

California Chapter of the American Association of Clinical Endocrinologists

Presents:

Hot Topics in Diabetes and Endocrinology for Primary Care

Embassy Suites Riverfront Promenade • 100 Capitol Mall • Sacramento, CA 95814

Saturday, August 15, 2015

7:00 – 8:00 AM	Breakfast / Registration
8:00 – 8:15 AM	Welcome / Pre-meeting Assessment Objectives: 1. After participating in a pre-meeting assessment tool, attendees will be able to recognize areas of potential shortcoming and strive to improve knowledge and consequential healthcare practices
8:15 – 10:15 AM	Diabetes Update • <i>GLP-1 Receptor Agonists and Their Use with Oral Agents / Q&A</i> Etie Moghissi, MD, FACE; Program Chair Objectives: 1. Compare the safety and efficacy of GLP-1 receptor agonists vs other antihyperglycemic agents for T2D treatment 2. Identify barriers to incorporating GLP-1 receptor agonists into treatment plans 3. Incorporate GLP-1 receptor agonists into evidence-based, individualized T2D treatment plans • <i>Incorporating SGLT2 Inhibitors and Other New and Novel Agents into Clinical Practice / Q&A</i> Chris K. Guerin, MD, FACE Objectives: 1. Prescribe treatment options based on efficacy and secondary effects 2. The role of the kidney, CNS, GI tract and lung-pathophysiology and treatment opportunities for T2DM 3. Translate the science and art of these therapies into practical treatment regimens for the individual patient • <i>Insulin Initiation and Intensification / Q&A</i> Yshay Shlesinger, MD Objectives: 1. Recognize patient circumstances when initiation of basal insulin is appropriate 2. Apply strategies to overcome common barriers to injection and/or insulin use in patients with T2D 3. Develop safe, effective, and guideline-based treatment plans for insulin intensification
10:15 – 10:45AM	Exhibit Hall Break
10:45 – 11:15 PM	Thyroid: High, low and lumps that grow Herbert I. Rettinger, MD, FACE Objectives: 1. Evaluate thyroid function testing and determine probable cause of abnormalities. 2. Interpret thyroid ultrasound nomenclature 3. Recognize when to refer patients to an endocrinologist
11:15 – 11:25 PM	Q&A

11:25 – 11:55 AM	Obesity as a Disease: Why it is a problem and how we asses and manage it TBD Objectives: 1. Discuss obesity as a disease with patients 2. Discuss office based obesity evaluation and weight management 3. Evaluate and explore lifestyle changes and pharmacotherapy options for obesity
11:55 – 12:05 AM	Q&A
12:05 – 12:35 AM	Osteoporosis the Silent Killer Joseph B. Hawkins, Jr., MD, FACE Objectives: 1. Define the magnitude and scope of the osteoporosis problem 2. Perform fracture risk assessment and identify those to treat and not treat 3. Discuss treatment options for osteoporosis
12:35 – 12:45 PM	Q&A
12:45 – 1:00 PM	Post-meeting Assessment / Adjourn Objectives: 1. At the conclusion of the meeting, attendees will be able to measure learning that occurred that will enable the use of new healthcare techniques and practices and to review or confirm existing care modalities