15 pm Adjourn

EVENING BREAKOUTS

Session IX: Hot Topics in Rehabilitation; Diagnosis and Treatment Options for the Patellofemoral Joint

4:00 pm Hot Topics in Rehabilitation, Moderator: George J. Davies, DPT, Faculty: Timothy P. Heckmann, P.T., Russell M. Paine, P.T., Kevin E. Wilk, DPT

—New Trends: Blood Flow Restriction Training of the Knee: What Does the Science Say? George J. Davies, DPT

—Dry Needling

—Blood Flow Restriction Training Demonstration - Faculty

5:15 pm Treatment Options for Patellofemoral Disorders (12 minute presentations, 10 minute Q&A)

Moderator: Frank R. Noyes, M.D., Faculty: Stephen J. O'Brien, M.D., Timothy P. Heckmann, P.T., George J. Davies, DPT, Kevin E. Wilk, DPT

—Surgical Correction for Patellofemoral Malalignment - Frank R. Noyes, M.D.

—Arthroscopic-Assisted MPFL Reconstruction: A New Approach - Stephen J. O'Brien, M.D.

—Rehabilitation Following Patellofemoral Procedures - Timothy P. Heckmann, P.T.

—Non-Operative Rehabilitation of Patellofemoral Pain and Biomechanical Dysfunction - Kevin E. Wilk, DPT

—The Influence of the Hip in Knee Rehabilitation: What Does the Research Indicate for Hip Muscle Recruitment - George J. Davies, DPT

6:30 pm Special Rehabilitation Techniques for the Patellofemoral Joint: What to Do When the Patient Has Pain

Moderator: Kevin E. Wilk, DPT, Faculty: George J. Davies, DPT, Timothy P. Heckmann, P.T., Julie Jasontek, P.T., Russell M. Paine, P.T.,

DAY THREE MONDAY, MAY 29th

- 6:00 am Breakfast Buffet - Santee Ballroom Salons F, G, H
6:00 am Course Check-in, Santee Ballroom Foyer
7:00 am Announcements and Memorial Day Tribute - George J. Davies, DPT

Session X: Understanding Knee Anatomy and the Comprehensive Knee Examination

Moderator: Timothy P. Heckmann, P.T.

- 7:15 am The Key to the Knee: Medial and Anterior Knee Anatomy - Chris Karrasch, M.D.
7:35 am The Key to the Knee: Lateral and Posterolateral Knee Anatomy - Bradley D. Ashman, M.D.
7:55 am Comprehensive Knee Exam: Clinical Rationale and Diagnosis - Frank R. Noyes, M.D.

Session XI: ACL Reconstruction, Rehabilitation and Clinical Outcomes

Moderator: Frank R. Noyes, M.D.

- 8:15 am Treatment of the ACL Deficient Knee: Presentation of Cases to the Expert Panel
Moderator: Frank R. Noyes, M.D. Faculty: Jeffrey K. Jenks, D.O., Lonnie E. Paulos, MD, Stephen J. O'Brien, M.D., Edward M. Wojtys, M.D., Timothy P. Heckmann, P.T., George J. Davies, DPT, Russell M. Paine, P.T.
9:15 am Post-Operative Management Following ACL Reconstruction - Timothy P. Heckmann, P.T.
9:30 am Avoiding Complications in ACL Surgery - Matthew L. Busam, M.D.
9:45 am The Risk of Osteoarthritis After ACL Injury - Edward M. Wojtys, M.D.
10:00 am ACL Rehabilitation - True Objective Picture of Controlled One-Year Post ACL Reconstructed Patients - Russell M. Paine, P.T.
10:15 am Current Thoughts of Neural Plasticity Following ACL Reconstructions - George J. Davies, DPT
10:30 am Q&A
10:50 am Break in Exhibitors' Gallery

Session XII: Neuromuscular Training, Functional Testing and the Female Athlete

Moderator: Edward M. Wojtys, M.D.

- 11:20 am ACL Graft Considerations for the Female Athlete - Edward M. Wojtys, M.D.
11:35 am Scientific Basis and Development of the Sportsmetrics™ Neuromuscular Training Programs - Frank R. Noyes, M.D.
11:50 am Neuromuscular Training Programs as a Bridge for Return to Play Following ACL Injuries - Timothy P. Heckmann, P.T.
12:05 pm Demonstration of the Sportsmetrics™ Neuromuscular Training Program and Return-to-Play App - Stephanie L. Smith, M.S.
12:25 pm Training the Lower Extremity for Performance - Kevin E. Wilk, DPT
12:40 pm Q&A
1:15 pm Adjourn

EVENING BREAKOUTS

Session XIII: Diagnosis, Treatment, and Rehabilitation Option for Knee Pathology

- 4:00 pm Comprehensive Examination of the Knee - Frank R. Noyes, M.D., Lonnie E. Paulos, M.D., Edward M. Wojtys, M.D., George J. Davies, DPT, Timothy P. Heckmann, P.T., Kevin E. Wilk, DPT
5:15 pm Prevention and Treatment of Knee Arthrofibrosis: A Major Complication of Knee Injury and Surgery
Moderator: Frank R. Noyes, M.D. Faculty: Lonnie E. Paulos, M.D., Edward M. Wojtys, M.D., Timothy P. Heckmann, P.T., George J. Davies, DPT, Russell M. Paine, P.T., Kevin E. Wilk, DPT
—Surgical Perspective on Avoiding and Treating Knee Arthrofibrosis - Frank R. Noyes, M.D.
—Difficulties in Treating Knee Arthrofibrosis - Timothy P. Heckmann, P.T.
—Presentation of Cases - Dr. Noyes will present cases; panel: Lonnie E. Paulos, M.D., Edward M. Wojtys, M.D., Timothy P. Heckmann, P.T., George J. Davies, DPT, Russell M. Paine, P.T., Kevin E. Wilk, DPT
6:30 pm Motion Complications: Use of Modalities and Biofeedback- Moderator: Russell M. Paine, P.T., Faculty George J. Davies, DPT, Timothy P. Heckmann, P.T., Julie Jasontek, P.T., Kevin E. Wilk, DPT



DAY FOUR TUESDAY, MAY 30th

6:00 am Breakfast Buffet - Santee Ballroom Salons F, G, H

6:00 am Course Check-in, Santee Ballroom Foyer

Session XIV: Treatment Options for Complex Knee Ligament Injuries

Moderator: Lonnie E. Paulos, M.D.

7:00 am Surgical Treatment of PCL and Posterolateral Ligament Injuries - Frank R. Noyes, M.D.

7:20 am Posterior Cruciate Ligament Reconstruction: Trans-tibial Fixation Technique - Lonnie E. Paulos, M.D.

7:35 am Rehabilitation Principles Following PCL and Posterolateral Reconstruction - Timothy P. Heckmann, P.T.

7:50 am Is it Time to Return to Open Kinetic Chain Rehabilitation in Knee Rehabilitation Because of Quad Deficits? - George J. Davies, DPT

Session XV: Osteoarthritis of the Knee: Surgical and Rehabilitation Options

Moderator: George J. Davies, DPT

8:10 am Articular Cartilage Management in the Athletic Population - Russell M. Paine, P.T.

8:25 am Innovative Therapeutic Interventions for Knee Rehabilitation - George J. Davies, DPT

8:40 am High Tibial Osteotomy: Techniques and Surgical Results - Frank R. Noyes, M.D.

9:00 am Advances in Total Knee Replacement for the Young, Active Patient - Mathew T. Phillips, M.D.

9:15 am Partial Joint Replacement: Unicompartmental and Patellofemoral - Frank R. Noyes, M.D.

9:30 am Rehabilitation Following High Tibial Osteotomy and Knee Replacement - Timothy P. Heckmann, P.T.

9:45 am Alternative Exercise and Rehabilitation Options - Julie Jasontek, P.T.

10:00 am Knee Club: Presentation of Interesting and Complex Knee Cases - Moderator: Frank R. Noyes, M.D. Faculty Lonnie E. Paulos, MD, Mathew T. Phillips, M.D., Edward M. Wojtys, M.D., Russell M. Paine, P.T., Timothy P. Heckmann, P.T., Julie Jasontek, P.T., George J. Davies, DPT

ATTEND THE PRE-CONFERENCE SPORTSMETRICS™ CERTIFICATION COURSE

May 25th and 26th, 2017

Serious knee injuries are sidelining female athletes at an alarming rate and although there is no absolute prevention from these types of injuries, there is finally something you can do to help reduce the risk of sustaining a serious knee injury. Cincinnati SportsMedicine Research and Education Foundation has led the way with the development of Sportsmetrics™, the first program scientifically proven to decrease knee injuries in female athletes. The specialized progression of jump/plyometric drills found in Sportsmetrics™ teaches athletes safe techniques for jumping and landing, in an effort to significantly reduce the risk of serious knee injury in female athletes.

SPORTSMETRICS™ SPORT SPECIFIC PROGRAMS

- ♦ Offers athletes the same benefits of our original injury prevention program along with the added benefit of a complex conditioning program catered to the needs of their sport
- ♦ Offers concentration on correct running form and proper technique with cutting, pivoting, and decelerating

CONTINUING EDUCATION CREDITS:

- ♦ 10.5 BOC CEU's (3.25 EBP Category and 7.25 Category A) for Athletic Trainers
- ♦ 11.5 CEU's approved by the OPTA for Physical Therapists
- ♦ 9 CCU's approved by ProCert for Physical Therapists
- ♦ CEU's vary from state to state. Please check with your individual state for specifics

BECOME PART OF THE LARGEST EVIDENCE BASED ACL INJURY PREVENTION PROGRAM IN THE WORLD

- ♦ Learn the scientifically-proven methods to reduce female knee ligament injuries
- ♦ Collaborate with the founders of Sportsmetrics™
- ♦ Receive hands-on instruction in Sportsmetrics™ training techniques
- ♦ Learn how to market Sportsmetrics™ to your community

- ♦ Save on travel and accommodations - attend two great educational meetings
- ♦ Be prepared to offer Sportsmetrics™ this summer to your community
SPORTSMETRICS™ can become your cornerstone for community outreach by focusing on injury prevention and athletic performance for healthy and recovering athletes!





32ND ANNUAL
ADVANCES
ON THE
KNEE, SHOULDER & SPORTSMEDICINE



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Advances on the Knee, Shoulder & Sports Medicine - Course Registration
Saturday May 27 to Tuesday May 30, 2017

Attendee's Name: _____		Nickname: _____	
first last		preferred name for name tag	
Address: _____			
City: _____		State/Country: _____ Zip: _____	
Home Phone: _____		Work Phone: _____ Mobile Phone: _____	
Email: _____			
Emergency Contact: _____		Phone: _____	
Note: information will be kept strictly confidential, not published, nor released and used only in case of medical emergency.			
SS # (MD's & PA's only): _____		PT Lic. # and State: _____	
Last 4 Digits of SS and Full Birth Date		Required for CME Certificate	
N.A.T.A. Cert. #: _____		NSCA#: _____	
☐ VISA ☐ Discover ☐ MC Credit Card #: _____ Exp. Date: _____			
Name on Card: _____			
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Please select: ☐ M.D. \$1000 ☐ D.O. \$1000 ☐ Resident/Fellow \$1000 (\$100 Refunded upon receipt of certified letter of training status)			
☐ Physical Therapist \$800 ☐ Athletic Trainer \$800 ☐ Physician Assistant \$800 ☐ P.T. Assistant \$800			
☐ Student \$800 (\$100 Refunded upon receipt of certified letter of student status) ☐ Other \$800 (please specify) _____			
☐ Pre-Conference Sportsmetrics™ Certification Course ☐ \$790			
How did you see/hear about this course? ☐ Brochure ☐ JOSPT ☐ Sports Health ☐ PT Bulletin Online ☐ JAAPA			
☐ AAOS Now ☐ NATA News ☐ Former participant ☐ Internet ☐ Other (please specify) _____			

Options: Online www.csmoevents.com Fax 513-792-3230 Phone 513-794-8461
Mail to CSMREF: Debbie Hartwig 10663 Montgomery Road, Cincinnati, OH 45242
Checks payable to Cincinnati SportsMedicine Research & Education Foundation