



STFM Annual Spring conference

May 5-9, 2018 • Marriott Washington Wardman Park • Washington, DC

www.stfm.org/annual

Register Now for the **STFM Annual Spring Conference**

Welcome to the **STFM Annual Spring Conference...a conference filled with:**

- Seminars and workshops where you'll gain knowledge, skills, and tools to become a better educator
- Engaging lecture-discussions and round table sessions where you'll hear about new ideas and interventions
- Innovative poster and completed project sessions that disseminate new knowledge about family medicine education
- Continuous networking opportunities

Don't miss this opportunity to get and share practical and progressive ideas for:

- Family medicine advocacy/policy:
 - Advocating for graduate medical education (Medicare, VA, etc.); primary care research funding/infrastructure; workforce (Title VII)
 - Advocacy curriculum and/or skills building
- Interprofessional collaboration in practice and education
- Creating and teaching in the patient-centered medical home
- Family medicine that achieves the Triple Aim: better care, better health, and lower cost
- Emerging technologies that impact or improve training programs and research
- New and better strategies for meeting accreditation requirements
- Promoting student interest in family medicine
- Promoting student, faculty, and resident scholarship in family medicine
- Innovation in curriculum and faculty development
- Capacity building, resiliency, and retention of the work force

The STFM Annual Spring Conference includes nearly 500 educational and interactive seminars, lecture-discussions, papers, and poster presentations. Learn from the success of your peers and exchange ideas with more than 1,500 of your family medicine colleagues.

Register at www.stfm.org/annual





Explore Washington, DC Our Host City...Our Nation's Capital

From monuments and memorials to vibrant neighborhoods filled with character and charm, DC is a memorable destination filled with breathtaking views, unique venues, and hundreds of free things to do. Enjoy the iconic monuments along the beautiful National Mall, acclaimed theater at renowned venues like the John F. Kennedy Center for the Performing Arts and Arena Stage, outstanding shopping in historic Georgetown and CityCenterDC, and great sporting entertainment from five professional franchises. Explore DC's nightlife and flourishing dining scene.

DC offers unique cultural diversity, pairing international influence with a distinct local identity. It's easy to access and navigate through three airports. Traversing the city is simple, whether by foot, via bike rental with Capital Bikeshare, or through the city's efficient Metrorail system. For more information, visit www.washington.org.

Exploring Our Conference Neighborhood

North of Dupont Circle—and across Rock Creek Park from funky Adams Morgan—genteel Woodley Park was one of several uptown neighborhoods where 19th- and early 20th-century Washingtonians escaped the summer heat. It still boasts historic architecture, plus the modern buzz of good restaurants with sidewalk cafes. The neighborhood features a few iconic sights, including a Marilyn Monroe mural and two spectacular bridges, the Taft and the Duke Ellington. Its biggest attraction, the Smithsonian National Zoo, which backs up to Rock Creek Park, is home to the city's famed giant pandas.

Locals and tourists flock to Rock Creek Park, a tree-filled ribbon defined by its namesake waterway, encompassing 2,100 acres designated by Congress in 1890. Expect biking and running trails, workout stations, and picnic spots by the creek. There's also access to Pierce Mill, a working 19th-century grist mill, near the lower entrance to the zoo.

The Historic Marriott Wardman Park

Since opening in 1918, the hotel has been central to significant moments in American history.

- In 1954, Thurgood Marshall and his colleagues stayed at the hotel as Marshall prepared and tried *Brown vs. Board of Education* in the Supreme Court.
- Famous poet Langston Hughes was working as a busboy at the hotel when he was discovered by Vachel Lindsay in 1925.
- A World War II-era British spy (code-named Cynthia) operated out of the hotel as she stole top-secret documents from an embassy employee and photographed them in a lab she had set up in her room.
- Eleven of the 12 presidents from Herbert Hoover to George W. Bush held inaugural balls on the premises.
- In the 1940s, the Marine Reserves were taught how to swim with their clothes on in the hotel's Olympic-sized hotel pool.
- Army Special Forces soldiers rappelled down the side of the hotel during a training exercise in 1962.
- The first televised broadcast of NBC's *Meet the Press* took place in 1947 in the Wardman Tower.

Schedule at a Glance

Saturday, May 5

7:30 am–6:30 pm	Conference Registration
8 am–5 pm	Preconference Workshops (See pages 6-7; Additional fees may apply)
8 am–5 pm	PR1: Advanced Primary Care Orthopedics (APCO) PR7: Faculty for Tomorrow Workshop for Residents
Noon–5 pm	PR2: In Pursuit of Equity and Diversity in the Family Medicine Workforce and Leadership PR3: Skills for Change—Addressing the Social Determinants of Health Through Relational Organizing
1–5 pm	PR4: "Yes, And" For My Learners: Using Medical Improv to Grow Creative and Professional Physician Communicators PR5: Precepting OMT 101: A Faculty Development Workshop PR6: Find Your Edges, Then Fill in The Pieces! Solving the Puzzle of Faculty Development With Tips, Tools, and Tricks of the Trade.
5–6 pm	Meeting of the STFM Collaborative Leaders and STFM Board of Directors
6–6:30 pm	Conference Orientation
6:30–8 pm	STFM Annual Poetry & Prose Reading

Sunday, May 6

7 am–6:30 pm	Conference Registration and Computer Café
7:15–8:15 am	Scholarly Topic Roundtable Presentations With Continental Breakfast
8:30–10 am	<i>Greetings: Andrea Pfeifle, EdD, 2018 conference chair and STFM Program Committee chair</i> <i>STFM President's Address: Stephen A. Wilson, MD, MPH</i> Opening General Session Allyship in Times of Adversity <i>Suzanne Barakat, MD, Oakland, CA</i>
10–10:30 am	Refreshment Break—Meet Your 2018 Conference Partners!
10:30–11:30 am	Concurrent Educational Sessions
11:45 am–1:15 pm	Networking Luncheon <i>AAFP President's Greetings: Michael Munger, MD, AAFP President</i>
1:15–2:15 pm	Poster Session I: Dedicated Time for Poster Presentations
2:30–3:30 pm	Concurrent Educational Sessions
3:30–4 pm	Refreshment Break—Visit With Conference Partners and Poster Presenters
4–5:30 pm	Concurrent Educational Sessions
5:30–6:30 pm	Reception With STFM Open House

A full listing of conference presentations, including titles, presenters, abstracts, and objectives, is available at www.stfm.org/annual. This information will also be available on the mobile app at the conference.



Monday, May 7

7 am–5:30 pm	Conference Registration and Computer Café
7:15–8:15 am	STFM Collaboratives' and Special Project Teams Networking and Common Interest Discussions With Continental Breakfast
7:15–8:15 am	STFM Fellowship Alumni Breakfast (No Additional Fee, Registration required) This breakfast is for current or former STFM fellowship participants from Emerging Leaders, Leading Change, MSEDl, Bishop Fellowship, and Behavioral Science/Family Systems Educator Fellowships.
8:30–10 am	STFM Awards Program
10–11 am	Refreshment Break; Poster Session II: Dedicated Time for Poster Presentations
11:15 am–12:15 pm	Concurrent Educational Sessions
12:15–1:30 pm	Boxed Lunch; Visit With Conference Partners
12:30–1:30 pm	Open STFM Collaborative and Special Project Team Meetings
1:45–2:45 pm	Concurrent Educational Sessions
3–4 pm	Concurrent Educational Sessions
4–4:30 pm	Refreshment Break—Visit With Poster Presenters and Conference Partners
4:30–5:30 pm	Greetings: <i>Deborah Taylor, PhD, STFM Foundation President</i> General Session Developing the Moral Obligations of Citizenship <i>Stephen Black, Center for Ethics & Social Responsibility, University of Alabama</i>

Tuesday, May 8

6:15 am	STFM Foundation Marathonaki Fun Run/Walk
7 am–5 pm	Conference Registration and Computer Café
7:15–8:15 am	Scholarly Topic Roundtable Presentations With Continental Breakfast
8:30–10 am	STFM Annual Business Meeting: <i>Stephen A. Wilson, MD, MPH, STFM President</i> General Session Should Family Medicine Educators Be Expected to Do Research? Point-Counterpoint Debate <i>Jeffrey M. Borkan, MD, PhD, Memorial Hospital of Rhode Island/Brown University</i> <i>David Schneider, MD, MSPH, University of Texas Southwestern Medical Center at Dallas</i>
10–11 am	Refreshment Break; Poster Session III: Dedicated Time for Poster Presentations
11:15 am–12:15 pm	Concurrent Educational Sessions
12:15–1:45 pm	Lunch On Own
12:30–1:30 pm	Optional STFM Collaborative and Special Project Team Meetings
1:45–2:45 pm	Concurrent Educational Sessions
2:45–3:30 pm	Refreshment Break—Visit With Conference Partners and Poster Presenters
3:30–5 pm	Concurrent Educational Sessions
8 pm	STFM Movie Night
9 pm–Midnight	Annual Spring Conference Dance Party

Wednesday, May 9

7–11 am	Conference Registration
7:30–8 am	Coffee Service
8–9:30 am	Concurrent Educational Sessions
9:45–11 am	STFM Presidential Recognition and Passing of the Gavel <i>Stephen A. Wilson, MD, MPH, STFM President and Beat MD, MPH, STFM President-Elect</i> Closing General Session The AMA and STFM: Shaping the Future of Medical Education, the Health of the Public, and the Health of Physician Practices <i>David O. Barbe, MD, MHA, President, American Medical Association</i>
11 am	Conference Adjourns

Preconference Workshops

Saturday, May 5

8 am–5 pm

PR1: Advanced Primary Care Orthopedics (APCO)

Miranda Lu, MD, Swedish Medical Center/First Hill; Jeremy Johnson, MD, MPH, The Polyclinic; Ben Davis, MD, Swedish Medical Center/First Hill

While musculoskeletal problems are frequently encountered in the primary care setting, many family medicine residents graduate without sufficient competency or confidence in this area. Reasons for this deficit include divergent approaches to common orthopedic problems, insufficient repetition of a standardized exam, and lack of faculty confidence in teaching the exam. To address this, we are presenting Advanced Primary Care Orthopedics (APCO), an intensive musculoskeletal medicine course in which hands-on physical exam instruction and interactive cases are utilized to teach anatomy, a standardized exam, common diagnoses and critical diagnoses. The focus of this workshop will be to help faculty develop and refine their own musculoskeletal exam skills. Attendees will participate in small-group, interactive learning stations and be able to return to their home institutions with the necessary skills and confidence to teach residents in a standardized manner.

Additional Fee: \$250; Fee includes CME, continental breakfast, refreshment breaks, and training materials. Lunch is not included.

PR7: Faculty for Tomorrow Workshop for Residents

Wendy Biggs, MD, Central Michigan University; Alisahah Cole, MD, Carolinas Healthcare System; Timothy Graham, MD, Mount Carmel Health System FMR; Simon Griesbach, MD, Waukesha Family Medicine Residency; Kelly Jones, MD, California Hospital Med Center (Los Angeles)/Univ of Southern California FMR; Whitney Lefevre, MD, John Peter Smith Hospital FMR; David Douglas Lick, MBA, MD, William Beaumont Hospital FMR; Cathleen Morrow, MD, Dartmouth Hitchcock - Geisel School of Medicine at Dartmouth; Sonya Shipley, MD, University of Mississippi Medical Center FMR; Randi Sokol, MD, MPH, MMedEd, Tufts University at Cambridge Health Alliance; Christine Young, MD, Mount Carmel Health System FMR

This free full-day preconference workshop, created by the STFM Faculty for Tomorrow Initiative and presented by the STFM Graduate Medical Education Committee, is for residents and fellows who are interested in careers in academic family medicine. The workshop will include stories of inspiration from family medicine leaders, a guided self-assessment, breakout sessions, a mentoring luncheon, a keynote speaker, and career planning panels. Get the knowledge and skills you need to succeed and thrive as new faculty.

No additional fee. Registration is limited to current residents and fellows interested in careers in academic medicine. Advance registration is required.

Noon–5 pm

PR2: In Pursuit of Equity and Diversity in the Family Medicine Workforce and Leadership

Stephanie Carter-Henry, MD, MS, University of Massachusetts; Ardis Davis, MSW, University of Washington; Jeannette South-Paul, MD, University of Pittsburgh; Mary Hall, MD, Carolinas HealthCare System; Judy Washington, MD, Atlantic Health Overlook FMR; Joedrecka Brown Speights, MD, Florida State University; Kristen Goodell, MD, Harvard Medical School; Carrie Pierce, MD, Oregon Health & Science University (Cascades East); Jennifer Snyder, MD, Kerwyn Flowers, DO, Florida State University

The 2017 STFM Annual Spring Conference was rich with discussions about the impact of systemic inequities in our family medicine workforce, including underrepresentation of women and racial/ethnic minorities in positions of leadership. To address this issue, we will focus on areas of need identified by STFM Collaboratives for Minority and Multicultural Health and Women in Family Medicine and by the Council of Academic Family Medicine's Leadership Task Force: structural issues contributing to inequity, mentoring relationships, and negotiation for career advancement and resilience.

These issues are a subset of those shared by many groups who are underrepresented in leadership and this preconference will serve to support and advance the conversation regarding improving leadership diversity. This workshop will include frank discussions about the future of family medicine and how to reduce inequities and diversify in the discipline, from the perspectives of both aspiring leaders and senior faculty who seek to foster leadership development. Workshop attendees should prepare to engage in a discussion about our history, current environment, and strategies for change.

Additional Fee: \$150; Fee includes CME, refreshment breaks, and training materials. Lunch is not included.

PR3: Skills for Change—Addressing the Social Determinants of Health Through Relational Organizing

Nathan Kittle, MA, MD, Wright Center for GME FMR; Brian Park, MD, MPH, Oregon Health & Science University FMR; Luis Manriquez, Providence Sacred Heart Medical Center FMR

Family medicine partners with patients and their communities to provide care within and beyond the walls of the clinic. There has been increased interest in addressing the social determinants of health (SDOH), with many rising family medicine residents and students choosing family medicine because of its ability to address patients and the social context that often dictates their health. We have a requirement to address population health and working for and with populations can sometimes be a daunting task. This workshop will teach tangible skills to participants aiming to explore and practice relational organizing as a way to engage populations in addressing the SDOH.

Register at www.stfm.org/annual

Topics covered in the workshop are based on the organizing principles of the Industrial Areas Foundation Northwest and include: relational meetings, the organizing cycle, organizing vs service, relational power with vs. power over, Problems vs Issues, negotiating for change, and reflection. Participants will be introduced to this strategic approach to change, in which leveraging common interests enables us to not only build the power necessary to change policies and practices but also to activate new leaders and our communities in the process.

Additional Fee: \$150; Fee includes CME, refreshment breaks, and training materials. Lunch is not included.

Saturday, May 5

1–5 pm

PR4: "Yes, And" For My Learners: Using Medical Improv to Grow Creative and Professional Physician Communicators

Belinda Fu, MD, Valley Medical Center FMR; Alex Reed, PsyD, MPH, University of Colorado; Winslow Gerrish, PhD, Family Medicine Residency of Idaho Rural Program; Sam Hubley, PhD, University of Colorado; Valerie Ross, MS, University of Washington; Deborah Seymour, PsyD, University of Colorado FMR

Current educational methods for medical trainees often fall short of successfully training physicians to high levels of proficiency in professionalism and communication skills as defined by the ACGME competencies and milestones. Medical improv is an established field in which the principles and training techniques of improvisational theatre are used to improve communication among health care providers. Improvisation skills significantly overlap with communication skills required for physicians when face-to-face with patients: flexibility, acceptance of uncertainty, transferring information, developing and maintaining effective relationships, constructive use of feedback, active listening, and creating safe environments.

In this workshop, participants will learn about the fundamental principles and skills of medical improv through active participation in improvisational theatre exercises. Additional discussion of improv history, learning theories, empirical data, and current applications will help attendees develop strategies for implementing medical improv programs in their own institutions.

Additional Fee: \$150; Fee includes CME, refreshment breaks, and training materials. Lunch is not included.

PR5: Precepting OMT 101: A Faculty Development Workshop

Sarah James, Des Moines University; Margaret Wilkins, Philadelphia College of Osteopathic Medicine

This session will focus on components of osteopathic practice and principles (OPP) and osteopathic manipulation treatment (OMT) necessary for adequate supervision. Content is based on the 20+ year history of the University of Wisconsin Department of Family Medicine and Community Health's network of six residency programs, all of which were awarded Osteopathic Recognition in November 2015. Further content was developed with input from national experts to develop a precepting tool that our allopathic partners can utilize. Since osteopathic medical students are extensively tested in OMT competency by virtue of their education, newly matriculated osteopathic residents complete a competency evaluation of their OMT skills prior to practice. This session is directed at the critical components of patient encounters needed before OMT is performed, for complete procedure precepting according to CMS guidelines. During the session, participants will review OPP, learn OMT techniques, and complete a mock precepting scenario using an OMT precepting tool. This tool should empower the preceptor to guide the resident through a thought process on appropriate application of OPP and OMT in a clinical scenario.

Additional Fee: \$150; Fee includes CME, refreshment breaks, and training materials. Lunch is not included.

PR6: Find Your Edges, Then Fill in the Pieces! Solving the Puzzle of Faculty Development With Tips, Tools, and Tricks of the Trade

Kathryn Fraser, PhD, Halifax Medical Center FMR; Lisa Nash, DO, MS-HPEd, Texas College of Osteopathic Medicine; Brenda Wilson, MS LT, Texas College of Osteopathic Medicine; Natascha Lautenschlaeger, MD, MSPH, Mountain Area Health Education Center Rural FMR; Corey Smith, PsyD, UNECOM/University of New England College of Osteopathic Medicine; Elise Morris, MD, Georgetown University

Faculty development is mandated by the ACGME in order for educators to have structured, intentional learning about teaching methods and approaches. This preconference will provide an overview of how to seek out and create a faculty development plan for lifelong learning. Members of the Behavioral Science/Family Systems Educator Fellowship and the Faculty Development Collaborative will provide a framework for a personal faculty development plan to include three objectives: (1) providing the "big picture" of faculty development requirements and how to find the resources, guidance and mentorship you need, (2) identifying teaching activities developed from well accepted learning theories that will stimulate thinking and help engage your learner, and (3) describing how "power postures" and other physical exercises can maximize presentation skills and promote overall wellness. The presenters will use pre/post assessments and a goal-setting activity to guide participants toward a lifelong learning plan. These tools will become the "puzzle edges" as participants work their way toward creating a more complete picture of themselves as excellent teachers.

Additional Fee: \$150; Fee includes CME, refreshment breaks, and training materials. Lunch is not included.

General Sessions

Sunday, May 6



Suzanne Barakat, MD, Oakland, CA

8:30–10 am

Allyship in Times of Adversity

We often think of diversity and inclusion in the context of recruitment and hiring. But even when metrics are met, the specter of alienation and the opportunity for inclusion exist in every interaction, whether with patients or colleagues. Allyship and advocacy are important pillars of what makes for a diverse and inclusive environment.

Why do they matter, and how can faculty members steer interactions towards inclusion and, over time, institutionalize practices and policies that foster an environment that is welcoming and safe for learners and patients?

In order to address these questions, it is important to (1) gain self-awareness about our implicit biases and privileges, (2) develop tools to address difficult encounters that are either experienced or witnessed, and (3) recognize that effective advocacy work is rooted in cultivating allyship – in ourselves, and the places we work. Drawing from her own experiences navigating the ramifications of Islamophobia, Dr Barakat will identify actionable steps to effect change in a residency program and hospital institution.

Monday, May 7



Stephen Black, Center for Ethics & Social Responsibility, University of Alabama

4:30 – 5:30 pm

Developing the Moral Obligations of Citizenship

Our institutions of higher education, including schools of medicine and programs in graduate medical education, have the unique potential for shaping how learners see the world and define their role in it. Often best situated to offer vision, credibility, and leadership, educators in every setting must participate in helping Americans increase the realm of duties we define as moral responsibilities of citizenship. Considering and deliberately affecting this dimension of medical education is both appropriate and necessary. Learners should find themselves immersed in a community where clinical skills are only one part of a deeper process of developing commitments to the common good. Especially those joining the medical profession must realize that with the privilege of being better educated than 95% of our nation's population comes an obligation to understand that everyone's health and potential to thrive is worth fighting for – through direct care, advocacy, and the culture-shaping work of leadership.



Tuesday, May 8



Jeffrey M. Borkan, MD, PhD, Memorial Hospital of Rhode Island/Brown University



David Schneider, MD, MSPH, University of Texas Southwestern Medical Center at Dallas

8:30–10 am

Should Family Medicine Educators Be Expected to Do Research? Point-Counterpoint Debate

Many family medicine departments have limited resources and mentorship to support robust scholarly activity. Family medicine educators often cite limited time to engage in meaningful research. However, many institutions require research as part of advancement or as an expectation from the department. In this session, the question of whether family medicine educators should be expected to do research will be debated in a moderated Point-Counterpoint format. Audience participation is highly encouraged. The aim of the session is to have an open and constructive discussion that highlights the benefits and downfalls of this “elephant in the room” issue.



Wednesday, May 9



David O. Barbe, MD, MHA, President, American Medical Association

9:45–11 am

The AMA and STFM: Shaping the Future of Medical Education, the Health of the Public, and the Health of Physician Practices

The AMA and STFM share many common interests across a broad cross section of topics, including undergraduate and graduate medical education, maintenance of certification/ CME, and medical ethics (guiding professional development), improving the health of patients and populations with particular emphasis on diabetes, uncontrolled hypertension, and the opioid epidemic (improving chronic care), and promoting tools, resources, and pursuing an advocacy agenda that facilitates professionally satisfying and sustainable physician practices (tools for the field). These three broad areas are the AMA's areas of strategic focus with significant resources devoted to shaping the future in these areas. This session will review the current state of these broad areas, explore gaps between current state and a better future state, and highlight what the AMA and other professional organizations are doing to address these gaps.

Initiatives to be discussed include the AMA's Accelerate Change in Medical Education initiative, physician and patient facing initiatives in partnership with other national organizations directed to reducing the progression of prediabetes to Type 2 diabetes and identification and more aggressive treatment of uncontrolled hypertension, development of practice tools and resources to help physicians perform successfully in the value based payment environment (including MIPS), and advocacy efforts with public and private payers and regulators to improve quality payment programs and reduce administrative burdens such as prior authorizations.

Don't Miss These Networking Events

Meeting of STFM Collaborative Leaders and Board of Directors

Saturday, May 5, 5-6 pm

At this meeting, Collaborative Leaders will meet their STFM Board Liaisons and learn more about resources available to STFM Collaboratives.

STFM Annual Poetry and Prose Contest and Reading

Saturday, May 5, 6:30–8 pm

The STFM Ethics and Humanities Collaborative will present the 2018 STFM Annual Poetry and Prose Session. The theme of this year's session is "Kairos: Opportune Moments That Have Changed Your Experience and/or Perspective In Family Medicine." All attendees are invited to share their original prose (in the form of a story, narrative, or essay) or poetry (in any form). The best prose and poetry will be on display during the 2018 STFM Annual Spring Conference.

Reception With the STFM Open House

Sunday, May 6, 5:30–6:30 pm

Celebrate the opening of the conference and learn about STFM products and services.

STFM Collaborative and Special Project Team Meetings

Monday, May 7: 7:15–8:15 am (Breakfast Discussion Tables)

12:30–1:30 pm (Boxed Lunch)

Tuesday, May 8: 12:30–1:30 pm (Open Lunch)

These meetings are open to all members who would like to get involved.. A detailed schedule will be included in the conference Final Program.

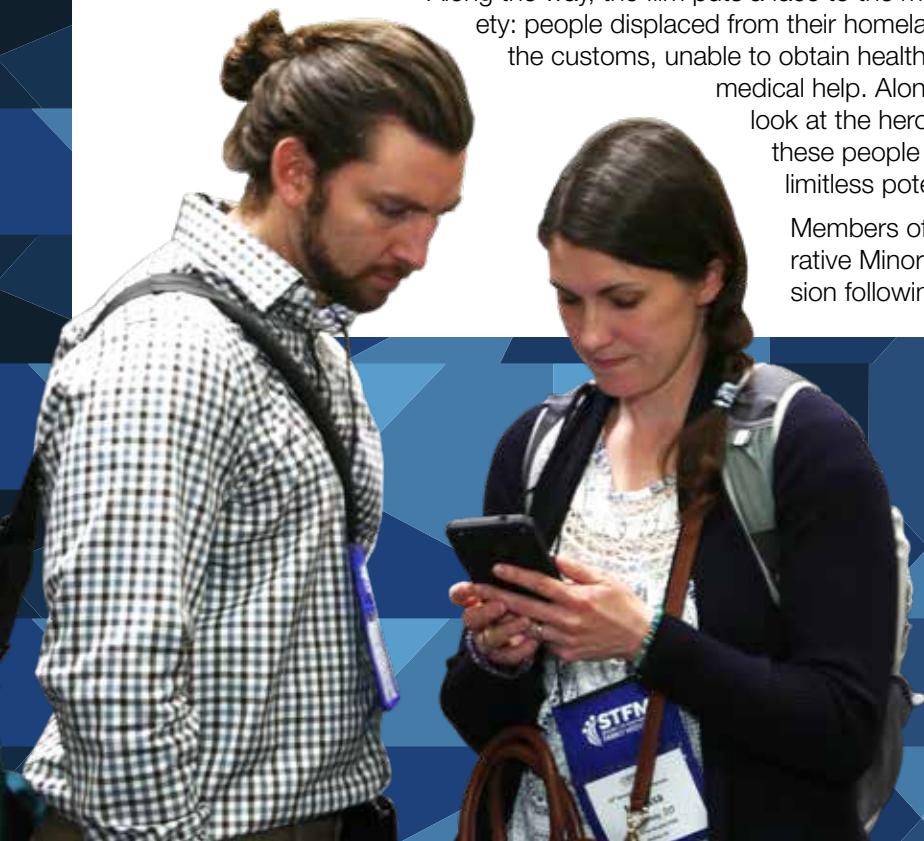
STFM Movie Night: "Clinica de Migrantes: Life, Liberty, and the Pursuit of Happiness"

Tuesday, May 8, 8 pm

Puentes de Salud is a volunteer-run clinic that provides free medical care to undocumented immigrants in south Philadelphia. Here, doctors and nurses serve people who would otherwise fall through the cracks. Clinica de Migrantes, a potent film by Maxim Pozdorovkin, follows the workers and patients of Puentes through months of routine care and growth.

Along the way, the film puts a face to the millions of people who exist on the margins of society: people displaced from their homelands, separated from their families, unfamiliar with the customs, unable to obtain health insurance, and terrified to come forward to seek medical help. Along with revealing these patient stories, Clinica is also a look at the heroic doctors and nurses who work pro bono to ensure these people receive care, offering a deeply moving look at the limitless potential of humanity.

Members of the STFM Program Committee and STFM Collaborative Minority & Multicultural Health will facilitate a group discussion following the film.



Conference Orientation

Saturday, May 5, 6–6:30 pm

Join your conference attendees as well as STFM Board and Committee members, as we preview the 2018 conference and all that it has to offer you! This is a fun, informal, open forum for questions and networking.

Annual Spring Conference Dance Party

Tuesday, May 8, 9 pm–Midnight

Celebrate with new and old conference friends on the dance floor, to the sounds of one of DC's best local bands!

STFM Foundation Marathonaki Fun Run/Walk

Tuesday, May 8, 6:15 am

Socialize with colleagues, get some exercise, and raise money for the STFM Foundation at the STFM Foundation Marathonaki Fun Run/Walk. We are suggesting a \$50 tax deductible donation, however, you are not required to donate to participate. All walkers and runners will receive a commemorative t-shirt (while supplies last)!

Virtual Walker: If you can't walk/run, you can still be a part of the STFM Foundation Marathonaki Fun Run/Walk by signing up to be a Virtual Walker. A US map will highlight our Virtual Walkers. Each pushpin will be interactive and show your name and city. A monitor will display this map at the Foundation table. We are suggesting a \$50 donation to participate. To sign up, go to www.stfm.org/foundation/donate. View the online map at <http://virtualwalker.stfm.org>. Check the online map 24 hours after making your donation and your pushpin will be on the map.

STFM Fellowship Alumni Breakfast

Monday, May 7, 7:15–8:15 am

Are you a graduate or current fellow of Emerging Leaders, Leading Change, MSED, Bishop Fellowship or Behavioral Science/ Family Systems Educator Fellowships? Join us for breakfast and a brief leadership presentation. Advance registration is required.



Register at www.stfm.org/annual



2018 Conference Highlights:

This year's conference is packed with new learning and networking opportunities.

Shark Tank for Family Medicine: Real-time Feedback for Primary Care Research Ideas

For primary care to achieve the triple aim, educators and researchers will need to evaluate and implement new ideas. While educators are well positioned to implement innovations, many lack the research skills needed to assess them. Mentoring programs have been shown to increase research confidence and scholarly products. In this innovative session, the Society of Teachers of Family Medicine (STFM) Research Committee will provide both real-time and sustained feedback to budding researchers. During this shark tank session, participants will pitch ideas, and the “sharks” will provide immediate feedback.

Learn Advocacy Skills Today and Practice What You Learn on Capitol Hill Tomorrow

Advocacy skills are leadership skills. Family medicine educators should be trained in these skills for their professional career advancement and to encourage changes to our nations' health system. This workshop is a skill development session to train STFM members in advocacy skills, as well as key academic family medicine issues before Congress. The session will be interactive, with group discussion and role-play practice of a congressional visit. Attendees will be encouraged to put their practice into genuine experience by visiting their Representative or Senators for a legislative visit while in DC.

Sweet Mindfulness—A Chocolate Tasting

Mindfulness is a way of bringing one's complete attention to the present experience, on purpose. Originating in Eastern traditions, mindfulness has been associated with improvements in physical and mental well-being, self-regulation, and coping with life stressors. Of the many forms of mindfulness (including meditation, focused breathing, and yoga), mindful eating appears useful to encourage healthier eating. Mindful eating allows one to notice hunger, fullness, and satiety cues, and may facilitate weight loss and advance positive eating behavior. This session will introduce mindfulness, followed by an overview of the origins of chocolate, how it is made, and a guided chocolate tasting! This session is presented by the STFM Foundation. Advance registration is required. Space limited to 50 participants. Additional fee: \$50.

Trending Topics in Family Medicine Education

Sharing insights and discussions on today's most popular topics in family medicine, including:

- Charting the Future of the Specialty and the Profession – A panel discussion for input into the strategic plan of the American Board of Family Medicine
- Family Medicine Departments' and Programs' Natural Disaster Preparedness and Response
- Pediatric Care in Family Medicine Training and Practice
- Care of Children in Family Medicine Training and Practice Panel Discussion

Family Medicine For America's Health (FMAHealth)

The 2018 conference will once again include presentations from the FMAHealth tactic teams. These teams will provide updates on their work to transform the family medicine specialty to ensure that we can meet the nation's health care needs and ultimately, improve the health of every American. Family Medicine for America's Health is a collaboration among the eight leading family medicine organizations in the United States (including STFM) to drive continued improvement of the US health care system and demonstrate the value of true primary care.

STFM Annual Business Meeting

Attend the STFM Annual Business Meeting to learn about key Society activities and present any issues of concern to the STFM Board of Directors. STFM members not attending the conference can attend the Business Meeting without registering for the conference.

Register at www.stfm.org/annual

General Conference Information

Conference Presentations

A full listing of conference presentations, including dates/times, titles, presenters, abstracts, and objectives, will be available online at www.stfm.org/annual by February 1, 2018. This information will also be available on the mobile app at the conference.

Conference Hotel

Marriott Wardman Park
2660 Woodley Rd NW
Washington, DC 20008

Conference Room Rates: \$249 single or double

Reservation Deadline: April 7, 2018

Online Reservations: <https://aws.passkey.com/go/f105dc8f>

Phone Reservations: 877.212.5752; Ask for the Society of Teachers of Family Medicine room block to receive the conference rate. Hotel Phone: 202.328.2000 (do not use to make reservations)

Reservations should be made directly with the Marriott Wardman Park. Be sure to request the Society of Teachers of Family Medicine group rate when making your reservations. If conference attendance exceeds expectations, rooms in the conference block may sell out prior to this date. Make your reservations as soon as possible. Rooms will be on a space- and rate-available basis after April 7. Request a confirmation number when making your reservations. In the unlikely event that you have to cancel your reservations, ask for a cancellation confirmation.

Room Sharing

If you are interested in sharing a hotel room with a colleague, please contact STFM at 800.274.7928, ext. 5415 or stfmoffice@stfm.org for a list of other attendees interested in sharing. STFM is not responsible for contacting or scheduling attendees for room sharing.

Airline Reservations

For assistance in making your airline reservations for the conference, call Reward House, Inc, at 877.353.6690 or 816.295.3131. You can also email your questions or travel preferences to jhillburn@rewardhouseinc.com for online assistance. Office hours are 8:30 am–5 pm (central time) Monday through Friday.

Travel Identification Update:

Visiting National Sites in Washington, DC—Some state drivers' licenses do not meet security requirements for access to federal buildings. If you plan to visit federal buildings while you're in Washington, DC, visit <https://www.dhs.gov/real-id-public-faqs> for more information.

NOTE: Starting January 22, 2018, passengers who have driver's licenses issued by a state that is not yet compliant with REAL ID and that has not received an extension will need to show an alternative form of acceptable identification for domestic air travel. Please visit www.tsa.gov/travel/security-screening/identification (TSA Website) for a list of acceptable forms of identification.

Ground/Shuttle Transportation

For complete information on various forms of ground and metro transportation from all Washington, DC area airports, visit: www.washington.org/DC-guide-to/washington-dc-airports

Marriott Wardman Park Health Club

The Marriott fitness facilities include cardiovascular equipment and free weights complimentary to all guests, and are accessible 24 hours a day with a room key. The hotel also features an outdoor pool and sauna.

Hospitality Function Space

Family medicine departments or residency programs that would like to reserve reception space should contact Ray Rosetta, director of conferences, by March 1, 2018, at rrosetta@stfm.org. These affiliate receptions will be scheduled beginning at 6:30 pm on Sunday, May 6.

Continuing Education

Application for CME credit for physicians has been filed with the American Academy of Family Physicians. Determination of credit is pending and will be available on the conference website in late January. Continuing Education credit (CEUs) will also be offered for attendance and participation by behavioral science professionals. More details will be provided on the conference website and in the Final Program.

Registration Refund Policy

If a registrant cannot attend a conference for personal or work reasons, requests for refunds must be received in writing by STFM by April 6 to receive a 50% registration fee refund. No refunds will be issued after April 6 except for those emergencies addressed below.

Refund requests due to medical or weather emergencies at time of conference may be eligible for a 50% refund.

If registrant is unable to attend because of a weather emergency, registrant must show that they attempted to reschedule their travel arrangements but could not get to the conference during the official conference dates. In the event of such cancellation request by a conference registrant, the registrant must provide STFM with official documentation to support their request. In the unlikely and extreme event that STFM is forced to cancel a conference, STFM is not responsible for fees or penalties that conference registrants may incur for non-refundable airline tickets or hotel deposits.

Photo/Video Permission

We will be taking photos and video throughout this conference. By attending, you give STFM permission to use images taken at the conference in any electronic or printed communications by STFM for any advertising and promotional purposes. You agree to release STFM and their employees, agents, and designees from liability for any violation of any personal or proprietary right you may have in connection with such use.

Do You Have an Open Faculty Position to Fill?

STFM's Spring 2018 Positions and Opportunities Book is aligned with leading family medicine journals and ad opportunities on www.FamilyMedicineCareers.com. The P&O Book provides a prime location for listing your open positions. The Spring P&O Book will be distributed to all attendees at the STFM Annual Spring Conference. Thousands of recipients will be able to immediately view and respond to your job listing. Several advertising options are available. To place your ad or for more information call 800.237.7027 or 727-443-7667 or email: familymedicine@russelljohns.com by March 9.

Need More Information or Have Questions?

Contact STFM at 800.274.7928, ext. 5415 or stfmoffice@stfm.org.

A full listing of conference presentations, including titles, presenters, abstracts, and objectives, is available at www.stfm.org/annual. This information will also be available on the mobile app at the conference.

Thanks and Recognition

Our 2018 Conference Partners

STFM would like to acknowledge and thank our official 2018 conference partners for their support of this year's conference. Be sure to visit with our partners throughout the conference to learn more about their products and services for family medicine education.

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