

# PSYCHIATRY UPDATE 2016

**SOLVING CLINICAL  
CHALLENGES, IMPROVING  
PATIENT CARE**

**CHICAGO MARRIOTT  
DOWNTOWN  
MAGNIFICENT MILE  
MARCH 10-12, 2016**



## TOPICS INCLUDE

- Anxiety Disorders
- Depression
- Autism Spectrum Disorder *New!*
- Substance Abuse
- Managing the Difficult Child *New!*
- Psychotic Disorders
- Pregnancy and Women's Health
- Geriatric Issues
- ADHD
- Sleep Disorders
- PTSD *New!*

[www.CPAACP-CME.com](http://www.CPAACP-CME.com)

**Join us on Chicago's Magnificent  
Mile for this highly-interactive,  
learning-focused meeting**

### MEETING CO-CHAIRS

**Richard Balon, MD**  
Wayne State University

**Donald W. Black, MD**  
University of Iowa Carver  
College of Medicine

### FACULTY

**Marlene P. Freeman, MD**  
Massachusetts General Hospital

**Andrew Alan Nierenberg, MD**  
Harvard Medical School

**George T. Grossberg, MD**  
Saint Louis University School  
of Medicine

**Carol S. North, MD, MPE**  
The University of Texas  
Southwestern Medical Center

**Robert Hendren, DO**  
University of California, San Francisco

**Mark H. Pollack, MD**  
Rush University Medical Center

**Henry A. Nasrallah, MD**  
Saint Louis University School  
of Medicine

**Anthony L. Rostain, MD, MA**  
Hospital of the University of  
Pennsylvania and the Children's  
Hospital of Philadelphia

**Thomas Roth, PhD**  
Henry Ford Hospital

## Dear Colleague:

On behalf of the American Academy of Clinical Psychiatrists and CURRENT PSYCHIATRY we are pleased to present our 2016 Psychiatry Update.

This highly practical, educational meeting will offer 2.5 days of clinically useful information and up to 18 CME Credits, including your entire year's ABPN SA requirement, plus credit toward your MOC.

In our interactive, learning-focused format, nationally renowned faculty will provide best practice information specifically designed to address the everyday challenges of improving outcomes for your patients. Topics include:

- Anxiety Disorders
- Depression
- Autism Spectrum Disorder
- Substance Abuse
- Managing the Difficult Child
- Psychotic Disorders
- Pregnancy and Women's Health
- Geriatric Issues
- ADHD
- Sleep Disorders
- PTSD

As always, our meeting offers an outstanding opportunity for peer-to-peer learning and networking. With question and answers allotted for every session, there is ample time to share best practices and find solutions to your most difficult clinical challenges.

We hope you can join us in Chicago.



Richard Balon, MD  
Meeting Co-Chair



Donald W. Black, MD  
Meeting Co-Chair

## ABOUT OUR VENUE

### CHICAGO MARRIOTT DOWNTOWN MAGNIFICENT MILE

540 North Michigan Avenue  
Chicago, Illinois 60611  
Tel: 312-836-0100

We have arranged for discount room rates of just \$199 at the Chicago Marriott Downtown Magnificent Mile. To make your reservation, please call (877) 303-0104 and identify yourself as an AACP/Current Psychiatry 2016 participant. Discount rate expires **February 9**. We urge you to make your arrangements as soon as possible as our room block will sell out.

**About the Chicago Marriott Downtown Magnificent Mile**  
Location, location, location! Make the most of your stay in Chicago. Magnificent shopping, renowned dining, and Chicago's top attractions – Navy Pier, Millennium Park, Theaters, and Museums – are all just a walk away from the Chicago Marriott Downtown Magnificent Mile.

➤ [www.CPAACP-CME.com](http://www.CPAACP-CME.com)

## MEETING CO-CHAIRS



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DETROIT, MICHIGAN



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## FACULTY



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DIRECTOR OF THE DIVISION OF CHILD AND ADOLESCENT PSYCHIATRY  
VICE CHAIRMAN DEPARTMENT OF PSYCHIATRY AND ANP DIRECTOR  
UNIVERSITY OF CALIFORNIA, SAN FRANCISCO  
SAN FRANCISCO, CALIFORNIA



Henry A. Nasrallah, MD  
THE SYDNEY W. SOUERS PROFESSOR AND CHAIR  
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Andrew Alan Nierenberg, MD  
PROFESSOR OF PSYCHIATRY  
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DIRECTOR OF THE BIPOLAR CLINIC AND RESEARCH PROGRAM  
ASSOCIATE DIRECTOR OF THE DEPRESSION CLINICAL  
AND RESEARCH PROGRAM  
DIRECTOR  
CLINICAL RESEARCH SUPPORT OFFICE  
CLINICAL RESEARCH PROGRAM  
MASSACHUSETTS GENERAL HOSPITAL  
BOSTON, MASSACHUSETTS



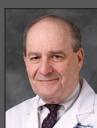
Carol S. North, MD, MPE  
THE NANCY AND RAY L. HUNT CHAIR IN CRISIS PSYCHIATRY  
PROFESSOR, DEPARTMENTS OF PSYCHIATRY  
AND EMERGENCY MEDICINE  
DIRECTOR-PROGRAM IN TRAUMA AND DISASTER  
THE UNIVERSITY OF TEXAS SOUTHWESTERN MEDICAL CENTER  
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GRAINGER PROFESSOR AND CHAIRMAN  
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PROFESSOR OF PSYCHIATRY  
PROFESSOR OF PEDIATRICS  
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CHILDREN'S HOSPITAL OF PHILADELPHIA  
PHILADELPHIA, PENNSYLVANIA



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HENRY FORD HOSPITAL  
PROFESSOR, DEPARTMENT OF PSYCHIATRY  
WAYNE STATE UNIVERSITY SCHOOL OF MEDICINE  
CLINICAL PROFESSOR, DEPARTMENT OF PSYCHIATRY  
UNIVERSITY OF MICHIGAN COLLEGE OF MEDICINE  
DETROIT, MICHIGAN

# PSYCHIATRY UPDATE 2016

## SOLVING CLINICAL CHALLENGES, IMPROVING PATIENT CARE

**The last 10 to 15 minutes of each session will be used for Q&A.**

*(Schedule and faculty are subject to change. Visit [www.CPAACP-CME.com](http://www.CPAACP-CME.com) for updates.)*

### THURSDAY, MARCH 10, 2016

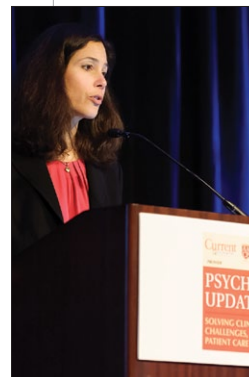
- 7:00 am Breakfast/Exhibits
- 8:15 am Welcome  
Richard Balon, MD
- 8:20 am General Overview of Sleep Disorders  
Thomas Roth, PhD
- 9:20 am Psychopharmacology and Pregnancy:  
The New Labeling Changes and  
Implications for Clinical Practice  
Marlene P. Freeman, MD
- 10:20 am Break/Exhibits
- 10:50 am Anxiety Disorders in Women Across  
the Lifecycle  
Marlene P. Freeman, MD
- 11:50 am Innovative Treatments of Anxiety  
Part 1 (Use of Benzodiazepines)  
Mark H. Pollack, MD
- 12:50 pm Luncheon Symposium
- 2:05 pm Dessert/Exhibits
- 2:35 pm Innovative Treatments of Anxiety  
Part 2 (Other Standard and Novel  
Therapeutic Approaches)  
Mark H. Pollack, MD
- 3:35 pm How to Treat Patients with Insomnia  
Thomas Roth, PhD
- 4:35 pm Refreshment Break/Exhibits
- 4:55 pm Treatment of Chronic Depression  
Andrew A. Nierenberg, MD

### FRIDAY, MARCH 11, 2016

- 7:00 am Breakfast
- 8:15 am Subtypes of Depression  
Andrew A. Nierenberg, MD
- 9:15 am Overview of Autism Spectrum  
Disorder  
Robert L. Hendren, DO
- 10:15 am Break/Exhibits
- 10:45 am Overview of PTSD  
Carol S. North, MD, MPE
- 11:45 am Neuroinflammation and Oxidative  
Stress in Schizophrenia and Mood  
Disorders: Biomarkers & Therapeutic  
Targets  
Henry A. Nasrallah, MD
- 12:45 pm Luncheon Symposium
- 2:00 pm Dessert/Exhibits
- 2:15 pm Winokur Award Presentation
- 2:30 pm Comorbidity of Schizophrenia  
and Substance Abuse  
Henry A. Nasrallah, MD
- 3:30 pm Clinical Management  
of Autism Spectrum Disorder:  
What Happens Over Time/  
Borderline Intellectual  
Functioning  
Robert L. Hendren, DO
- 4:30 pm Stretch Break
- 4:45 pm Management of PTSD  
Carol S. North, MD, MPE

### SATURDAY, MARCH 12, 2016

- 7:00 am Breakfast
- 8:15 am Managing the Difficult Child  
Anthony L. Rostain, MD, MA
- 9:15 am Symposium
- 10:45 am Refreshment Break
- 11:00 am Successful Aging  
George T. Grossberg, MD
- 12:00 pm ADHD Comorbid with Substance  
Abuse  
Anthony L. Rostain, MD, MA
- 1:00 pm Mild Cognitive Impairment -  
"Senior Moments" and DSM-5  
George T. Grossberg, MD
- 2:00 pm Conference Adjournment



### COURSE REGISTRATION FORM

|                                                                                                                                                                                                                                                                              |                     |
|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------|
| FIRST NAME _____                                                                                                                                                                                                                                                             | LAST NAME _____     |
| DEGREE: <input type="checkbox"/> MD <input type="checkbox"/> DO <input type="checkbox"/> PhD <input type="checkbox"/> RESIDENT <input type="checkbox"/> NP <input type="checkbox"/> PA <input type="checkbox"/> PHARM D <input type="checkbox"/> OTHER, PLEASE SPECIFY _____ |                     |
| <input type="checkbox"/> AACP MEMBER                                                                                                                                                                                                                                         | NPI/LICENSE # _____ |
| PRACTICE NAME _____                                                                                                                                                                                                                                                          |                     |
| ADDRESS _____                                                                                                                                                                                                                                                                |                     |
| CITY/STATE/ZIP _____                                                                                                                                                                                                                                                         |                     |
| E-MAIL (for registration confirmation and CME certificate delivery) _____                                                                                                                                                                                                    |                     |
| PHONE _____                                                                                                                                                                                                                                                                  | FAX _____           |
| PAYMENT INFORMATION: CREDIT CARD: <input type="checkbox"/> AMEX <input type="checkbox"/> MC <input type="checkbox"/> VISA <input type="checkbox"/> CHECK ENCLOSED (made payable to Global Academy for Medical Education)                                                     |                     |
| CARD NUMBER _____                                                                                                                                                                                                                                                            | EXP. DATE _____     |
| CARDHOLDER SIGNATURE _____                                                                                                                                                                                                                                                   |                     |

**REGISTER ONLINE AT [WWW.CPAACP-CME.COM](http://WWW.CPAACP-CME.COM)**

## REGISTER NOW!

### Last year's meeting sold out

#### TO REGISTER:

**Online:** [www.CPAACP-CME.com](http://www.CPAACP-CME.com)

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**By E-mail:** [kkirchner@hqtrs.com](mailto:kkirchner@hqtrs.com)

**By Mail:** c/o Kim Kirchner

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Medical Education

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|                           | UNTIL<br>NOV. 20 | NOV. 21<br>DEC 18 | DEC 19 -<br>JAN 29 | AFTER<br>JAN 29 |
|---------------------------|------------------|-------------------|--------------------|-----------------|
| Physicians/PhDs           | \$395            | \$425             | \$495              | \$625           |
| Residents/NPs/<br>PAs/RNs | \$295            | \$325             | \$395              | \$525           |
| AACP Members              | \$245            | \$325             | \$395              | \$525           |

**Great Value!** Price includes access to all scientific sessions, continental breakfast Thursday, Friday, and Saturday, lunch Thursday and Friday, plus your copy of the workbook.

**Cancellation Policy:** 2016 CP/AACP will offer a full refund less a \$50 administrative fee as follows: requests for refunds must be made in writing postmarked, e-mailed, or faxed prior to February 9, 2016. After February 9, 2016 no refunds will be granted. Substitutions are welcomed in lieu of cancellation. Refunds will not be issued to no-shows.

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UPDATE 2016SOLVING CLINICAL  
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for a maximum of **18 AMA PRA  
Category 1 Credits™**.

Earn credit toward your MOC!

Join us in Chicago for this highly-  
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LAST  
CHANCE!

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AND THE CHILDREN'S HOSPITAL OF PHILADELPHIA

**Thomas Roth, PhD**  
HENRY FORD HOSPITAL

## LEARNING OBJECTIVES

At the conclusion of this  
activity, participants  
should be able to:

- Recognize overlapping symptoms and devise an approach to address the individual patient's comorbidities
- Examine current standards in the diagnosis and treatment of sleep, anxiety, and autism spectrum disorder; depression, schizophrenia, PTSD, ADHD, substance abuse and mild cognitive impairment
- Raise awareness among psychiatrists and MHPs on current clinical evidence so they can counsel patients on the risks vs benefits of pharmacologic therapy for managing various psychiatric disorders/diseases



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- Geriatric Issues
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- Sleep Disorders
- PTSD

## ACCREDITATION INFORMATION

The American Board of Psychiatry and Neurology has reviewed the Current Psychiatry/AACP 2016 Psychiatry Update Presentation and has approved this program as part of a comprehensive CME program, which is mandated by the ABMS as a necessary component of maintenance of certification (MOC). The activity awards **18 AMA PRA Category 1 Credit(s)™** and **8 Self-Assessment Category 1 CME credits**.

**Who Should Attend:** This activity is designed for general, pediatric and adolescent and geriatric psychiatrists, nurse practitioners, physician assistants, nurses, psychologists, social workers and other mental health professionals interested in treating patients with ADHD, Anxiety Disorders, Depression, Autism Spectrum Disorder, Substance Abuse, Psychotic Disorders, Pregnancy/Women's Health, Geriatric Issues, or Sleep Disorders.

## ACCREDITATION

**Physician Accreditation:** This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of the University of Cincinnati and Global Academy for Medical Education, Inc. The University of Cincinnati is accredited by the ACCME to provide continuing medical education for physicians.

**Physician Credit Designation:** The University of Cincinnati designates this Live Activity for a maximum of **18 AMA PRA Category 1 Credit™**. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

**Physician Assistants Credit Designation:** The American Academy of Physician Assistants (AAPA) accepts Category 1 CME approval from organizations accredited by the ACCME.

**Nurse Practitioners:** The American Academy of Nurse Practitioners (AANP) accepts AMA PRA Category 1 Credit(s)™ from organizations accredited by the ACCME.