



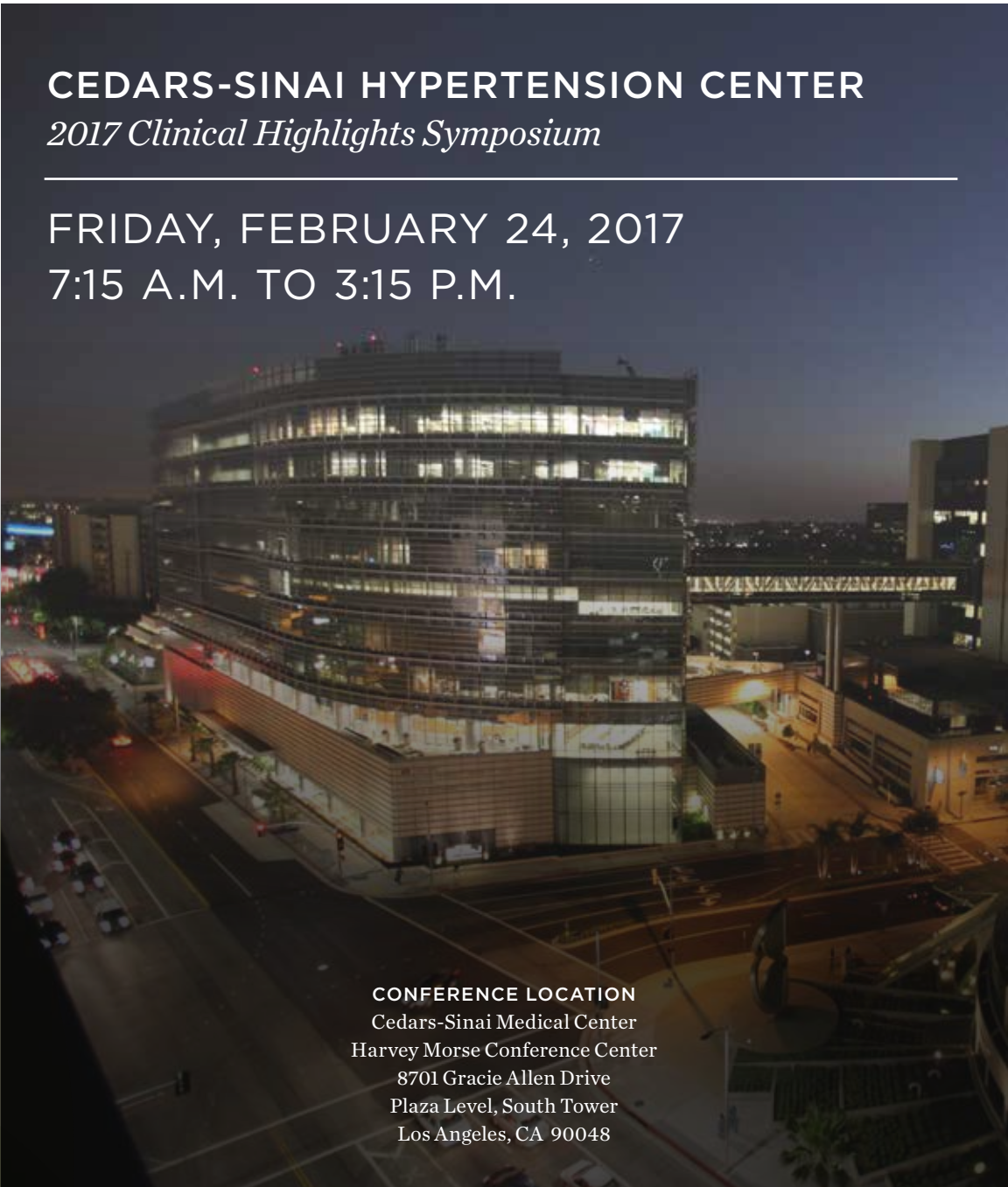
CEDARS-SINAI®
HEART INSTITUTE

CEDARS-SINAI HYPERTENSION CENTER

2017 Clinical Highlights Symposium

FRIDAY, FEBRUARY 24, 2017

7:15 A.M. TO 3:15 P.M.



CONFERENCE LOCATION
Cedars-Sinai Medical Center
Harvey Morse Conference Center
8701 Gracie Allen Drive
Plaza Level, South Tower
Los Angeles, CA 90048



American Society of Hypertension
Certified Comprehensive Hypertension Center
cedars-sinai.edu/hypertension

For the latest course information and to register visit cedars-sinai.edu/cme and click on CME courses.

ACTIVITY INFORMATION

COURSE DESCRIPTION AND STATEMENT OF NEED

Despite significant advances in research, hypertension remains a leading cause of death worldwide. The Cedars-Sinai Hypertension Center 2017 Clinical Highlights Symposium will provide participants with a comprehensive review of the latest diagnostic and therapeutic approaches to this complex and multifaceted disease. Course content will explore blood pressure monitoring and resistant hypertension, general pharmacotherapy, primary aldosteronism, hypertension in chronic kidney disease, hypertensive heart disease, renovascular hypertension and other relevant topics such as lifestyle modifications. Special emphasis will be placed on the clinical recognition, evaluation and management of adrenal hypertension, including aldosterone producing adenoma and pheochromocytoma. The course format will consist of case-based lectures reviewing the latest evidence, recommendations and scientific principles, and will provide clinicians with effective strategies to incorporate into daily medical practice.

The Cedars-Sinai Hypertension Center is the only hypertension program in California to be certified as a Comprehensive Hypertension Center by the American Society of Hypertension (ASH) - the largest organization of clinical hypertension specialists and hypertension investigators in the United States. The Cedars-Sinai Hypertension Center provides comprehensive multi-specialty consultative care for patients with difficult-to-treat hypertension, secondary hypertension, and related conditions. The Center also has innovative National Institutes of Health (NIH)-funded research programs ranging from basic science on the immunologic basis of hypertension to a randomized clinical trial of a community-based barber-pharmacist-physician team approach to improve hypertension management in African-American men.

TARGET AUDIENCE

This course is designed for internists, family medicine, hospitalists, general medicine, pediatricians, nephrologists, cardiologists, endocrinologists, OB/GYN, pharmacists, nurses, nurse practitioners, physician's assistants, and interested allied healthcare providers.

EDUCATIONAL OBJECTIVES

- Review the differential diagnosis and evaluation of the incidental adrenal mass
- Describe the most accurate methods of blood pressure monitoring and the specific implications for resistant hypertension patients
- Describe the basic approaches to pharmacological management of hypertension
- Review current methods in the diagnosis of pheochromocytoma and paraganglioma, and approaches to treatment
- Describe the role of aldosterone in the pathophysiology and treatment of high blood pressure
- Apply culturally appropriate interventions and counseling on blood pressure and treatment adherence among minority patient populations

ACCREDITATION STATEMENT

Cedars-Sinai Medical Center is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.



CREDIT DESIGNATION STATEMENT

Cedars-Sinai Medical Center designates this live activity for a maximum of 6.0 *AMA PRA Category 1 Credit(s)*[™]. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

NURSES

The California State Board of Registered Nursing accepts courses approved by the ACCME for category 1 credit as meeting the continuing education requirements for license renewal.

TRAINING / CREDIT DISCLAIMER STATEMENT

While offering CME credit, this course is not intended to provide extensive training for certification in the field. Approval of Category 1 credit by Cedars-Sinai Medical Center should not be construed as endorsement of any product.

POLICY ON DISCLOSURE

It is the policy of Cedars-Sinai Medical Center to ensure balance, independence, objectivity, and scientific rigor in all educational activities. Cedars-Sinai Medical Center assesses conflict of interest with its faculty, planners and managers of CME activities. Conflicts of interest that are identified are resolved by reviewing that presenter's content for fair balance and absence of bias, scientific objectivity of studies utilized in this activity, and patient care recommendations.

While Cedars-Sinai Medical Center endeavors to review faculty content, it remains the obligation of each physician or other healthcare practitioner to determine the applicability or relevance of the information provided from this course in his or her own practice.

ACKNOWLEDGMENT OF COMMERCIAL SUPPORT

We gratefully acknowledge the educational support received from the Sheila Kar Health Foundation, whose mission is to improve our community's health by spreading and promoting education about health practices and disease prevention, the Cedars-Sinai Heart Institute, and the Cedars-Sinai Medical Center Department of Medicine.

AGENDA

CEDARS-SINAI HYPERTENSION CENTER 2017 Clinical Highlights Symposium

FRIDAY, FEBRUARY 24, 2017

7:15 A.M.	Registration / Continental Breakfast	
8:00	Welcome Remarks and Overview	<i>Ronald Victor, MD</i>
8:05	Medical Grand Rounds Adrenal Incidentaloma	Keynote Speaker: <i>William Young, MD</i>
9:00	State-of-the Art Blood Pressure Monitoring	<i>Stanley Franklin, MD</i>
9:25	Medical Management of Hypertension	<i>Ronald Victor, MD</i>
9:55	Hypertensive Heart Disease	<i>Florian Rader, MD</i>
10:15	Break	
10:30	Primary Aldosteronism	<i>William Young, MD</i>
11:00	Pheochromocytoma	<i>William Young, MD</i>
11:30	Case Discussion	Panelists: <i>Odelia Cooper, MD;</i> <i>Run Yu, MD, PhD</i>
12:00 P.M.	Lunch	
12:45	Renovascular Hypertension	<i>Vito Campese, MD</i>
1:15	Hypertension in African American	<i>Anthony Reid, MD</i>
1:35	Lifestyle Modification for Hypertension	<i>Sheila Kar, MD</i>
1:55	Afternoon Break	
2:10	New Directions in Hypertension	<i>Ronald Victor, MD;</i> <i>Florian Rader, MD</i>
2:30	Hypertension in Chronic Kidney Disease	<i>Vito Campese, MD</i>
3:00	Wrap-up and Closing Remarks	<i>Ronald Victor, MD</i>
3:15 P.M.	Adjourn	

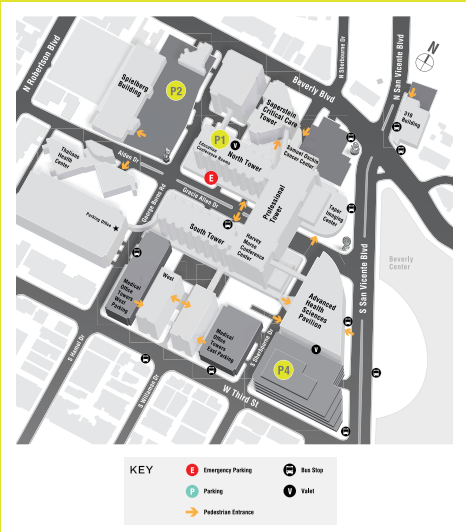
ACTIVITY DETAILS

CONFERENCE LOCATION

Cedars-Sinai Medical Center
8701 Gracie Allen Drive
Harvey Morse Conference Center
Plaza Level, South Tower
Los Angeles, CA 90048

PARKING

Self-parking is available in parking lots 1, 2 and 4.



REGISTRATION

Cedars-Sinai Hypertension Center 2017 Clinical Highlights Symposium FEBRUARY 24, 2017

REGISTRATION FEES	PHYSICIAN	**NON-PHYSICIAN	*RESIDENT/FELLOW
Received by 2/5/17	☐ \$150	☐ \$75	☐ <i>free</i>
Received after 2/5/17	☐ \$175	☐ \$100	☐ \$25

**Residents/Fellows are eligible to attend at no charge or for a reduced registration fee. For this reduced fee, please send the written proof of residency (e.g. letter from the Program Director) along with your completed registration form or upload the written proof of residency online.*

*** Nurses; nurse practitioners; physician's assistants; pharmacists.*

REGISTRATION METHODS
ONLINE registration: cedars-sinai.edu/cme and click on CME Courses

MAIL form to: Cedars-Sinai Medical Center
Office of Continuing Medical Education, Attn: Registration
8797 Beverly Blvd., Suite #250, Los Angeles, CA 90048

FAX form to: 310-423-8596
For additional course or registration information call 310-423-5548.

Please print clearly

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**An email address is required to register for the conference.*

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AUTHORIZED SIGNATURE _____

HOW DID YOU LEARN ABOUT THIS CME ACTIVITY?

☐ Brochure/Other Printed Materials	☐ Cedars-Sinai Website	☐ Email
☐ Internet Search	☐ Colleague	☐ Past Participant
☐ Internal Cedars-Sinai Communication	☐ Other _____	

CONFIRMATION
In order to receive a registration confirmation, please provide your e-mail address. If you do not receive a confirmation, please call 310-423-5548 to confirm your registration.

REFUND POLICY
All cancellations must be submitted in writing and refunds will be subject to a \$45 administrative charge. No refunds will be given after February 17, 2017.

CANCELLATION POLICY
Cedars-Sinai reserves the right to cancel or reschedule programs due to circumstances beyond its control or close registration when programs are oversubscribed. Registrants are advised against purchasing nonrefundable airline tickets until they receive registration confirmation. Cedars-Sinai is not responsible for penalties incurred as a result of cancelled transportation costs.

FACULTY

COURSE DIRECTOR

Ronald G. Victor, MD

Director, Cedars-Sinai Hypertension Center
Associate Director, Cedars-Sinai Heart Institute
Burns and Allen Chair in Cardiology Research
Professor of Medicine
Cedars-Sinai Medical Center

ASH Clinical Hypertension Specialist

STEERING COMMITTEE MEMBERS AND FACULTY

Odelia B. Cooper, MD

Assistant Professor of Medicine
Division of Endocrinology, Diabetes & Metabolism
Pituitary Center
Cedars-Sinai Medical Center

ASH Clinical Hypertension Specialist

Stanley S. Franklin, MD

Nephrologist
Department of Medicine
Cedars-Sinai Medical Center

ASH Clinical Hypertension Specialist

Sheila Kar, MD, FACC

Cardiologist & Past-Clinical Chief
Cedars-Sinai Heart Institute

Florian Rader, MD, MSc

Assistant Professor of Medicine
Co-Director of Clinic for Hypertrophic
Cardiomyopathy and Aortopathies
Cardiologist
Cedars-Sinai Hypertension Center and
Heart Institute

ASH Clinical Hypertension Specialist

Anthony Reid, MD

Cardiologist
Cedars-Sinai Medical Center

KEYNOTE SPEAKER

William F. Young, MD, MSc

Professor of Medicine
Tyson Family Endocrinology Clinical Professor
Chair, Division of Endocrinology, Diabetes
Metabolism, and Nutrition
Mayo Clinic College of Medicine
Rochester, MN

COURSE FACULTY

Vito M. Campese, MD

Professor of Medicine
Division Chief, Department of Nephrology
Keck School of Medicine at USC
Los Angeles, CA

ASH Clinical Hypertension Specialist

Run Yu, MD, PhD

Associate Professor of Medicine
Division of Endocrinology
UCLA David Geffen School of Medicine
Los Angeles, CA





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Register Now for:

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