



QUÉBEC 2022

A Méli-Mélo of Sport Medicine

27-30 April, 2022

Fairmont Château Frontenac,
Québec City, Québec

#CASEMAQMSE

www.casem-acmse.org/annual_symposium/2022



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Association québécoise
des médecins du sport
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A MÉLI-MÉLO OF
SPORT MEDICINE



PRE-CONFERENCE COURSES



CASEM TEAM PHYSICIAN COURSE

MONDAY & TUESDAY - 25-26 APRIL 2022

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INJURY PREVENTION IN SPORT SYMPOSIUM

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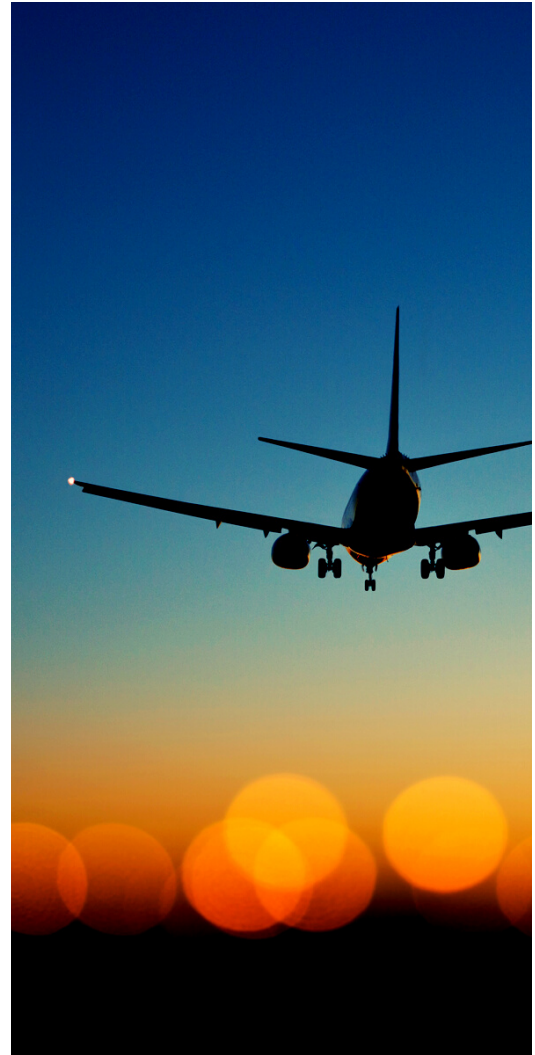
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THURSDAY - 28 APRIL 2022

TIME (ROOM)	TITLE	SPEAKER
8:20am-8:30am	Welcome Remarks from CASEM and AQMSE Presidents and Scientific Committee Chair	Luc De Garie (AQMSE President), Martin Lamontagne (Conference Chair), Cathy Campbell (CASEM President)
8:30am-9:00am	Keynote	Laurent Duvernay Tardif, MD,
9:00am-10:15am	Wrist and Hand Pathologies Panel	
	1. Instability and Ligament Problems of the Wrist - TFCC Tears	1. Dominique Tremblay, MD
	2. Wrist Fractures	2. Elie Boghossian, MD
	3. Management of Finger Fractures, Dislocations and Sprains	3. Émanuelle Villemare-Côté, MD
	4. Panel Discussion and Questions	
10:15am-10:45am	Coffee Break with Exhibitors and Poster Viewing	
10:45am-11:30am	Wrist and Hand Pathologies Panel continued...	
	5. Finger Flexion and Pulley Ruptures	5. Nina Suh, MD
	6. Tendon Injuries and Nerve Lesions of the Hand	6. Antoine Lessard, MD
	7. Questions	
11:30am-12:30pm	Sandy Kirkley Research Session	Moderator: Kien Trinh, MD, PhD
12:30pm-2:00pm	Lunch in Exhibit Hall	
2:00pm-2:45pm	Practice changing articles in Sport Medicine	Pierre Fremont, MD, Dip. Sport Med. Ian Shrier, MD, Dip. Sport Med.
3:00pm-3:45pm	Workshops (1-5)	
(Sal de Bal)	1. Assessment of the Hand and Wrist	1. Nina Suh, MD
(Jacques Cartier)	2. Rehabilitation of the Hand and Wrist	2. Jean-François Ouellet, OT, CHT.
(Place D'armes)	3. Altitude Medecine	3. Michel White, MD
(Montmagny)	4. Sleep Medicine	4. Marc Therrien, MD
(Beauharnois)	5. Physical Activity as Treatment and/or Diagnosis	5. Jean Doré, MD, Dip. Sport Med.
3:45pm-4:15pm	Coffee Break with Exhibitors and Poster Viewing	
4:15pm-5:00pm	Workshops (1-5) Repeated	
7:00pm	CASEM-AQMSE Social Evening	



FRIDAY - 29 APRIL 2022

TIME (ROOM)	TITLE	SPEAKER
8:30am-9:00am	Keynote	Pierre Lavoie, endurance athlete
9:00am-10:35am	One Move, One Sport , One Pathology	
	1. Posterior Impingement of the Ankle in Dance	1. Monika Volesky, MDCM, FRCSC
	2. Endofibrosis of the External Iliac Artery and Pedaling in Cycling	2. Annie Boisvert, MD & Nathalie Gilbert, MD
	3. Shoulder Conditions in Wheelchair Athletics Athletes	3. Jamie Kissick, MD, Dip. Sport Med.
	4. Ischiodemoral Impingement	4. Monica Rho, MD
	5. Questions	
10:35-11:05am	Coffee Break with Exhibitors and Poster Viewing	
11:05am-12:05pm	Sandy Kirkley Research Session	Moderator: Kien Trinh, MD, PhD
12:05-12:35pm	2 minutes 2 slides moderated by Méli and Mélo	Méli: Rich Trenholm, MD, Dip. Sport Med. Mélo: Pierre Messier, MD, Dip. Sport Med.
12:35-2:00pm	Lunch in Exhibit Hall	
2:00-2:30pm	Transgender Athletes : Inclusivity and Fairness	
	1. Intro	1. Guylaine Demers, PhD
	2. Performance	
	3. Questions	
2:30-3:15pm	Workshops (1-5)	
(Sal de Bal)	1. Truncal and Gluteal Neuropathies	1. Hung Dien Luong, MD
(Jacques Cartier)	2. Diagnostic Imaging Cases in Sports Medicine	2. Mélanie Brisson, MD
(Place D'armes)	3. Thoracic Mobility: Assessment and Treatment & New Approaches in Rehabilitation Following Knee Kinesiology Analysis	3. Yan Pelletier, PT & Maxime Provencher, PT
(Montmagny)	4. PRP Update: Latest Evidence and Spine Pathologies	4. Martin Lamontagne, MD & André Roy, MD
(Beauharnois)	5. Concussion Evaluation: SNA and new tests	
3:15-3:45pm	Coffee Break with Exhibitors and Poster Viewing	
3:45- 4:30pm	Workshops (1-5) Repeated	
7:00pm-1:00am	CASEM-AQMSE Gala Dinner and Dance	
	<u>\$100 per person - Buy tickets here</u>	

**SATURDAY - 30 APRIL 2022**

TIME (ROOM)	TITLE	SPEAKER
8:30am-9:45am	Sandy Kirkley Research Session	Moderator: Kien Trinh, MD, PhD
9:45am-10:10am	Anterior Shoulder Instability	Bogdan A. Matache, MD CM, FRCSC, Dip Sport Med
10:10am-10:45am	Mental Health	Sylvie Parent, PhD Lindsay Bradley, MD, Dip. Sport Med.
10:45-11:15am	Coffee Break with Poster Viewing	
11:15am-11:45pm	Lance Richard Memorial Lecture Anti-Doping: What's new in '22	Alan Vernec, MD, Dip. Sport Med.
11:45am-12:15pm	Injury Prevention - Concussion	Jon Patricios, MBBCh
12:15pm-12:30pm	Questions	
12:30pm-12:45pm	Closing Remarks	