

ABOUT THE SYMPOSIUM

16TH ANNUAL

UCSD HEART FAILURE SYMPOSIUM FOR PRIMARY CARE AND INTERNAL MEDICINE PHYSICIANS

NEW STRATEGIES FOR DETECTING, PREVENTING AND TREATING HEART FAILURE

Saturday, January 23, 2016
Estancia La Jolla Hotel
La Jolla, California



Cultural and Linguistic Competency

This activity is in compliance with California Assembly Bill 1195 which requires continuing medical education activities with patient care components to include curriculum in the subjects of cultural and linguistic competency. Cultural competency is defined as a set of integrated attitudes, knowledge, and skills that enables health care professionals or organizations to care effectively for patients from diverse cultures, groups, and communities. Linguistic competency is defined as the ability of a physician or surgeon to provide patients who do not speak English or who have limited ability to speak English, direct communication in the patient's primary language. Cultural and linguistic competency was incorporated into the planning of this activity. Additional resources on cultural and linguistic competency and information about AB1195 can be found on the UCSD CME website at <http://cme.ucsd.edu>.

COURSE DESCRIPTION

This past year has been a particularly dynamic one from the perspective of advances in managing heart failure. Several new drugs have been approved for treating patients and other new agents are likely to soon become available (perhaps even by the time that the Symposium is held!). Thus, the focus of this year's Symposium is to provide information about how to best use these new approaches in managing heart failure patients. The curriculum includes lectures on new approaches such as PCSK-9 inhibitors, the sacubitril/valsartan combination (LCZ696), ivabradine, novel means of treating hyperkalemia, percutaneous treatment of valvular heart disease and new approaches to the use of biomarkers and remote monitoring. Discussion of these important new advances will be combined with updates on how to best employ existing therapies. The 16th Annual UCSD Heart Failure Symposium will continue the tradition of providing cutting edge information about heart failure in a form that enhances adaption into clinical practice.

TARGET AUDIENCE

This course is designed for internists, primary care physicians, nurses, and allied healthcare professionals.

OBJECTIVES

- At the conclusion of this activity, participants should be able to:
1. Summarize current treatments available for heart failure and provide information to help in the selection of the most rational choices in individual patients.
 2. Review strategies for implementing medical and device therapies that will lead to improved outcomes in heart failure patients.
 3. Define how specific populations including minorities, women and the elderly respond to various approaches to treating hypertension and heart failure.

NEEDS ASSESSMENT

Over five million Americans (two percent of the U.S.) are living with heart failure. An estimated 670,000 new cases of heart failure (HF) are diagnosed each year and this condition is a major cause of morbidity and mortality (80% of men and 70% of women less than 65 years of age who have HF will die within 8 years) and is the number one cause of hospitalizations of the elderly in the US. HF is common, but unrecognized and often misdiagnosed. Recent data has shown that drugs and devices that have proven beneficial and are recommended in recent practice guidelines, (HFSA 2010 update of practice guidelines Lindelfield J et al J Cardiac Failure 2010;16; 475) are underutilized (Fonarow GC et al. Circulation 2010;122:585).

Recent information also suggests a significant individual variability in conformity to quality-of-care indicators and clinical outcome of patients with HF and a substantial gap in overall performance. In addition, according to a study analyzing the quality of health care in the US on average, patients with heart failure received the recommended quality of care only 64% of the time (Heart failure performance measurement set by the ACC/AHA 2010).

Despite important advances in treatment, patients with heart failure continue to experience unacceptably high rates of morbidity and mortality. This along with the enormous cost of caring for a growing number of heart failure patients has resulted in increased scrutiny of existing and emerging therapies.

UC San Diego
SCHOOL OF MEDICINE

9300 Campus Point Drive
La Jolla, CA
92037-7381

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*If you receive more than one brochure,
won't you pass the extra along to an associate?*

PLEASE POST

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FOR
PRIMARY CARE AND INTERNAL MEDICINE PHYSICIANS

NEW STRATEGIES FOR DETECTING, PREVENTING AND TREATING HEART FAILURE

SATURDAY, JANUARY 23, 2016

Estancia La Jolla Hotel La Jolla, California

Sponsored by

UC San Diego

SCHOOL OF MEDICINE

UCSD Sulpizio Cardiovascular Center

Officially endorsed by

FACULTY

UC SAN DIEGO PROGRAM DIRECTOR



Barry H. Greenberg, MD, FACC
Distinguished Professor of Medicine
Director, Advanced Heart Failure Treatment Program
University of California San Diego Medical Center

GUEST FACULTY



Blase A. Carabello, MD
Chairman of Cardiology
Mount Sinai Beth Israel
New York, NY



Uri Elkayam, MD, FACC
Professor of Medicine
Division of Cardiology
University of Southern California
Los Angeles, CA

UC SAN DIEGO PARTICIPATING FACULTY



Eric Adler, MD
Associate Clinical Professor
Medical Director, Cardiac Transplant



Denise D. Barnard, MD, FACC
Clinical Professor of Medicine, Cardiology
Advanced Heart Failure Treatment Program
Cardiac Transplantation and LVAD Program
Director, Women's Cardiovascular
Health Program



Ulrika Birgersdotter-Green, MD
Professor of Medicine
Division of Cardiology
Director, Pacemaker and ICD Services



Daniel Blanchard, MD, FACC
Professor of Clinical Medicine
Director, UCSD Cardiology
Fellowship Program



Julie Estes, PA
Heart Failure Physician Assistant



Alan Maisel, MD, FACC
Professor of Cardiology, UCSD
Director, Coronary Care Unit and
Heart Failure Program
San Diego Veterans Affairs Medical Center



Gregg Fonarow, MD, FACC
Professor of Medicine
Director, Ahmanson – UCLA
Cardiomyopathy Center
Co-Chief, UCLA Division of Cardiology
University of California, Los Angeles
Los Angeles, CA



Jessica Lee, MPAP, PA-C
Heart Failure Physician Assistant



Robert L. Owens, MD
Assistant Professor of Medicine
Division of Pulmonary, Critical Care
and Sleep Medicine



Michelle Schlueter, PharmD, BCPS
Clinical Pharmacy Specialist
Director, PGY2 Residency in
Transitions of Care
UC San Diego Health System



Pam Taub, MD, FACC
Associate Professor of Medicine
Director of Cardiac Wellness &
Rehabilitation
Division of Cardiovascular Medicine



Hao (Howie) Tran, MD
Assistant Clinical Professor of Medicine
Division of Cardiovascular Medicine

Faculty Disclosure It is the policy of the University of California, San Diego School of Medicine to ensure balance, independence, objectivity and scientific rigor. All persons involved in the selection, development and presentation of content are required to disclose any real or apparent conflicts of interest. All conflicts of interest will be resolved prior to an educational activity being delivered to learners through one of the following mechanisms 1) altering the financial relationship with the commercial interest, 2) altering the individual's control over CME content about the products or services of the commercial interest, and/or 3) validating the activity content through independent peer review. All persons are also required to disclose any discussions of off label/unapproved uses of drugs or devices. Persons who refuse or fail to disclose will be disqualified from participating in the CME activity.

PROGRAM - Saturday, January 23

6:45 - 8:00am	Registration/Coffee
7:00 - 8:00am	Breakfast Symposium (Non CME)
SESSION I	Treating Risk Factors to Prevent Heart Failure Barry Greenberg, MD (Moderator)
8:00 - 8:20am	How do PCSK-9 Inhibitors Work and Who Will Benefit From Them? Pam R. Taub, MD
8:20 - 8:40am	Why and How to Treat Sleep Disordered Breathing in Hypertension and Heart Failure Robert L. Owens, MD
8:40 - 9:00am	New Approaches for Using Biomarkers to Detect and Treat Heart Failure Alan Maisel, MD
9:00 - 9:25am	Question and Answer Session - Barry Greenberg, MD (Moderator) Drs. Taub, Owens & Maisel (Panelists)
9:25 - 9:50am	Coffee Break/Visit Exhibits/Meet the Faculty
SESSION II	New Therapies - Hao (Howie) Tran, MD (Moderator)
9:50 - 10:10am	Is Dual Inhibition of Angiotensin Receptors and Nephilysin Superior to an ACEI or ARB Alone? Barry Greenberg, MD
10:10 - 10:30am	Slowing the Heart Using Funny Channel Blockers (Ivabradine) Uri Elkayam, MD
10:30 - 10:50am	Importance of Treating Hyperkalemia in Heart Failure Patients and New Ways to Do It Barry Greenberg, MD
10:50 - 11:10am	The New Anti-Coagulant Agents: Where and When Should They Be Used? Daniel Blanchard, MD
11:10 - 11:30am	When and How to Treat Hyponatremia Gregg Fonarow, MD
11:30 - 11:55am	Question and Answer Session - Hao (Howie) Tran, MD (Moderator) Drs. Elkayam, Fonarow, Blanchard and Greenberg (Panelists)
11:55am - 1:15pm	Lunch/Meet the Faculty/Visit Exhibits
SESSION III	Problems in Heart Failure - Denise Barnard, MD (Moderator)
1:15 - 1:35pm	Treating Mitral Regurgitation: New Approaches for Percutaneous Valve Repair/Replacement Blase Carabello, MD
1:35 - 1:55pm	Using Remote Monitoring to Reduce Re-Admissions Gregg Fonarow, MD
1:55 - 2:15pm	Using the Wearable Cardioverter Fibrillator as a Bridge to Recovery or ICD Ulrika Birgersdotter-Green, MD
2:15 - 2:55pm	Case Presentation and Panel Discussion: Improving Transition from Hospital to Home - Denise Barnard, MD (Moderator) Eric Adler, MD - Role of the Physician Michelle Schlueter, Pharm D - Role of the Pharmacist Julia Estes, PA - Preparing the Patient for Discharge Jessica Lee, PA - Keys to a Successful Transition from Hospital to Home
2:55 - 3:10pm	Coffee Break/Visit Exhibits/Meet the Faculty
SESSION IV	Topics in Heart Failure - Eric Adler, MD (Moderator)
3:10 - 3:30pm	ICDs and CRT: Overview of When and Why to Use Them Ulrika Birgersdotter-Green, MD
3:30 - 3:50pm	Mechanical Circulatory Support as Acute and Chronic Therapy Eric Adler, MD
3:50 - 4:10pm	Hydralazine/ISDN as Front-Line Therapy of Chronic Heart Failure Uri Elkayam, MD
4:10 - 4:40pm	Case Discussion - Eric Adler, MD (Presentor) Drs Birgersdotter-Green, Elkayam, and Greenberg (Discussants)
4:40pm	Adjourn

COURSE INFORMATION

ACCREDITATION

The University of California, San Diego School of Medicine is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

The University of California, San Diego School of Medicine designates this live activity for a maximum of **6.75 AMA PRA Category 1 Credit(s)**[™]. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

For the purpose of recertification, the American Nurses Credentialing Center accepts *AMA PRA Category 1 Credit(s)*[™] issued by organizations accredited by the ACCME. For the purpose of relicensure, the California Board of Registered Nursing accepts *AMA PRA Category 1 Credit(s)*[™] (report up to **6.75 hours of credit** and list “CME Category 1” as the provider number).

HEART FAILURE SOCIETY OF AMERICA

Officially endorsed by the Heart Failure Society of America. The opinions presented in this educational activity do not necessarily reflect the opinions or recommendations of the **HFSA**.

CANCELLATION POLICY

If your registration must be cancelled and a refund of your fee is desired, your fee, less \$40 for administrative costs, will be refunded upon receipt of a written request that includes your signature. No refunds will be made after December 23, 2015. Please allow up to 12 weeks for a refund.

FURTHER INFORMATION

Complete Conference Management
3320 Third Avenue, Suite C
San Diego, CA 92103

Phone: 619-299-6673
Fax: 619-299-6675
Email: info@ccmmeetings.com

REGISTRATION FEES

\$120 Early Bird Registration – on or before December 31, 2015
\$150 Registration – after December 31, 2015 and on-site
\$100 Nurse Registration – on or before December 31, 2015
\$130 Nurse Registration – after December 31, 2015 and on-site

LOCATION

Estancia La Jolla Hotel

9700 North Torrey Pines Road
La Jolla, CA 92037
Tel: 858-550-1000 Fax: 858-550-1001
1-877-4-ESTANCIA (toll free reservations)
www.Estancialajolla.com



Special room rates are offered:
Single or Double - \$179 per night, **plus**
San Diego occupancy tax of 12.565%,
\$8 hospitality fee and \$10 overnight parking fee.

The site for the meeting is on 9.5 acres in the enchanting seaside community of La Jolla at the new 21st Century Learning Retreat, the Estancia La Jolla Hotel. The hotel is in the midst of a classic California coastal rancho setting, adjacent to world-class Torrey Pines Golf Course, and just minutes from the San Diego Zoo, Sea World, shopping and beautiful Southern California beaches. The hotel is only 14 miles from downtown San Diego and Lindbergh Field (San Diego International Airport). A limited number of rooms have been reserved for course participants and will be reserved as requests are received.

Reservation Deadline: December 23, 2015. If your reservation is not received prior to cut-off date, reservations will be accepted subject to availability. Please specify that you plan to attend the 15th ANNUAL UCSD HEART FAILURE SYMPOSIUM so you can receive our special course rate.

REGISTRATION FORM

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First Name _____

Last Name _____

Title _____

Office Address _____

City _____

State _____

Zip _____

Phone _____

Fax _____

Email _____

Professional Specialty _____

Special Needs for Disabled _____

Registration Fees:

\$120 Early Bird Physician Registration – on or before December 31, 2015
\$150 Physician Registration – after December 31, 2015 and on-site
\$100 Early Bird Nurse Registration – on or before December 31, 2015
\$130 Nurse Registration – after December 31, 2015 and on-site

CREDIT CARD PAYMENT - Visa, Mastercard, Discover or Am Ex ONLY

Name of Registrant _____

Card Number _____

Security Code _____ Exp. Date _____

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Billing Address _____

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Please do not send credit card information by fax.

CHECK OR MONEY ORDER PAYMENT (in US dollars)

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UC Regents

Send or Fax to:

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