

AMERICAN SOCIETY OF PLASTIC SURGEONS
**BREAST SURGERY &
BODY CONTOURING
SYMPOSIUM**

San Diego, California

AUGUST 10–12, 2017

Manchester Grand Hyatt San Diego



Program Chair: J. Peter Rubin, MD | **Program Co-Chair:** John Y. S. Kim, MD

*Enjoy all the exceptional clinical programming attendees
have come to expect from this renowned symposium –
now in a new and exciting location!*

PlasticSurgery.org/BreastAndBody

Earn up to **21.50 AMA PRA Category 1 Credits™**

10 Patient Safety Credits

Directly provided by:



AMERICAN SOCIETY OF
PLASTIC SURGEONS®

PROGRAM OVERVIEW

This activity is intended for Plastic Surgeons

Take your skills to the next level! The 32nd annual ASPS Breast Surgery and Body Contouring Symposium is the premier clinical symposium for aesthetic and reconstructive surgeons looking for high-quality clinical education on key topics relevant to your practice. Masters of the specialty will share their knowledge, perspectives and expertise during deep-dive instructional courses and clinical educational sessions designed to inspire you and energize your practice.

MEETING HIGHLIGHTS:

- *FREE instructional courses*
- *Best Practices, Dueling Perspectives and Hot Topics*
- *Networking opportunities with colleagues facing similar challenges*
- *Session recordings included with your registration*

2017 INVITED FACULTY

Faculty subject to change.



J. Peter Rubin, MD
Program Chair
Pittsburgh, PA



John Y. S. Kim, MD
Program Co-Chair
Chicago, IL

M. Bradley Calobrace, MD
Louisville, KY

Robert F. Centeno, MD
Columbus, OH

Sydney R. Coleman, MD
New York, NY

Ashkan Ghavami, MD
Beverly Hills, CA

Jeffrey A. Gusenoff, MD
Pittsburgh, PA

Elizabeth J. Hall-Findlay, MD
Banff, Alberta Canada

Dennis C. Hammond, MD
Grand Rapids, MI

Albert Losken, MD
Atlanta, GA

Constantino Mendieta, MD
Miami, FL

Michael J. Miller, MD
Columbus, OH

Maurice Y. Nahabedian, MD
Washington, DC

Linda G. Phillips, MD
Galveston, TX

Michel Saint-Cyr, MD
Temple, TX

Loren S. Schechter, MD
Morton Grove, IL

Kenneth C. Shestak, MD
Pittsburgh, PA

Eric Swanson, MD
Leawood, KS

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ACCREDITATION: The American Society of Plastic Surgeons® (ASPS) is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

DESIGNATION: The ASPS designates this live activity for a maximum of **21.50 AMA PRA Category 1 Credits™**. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

 Ten of the 21.50 credits have been identified as programming applicable to patient safety.

CONTINUING MEDICAL EDUCATION CREDITS

Symposium Sessions: **19.25**

Instructional Courses: **2.25**

Total credits available: **21.50 AMA PRA Category 1 Credits™**

LEARNING OBJECTIVES: Upon completion of this activity, participants should be able to:

- Identify current and emerging issues and advances affecting the diagnosis and delivery of treatment and assess their potential practice applications
- Critically assess the strategies for aesthetic and reconstructive breast procedures
- Describe advanced technologies and techniques in body contouring
- Translate expanded knowledge into practice for the improvement of patient outcomes and satisfaction

THIS MEETING WILL ADDRESS THE FOLLOWING ACGME/ABMS COMPETENCIES:

- Professionalism
- Patient care and procedural skills
- Medical knowledge
- Interpersonal and communication skills

DISCLOSURE POLICY: The American Society of Plastic Surgeons (ASPS) requires all instructors, planners, reviewers, managers, and other individuals in a position to control or influence the content of an activity to disclose all relevant financial relationships or affiliations. All identified conflicts of interest must be resolved and the educational content thoroughly vetted by ASPS for fair balance, scientific objectivity, and appropriateness of patient care recommendations. ASPS also requires faculty/authors to disclose when off-label/unapproved uses of product are discussed in a CME activity or included in related materials.

THURSDAY | AUGUST 10

6:00–8:00 AM | BREAKFAST/REGISTRATION/EXHIBITS

7:00–7:45 | INSTRUCTIONAL COURSES

- 201** Principles of Revision Breast Surgery
Kenneth Shestak, MD
- 202** Safe Anesthesia and VTE Prevention in Cosmetic Breast and Body Surgery
Eric Swanson, MD
- 203** Optimizing Your Success with Flap-Based Breast Reconstruction
Michael Miller, MD
- 204** Pearls and Pitfalls of Breast Surgery in the Weight Loss Patient
Linda Phillips, MD
- 205** Primer of Transgender Breast Surgery
Loren Schechter, MD

8:00–9:00 | BREAST AUGMENTATION

MODERATOR: JOHN KIM, MD

- 8:00–8:15** Breast Augmentation: Markings and Incision Choices
Eric Swanson, MD
- 8:15–8:30** Implant Options (Texture, Shape) in Breast Augmentation
Brad Calobrace, MD
- 8:30–8:45** Management of Implant Malposition
Dennis Hammond, MD
- 8:45–9:00** Q&A

9:00–9:30 | CASE-BASED PANEL: MANAGEMENT OF COMPLEX AESTHETIC BREAST PROBLEMS

MODERATOR: JOHN KIM, MD

Panelists: Eric Swanson, MD; Brad Calobrace, MD; Dennis Hammond, MD

9:30–10:00 | BREAK/EXHIBITS

10:00–11:30 | BREAST RECONSTRUCTION I

MODERATOR: JOHN KIM, MD

- 10:00–10:15** Prepectoral Reconstruction: A Primer
Maurice Nahabedian, MD
- 10:15–10:30** Evolving Perspectives on Autologous Breast Reconstruction
Michael Miller, MD
- 10:30–10:45** Disasters in ADM Breast Reconstruction: Transforming Bad Results to Good Results
Kenneth Shestak, MD
- 10:45–11:00** Faster Discharge, Better Outcomes? Enhanced Recovery and Pain Management in Breast Reconstruction
Michel Saint-Cyr, MD
- 11:00–11:15** Partial Breast and Oncoplastic Breast Surgery
Bert Losken, MD
- 11:15–11:30** Q&A

11:30–12:00 | CASE-BASED PANEL: RADIATION AND BREAST RECONSTRUCTION

MODERATOR: JOHN KIM, MD

Panelists: Maurice Nahabedian, MD; Michael Miller, MD; Michel Saint-Cyr, MD; Bert Losken, MD

THURSDAY | AUGUST 10

12:00–1:00 | LUNCH/EXHIBITS

1:00–2:30 | BREAST LIFT/REDUCTION I

MODERATOR: MAURICE NAHABEDIAN, MD

How I Do It: Planning and Operative Technique for Mastopexies by the Masters

1:00–1:15 Dennis Hammond, MD

1:15–1:30 Brad Calobrace, MD

1:30–1:45 Q&A

How I Do It: Planning and Operative Technique for Breast Reduction by the Masters

1:45–2:00 Elizabeth Hall-Findlay, MD

2:00–2:15 Linda Phillips, MD

2:15–2:30 Q&A

2:30–3:00 | BREAK/EXHIBITS

3:00–5:00 | BREAST LIFT/REDUCTION II

MODERATOR: MICHAEL MILLER, MD

3:00–3:15 Secondary Breast Reductions

Elizabeth Hall-Findlay, MD

3:15–3:30 The Upper Body Lift with Mastopexy

Peter Rubin, MD

3:30–3:45 How Do Mastopexies and Reductions Change Over Time?

Eric Swanson, MD

3:45–4:00 Current State of the Art: Gynecomastia

Loren Schechter, MD

4:00–4:15 Layered Fat Grafts to Shape and Lift the Breast

Syd Coleman, MD

4:15–4:30 Breast Amputation-Style Reduction Mammoplasty

Linda Phillips, MD

4:30–5:00 Q&A

5:00 | ADJOURN

5:00 | WELCOME RECEPTION



FRIDAY | AUGUST 11

6:30–8:00 | BREAKFAST/REGISTRATION/EXHIBITS

7:00–7:45 | INSTRUCTIONAL COURSES

- 301** A Simplified Approach to Superomedial Breast Reduction
Elizabeth Hall-Findlay, MD
- 302** Managing Secondary Problems After Mastopexy
Dennis Hammond, MD
- 303** Flap vs. Implant: How to Use Both Effectively
in Your Reconstructive Practice
Maurice Nahabedian, MD
- 304** Salvage Techniques in Flap-Based Reconstruction
Michel Saint-Cyr, MD
- 305** Dermal Suspension Mastopexy in the MWL Patient
Peter Rubin, MD

8:00–9:15 | BREAST RECONSTRUCTION II

MODERATOR: MAURICE NAHABEDIAN, MD

- 8:00–8:15** The Evolving Role of ADM in Primary and Secondary Breast Reconstruction
Bert Losken, MD
- 8:15–8:30** Managing the Unfavorable Result in Autologous Breast Reconstruction
Michel Saint-Cyr, MD
- 8:30–8:45** Managing Symmetry After Unilateral Breast Reconstruction
Kenneth Shestak, MD
- 8:45–9:00** Complications of Prosthetic Breast Reconstruction:
Etiology and Treatment
John Kim, MD
- 9:00–9:15** Q&A

9:15–9:45 | BREAK/EXHIBITS

9:45–11:15 | CHALLENGES IN COSMETIC BREAST SURGERY

MODERATOR: JOHN KIM, MD

- 9:45–10:00** The Business of Private Practice Breast Surgery
Brad Calobrace, MD
- 10:00–10:15** The Changing Landscape of Aesthetic Revision Surgery
Kenneth Shestak, MD
- 10:15–10:30** Understanding and Managing Animation Deformity
Dennis Hammond, MD
- 10:30–10:45** Treatment of Peri-Capsular Breast Scarring
Syd Coleman, MD
- 10:45–11:00** Biofilm and Infection in Capsular Contracture and ALCL:
Myth or Reality?
Eric Swanson, MD
- 11:00–11:15** Q&A

11:15–12:30 | DUELING PERSPECTIVES

MODERATOR: JOHN KIM, MD

- 11:15–11:25** VTE and Chemoprophylaxis: Yea or Nay
Michael Miller MD
- 11:25–11:35** Eric Swanson, MD
- 11:35–11:40** Q&A

FRIDAY | AUGUST 11

11:15–12:30 | DUELING PERSPECTIVES CONT.

Implant-Based Reconstruction: Prepectoral vs. Subpectoral

11:40–11:50 Maurice Nahabedian, MD

11:50–12:00 Kenneth Shestak, MD

12:00–12:05 Q&A

Textured vs. Smooth Implants in Breast Augmentation

12:05–12:15 Brad Calobrace, MD

12:15–12:25 Elizabeth Hall-Findlay, MD

12:25–12:30 Q&A

12:30–1:30 | LUNCH/EXHIBITS

1:30–3:00 | HOT TOPICS IN BODY CONTOURING

MODERATOR: **KENNETH SHESTAK, MD**

1:30–1:42 Optimizing Large Volume Fat Harvesting and Processing:
What Do We Know in 2017?

Peter Rubin, MD

1:42–1:54 Cryolipolysis and Thermage for Body Applications

Ashkan Ghavami, MD

1:54–2:06 Fat Grafting for Foot Disorders: An Update

Jeffrey Gusenoff, MD

2:06–2:18 Gender Confirmation Surgery: An Overview

Loren Schechter, MD

2:18–2:30 The Effects of Acellular Adipose Matrix

Syd Coleman, MD

2:30–2:42 How I use Portable Ultrasound in My Practice

Eric Swanson, MD

2:42–3:00 Q&A

3:00–3:30 | BREAK/EXHIBITS

3:30–5:30 | ABDOMINAL CONTOURING

MODERATOR: **JEFFREY GUSENOFF, MD**

3:30–3:45 Versatility in Abdominal Contouring- Matching Deformities to Patient

Kenneth Shestak, MD

3:45–4:00 High Definition Abdominoplasty

Dennis Hammond, MD

4:00–4:15 Abdominal Contouring after MWL-Special Techniques

Peter Rubin, MD

4:15–4:30 The Cosmetic Abdominoplasty-How to Achieve Reproducible Results

Ashkan Ghavami, MD

4:30–4:45 Abdominoplasty Without General Endotracheal Anesthesia

Eric Swanson, MD

Dueling Perspectives: The Extended Abdominoplasty

4:45–5:00 Linda Phillips, MD

5:00–5:15 Kenneth Shestak, MD

5:15–5:30 Q&A

5:30 | ADJOURN

SATURDAY | AUGUST 12

6:30–8:00 | BREAKFAST/REGISTRATION/EXHIBITS

7:00–7:45 | INSTRUCTIONAL COURSES

401 Thigh Reduction Surgery
Jeffrey Gusenoff, MD

402 Optimizing Outcomes of Fat Grafting to the Face and Hand
Syd Coleman, MD

403 Mastering the Art of the Body Contouring Consultation by Understanding How Patients Learn and Make Decisions
Constantino Mendieta, MD

404 Abdominoplasty and Liposuction Master Class
Ashkan Ghavami, MD

8:00–8:40 | BUTTOCK SHAPING WITH FAT GRAFTING

MODERATOR: PETER RUBIN, MD

8:00–8:20 Principles of Buttock Aesthetics and Achieving Shape with Liposuction and Fat Grafting
Constantino Mendieta, MD

8:20–8:40 My Approach to Buttock Contouring
Ashkan Ghavami, MD

8:40–9:00 | SPECIAL PANEL: SAFETY IN FAT GRAFTING TO THE BUTTOCK

MODERATOR: PETER RUBIN, MD

Panelists: Syd Coleman, MD; Constantino Mendieta, MD; Ashkan Ghavami, MD

9:00–10:15 | BUTTOCK AND THIGH SHAPING WITH EXCISIONAL SURGERY

MODERATOR: ASHKAN GHAVAMI, MD

Dueling Perspectives: Lower Body Lift

9:00–9:15 Robert Centeno, MD

9:15–9:30 Peter Rubin, MD

Dueling Perspectives: Thighplasty

9:30–9:45 Jeffrey Gusenoff, MD

9:45–10:00 Robert Centeno, MD

10:00–10:15 Q&A

10:15–10:45 | BREAK/EXHIBITS

10:45–11:30 | PATIENT EVALUATION AND SAFETY IN BODY CONTOURING

MODERATOR: ROBERT CENTENO, MD

10:45–11:00 Principles of A Successful Body Contouring Consultation
Constantino Mendieta, MD

11:00–11:15 Patient Safety in Body Contouring: Preoperative Assessment and Strategies to Reduce Narcotic Use
Linda Phillips, MD

11:15–11:30 Managing and Preventing Complications in Body Contouring
Jeffrey Gusenoff, MD

SATURDAY | AUGUST 12

11:30–12:30 | LUNCH/EXHIBITS

12:30–2:15 | ADVANCED PERSPECTIVES IN BODY CONTOURING

MODERATOR: PETER RUBIN, MD

12:30–12:45 Finesse in Cosmetic Liposuction: What I have Learned
Ashkan Ghavami, MD

12:45–1:00 The Lipoabdominoplasty: A Contouring Procedure and Fat Graft Donor Site
Constantino Mendieta, MD

1:00–1:15 Precision Brachioplasty and Upper Trunk Contouring
Robert Centeno, MD

1:15–1:30 Hand Rejuvenation
Syd Coleman, MD

1:30–1:40 Pectoralis and Shoulder Contouring
Constantino Mendieta, MD

1:40–1:55 Mastering The “Mommy Makeover” Strategies for Planning and Executing Combined Breast and Abdominal Procedures
Ashkan Ghavami, MD

1:55–2:15 Q&A

2:15 | ADJOURN

HOTEL ACCOMMODATIONS

Meeting functions and sleeping rooms are located at:

Manchester Grand Hyatt San Diego

1 Market Place

San Diego, CA 92101

Special Group Rate: \$260* per night

Reservation Deadline: Wednesday, July 5, 2017

Reservations: (619) 232-1234

Group Rate Code: Mention ASPS or Breast Surgery and Body Contouring

**Group rate is for single or double occupancy. Taxes and additional fees may apply. Deposit and cancellation penalties may apply, so please ask for these details when making your reservations. Reservations made after the deadline, or after the room block fills, are subject to space and rate availability. This rate is also being offered up to three days prior to and three days following the meeting based on availability.*

FLIGHTS

United Airlines

ASPS is pleased to offer 2–10% off airfare when you make your reservations with United Airlines. When flying into San Diego, use promotion code **ZXT7522342** and save on airfare.

Book online at United.com with no fee or by phone at (800) 468-7022 for a \$25 fee. If booking online, visit United.com, select “search all options” and enter code **ZXT7522342** in the “Offer Code” field. Complete the reservation as instructed. The travel window for discounted fares includes 3-days prior to and 3-days post the actual meeting dates. Please note: Codes are meeting/destination specific. Standard change fees and baggage fees apply. Not valid in conjunction with any other discounted fare.

AIRPORT TRANSPORTATION

The Manchester Grand Hyatt is located 13 minutes from San Diego International Airport. The hotel does not run a complimentary airport shuttle service. Taxis are available outside of the baggage claim area for \$20 one way.

LOCAL TRANSPORTATION

San Diego’s Gaslamp District and Seaport Village are walkable from the hotel. A daily trolley service runs between the Seaport Village Station and Fashion Valley/Mission Valley shopping centers, Old Town and Petco Park.



REGISTRATION

The meeting registration fee includes course materials, admission to the session, instructional courses, exhibits and indicated meals. All registrants must pay the full registration fee; one-day registration is not available. Spouses and accompanying guests who wish to attend the session must register. Registrations can be submitted online or by email, fax, phone or mail with payment.

Online: PlasticSurgery.org/BreastAndBody

Email: Registration@PlasticSurgery.org

Fax: **847-228-7099** (Credit cards only)

Phone: **800-766-4955 -or- 847-228-9900** (Credit cards only)

Mail: **American Society of Plastic Surgeons**

Attn: Finance Department

444 E. Algonquin Road

Arlington Heights, IL 60005-4664

Check or credit cards only. Make checks payable to ASPS (U.S. funds only)

Any Questions?

Contact ASPS Member Services Center at 800.766.4955

IMPORTANT DEADLINES

THURSDAY, JUNE 1

Early Bird Discount Deadline

Deadline for 100% registration refund (less \$25 processing fee)

WEDNESDAY, JULY 5

Hotel Group Rate Ends

MONDAY, JULY 24

Advance Registration Closes

Deadline for 50% refund (less \$25 processing fee)

ON-SITE REGISTRATION (Additional \$50 fee for on-site registration)

Wednesday, August 9 / 3:00 – 5:00 pm

Thursday, August 10 / 6:00 am

Friday, August 11 / 6:30 am

Saturday, August 12 / 6:30 am

CANCELLATIONS

All cancellations must be received in writing to be considered for refund. ASPS is not responsible for travel expenses or penalties under any circumstances.

Notice of cancellation should be sent to: **ASPS Member Services Center** 444 E. Algonquin Road Arlington Heights, IL 60005-4664 Fax: 847-228-7099 Registration@PlasticSurgery.org



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**EARLY BIRD DISCOUNT ENDS:
Thursday, June 1**