

2ND ANNOUNCEMENT

21ST ASIA PACIFIC ORTHOPAEDIC ASSOCIATION CONGRESS

ORTHO 360°

(Hybrid of Physical and Virtual Meeting)

KUALA LUMPUR CONVENTION CENTRE,
KUALA LUMPUR, MALAYSIA
29 - 31 JULY 2021

ORGANISED BY:



SUPPORTED BY:



WELCOME MESSAGE FROM THE PRESIDENT OF APOA



Dear Colleagues,

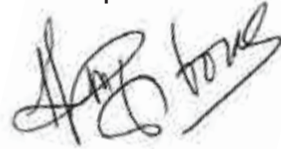
On behalf of the Council of the Asia Pacific Orthopaedic Association (APOA), I welcome you to the 21st APOA Congress to be held at the Kuala Lumpur Convention Centre, Malaysia from 29 to 31 July 2021. As concerns increased on the uncertainties

and the disruptions caused by the COVID-19 pandemic, the Organising Committee, led by Congress Chairman, Dato' Dr Syed Alsagoff, has decided to convene it in a hybrid format using both the physical and virtual platform.

The Asia Pacific Orthopaedic Association is a regional organisation of orthopaedic surgeons mainly from the Asia Pacific region. To date, the APOA has 24 member chapters and more than 60,000 orthopaedic surgeons as members of APOA.

The scientific sessions will be dedicated to all fields of orthopaedic surgery - trauma, sports injuries, paediatric orthopaedics, orthopaedic oncology, hip, knee, spine, hand & wrist, shoulder & elbow, foot & ankle, hand & upper limb, general orthopaedics and orthopaedic research. APOA 2021 will attract world renowned leaders to participate and exchange expertise and to launch brilliant new ideas together as well as an opportunity to the young and budding orthopaedic surgeons to interact with experts from particularly from the region. It will present a unique chance to share and enhance knowledge on the latest international research and developments, to advance orthopaedic knowledge and to forge new friendships.

I look forward to meeting you in the beautiful city of Kuala Lumpur.

A handwritten signature in black ink, appearing to read 'Mahmut Nedim Doral'.

Mahmut Nedim Doral, MD

WELCOME MESSAGE FROM THE CONGRESS CHAIRMAN OF APOA 2021



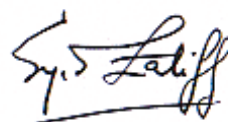
The Asia Pacific Orthopaedic Association (APOA) plays a pivotal role in creating a platform of communication and networking for the orthopaedic community in the Asia Pacific region and all over the world. The APOA organises a biennial congress

which brings together orthopaedic surgeons, scientists, researchers, allied healthcare professionals, and nurses to share their expertise, experiences, and knowledge on the science and practice of orthopaedic surgery and its subspecialties in the midst of ever-developing medical management and innovations today.

The 21st Biennial Congress of the APOA will be held on 29 to 31 July 2021 at the Kuala Lumpur Convention Centre, Malaysia. The Organising Committee has planned this as a hybrid of both physical and virtual conference. The decision for a hybrid congress is made because of the ongoing

uncertainties with the COVID-19 pandemic. At this hybrid Congress, we will provide a platform for all the specialties of orthopaedic surgery to come together to enable senior surgeons to impart their expertise, junior surgeons to learn and debate issues and most importantly for the fraternity to network and renew acquaintances. The Scientific Committee, including the Chairmen of the APOA Subspecialty Sections as well as local coordinators, has planned for keynote addresses, plenary lectures, symposia, live workshops as well as opportunities for the participants to present their research work and promises a stimulating and rewarding experience.

Together with my Organising and Scientific Committee, it is our privilege and honour to welcome you to join us for the 21st APOA Biennial Congress, either physically or virtually.

A handwritten signature in black ink, appearing to read 'Syed Abdul Latiff Alsagoff'.

Syed Abdul Latiff Alsagoff

APOA

APOA EXECUTIVE COMMITTEE

PRESIDENT	Mahmut Nedim Doral
VICE PRESIDENT	Syed Abdul Latiff Alsagoff
PRESIDENT ELECT	Shoichi Kokubun
IMMEDIATE PAST PRESIDENT	David Choon Siew Kit
SECRETARY GENERAL	Jamal Ashraf
HONORARY TREASURER	Sureshan Sivananthan
JOURNAL EDITOR	Kenneth Cheung

CHAIRMEN OF SUBSPECIALTY SECTIONS

FOOT & ANKLE	Rajiv Shah
HAND & UPPER LIMB	Edward Ted Mah
HIP	Aree Tanavalee
INFECTION	Mohammad Amin Chinoy
KNEE	Nicolaas Budhiparama
PAEDIATRIC ORTHOPAEDICS	Bobby Ng Kin Wah
ORTHOPAEDIC RESEARCH	Tunku Kamarul Zaman
SPINE	Keith DK Luk
SPORTS INJURY	Charanjeet Singh
TRAUMA	Marinis Pirpiris

CHAIRMEN OF STANDING COMMITTEES

CONGRESS COMMITTEE	Shoichi Kokubun
EDUCATION COMMITTEE	Jean Claude Theis
FEDERATION COMMITTEE	Onder Aydingoz
FINANCE COMMITTEE	Yan Chun Hoi
MEMBERSHIP COMMITTEE	Lewy Pasion
NEWSLETTER	Sachin Tapasvi

CHAIRMEN OF SUBCOMMITTEES

DISASTER RESPONSE COMMITTEE	Buland Thapa
NOMINATION COMMITTEE	Edward Ted Mah

APOA CONGRESS 2021

ORGANISING COMMITTEE

CONGRESS CHAIRMAN	Syed Abdul Latiff Alsagoff
CONGRESS SECRETARY	Vivek Ajit Singh
CONGRESS TREASURER	Sureshan Sivananthan
SCIENTIFIC CHAIRMAN	Tunku Kamarul Zaman

MALAYSIA CHAPTER REPRESENTATIVES	Jamal Azmi Rukmanikanthan a/l Shanmugam Saw Aik
MOA REPRESENTATIVE	Badrul Shah Badaruddin

SCIENTIFIC COMMITTEE

FOOT & ANKLE	Chua Yeok Pin
HAND & WRIST	Rashdeen Fazwi Muhammad Nawawi Shams Amir Shamsul Bahar Sachin Shivdas
HIP	Chan Chee Ken
INFECTION	Harikrishna Nair Sasheela Sri La Ponnampalavanar
KNEE	David Choon Siew Kit
NURSING	Abidah Yasin Mohd Rahmat Abdul Hamid Azira Omar
PAIN MANAGEMENT	Mary Cardosa
PAEDIATRIC ORTHOPAEDICS	Saw Aik
PREPARATORY COURSE FOR ENTRANCE EXAM	Chong Pan Pan
ORTHOPAEDIC RESEARCH	Tunku Kamarul Zaman Nik Aizah Nabilla Faheem
OSTEOPOROSIS	Lee Joon-Kiong
REHABILITATION & ALLIED HEALTH	Nazirah Hasnan
SPINE	K S Sivananthan Chris Chan Yin Wei
SPORTS INJURY	Charanjeet Singh
TRAINEE COURSE	Azlina Amir Abbas Mohd Rusdi Draman @Yusof
TRAUMA	C S Kumar
TUMOUR	Vivek Ajit Singh
SOCIAL EVENTS	Azura Mansor Nik Aizah Nabilla Faheem
WEBINAR	Krishnamurithy Genasan



WHY ATTEND THE APOA 2021 CONGRESS?

- 01** Attend scientific sessions tailored to cover current topics in basic and advanced sub-specialties in orthopaedic surgery
- 02** Engage in debates and discussions about existing challenges and technologies with surgeons, researchers, scientists and allied healthcare professionals
- 03** Exchange new ideas, knowledge, and experiences through one-on-one encounters with senior and young orthopaedic surgeons as well as trainees
- 04** Learn tips and tricks through hands-on and practical workshops conducted by world-renowned experts
- 05** Reconnect with old friends and meet new colleagues from all over the world
- 06** Experience an international congress in a multicultural country

DAY 1: 29 JULY 2021, THURSDAY

TIME	HALL 1	HALL 2	HALL 3	HALL 4	ROOM 1	ROOM 2	ROOM 3	ROOM 4	ROOM 5	ROOM 6
0700 – 1600	REGISTRATION COUNTER OPENS									
0800 – 0900	Osteoporosis 1: Back to Basic	Spine 1: Acute Lumbar Disc Herniation	Sports 1: Meniscus	Trauma 1: Pelvic Acetabular Trauma	Infection 1 - ICL 1: Osteo Articular Tuberculosis	Pain Management: What Orthopaedic Surgeon Needs to Know About Pain	Hip 1: Pre-arthritis Hip Period	Tumour 1	AO Research	Allied Health / Rehab 1 Rehabilitation Technology in Orthopaedics
0900 – 1000	Osteoporosis 2: Who to Treat?	Spine 2: Cervical Spine Trauma	Sports 2: Cartilage Regeneration & Preservation		Infection 2 - ICL 2: Combating Infections		Hip 2: Pre-arthritis Hip Period	Tumour 2	AO Research	
1000 – 1030	COFFEE BREAK & EXHIBITION VISIT									
1030 – 1100	PLENARY LECTURE 1									
1100 – 1130	PLENARY LECTURE 2									
1130 – 1230	OPENING CEREMONY & KEYNOTE LECTURE									
1230 – 1330	LUNCH SYMPOSIUM & EXHIBITION VISIT									
1330 – 1445	Osteoporosis 3: Pharmacological Treatment	Spine: Best Research Paper Award	Sports 3: Knee Potpourri	Trauma 2: ICL 1 Compound Injuries & Non Unions	Infection 3 - ICL 3: Infections in Open Fractures	Journey Through Pain <i>Sponsored by A. Menarini</i>	Hip 3: Stem Options	Tumour 3	JOS	Allied Health / Rehab 2 Wearable Exo-skeletal Technology for Rehabilitation
1445 – 1600	Osteoporosis Symposium 4: Fragility Fractures	Spine 3: Degenerative Lumbar Spinal Stenosis	Sports 4: Shoulder Potpourri		Infection 4 - ICL 4: Osteomyelitis		Hip 4: Stem Options	Tumour 4	JOS	
1600 – 1630	COFFEE BREAK & EXHIBITION VISIT									
1630 – 1745	Osteoporosis 5	Spine 4: Debate Series	Sports 5: Shoulder Instability	Trauma 3: Case Based Presentations Periprosthetic Fractures	Infection 5	YSF 1	Hip 5: Complication in Total Hip Arthroplasty	Tumour 5: Best Oncology	Paediatrics Orthopaedics 1	Allied Health / Rehab 3 Prosthetics and Orthotics in the Rehabilitation of Orthopaedic Conditions

DAY 2: 30 JULY 2021, FRIDAY

TIME	HALL 1	HALL 2	HALL 3	HALL 4	ROOM 1	ROOM 2	ROOM 3	ROOM 4	ROOM 5	ROOM 6
0700 – 1600	REGISTRATION COUNTER OPENS									
0800 – 0900	Hip 6: Complication in Total Hip Arthroplasty	Spine 5: Osteoporotic Vertebral Fractures	Sports 6: ACL ICL 1	Trauma 4: Video Demonstrations Expedient with the Experts	Infection 6	Foot & Ankle 1: Foot and Ankle Trauma Operative Surgery Approach (Instructional Course with Webinar)	Orthopaedics Research 1: MSC and Cartilage Regeneration	Nursing 1	Free Paper 1	Young Ambassadors 1
0900 – 1000	Hip 7: Prosthetic Joint infection	Spine: Free Paper Presentation 1	Sports 7: ACL ICL 2	Trauma 5: Salvaging a Difficult Situation	Infection 7	Foot & Ankle 2: Arthrocope and Endoscope in Foot and Ankle	Orthopaedics Research 2: MSC and Cartilage Regeneration	Nursing 2	Free Paper 2	Young Ambassadors 2
1000 – 1030	COFFEE BREAK & EXHIBITION VISIT									
1030 – 1100	PLENARY LECTURE 3									
1100 – 1130	PLENARY LECTURE 4									
1130 – 1200	PLENARY LECTURE 5									
1200 – 1300	LUNCH SYMPOSIUM									
1300 – 1430	PRAYERS & EXHIBITION VISIT									
1430 – 1530	Hip 8: Challenges in Total Hip Replacement	Spine 6: Spine Surgical Masterclass	Sports 8: Patellofemoral Instability	Trauma 6: Debate 1 Addressing Controversies	Infection 8	Foot and Ankle 3: My Most Memorable Case	Orthopaedic Research 3: Orthopaedics Research in the Asia Pacific Region: Where Are We Now?	Nursing 3	Free Paper 3	YSF 2: Trauma
1530 – 1630	Hip 9: VTE Session	Spine: Free Paper Presentation 2	Paediatric Orthopaedics 2: Hip instability - Asian erspective	Trauma 7: Debates 2 Addressing Controversies	Infection 9	Foot & Ankle 4: Hindfoot Problem	Orthopaedic Research 4: Elsewhere in Orthopaedic Research	Nursing 4	Free Paper 4	YSF 3: Arthroplasty
1630 – 1700	COFFEE BREAK & EXHIBITION VISIT									
1700 – 1800	Hip 10: Discussion	Spine 7: Radiological Imaging Essentials for the Trainee	Paediatric Orthopaedics 3: SCFE + Perthes	Trauma 8: ICL 2 Mastering Intramedullary Nailing	Infection 10: Fragility Fractures	Foot & Ankle 5: Challenges	Orthopaedic Research 5: Elsewhere in Orthopaedic Research	Free Paper 5	Free Paper 6	YSF 4: Sports & Spine
	CONGRESS DINNER & HANDING OVER CEREMONY									

DAY 3: 31 JULY 2021, SATURDAY

TIME	HALL 1	HALL 2	HALL 3	HALL 4	ROOM 1	ROOM 2	ROOM 3	ROOM 4	ROOM 5	ROOM 6
0700 - 1600	REGISTRATION COUNTER OPENS									
0800 - 0900	Knee 1: How I Do It	Foot & Ankle 6: Foot and Ankle Operative Surgery Approach 2 (Instructional Course with Webinar)	Paediatrics Orthopaedics 4: Infection	Trauma: Best Trauma Paper Award	Hand & Wrist 1	Allied Health / Rehab 4: Paediatric Rehabilitation in Relation to Orthopaedic Practice	Free Paper 7	Free Paper 9	Free Paper 11	Prep Course 1: Cardiovascular Physiology
0900 - 1000	Knee 2: Alternative to TKA	Foot & Ankle: Best Foot & Ankle Oral Paper Award Presentation	Paediatrics Orthopaedics 5: Skeletal Dysplasia and NM Conditions	Trauma 9: ICL 3 Wrist & Elbow	Hand & Wrist 2		Free Paper 8	Free Paper 10	Free Paper 12	Prep Course 2: Respiratory Physiology
1000 - 1030	COFFEE BREAK & EXHIBITION VISIT									
1030 - 1100	PLENARY LECTURE 6									
1100 - 1130	PLENARY LECTURE 7									
1130 - 1200	PLENARY LECTURE 8									
1200 - 1300	LUNCH SYMPOSIUM & EXHIBITION VISIT									
1300 - 1415	Knee 3: Improving TKR	Foot & Ankle 7	Paediatrics Orthopaedics 6: Limb Deformity Correction and Reconstruction	Trauma 10: ICL 4 Proximal Tibial Fractures	Hand & Wrist 3	Allied Health / Rehab 5 SCI Rehabilitation	JBJS	Orthopaedic Training Programme 1: Introduction to Orthopaedic Training	Free Paper 14	Prep Course 3: Body Fluid and Electrolytes Physiology
1415 - 1530	Knee 4: Lessons from the Registries	Foot & Ankle 8	Paediatrics Orthopaedics 7: IFPOS Session	Trauma 11: ICL 5 Tips & Tricks for Better Results	Hand & Wrist 4		Free Paper 13	Orthopaedic Training Programme 2: Case Discussion – Clinical/Viva	Free Paper 15	Prep Course 4: Physiological Response to Acute Stress (Haemorrhagic Shock)
1530 - 1600	COFFEE BREAK & EXHIBITION VISIT									
1600 - 1700	Knee 5: ICL Achieving Alignment	Foot & Ankle 9	Paediatrics Orthopaedics Plenary Lecture	Trauma 12: ICL 6 Hip Fractures	Hand & Wrist 5	Allied Health / Rehab 6 Musculoskeletal Rehabilitation	Free Paper 16	WOC	Free Paper 18	Prep Course 5: Nerve & Skeletal Muscle Physiology
1700 - 1800	Knee 6: Patient Preparation	Foot & Ankle 10	Paediatrics Orthopaedics 8: Trauma	Trauma Free Paper Presentation	Hand & Wrist 6		Free Paper 17	WOC	Free Paper 19	Prep Course 6: Biomechanics

EARLY BIRD REGISTRATION UNTIL 30 APRIL 2021

CATEGORY	EARLY BIRD (Until 30 April 2021)	STANDARD (1 May - 20 July 2021)	ONSITE (21 July 2021 Onwards)
HYBRID			
APOA Life Member, APOA Federation	USD 300	USD 400	USD 500
APOA Non-Member	USD 400	USD 500	USD 600
Allied Health Professional, Trainee / Resident / Medical Officer / Medical Student	USD 200	USD 250	USD 300
VIRTUAL			
APOA Life Member, APOA Federation	USD 100	USD 125	USD 150
APOA Non-Member	USD 150	USD 175	USD 200
Allied Health Professional, Trainee / Resident / Medical Officer / Medical Student	USD 50	USD 75	USD 100

Registration fees are inclusive of the 6% SST.

If you are a member of any of the following National Orthopaedic Associations recognised by the APOA Council, you are automatically a (Federation) member of the APOA: Australia, Bangladesh, Brunei, Cambodia, Hong Kong, India, Indonesia, Japan, Korea, Malaysia, Myanmar, Nepal, Oman, Pakistan, Philippines, Saudi Arabia, Singapore, Sri Lanka, Taiwan, Turkey, and UAE. Email us at admin@apoaonline.com to check your membership status!

HYBRID REGISTRATION INCLUDES:

- Full access to scientific programme x 3 days
- Lunch and two (2) tea breaks x 3 days
- Full access to exhibition hall x 3 days
- Registration name tag & lanyard
- E-Certificate

VIRTUAL REGISTRATION INCLUDES:

- Full access to scientific programme x 3 days
- Full access to e-exhibition hall x 3 days
- E-Certificate



CONGRESS SECRETARIAT

congress@apoa2020malaysia.org

www.apoa2021malaysia.org

+6010 958 5529



REGISTRATION IS OPEN

To register, please scan **HERE**

Follow us on Facebook at apoa2021 for regular updates!

APOA 2021 SECRETARIAT

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Tel: +603 8996 0700

This prospectus has been prepared in good faith and is correct at the time of sharing (December 2020). The organisers reserve the right to make changes if required at their discretion.