



Acute and general medicine for the physician

Monday 26 – Wednesday 28 October 2015

Royal College of Physicians, 11 St Andrews Place, Regent's Park, London NW1 4LE

Programme organiser: Dr Richard Leach, Guy's and St Thomas' NHS Foundation Trust

Monday 26 October 2015

09.30 Registration and coffee

09.55 **Opening remarks and welcome**

Professor Jane Dacre, president, Royal College of Physicians

Session 1: Core competencies

Chair: Dr Richard Leach, Guy's and St Thomas' NHS Foundation Trust

10.00 **Fluid management; NICE guidelines**

Dr Michael Stroud, Southampton University

10.30 **An overview of nutrition and physical activity on health**

Professor Martin Wiseman, Southampton University

11.00 Coffee

11.30 **Obesity: a 21st century epidemic**

Professor John Wass, Oxford University

12.00 **Milroy lecture**

Chronic respiratory disease – the acceptable epidemic?

Professor Peter Burney, Imperial College London

12.50 Lunch

Session 2: Cardiology

Chair: Dr Ian Webb, Kings College Hospital, London

- 14.00 **Common arrhythmias**
Dr John Silberbauer, King's College London
- 14.30 **Troponins – the highs and lows**
Dr Ian Webb, King's College Hospital, London
- 15.00 **Impact of nutrition on cardiovascular disease**
Professor Alan Jackson, Southampton University
- 15.30 Tea
- 16.00 **Preventing acute kidney injury in hospital**
Dr Andrew Lewington, St. James's University Hospital, Leeds
- 16.30 Close and drinks reception

Tuesday 27 October 2015

- 09.30 Registration and coffee

Session 3: Ageing and Health

Chair: Professor Finbarr Martin, Guy's and St Thoma's Hospital Trust

- 10.00 **Prevention of falls and fragility fractures**
Dr Jane Youde, Derby Hospitals NHS Foundation Trust
- 10.30 **Redesigning acute care for older people**
Dr Zoe Wyrko, University Hospital Birmingham
- 11.00 **Perioperative care of the older surgical patient**
Dr Robert Morris, Nottingham University Hospitals NHS Trust
- 11.30 Coffee

Session 4: Diabetes and endocrinology

Chair: tbc

11.50 Diabetic and metabolic emergencies

Professor David Russell-Jones, Royal Surrey County NHS Trust and Dr Roselle Herring,
Royal Surrey County NHS Trust

12.20 Endocrine emergencies

Professor William Drake, Barts and the London NHS Trusts

12.50 Lunch

Session 5: Gastroenterology

Chair: Dr Peter Nightingale, St Marks Hospital London

14.00 Inflammatory bowel disease

Dr Peter Nightingale, St Marks Hospital London

14.30 Acute gastrointestinal haemorrhage

Dr Edward Despott, Royal Free London NHS Foundation Trust

15.00 Tea

Session 6: Emergencies on the AMU

Chair: Dr Richard Leach, Guy's and St Thomas' NHS Foundation Trust

15.20 Acute neurological emergencies

Dr Robin Howard, National Hospital for Neurological Disease

15.50 Hot Joints for the general physician

Dr Vijay Hajela, Brighton and Sussex University Hospital

16.20 Close

Wednesday 28 October 2015

09.00 Registration and coffee

Session 7: Respiratory

Chair: Dr John Hurst, University College London

09.30 Chronic obstructive pulmonary disease

Dr John Hurst, University College London

10.00 Managing chronic cough

Professor Ian Pavord, Oxford University Hospitals

10.30 Pulmonary embolism

Professor Derek Bell, Chelsea and Westminster Hospital

11.00 Coffee

11.20 **End of life care in end-stage respiratory disease**
Dr Sabrina Bajwah, Kings College Hospital, London

11.50 **Fever in the returning traveller**
Dr Anna Checkley, London School of Hygiene and Tropical Medicine

12.20 Lunch

Session 8: Haematology and thrombosis

Chair: tbc

13.20 **Acute haematological emergencies**
Dr Tim Littlewood, Oxford Radcliffe NHS Trust

13.50 **Thrombotic disease in medical patients**
tbc

14.20 **Medical problems in pregnancy**
Professor Catherine Nelson-Piercy, Guy's & St Thomas' Hospital Trust

15.50 Tea

Session 9: Dermatology

Chair: Dr Richard Leach, Guy's & St Thomas' Hospital Trust

15.10 **Recognising skin cancer in the medical setting**
Dr Conall Perrett, University College Hospital London

Session 10: The Future Hospital

15.40 **Age attuning the future hospital - the need for partnership**
Professor David Oliver, Royal Berkshire Hospital

16.10 Close