

Post Reproductive Health

Joint RCOG/BMS Meeting

7–8 November 2017



13 credits



2 days



RCOG, London



Overview

This meeting endeavours to provide answers to the most commonly asked and most difficult questions in the management of post reproductive health. These will be put into the context of the **Guideline on the Treatment and Management of the Menopause**, published last year by the National Institute for Health and Care Excellence (NICE) and the British Menopause Society of guidelines on hormone placement therapy published in 2016.

Nationally and internationally recognised speakers will cover controversial questions in important areas such as:

- Pathophysiology of the menopause
- Risks of hormone dependent malignancies
- Cardiovascular diseases, osteoporosis and cognitive problems

- Premature ovarian insufficiency: diagnosis and management

- Lifestyle, complementary therapies, HRT and alternatives for managing the menopause

The meeting will closely follow the recommended syllabus and is suitable for the theoretical component of the BMS/RCOG 'Menopause' Advanced Training Skills Module (ATSM) and the Faculty of Sexual and Reproductive Healthcare (FSRH) Advanced Menopause Certificate.

Case studies in each presentation will be used to illustrate management principles.



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Learning Objectives

After attending the meeting you will:

- Recognise the ways in which the menopause can affect Quality of Life and long term health
- Target investigations according to each clinical scenario
- Individualise hormonal and alternative therapeutic regimens that best suit your patient
- Manage patients with menopause related problems confidentially
- Identify and fully comprehend key research in the field of post-reproductive Health
- Use the course as the theoretical component of the RCOG ATSM
- Obtain the BMS/FSRH Advanced Menopause Certificate

Who should attend?

- Trainees in Obstetrics and Gynaecology and in Sexual Health
- Sub-specialist Trainees in Reproductive Medicine/Community Gynaecology
- SAS Doctors
- Consultants in Obstetrics and Gynaecology
- General Practitioners, Practice Nurses and Specialist Nurses
- Community Gynaecologists

Course Organisers

- Mr Haitham Hamoda MRCOG, London
- Mr Mike Savvas FRCOG, London
- Mr Nick Panay FRCOG, London

Honorary Director of Conferences

- Mr Nick Panay FRCOG, London

Honorary Deputy Director of Conferences

- Mr Philip Toosz-Hobson FRCOG, Birmingham

Full conference

 2 days

 £535

 £430

 13 credits

 RCOG, London

 £480

 £365



Programme

Tuesday 7 November 2017

8.45am REGISTRATION AND REFRESHMENTS

9.25am **Welcome and introduction**
Mr Nick Panay, Past Chairman, British Menopause Society, Consultant Gynaecologist, Imperial College and Chelsea and Westminster Hospitals

Session I: Perimenopause and the menopausal transition

Chair: Mr Haitham Hamoda, Consultant Gynaecologist, Subspecialist in Reproductive and Surgery, King's College Hospital, London

9.30am **The perimenopause: Presentation and management**
Dr Heather Currie, Associate Specialist Gynaecologist, Immediate past Chair British Menopause Society, Dumfries and Galloway Royal Infirmary

10.05am **Practical HRT prescribing**
Miss Lynne Robinson, Consultant Obstetrician and Gynaecologist, Birmingham Women's Hospital

10.40am REFRESHMENTS

Session II: Menopause symptom management

Chair: Mr Mike Savvas, Consultant Gynaecologist, Kings College Hospital, London

10.55am **Bioidentical hormones – what should we be saying to women?**
Mr Nick Panay

11.30am **Management of urogenital atrophy**
Mr Edward Morris, Consultant Gynecologist, Immediate Past Chairman, BMS; Norfolk and Norwich University NHS Foundation Trust

12.05pm **Reproductive depression and hormone therapy**
Mr John Studd, Menopause and Osteoporosis Centre, Wimpole Street, London

12.40pm LUNCH (2 course standing fork lunch)

Session III: Systemic effects of HRT

Chair: Mr Mike Savvas, Consultant Gynaecologist, Kings College Hospital, London

1.40pm **HRT for prevention and management of osteoporosis**
Dr John Stevenson, Consultant Metabolic Physician, Royal Brompton Hospital, London

2.20pm **HRT and breast cancer**
Ms Jo Marsden, Consultant Breast Surgeon, Kings College London

3.00pm **Stroke, migraines and HRT**
Professor Anne MacGregor, Specialist in Headache and Women's Health, Barts and Health NHS Trust

3.40pm REFRESHMENTS

Session IV: Breakout sessions

3.55pm **1. Alternative therapies to HRT**
Miss Joan Pitkin, Consultant Gynaecologist and Director of the Menopause Unit LNWH; Reader Imperial College, Northwick Park and St Marks, Harrow

2. Androgens and management of low libido Mr Haitham Hamoda
Dr Jyotsna Pundir, Consultant Reproductive Medicine and Surgery, St Bartholomew's Hospital, London

3. Perimenopausal contraception
Mr Ali Kubba, Consultant Gynaecologist, Guy's and St Thomas' Hospital, London

4. Psychosexual counselling
Miss Claudine Domoney, Consultant Obstetrician and Gynaecologist, Chelsea and Westminster Hospital, London

5. Practical aspects of post reproductive breast health
Ms Jo Marsden

5.25pm CLOSE

Programme

Wednesday 8 November 2017

9.00am REFRESHMENTS

Session V: Cardiovascular system

Chair: Mr Nick Panay

9.20am Vasomotor symptoms and cardiovascular disease risk in midlife women

Professor Rebecca Thurston, Professor of Psychiatry, University of Pittsburgh, USA

10.05am Venous thromboembolism: The thrombogenic effects of HRT

Professor Roopen Arya, Professor of Thrombosis and Haemostasis, King's College Hospital, London

10.50am REFRESHMENTS

Session VI: Menopause in women with co-morbidities – endometriosis / HIV

Chair: Mr Mike Savvas

11.05am Endometriosis and HRT

Professor Linda Cardozo, Professor Urogynaecology; Consultant Gynaecologist, King's College Hospital, London

11.45am HIV and menopause

Dr Nneka Nwokolo, Consultant Physician in genitourinary and HIV Medicine, Chelsea and Westminster Hospital, London

12.25pm LUNCH (2 course standing fork lunch)

Session VII: Premature Ovarian Insufficiency (POI)

Chair: Mr Haitham Hamoda

1.25pm POI: Diagnosis and management - Health implications

Mr Haitham Hamoda

2.05pm POI: Fertility management options

Mr Mike Savvas

2.45pm Debate: Fertility preservation – All women with family history of POI should be offered oocyte cryopreservation

For: Professor Siladitya Bhattacharya, Director, Institute of Applied Health Sciences, Aberdeen Maternity Hospital; University of Aberdeen

Against: Professor Richard Anderson, Head of Section, Obstetrics and Gynaecology, University of Edinburgh

3.40pm REFRESHMENTS

Session VIII: Breakout sessions

3.50pm 1. Alternative therapies to HRT

Dr Jane Woyka, Northwick Park and St Marks Hospital, London

2. Androgens and management of low libido

Mr Tim Hillard, Consultant Gynaecologist, Poole Hospital
Dr Jyotsna Pundir

3. Perimenopausal contraception

Mr Ali Kubba, Consultant Gynaecologist, Guy's and St Thomas' Hospital, London

4. Psychosexual counselling

Miss Claudine Domoney, Consultant Obstetrician and Gynaecologist, Chelsea and Westminster Hospital, London

5. Practical aspects of post reproductive

breast health
Ms Jo Marsden

5.20pm CLOSE



Venue

Venue: RCOG, 27 Sussex Place, Regent's Park, London NW1 4RG.

Tel: 020 7772 6200 **Fax:** 020 7772 6388

Train: Marylebone Station - 10 minute walk

Underground: Baker Street - 10 minute walk

Parking: Regent's Park Outer Circle (pay and display), NCP on corner of Park Road and Rossmore Road,

Tel: 0870 242 7144 for further information

Fee and payment

Fees must be paid in full before or on the morning of the first day of the meeting. The RCOG reserves the right to refuse admission in the event of non-payment. The fee includes refreshments, lunch, admission to the lectures and any technical exhibitions. You are not guaranteed a place until you receive confirmation. If you have not received confirmation of your place before the start of the event, please telephone the Conference Office on **+44 20 7772 6245**.

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