

PRELIMINARY PROGRAM



THE COMPREHENSIVE ORTHOPAEDIC COURSE

Up To
34.5
CME
Credits

December 2-5, 2015
Bellagio Hotel
Las Vegas, Nevada

- Knee
- Shoulder
- Hip
- Foot & Ankle
- Elbow, Wrist & Hand
- ICD-10/Surgical Coding
- Non-Operative Techniques
- Live Surgery



OrthoSummit.com



register@orthosummit.com



925-807-1190



#OrthoSummit2015

Presented by



Orthopaedic Foundation and MCJ Consulting



ORTHOPAEDIC SUMMIT 2015

EVOLVING TECHNIQUES

Sports Medicine, Arthroscopy & Arthroplasty
A NON-PROFIT, CME ACCREDITED COURSE
DECEMBER 2-5, 2015

Welcome

I would like to invite you to participate in the Orthopaedic Summit 2015: Evolving Techniques!

The Orthopaedic Summit continues to be to be the premier gathering of Sports Medicine, Arthroscopic, Total Joint Surgeons and Healthcare Practitioners across the globe.

This 3 ½ day event will include cutting-edge lectures, lunch time symposia, rapid-fire debates, and international perspectives on the latest techniques in arthroplasty, arthroscopy, and rehabilitation of the knee, shoulder, foot and ankle, hip, and elbow, wrist and hand.

New for 2015

Live Surgery Broadcast!
Industry-Sponsored Spotlight Sessions!

The CME-accredited Orthopaedic Summit is a non-profit, 501(c)(3) meeting which allows attendees to build relationships with internationally renowned sports medicine, arthroplasty, and arthroscopic surgeons, fellows, residents, physician assistants, nurse practitioners, physical therapists, and athletic trainers while learning the latest innovative techniques to help your patients.

The Bellagio Hotel is a destination unto itself, including Las Vegas' famous nightlife and gambling, more than fifteen different restaurants, and unique entertainment options.

We look forward to seeing you in Las Vegas!

Kevin D. Plancher, MD
Conference Chair

Who Should Attend?

Any healthcare practitioners specializing in arthroscopy, arthroplasty and orthopaedic sports medicine including:

- Orthopaedic Surgeons
- Fellows
- Residents
- Physician Assistants
- Nurse Practitioners
- Physical Therapists
- Athletic Trainers

Up To
34.5
CME Credits
CEU Credits Pending

Conference Chair



KEVIN D. PLANCHER, MD
Clinical Professor
Albert Einstein College of Medicine

Honored Professors



MICHAEL J. COUGHLIN, MD
Professor of Orthopaedics
University of California-San Francisco



MIKE M. MALEK, MD
Professor of Orthopaedics
Washington Orthopaedic Knee Clinic



SAVIO L-Y WOO, MD
Director
Musculoskeletal Research Center (MSRC)
Swanson School of Engineering
University of Pittsburgh



JOSEPH D. ZUCKERMAN, MD
Walter A.L. Thompson Professor
of Orthopedic Surgery
Chair, Department of Orthopaedic Surgery
NYU Center for Musculoskeletal Care

Distinguished Professors



STEVEN P. ARNOCZKY, DVM
Wade O. Brinker Endowed
Professor of Surgery
College of Veterinary Medicine
Michigan State University



CHAMP L. BAKER JR., MD
Professor of Orthopaedic Surgery
Hugstons Clinic



JOHN P. FULKERSON, MD
Clinical Professor of Orthopedic Surgery
University of Connecticut School of Medicine



HOLLIS G. POTTER, MD
Chairman
Department of Radiology and Imaging
Coleman Chair in MRI Research
Hospital for Special Surgery

International Honored Professors



PASCAL BOILEAU, MD
Professor of Orthopaedics
Hopital de l'Archet



ALESSANDRO CASTAGNA, MD
Professor of Orthopaedics
Istituto Clinico Humanitas IRCCS



DAVID DEJOUR, MD
Professor of Orthopaedics
Lyon Ortho Clinic



PHILIP SCHOETTLE, MD, PHD
Medical Director of Orthopedics
and Sports Medicine
Isar Ortho Centre
Munich, Germany

Conference Vice-Chair



BRIAN D. BUSCONI, MD
Associate Professor of Orthopedics
and Physical Rehabilitation, Pediatrics,
and Family Medicine and Community
Health, University of Massachusetts
Medical School

Knee Co-Chairs



DARREN L. JOHNSON, MD
Chair, Department of Orthopaedic
Surgery and Sports Medicine
University of Kentucky



DAVID R. MCALLISTER, MD
Professor of Orthopaedics
Ronald Reagan UCLA Medical Center



MARK D. MILLER, MD
S. Ward Casscells Professor of
Orthopaedic Surgery
University of Virginia
School of Medicine

Shoulder Chair



CLAUDE T. MOORMAN III, MD
Director of Sports Medicine
Duke University Medical Center

Hip Co-Chairs



BENJAMIN DOMB, MD
Clinical Instructor of Orthopaedics
Loyola University School of Medicine



ALLSTON J. STUBBS, MD
Associate Professor of Orthopaedics
Wake Forest Baptist Medical Center

Foot & Ankle Co-Chairs



JOHN G. KENNEDY, MD
Assistant Attending
Orthopaedic Surgeon
Hospital for Special Surgery



JAMES W. STONE, MD
Professor of Orthopaedics
The Orthopaedic Institute of Wisconsin

Elbow, Wrist & Hand Co-Chairs



L. ANDREW KOMAN, MD
Chair, Department of Orthopaedics
Wake Forest Baptist Health
Medical Center



A. LEE OSTERMAN, MD
Professor of Hand and
Orthopaedic Surgery
Thomas Jefferson University

Practice Management Chair



JACK BERT, MD
Professor of Orthopaedic Surgery
Minnesota Bone & Joint Specialists

Academic Consultant



STEPHANIE PETTERSSON, MPT, PhD
Director of Clinical Research
Orthopaedic Foundation

**REGISTER
TODAY**

www.orthosummit.com

Knee Faculty

Christopher Ahmad, MD
Ned Amendola, MD
Allen Anderson, MD
William Beach, MD
Keith Berend, MD
Shariff Bishai, DO
Michael Bolognesi, MD
Kevin Bonner, MD
Joseph Bosco, MD
Joel Boyd, MD
John Brown, MD
William Bugbee, MD
John Callaghan, MD
Thomas DeBerardino, MD
Craig Della Valle, MD
Gregory Fanelli, MD
Jack Farr, MD
William Garrett, Jr., MD, PhD
Scott Gillogly, MD
Daniel Green, MD
Peter Indelicato, MD
William Jiranek, MD
Michael Kaplan, MD
Michael Kelly, MD
Aaron Krych, MD
Peter Kurzweil, MD
Bruce Levy, MD
Thomas Myers, MD
George Paletta Jr., MD
Andrew Pearle, MD
Anil Ranawat, MD
John Richmond, MD
Justin Saliman, MD
Giles Scuderi, MD

Nicholas Sgaglione, MD
Beth Shubin-Stein, MD
Mark Steiner, MD
C. Thomas Vangsness, MD

Shoulder Faculty

Joseph Abboud, MD
Jeffrey Abrams, MD
Richard Angelo, MD
George Athwal, MD
Robert Bell, MD
Robert Burks, MD
John Cavanaugh, PT,
MEd, ATC, SCS
Brian Cole, MD
Alan Curtis, MD
Larry Field, MD
J. William Futtrell, MD
Lawrence Gulotta, MD
Robert Hartzler, MD
Richard Hawkins, MD
Alan Hirahara, MD
Spero Karas, MD
William Benjamin Kibler, MD
Ian Lo, MD
William Mallon, MD
Eric McCarty, MD
Louis McIntyre, MD
Peter Millet, MD
Anthony Miniaci, MD
Raffy Mirzayan, MD
Greg Nicholson, MD
Bradford Parsons, MD
Matthew Provencher, MD
Rick Ryu, MD
Felix Savoie, MD

John Sperling, MD
Sonia Szlyk, MD
Nikhil Verma, MD
Ilya Voloshin, MD
Russell Warren, MD
Kevin Wilk, PT, DPT

Elbow, Wrist & Hand Faculty

Mark Baratz, MD
Michael Bednar, MD
Lyle Cain, MD
Michael Ciccotti, MD
Randall Culp, MD
Jeffrey Dugas, MD
William Geissler, MD
Brian Jurbala, MD
Steven J. Lee, MD
John Lubhan, MD
Daniel Nagle, MD
Matthew Ramsey, MD
Mark Rekan, MD
Marc J. Richard, MD
David Ruch, MD
Joaquin Sanchez-Sotelo, MD, PhD
Dean Sotereanos, MD
Michael Vitale, MD, MPH
Noah Weiss, MD
Jeffrey Yao, MD

Hip Faculty

Srino Bharam, MD
J.W. Thomas Byrd, MD
John Christoforetti, MD
Struan Coleman, MD
Brian Giordano, MD
Thomas Gross, MD

Carlos Guanche, MD
Victor Ilizaliturri, MD
John Keggi, MD
Bryan Kelly, MD
Stefan Kreuzer, MD
Hal Martin, MD
Dean Matsuda, MD
Shane Nho, MD
Marc Philippon, MD
Thomas Sampson, MD
Brian White, MD

Foot & Ankle Faculty

Robert Anderson, MD
J. Chris Coetzee, MD
Richard Ferkel, MD
David Gitlin, DPM
Mark Glazebrook, MD
Steven Haddad, MD
Sameh Labib, MD
Peter Mangone, MD
James Nunley, MD
David Pedowitz, MD
Phinit Phisitkul, MD
Troy Watson, MD

CME & CEU Information

This activity has been planned and implemented in accordance with the Essential Areas and policies of the Accreditation Council for Continuing Education ACCME through the Medical Education Resource (MER). MER is accredited by the ACCME to provide continuing medical education for physicians.

Learning Objectives

Following the Orthopaedic Summit 2015: Evolving Techniques, participants should be able to:

- Summarize current controversial issues in orthopaedics.
- Evaluate and create a patient's treatment plan that provides for non-operative, operative, and rehabilitation regimes.
- Analyze evidence-based studies and apply the results to clinical scenarios.
- Identify appropriate pathology when evaluating MRI and arthroscopic images of the joints.
- Prevent or correct complications when performing surgical interventions, as well as manage rehabilitative techniques and post-surgical intervention.
- Identify the basic science of osteochondral lesions of the talar dome, ankle instability, and tendinopathy of the foot and ankle to appropriately determine the best management options for patients.
- Evaluate the surgical steps required to treat rotator cuff, labral pathology, adhesive capsulitis, and degenerative conditions of the shoulder.
- Evaluate treatment options for meniscal and ligamentous injuries, and analyze controversial issues in ACL surgery.

Our Venue

Bellagio Hotel, Las Vegas

The Orthopaedic Summit 2015: Evolving Techniques will take place at The Bellagio in Las Vegas, a world renowned hotel with free Wi-Fi, and fabulous dining and entertainment options. Room rates for OSET participants start at an incredible rate of \$145 per night! We urge you to make reservations as soon as possible as room availability is limited.

Visit www.orthosummit.com to book your accommodations.

This fee includes:

- Complimentary, in-room, high-speed internet access
- Complimentary Wi-Fi in the Conference Center
- Complimentary printing of boarding passes, copies and faxes up to 5 pages, and notary services at the Business Center
- Unlimited local and toll free calls
- Complimentary access to the fitness center

**Rooms are subject to a daily, reduced Resort fee of \$20, plus the current Clark County room tax of 12% (subject to change) in addition to the room rates.*



AUDIENCE PARTICIPATION ENCOURAGED!

PANEL DISCUSSIONS & CASE PRESENTATIONS WITH THE EXPERTS!



WEDNESDAY, DECEMBER 2, 2015 KNEE

CARTILAGE AND ORTHOBIOLOGICS

Osteochondral Defects in the Adult Knee: Pearls for Treatment from 2 Case Presentations

Evolving Technique: Amniotic Allografts for the Non-Operative Treatment of Knee Osteoarthritis

Evolving Technique: Arthroscopic OATS Procedure: How to Achieve Great Results

Debate: 40-Year-Old Athlete with a 2.1cm Lesion on the Medial Femoral Condyle Post-Menisectomy 15 Years Ago

ACI and Science Gives Success

Fresh Osteochondral Allografts Can Restore Function

Evolving Technique: Single-Stage Cartilage Regeneration for the Patella: New Concepts - Biocartilage and Others

Post-Menisectomy Pain in a 25-Year-Old's Lateral Compartment: What to Do with the Defect?

Evolving Technique: Juvenile Cartilage Implantation: Does It Have Merit and For Which Patients?

Evolving Technique: Autologous Stem Cells and New Scaffolds

Distinguished Professor Lecture: Amniotic-Derived Biologics: Our Best Chance for Musculoskeletal Tissue Regeneration?

Practice Management Tip: Bundled Payments - How to Achieve Success

KNEE RECONSTRUCTION

Evolving Technique: Immediate Weightbearing with HTO: A Game Changer

Distal Femoral Osteotomy in a 34-Year-Old Female Runner: 5 Tips for Success and Proper Indications

Complications with High Tibial Osteotomy: 3 Common Mistakes and How I Salvage Them

Unicondylar Knee Replacement: Does the Robot Really Improve Success?

Lateral Unicondylar Knee Replacement and Return to Sport

Medial Unicompartement Knee Arthroplasty in Patients Under 50: Expectations and Facts

Multimodal Pain Management from Arthroscopy to Arthroplasty - Liposomal Bupivacaine: Have You Used It Yet?

Total Knee Prosthesis for the Patient Under 50: Are They All the Same and Results

The Obese Patient with a BMI >35kg/m²: Success with a Total Knee Extensor Mechanism Reconstruction for TKA: 5 Steps to Success

The Stiff Total Knee Arthroplasty: Management and 5 Pearls

How to Avoid the Unstable Total Knee Replacement

Metal Allergies After an Artificial Prosthesis: How to Detect and What To Do

Evaluation of the Painful Total Knee

Update: Treating the Infected Total Knee - New Thoughts

Management of Patella Bone Loss During Revision Total Knee Arthroplasty

Evolving Technique: New Techniques to Minimize Blood Loss in Total Knee Replacement: Update 2015

Panel Discussion: 47-Year-Old Former Recreational Skier with Lateral Compartment Arthritis

Total Knee Arthroplasty

Lateral UKA

New Thoughts on Postop Dressing: Does It Make A Difference?

Decreasing Total Joint Implant Costs and Physician Specific Cost Variation Through Negotiation

THURSDAY, DECEMBER 3, 2015 KNEE

PATELLOFEMORAL

Panel: Patellar Tendinosis - Jumper's Knee: 19-Year Old Male Basketball Player with a Positive MRI

Inject or Leave It Alone

Resect

First Time Patellar Dislocation: Which Ones Need Surgery, Why, and How?

Panel: Patellar Instability: My Way To Treat It!

Medial Quad-Tendon Femoral Ligament: Safe, Anatomic, and the Right Choice (MQTFL)

MPFL Reconstruction: Tips and Tricks for a Successful Outcome (Docking Technique)

MPFL The Classic Way

Anterior Knee Pain and Patellar Instability

MPFL Complications: 5 You Want to Avoid and How to Salvage

International Professor Debate: The Big Showdown

Radiographic Landmarks for Femoral Tunnel Placement in MPFL Reconstruction

Anatomic Landmarks for Femoral Tunnel Placement in MQTFL/MPFL Is The Key To Success

International Honored Professor Lecture: Trochlear

Dysplasia: It Plays a Role in Patellofemoral Instability - Tips and Tricks for a Successful Trochlear Osteoplasty

Commentary: Trochlea Dysplasia: Point-Counterpoint - My Instruments

Commentary: This Is All Wrong

Patellofemoral Instability in Athletes: Perfecting the Distal Patellar Realignment with Outcomes

Patellofemoral Rehab: What Should Be the Focus?

PFL: When Do I Use an Inlay and When is the Onlay the Right Choice

Patellofemoral Arthroplasty with Complex Patellofemoral

Realignment Procedures

Panel: Acute Osteochondral Fracture with Patella Instability

ACL

Evolving Technique: Anatomic ACL Reconstruction: What Does It Mean?

Evolving Technique Update: Mechanisms and Prevention of ACL Injury

Panel: Solving the Dilemma: I Still Am Right, My Colleagues Are Wrong - ACL Reconstruction in A 21-Year-Old Out-of-Season Football Running Back - Creating the Femoral Tunnel

Anteromedial Portal with Flexible Reamers

Two Incision - It's Anatomic

Flipcutter Makes It Simple - All-Inside

Transtibial with a Notchplasty

Hamstring ACL and Debunking All the Myths in the Literature

Evolving Technique Update: The ACL Deficient Knee: Anterolateral

Ligament Reconstruction - Why!

Revision ACL: Keys to Success

Evolving Technique: Breakthroughs in ACL Healing:

Biological and Mechanical Augmentation

Evolving Technique: The Posterolateral Corner Made Simple

Evolving Technique: DVT After Arthroscopic Procedures: Does it Exist? Should We be Worried?

Can We Train to Avoid an ACL Injury and When Is It Safe to Return to Pivoting Sports?

5 Complications to Avoid with ACL Surgery in 10 Minutes

PEDIATRIC KNEE

Evolving Technique: Physeal Injury: Does it Really Occur Frequently or is it Lawyer Driven? How I Treat it!

Timing for ACL Reconstruction in Children When Meniscus and/or Cartilage Injuries Exist

New Modalities for the Pediatric Discoid Meniscus

Panel: Open Growth Plates: The Pediatric ACL in a 10-Year-Old

Female Soccer Player

All Epiphyseal: All-Inside Using Hamstring

Transphyseal Bone-Patellar Tendon-Bone - They Will Do Fine

Outside-In with a Classic Hamstring and Endobutton:

Outcomes Tell It All

MENISCUS

Medial Meniscus Root Tears: Fix or Leave Alone

Evolving Technique Update: Lateral Meniscus Repairs: All Inside Without Chondral Damage - Second Looks in All Age Groups

Fixing the Horizontal Intrasubstance and Radial Meniscus Tear with New Technology

Panel: Meniscal Tears Including Case Presentations

LATEST ADVANCEMENTS OF LIGAMENT RECONSTRUCTION AND MORE

Honored Professor Lecture: Revolutionizing Orthopaedic

Biomaterials: The Potential of Biodegradable and Bioresorbable Magnesium Orthopaedic Implants: Here Today and Gone When You Wish

An MRI Primer for Ligaments, Patellofemoral, and Menisci Evaluation

PCL AND MULTILIGAMENT

Panel: Combined ACL/Grade III MCL Injury in a 43-Year-Old Male Tennis Player: Surgery and Timing

MCL Heals with Non-Operative Treatment

MCL Requires Repair

MCL Requires Reconstruction with Internal Brace

Panel: PCL Update - My Way or the Highway

Arthroscopic Achilles Allograft - Still Going Strong

Single Bundle In-Lay: It's Safe and Reproducible

Arthroscopic All-Inside with Flipcutter

COMPLEX KNEE ISSUES

Complications of Complex Ligament Surgery I Have Seen in Over 20 Years

The Dislocated Knee: It Doesn't Need to Be Transferred - 5 Keys to Success with Timing and Treatment

Panel Discussion: Post-Menisectomy Patient with Pain: How I Treat a 19, 30, 50-Year-Old - Compare and Contrast

Honored Professor Lecture: 25 Years Experience with Press Fit Femoral Fixation in Arthroscopically-Assisted ACL Reconstruction

MISCELLANEOUS TOTAL JOINT

Outpatient Total Knee Arthroplasty

FRIDAY DECEMBER 4, 2015 SHOULDER

PROXIMAL HUMERUS FRACTURES

How I Really Fix Comminuted Proximal Humerus Fractures to Get Motion

International Honored Professor Lecture: Surgical Neck Fractures: Is It Worth Open Reduction Internal Fixation?

Evolving Technique: The Elderly Patient: Fracture Management for the Proximal Humerus - Tips and Tricks

Panel: Proximal Humerus Fractures - My Way To Treat It!

Open Reduction Internal Fixation

Hemiarthroplasty

Reverse Shoulder Arthroplasty

SHOULDER OSTEOARTHRITIS

Shoulder Osteoarthritis in the Under 50-Year-Old Patient: What To Do - An Algorithm

Evolving Technique Update: Arthroscopic Glenoidplasty and Interpositional Dermagrafts for OA: Successful Outcomes? The Truth!

Evolving Technique: What's New in Total Shoulder

Arthroplasty Design: Pyrocarbon Heads - Bring Back the Hemi

Evolving Technique: What's New in Total Shoulder Arthroplasty with Glenoid Bone Loss

When to Use the Stemless Non-Shoulder Prosthesis? How Do I Decide

Partial to Total Shoulder Resurfacing for the Young, Active Patient

Evolving Technique: Modular Shoulder Replacement May Make A Difference

Total Shoulder Replacement: Please Show Me the Glenoid! It's Easy

Panel Discussion: Total Shoulder Replacement

REVERSE SHOULDER ARTHROPLASTY

Reverse Shoulder Arthroplasty: My Way!

International Honored Professor Lecture:

The Latissimus Transfer and Reverse Shoulder Arthroplasty - Is It Necessary?

Glenoid Bone Loss and the Reverse Shoulder Arthroplasty

Complications and Remedies for the Reverse Shoulder Arthroplasty
Avoiding the Subscap Rupture and Rehab of the Prosthetic Replaced Limb - Tips and Tricks
Evolving Technique: Prevention of Shoulder Infection: An Algorithm for Success

ROTATOR CUFF

Distinguished Professor Lecture: Biologics for Enhancing Rotator Cuff Repair: What Can They Do and How Might They Help?
Evolving Technique Update: Stem Cell Use in the Shoulder - The Next Paradigm
Tips and Tricks for Successful Outcomes Using Stem Cells: My Way
Evolving Technique: Why Bother Classifying Rotator Cuff Tears? Does It Really Help?
Evolving Technique: So Many Anchors, So Many Techniques: Keep It Simple for Small, Medium, and Large Tears - 5 Rules in 10 Minutes
Evolving Technique: Asymptomatic Rotator Cuff Tears: What to Do and How to Counsel Our Young Patients with Facts
Evolving Technique: Biological Augmentation for Rotator Cuff Repair
Honored Professor Lecture: The Future of Shoulder Surgery: Are We Becoming A High Cost - Low Value Specialty?
Panel: Massive Rotator Cuff Tears - How I Treat Them!
Simply Repair, It's Not So Hard
Superior Capsular Reconstruction
Augments Please
Transfers to Make the Cuff Work
Rehab the Shoulder, Do Not Operate - Know the Literature
Evolving Technique: Rehabilitation for Irreparable Cuff Tears: 5 Tips and Tricks
Evolving Technique Update: Oh No! The Type II Failed Rotator Cuff: The Musculotendinous Junction - What Do I Do Now? 3 Tips in 5 Minutes
Panel: 40-Year-Old with Partial Thickness Articular Rotator Cuff Tear
In Situ Techniques for Anatomic Preservation
Take It Down, Easier Technique with Better Results
You Don't Need to Fix That, You Can Wait - Non-Operative Treatment Works

AC JOINT

Panel: AC Reconstruction: Evolving Thoughts
Open Treatment, Classic with Great Success and Why?
Arthroscopic-Assisted Approach
You Have to Use the Hook Plate

LABRUM AND BICEPS

Panel: Best Practice for SLAP Tears
Why and When I Operate on Type II SLAP Tears - My Tips
SLAP Tears in Collegiate and Professional Athletes: My Advice - Be Aware
What Does the Literature Say About SLAP Tears and All Those Devices

ANTERIOR INSTABILITY

Latarjet versus Bankart: Is It Just a Problem of United States versus Europe?
The Arthroscopic Latarjet: It Works, It Is Here Now!
Panel: What Graft Should I Use for Anterior Glenoid Bone Loss and When?
Intracortical Bone Graft
Coracoid, It's Classic
Evolving Technique Update: Alternatives for Bone Loss – Distal Tibial Allograft and Clavicle Autograft
Evolving Technique: Remplissage: When I Use It and How to Do It
Evolving Technique: HAGL/Reverse HAGL Lesions: How to Recognize, How to Fix - Step-by-Step
Evolving Technique: I Know It's Not Anatomic But It Works! My Open Latarjet
Evolving Technique: Revision Bankart: Strategies to Make the 2nd Time Around Better
Solving Complications with the Latarjet
Lessons I've Learned Using the MRI to Detect and Treat All Types of Instability

POSTERIOR AND MULTIDIRECTIONAL INSTABILITY

Evolving Technique: Arthroscopic Rotator Interval Closure: Why, When, How?
Arthroscopic Repair of Posterior Instability: Set Up and Execution For A Great Result
Evolving Technique Update: Complications I have Seen in Arthroscopic Repair of Posterior Instability
Guidelines for Return to Play After Surgical Repair for Instability

Panel Discussion & Case Presentations: Shoulder Instability
Evolving Technique: Teaching Regional Ultrasound Blocks to Your Anesthesiologists for Outpatient Surgery
Evolving Technique: Posterior Shoulder Bursoscopy: An Arthroscopic Superior Medial Angle Resection
Evolving Technique Update: Operative Treatment of Traumatic Scapular Muscle Detachment

TECHNOLOGY CORNER

New Modalities in Knotless Anchors and Tapes - Do They Make a Difference?
Biological Augmentation for Cuff Repairs: My Way - Is This the Future?
Summary & Sage Advise

FRIDAY DECEMBER 4, 2015 ELBOW, WRIST & HAND – CONCURRENT

THE BICEPS AND ELBOW ARTHROSCOPY

Debate: Distal Biceps Repair - How I Do It and Why
Single Incision Without Complications
Collegiate and Professional Athletes: My Technique and Return to Sport
Two Incision, Been There Safely for Years Without HO
27-Year-Old Weight Lifter With A Partial Distal Biceps Tear And Pain: My Treatment Regime
Complications of Elbow Arthroscopy: 4 Ways to Avoid
Evolving Technique: Endoscopic Release of the Ulnar Nerve
Evolving Technique: When and What to Release in a Stiff Elbow
Debate: Elbow Contracture After Distal Humerus Fracture
I Release It Open
Arthroscopic Release, Safely Done: 4 Steps

ELBOW INSTABILITY AND LIGAMENT RECONSTRUCTION

Evolving Technique: Lateral Collateral Ligament Reconstruction: Arthroscopic or Open with an Endobutton
Debate: UCL Reconstruction My Way: The Ulnar Nerve and Avoiding Complications
My Way and Leave the Nerve Alone
The Nerve Must Be Moved and Released 100% of the Time
Evolving Technique Update: Repair the UCL with an Internal Brace
Returning the Athletes to the Field After Reconstructive Procedures: My Experience as A Professional Team Physician - Ethics and Agents
Evolving Technique: Elbow Rehab After Instability Procedures - The Way to Get Them Back to Throwing
Evolving Technique: Prevention of Elbow Injuries in Pediatric and Adolescent Pitchers
Distinguished Professor Lecture: Basic Science Rationale Behind the Treatment Options for Tendinopathy: Why Nothing Works All of the Time
Distinguished Professor Lecture: Lateral Epicondylitis My Way: Using Science To Improve Outcomes
Panel: Lateral Epicondylitis, I Don't Agree - Other Ways to do It
Classic Open: Froimson/Nirschl
PRP Injections With and Without Ultrasound With Outcomes - Too Soon to Tell?
Arthroscopic Release: Time for You to Jump on Board
The Anconeus Muscle Flap Solves Lateral Epicondylitis, or Does It?
Leave It Alone, Canadians Have Taught Us From The Literature
Botulinum Toxin: The New Kid On The Block To Treat Lateral Epicondylitis

ELBOW OSTEOARTHRITIS

Evolving Technique Update: Radiocapitellar Arthritis: Excision of the Radial Head Arthroscopically: Tips and Tricks
Radial Head Fractures: Tips and Tricks for ORIF or When To Excise
The Role of the Radial Head Implant: An Algorithm for Its Use and Are They All The Same
Total Elbow Replacement: New Prostheses
Complications of Total Elbow Replacement: The Challenges I Have Met and Conquered

ELBOW AND FOREARM FRACTURES

Elbow Fractures in Adults: Distal Humerus, Olecranon, Coronoid With Tips and Tricks
Evolving Technique Update: 25-Year-Old Rollerblader with a Monteggia Fracture: New Concepts in Treatment
Evolving Technique Update: 43-Year-Old Ice Hockey Player with a Galeazzi Fracture
Evolving Technique Update: 19-Year-Old with Radius and Ulna Forearm Fracture: How to Avoid Loss of Range of Motion

The Unstable Interosseous Membrane: What Does It Mean, Why Do I Care, and Should I?

THE PEDIATRIC AND ADOLESCENT ELBOW

Pediatric Elbow and Forearm Fractures: Supracondylar, Transcondylar, and More - New Concepts for Success
Pediatric and Elbow Injuries in Sports

FRIDAY DECEMBER 4, 2015 FOOT AND ANKLE – CONCURRENT

THE HONORED PROFESSOR'S CORNER

Tendon Injuries of the Foot and Ankle
Hallux Rigidus in the Athlete
The Dreaded Jones Fracture: Evaluation and Successful Treatment
Achilles Tendon Ruptures in NFL Players: What to Do
Interdigital Neuromas: Evaluation and Treatment
Ultrasound for Bone Healing in Hindfoot Fractures
4 Complications in Ankle and Foot Surgery and How to Avoid Them

FRIDAY DECEMBER 4, 2015 HIP – CONCURRENT

TREATMENT OF THE SPECTRUM OF HIP DISEASE FROM THE ADOLESCENT TO MATURE PATIENT - CASE PRESENTATIONS

Young FAI: Case Management – Panel Perspective
Operative Intervention and Post-Op Physical Therapy
Mid-30s Female with Acetabular Dysplasia and Treatment Goals
Young Patient with Dysplasia - When to Refer to Osteotomy vs. Arthroscopic Repair
48-Year-Old with Tonnis 2 or Above - When to Refer to Osteotomy vs. Arthroscopic Repair
Resurfacing vs. Replacement Patient
Total Joint Cases

SATURDAY, DECEMBER 5, 2015 ELBOW, WRIST & HAND – CONCURRENT

WRIST

Panel: 19-Year-Old Tennis Player with a Comminuted Distal Radius Fracture
The Use of the Fixed Volar Plate, Are They All the Same? What Are the Differences?
The Role of Dorsal Plating - Does It Still Exist?
Arthroscopic-Assisted Management of Distal Radius Fractures Gets a Better Result and I Use It!
Distinguished Professor Lecture: A Whirlwind Tour of the Elbow, Wrist, and Hand Through the Eyes of a World Renowned Musculoskeletal Radiologist
Panel: 53-Year-Old Female with SLAC Wrist and Pain With Good Extension and Only 20 Degrees of Wrist Flexion
4 Corner Arthrodesis Is the Way To Go
Open Proximal Row Carpectomy
Arthroscopic Proximal Row Carpectomy: Tips and Tricks
Selective Injections/Denervation Or Leave It Alone
Advanced Wrist Arthroscopy: What Really Works
19-Year-Old Male Rugby Player with a Non-Displaced Scaphoid Fracture: Open Reduction Internal Fixation Dorsal versus Volar Approach - How I Do It
Evolving Technique Update: 31-Year-Old Gardener with Acute Scapholunate Ligament Tear with No Arthritis, Modified Brunelli Technique - It's the Way to Go
Evolving Technique Update: Scapholunate Ligament Reconstruction - The 'SLAM'/Swivel Lock Technique
Carpal Fractures and When to Operate: A Potpourri

OSTEOARTHRITIS AND TOTAL JOINTS

Debate: 42-Year-Old Ironworker Failed Arthroscopic Debridement of the Wrist, Now What Do I Do?
Wrist Fusion and Back to Work
Wrist Arthroplasty with Results

HAND AND FINGER

Metacarpal and Phalangeal Fractures: What's New? How Do I Get Motion?
Panel: CMC Arthritis - My Way
When Splinting and Injections Work
Trapeziectomy Alone Makes It Perfect
Suspensionplasty Works: When to Use Dorsal or Volar - I Like Them Both
CMCTR for CMC Arthritis: A Novel Technique
Complications of CMC Arthritis Surgery, You Need To Fuse the MP Joint

Evolving Technique: Percutaneous Trigger Finger/Thumb Release Under Ultrasound Guidance

Panel: Dupuytren's Contracture 2015

Open Fasciectomy is Still the Gold Standard

Percutaneous Fasciectomy Is Not Dangerous and Works: When and How To Do It Safely

Collagenase Clostridium Histolyticum Is the Only Way to Treat Patients in 2015

NERVE INJURIES AND COMPRESSION

23-Year-Old Chef With a Laceration Across the Base of the Index Finger: How I Fix It? Direct Repair, Conduit, or Allograft - When I Use the Microscope Versus Loops and Getting Paid

Nerve Injuries Associated with Shoulder and Elbow Surgery

Compartment Syndrome: How I Avoid It and Keep the Lawyers Off Your Back

Digital Replantation/Revascularization: Is it a Thing of the Past?

Evolving Technique Update: Endoscopic Carpal Tunnel

45-Year-Old Construction Worker With An Ulnar Artery Thrombosis: How I Evaluate When You Need to Operate - Don't Miss It!

SATURDAY, DECEMBER 5, 2015
FOOT & ANKLE - CONCURRENT

ANKLE FRACTURES

The Role of the Arthroscope with Ankle Fractures: When I Use it and Why

Evolving Technique: Posterior Ankle Arthroscopy, Avoiding Complications: When I Use It In Which Patients?

The Posterior Malleolus: Why We All Ignore and When We Can't

The Syndesmotom Ligament: How I Ensure an Accurate Syndesmosis Reduction

Evolving Technique: Syndesmosis Fixation - Rigid or Flexible: What is the Real Gold Standard

Mini-Debate: Treating the Syndesmosis Perfectly

Two Screws, Avoid All the Complications, They Work Fine

New Devices, The Joint Has to Move to Function Right Away

Turf Toe

Panel Discussion: Ankle Fractures

TIBIAL PLAFOND FRACTURES

Panel: 43-Year-Old Roller Blader with Closed Tibial Plafond Fracture: How I Treat Them

Traditional Open

Minimally Invasive Technique (Not Arthroscopic)

Arthroscopy: Does it Have a Role?

CALCANEUS FRACTURES

Panel: 51-Year-Old Roofer With Isolated Bilateral Fracture

Open Treatment Yields the Best Result Without Infection

Less Is More, Do the Subtalar Approach

Percutaneous, My Friend, Avoid the Complications

FRACTURES OF THE FOOT AND ANKLE

25-Year-Old Ballet Dancer With a Jones Fracture: My 3 Tips to Avoid NonUnion

Complications I Have Seen Fixing the Jones Fracture: My 3 Remedies Lisfranc Dislocations in Sports: Avoid Litigation, Treatment Algorithm for Surgical Success!

Honored Professor Lecture: Instability of the Lesser MTP Joints/Plantar Plate: Evaluation and Treatment

ACHILLES TENDON

Panel: 55-Year-Old Weekend Warrior in a Pick-Up Thanksgiving Football Game With a Dreaded Pop

Open Repair, Traditional Krackow Stitch and Non-Weightbearing

Open Repair, I'll Teach You a V-Y Flap or Augmentation and Show You When to Use it - I Need More Length!

Minimally Invasive Is Safe and Reliable

Do Not Operate, A European and Canadian Experience

Evolving Technique: The Achilles Tendon Rupture, Getting the Athlete Back on the Field: An Algorithm For Success

Achilles Tendinopathy: When to Intervene and How With Return to Sport

Evolving Technique: Arthroscopic Treatment of Achilles Tendinopathy

ANKLE SPRAINS

Debate: 21-Year-Old D1 College Football Running Back With A Grade III Lateral Ankle Sprain, Injured in the Last Week of Pre-Season Practice: How I Save His Season

Functional Rehab, Early Motion and Limited Immobilization

Primary Surgical Repair to Avoid Instability

Sesamoid Injuries: Evaluation and Treatment

LATERAL LIGAMENT INJURIES

The Internal Brace and Lateral Ankle Instability, Still Going Strong

Evolving Technique: A 20-Year-Old College Soccer Player With Ligamentous Laxity: Options for Reconstruction of Lateral Ligament Laxity

Evolving Technique: The Arthroscopic Brostrom-Gould Repair - Tips and Tricks

Lateral Ligament Reconstruction with Allograft: Avoid the Brostrom

ANKLE ARTHRITIS

Panel: 51-Year-Old s/p Pilon Fracture 15 Years Ago Now with Pain and Limited Motion

Arthroscopic Arthrodesis - Pitfalls and How to Make it Successful

Open Arthrodesis: Classic and Dependable, Understanding Alignment Using Plates

New Generation Ankle Replacement: Tips and Tricks in 5 Minutes

Allograft Replacement: Tips and Tricks

Ankle Replacement in 2015 With Outcomes and Reality

Total Ankle Replacement: An Alternative View



LIVE SURGICAL BROADCAST HIP ARTHROSCOPIC LABRAL RECONSTRUCTION

SATURDAY, DECEMBER 5, 2015
HIP - CONCURRENT

HIP PATIENT EVALUATION AND IMAGING

Mini-Debate: Hip Arthroscopy Patient Selection: Simple or Complicated

Keep It Simple! Plain Radiographs and Learning the Numbers and Angles

Advanced Imaging Is Critical

Evolving Technique Update: Hip Exam: Is It 5 Minutes or 15 Minutes - How I Decide

Mini-Debate: Peritrochanteric Space Is Overrated

I Fix Most Gluteal Tears

Most Gluteal Pathology Does Not Need Surgery

Mini-Debate: Use of Diagnostic Injections

Injections Are Cost Effective: I Inject Everyone Prior to Any Arthroscopy!

Injections Are Cost Ineffective! What A Waste of Time! Just Operate!

HIP ARTHROPLASTY: NEW FRONTIERS

Mini-Debate: Younger Arthroplasty: Resurfacing or Anterior Hip Replacement

Save the Bone: Hip Resurfacing is the Way to Go!

Get Real: Anterior Approach Only Way I See it!

Mini-Debate: Anterior Hip: To Table or Not To Table, That is the Question!

Anterior Hip With a Table Keeps Me Straight

Anterior Hip Without a Table Keeps Things Flexible

Silly Rabbit, Tricks Are For Kids: Go With What You Know - Posterior is Perfection

HIP TRAUMA, SEEING THE LIGHT

Mini-Debate: Proximal Hamstring Reconstruction: Be Proactive - Partial Tears/Rehab Programs

Arthroscopic Hamstring Repair: Let Me Show You the Light: Step-by-Step Tips for Success

Stop Fooling Around: Do it Open

Mini-Debate: Hip Dislocation

I Rarely Scope After a Hip Dislocation: Wait and See!

Of Course I Scope It: No Time Like the Present

Mini-Debate: The 65-Year-Old With Moderate Osteoarthritis and Femoral Neck Fracture

Pin It To Win It!

Don't Waste Your Time - Put In A Total Hip Replacement!

MANAGING THE ATHLETE'S HIP

Return to Sport: How Do I Know When They Are Ready To Compete! An Algorithm for Success

Mini-Debate: Making the Call - Core Muscle Injury or Hip Impingement

It's Athletic Pubalgia

It's All About FAI

Mini-Debate: Acetabular Labral Reconstruction

Trash the Labrum and Do a Primary Reconstruction: I'll Show You How!

Wait A Minute: Give the Labrum a Chance or Stage It!

Getting the Most From Your Hip MRI: Making Every Pixel Count! A Guide to Success!

Mini-Debate: Global Impingement: Don't Kid Yourself With the Scope Be Smart - Do it Open!

Be Smarter - Use the Scope, I'll Show You How!

Video Lecture: Femoral Osteoplasty: Video-Based Tips, Tricks, and Pearls to Make it Perfect!

Video Lecture: Chondral Lesions: Ouch! What Are My Options and How Do I Set Expectations?

Hip Instability Is No Joke: Stop Laughing and Start Learning - Let Me Show You Reality

Evolving Technique Update: Pain Relief Post Hip Arthroscopy: The Lumbar Plexus Block - Does It Really Work?

Stop! What Do We Do in PostOp Rehab? Is It All Guesswork?

HIP DILEMMAS

Mini-Debate: The Borderline Dysplastic Hip With Pain Arthroscopy First!

Don't Kid Yourself: Primary PAO is the Only Way to Go!

Mini-Debate: Capsular Closure

Capsular Closure On Every Case is How I Succeed!

Are You Kidding! I Rarely Close the Capsule - Let it Breathe

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