

How do I register?



By Phone:
Call **(800) 791-0262** and provide the information requested on the registration form.



By Mail:
Complete the registration form and mail it to **Motivations, Inc.**



On the Web:
Visit www.motivationsceu.com to register!

Motivations, Inc. www.motivationsceu.com
Or fax: (815) 371-1499, Questions? (800) 791-0262

Updated: 12-9-25

Prices	Web	Onsite
Group Discount – Five or more registrations	N/A	\$450
Individual Registration	N/A	\$550

Course # Course Title

Date(s) Location

Name Discipline

Facility

Home Mailing Address

City State Zip

Daytime Phone Fax

E-mail Address for Confirmation (will not be shared or sold)

Cancellation Policy: Motivations, Inc. reserves the right to cancel a course up to 14 days prior to the course, with full refund, if insufficient numbers of participants have registered for the course. Registrants may cancel up to 14 days prior to the course and transfer their tuition to any Motivations, Inc. course, or receive a full refund. Any cancellations within two weeks prior to the course will receive a refund less \$100 for administrative costs.

Special Needs Requests: Please email us any special needs related to vision, hearing, accessibility or any other considerations to completing the course so we can assist in advance.

Circle One: VISA MASTERCARD AMEX Discover

Name on Card _____

Account Number _____ Exp. Date _____

Signature _____ Billing Address Zip Code _____



Motivations CEU

Accredited Courses for Rehabilitation Professionals

P: (800) 791-0262

F: (815) 371-1499

admin@motivationsceu.com

www.motivationsceu.com

National Credentials

Motivations Inc. works with the following CEU approval sources.
See individual brochures with approval information by course.



TEXAS
PHYSICAL THERAPY
ASSOCIATION



American
Occupational Therapy
Association

Approved Provider



ONSITE COURSE

#382 Pediatric Therapeutic Taping and Strapping as an Adjunct to Treatment: with Labs

Instructor:

Patricia W. Martin, P.T., CKTI

Audience: Physical Therapists, Occupational Therapists, Assistants and Athletic Trainers

Motivations, Inc.

SUMMARY: This course will focus on use of static and dynamic taping and strapping techniques, as adjuncts to treatment, to facilitate improved alignment and muscle reeducation for function. Developmental biomechanics in relation to assessment and treatment will be reviewed. Adjunctive interventions reviewed include: rigid strapping tape, Kinesio Tape®, velcro patches with elastic straps, Fabrifoam, compression orthotics-including Thera Togs™, SPIO, Benik, and DMO. Course instruction methods include: lecture, lab experience, demonstration, videos, and case study review and discussion.

INSTRUCTOR: Patricia (Trish) Martin, PT, Certified Kinesio Taping® Instructor, retired as the Director of Therapy Services at Cleveland Clinic Children's Hospital for Rehabilitation. She currently works in private practice, treating, consulting and teaching. She specializes in lower extremity biomechanics, casting, splint fabrication, and taping in the treatment of children with orthopedic and neurological involvement. Trish is pediatric NDT trained and has over forty years of experience in private practice, hospital, and clinic settings working with children and adults with neurologic and orthopedic impairments.

She has published articles on taping, casting and orthotics. Trish has presented courses on Casting, Splinting and Orthotics for the Pediatric Population, Spasticity Management, Therapeutic Taping® for Alignment and Muscle Re-education, Adult Kinesio Taping® Fundamentals and Whole Body Techniques, Kinesio Taping® in Pediatrics, Pediatric Gait Intervention Strategies, and Interventions for Children with Brachial Plexus Injuries. *Financial*— Received a teaching honorarium and reimbursement for travel expenses from Motivations Inc. *Nonfinancial*— No relevant nonfinancial relationship exists

OBJECTIVES: Upon completion of this course, the participant will be able to:

1. Identify at least 2 specific developmental features in trunk, upper and lower extremities in both the typically and atypically developing children.
2. Explain the importance of 3 components of proper alignment contribute to the support and initiation of movement patterns in the pediatric population.
3. Apply knowledge of biomechanical alignment and range of motion to describe the rationale for specific taping and strapping techniques utilized in patients with impairments secondary to alignment issues.
4. Based on the alignment dysfunction identified, develop at least 2 treatment options using rigid strapping tape, Kinesio Tape®, Velcro patches with elastic straps, Fabrifoam, or compression orthotics.
5. Identify at least 3 contraindications to taping.
6. Summarize 2 pros and cons for each of the following taping materials: Leukotape, Hypafix, Kinesio® Tape, and Fabrifoam.
7. Explain the use of taping, strapping and compression orthotics as a way to improve alignment for function- for ADLs, fine motor skills, sit balance, and gait .
8. Be able to explain removal instructions and understand precautions and contraindications associated with taping and strapping for the pediatric population.
9. Select at least 2 malalignments of the upper extremity, lower extremity and trunk and demonstrate an appropriate corrective taping / strapping technique.
10. Discuss case studies of children with specific neuromotor impairments and how these interventions can be used as adjuncts to a treatment plan.

FORMAT: This is a 16-hour course equivalent to 1.6 CEUs. Motivations Inc is an approved provider by The Texas Chapter of the **APTA** and many additional state and chapter approvals.

ATC CEU's: Motivations, Inc. (BOC AP #P2549) is approved by the Board of Certification, Inc. to provide continuing education to Athletic Trainers. This program is eligible for a maximum of 16 Category A hours/CEU's.



Motivations Inc. is an AOTA Approved Provider of professional development. Approved Provider # 14802. This Live activity is offered at 1.6 CEUs, Intermediate Level, Occupational Therapy Service Delivery/Foundational Knowledge. The assignment of AOTA CEU's does not imply endorsement of specific course content, products, or clinical procedures.

BRING: THIS COURSE INCLUDES A SPECIAL COURSE LAB MATERIALS KIT. Also, attendees should bring scissors & yoga mat. You will practice with each other, so please bring clothing such as a two-piece bathing suit or sports bra/shorts to enhance learning in labs.

AGENDA ON NEXT PAGE...

Course Offerings

For information about course locations and dates,
visit our website at www.motivationsceu.com

Motivations, Inc.

AGENDA:

Day 1:

- 8:00 am Understanding taping / strapping benefits
- 8:45 am Developmental biomechanics and bone modeling
- 10:00 am Break
- 10:15 am Taping/ strapping basics and principles
- 11:15 am Static and dynamic taping/ strapping: Materials
- 12:15 pm Lunch (on your own)
- 1:15 pm Lab: Basic taping techniques
Trunk Extension, Abdominals
- 2:15 pm Lab: Scapula Taping/ Strapping
- 3:15 pm Break
- 3:30 pm Lab: Hip Taping/ Strapping: Hip and Knee Rotation
- 5:00 pm Wrap up and Questions
- 5:30 pm Adjourn

Day 2:

- 8:00 am Preparing for Applications
- 8:15 am Compression Orthotics
- 9:30 am Lab: Knee Taping/ Strapping
- 10:15 am Break
- 10:30 am Lab: Ankle Taping/ Strapping
- 11:15 am Lab: Shoulder Taping/ Strapping
- 12:15 pm Lunch (on your own)
- 1:15 pm Lab: Elbow Taping/ Strapping
- 2:15 pm Lab: Forearm and Hand Taping/ Strapping
- 3:00 pm Break
- 3:15 pm Review Torticollis and Case Studies
- 5:00 pm Wrap up and questions
- 5:30 pm Adjourn

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