



The Rhinoplasty Society Annual Meeting 2021

Saturday, May 8, 2021 - Virtual Event



2021 VIRTUAL SCIENTIFIC PROGRAM

Program Committee

Sam P. Most, MD - Program Chair
David Bray, Jr., MD
Jay Calvert, MD
Bahman Guyuron, MD
Jeffrey R. Marcus, MD
Ali Sajjadian, MD



Jointly provided by
The American Society for
Aesthetic Plastic Surgery, Inc.



The Rhinoplasty Society
P.O. Box 441745
Jacksonville, FL 32222-0018
www.rhinoplastysociety.org 904-786-1377

The Rhinoplasty Society 2020-2021 Officers and Board of Directors

Jay Calvert, MD, Beverly Hills, CA.....President
R. Laurence Berkowitz, MD, Campbell, CA.....President-Elect
Sam P. Most, MD, Palo Alto, CA.....Vice President
Ashkan Ghavami, MD, Beverly Hills, CA.....Treasurer
Jamil Ahmad, MD, Mississauga, ON, Canada.....Historian
Jason Roostaeian, MD, Los Angeles, CA.....Parliamentarian
Norman Pastorek, MD, New York, NY.....Member at Large
Steven J. Pearlman, MD, New York, NY.....Member at Large
Ismail Kuran, MD, Istanbul, Turkey.....Member at Large
Derek Steinbacher, MD, New Haven, CT.....Member at Large
Ali Sajjadian, MD, Newport Beach, C.....Immediate Past President
Onur Erol, MD, Istanbul, Turkey.....Board of Trustee Chairman

ACCREDITATION STATEMENT / DISCLOSURE POLICY

Accreditation Statement

This activity has been planned and implemented in accordance with the Essentials Areas and Elements of the Accreditation Council for Continuing Medical Education through the joint providership of The Aesthetic Society, Inc. and The Rhinoplasty Society, Inc. The Aesthetic Society is accredited by the ACCME to provide continuing medical education for physicians.

The Aesthetic Society designates this live activity for a maximum of *6.5 AMA PRA Category 1 Credits™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Credit hours are subject to program changes.

Of the 6.5 credits, one has been identified as programming dedicated to patient safety related topics and will satisfy Patient Safety CME requirements.

Disclosure Policy

The Aesthetic Society requires all instructors, planners, and other individuals in a position to control or influence the content of an activity to disclose all relevant financial relationships or affiliations. All identified conflicts of interest must be resolved and the educational content thoroughly vetted by The Aesthetic Society for fair balance, scientific objectivity, and appropriateness of patient care recommendations. The Aesthetic Society also requires faculty/authors to disclose when off-label/unapproved uses of a product are discussed in a CME activity or included in related materials. Attendees providing comments or asking questions during presentations are also required to disclose all related commercial interests.

The Rhinoplasty Society Virtual Scientific Meeting Faculty

Jamil Ahmad, MD - Canada	Frederick J. Menick, MD - Arizona
Yash Avashia, MD - Texas	Sam P. Most, MD - California
R. Laurence Berkowitz, MD - California	George L. Murrell, MD - Virginia
David Bray, MD - California	Jose Carlos Neves, MD - Spain
Jay Calvert, MD - California	Norman Pastorek, MD - Indiana
Mark Constantian, MD - New Hampshire	David Pourtaheri, MD - Connecticut
Onur Erol, MD - Turkey	Arturo Regalado-Briz, MD - Mexico
Ashkan Ghavami, MD - California	Roderick Rohrich, MD - Texas
Alexandra Gordon, MS - New York	Jason Roostaeian, MD - Texas
Joe Gryskiewicz, MD - Minnesota	Ali Sajjadian, MD - California
Bahaman Guyuron, MD - Ohio	Nargiz Seyidova, MS - Massachusetts
Aaron Kosins, MD - California	Derek Steinbacher, MD - Connecticut
Jeffrey R. Marcus, MD - North Carolina	Jonathan Sykes, MD - California

Resident/Fellow Paper Competition

Brendan Alleyne, MD – Texas	Sumun Khetpal, MD – Connecticut
Justin Bellamy, MD - Texas	Heather Levites, MD - North Carolina
Ananda Cantolino, MD – Brazil	Jeffrey Lisiecki, MD – Michigan
Ayhan Erdal, MD – Turkey	Hayeem Rudy, MD - New York
Katherine Grunzweig, MD – Ohio	Jillian Schreiber, MD - New York
Bradley R. Hall, MD - Nebraska	Rose Tillis, MD - North Carolina

The Rhinoplasty Society Annual Meeting Virtual Program

Scientific Program Chairman - Sam P. Most, MD

9:50 - 10:00 am	Welcome – Jay Calvert, MD The Rhinoplasty Society President
10:00 - 11:20 am	RESIDENT PAPER COMPETITION <i>Moderator: Joe Gryskiewicz, MD</i>
10:00 - 10:04 am	Multimodal Analgesic Protocol to Minimize Opiate Requirements after Septorhinoplasty Bradley R. Hall, MD - Omaha, NE
10:04 - 10:08 am	A Systematic Analysis of Surgical Interventions for Unilateral Cleft Lip Nasal Deformities Rose Tillis, MD - Durham, NC
10:08 - 10:12 am	Emotional Artificial Intelligence Analysis of Rhinoplasty in Social Media Heather Levites MD - Durham, NC
10:12 - 10:16 am	Nasal Obstruction and Rhinoplasty: A Focused Literature Review Katherine Grunzweig, MD - Cleveland, OH
10:16 - 10:20 am	Computerized vs. Traditional Anthropometry in Rhinoplasty Planning Jeffrey Lisiecki, MD - Ann Arbor, MI
10:20 - 10:24 am	Anatomical Study of the Articulated Alar Rim Graft in Rhinoplasty and its Clinical Application Ananda Cantolino, MD - Salvador, Bahia-Brazil
10:24 - 10:40 am	Discussion / Discussant: Jason Roostaeian, MD
10:40 - 10:44 am	Scanning for Rhinoplasty at the Fingertips of Surgeons and Patients: Validation of iPhone X 3D Scanner Hayeem Rudy, MD - Bronx, NY
10:44 - 10:48 am	The Application of 3D Printed Surgical Guides in Approaching Ideal Nasal Tip Position in Rhinoplasty Jillian Schreiber, MD - Bronx, NY

Saturday, May 8, 2021

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10:48 - 10:52 am	Evolving Superiority of the Septal Extension Graft Over the Columellar Strut Graft in Primary Rhinoplasty: Evidence for Improved Long-Term Tip Stability Justin Bellamy, MD - Dallas, TX
10:52 - 10:56 am	9-Year Experience with Fresh Frozen Rib Cartilage Grafts in Revision Rhinoplasty Brendan Alleyne, MD - Dallas, TX
10:56 - 11:00 am	Flexible Tongue-in-Groove Technique and Its Effectiveness Compared to Classical Tongue-in-Groove and Columellar Strut Graft Techniques: A Retrospective Analysis of 237 Open Rhinoplasty Cases Ayhan Erdal, MD - Erzurum, Turkey
11:00 - 11:04 am	Perceived Age and Attractiveness Using Facial Recognition Software in Rhinoplasty Patients Sumun Khetpal, MD - New Haven, CT
11:04 - 11:20 am	Discussion / Discussant: Derek Steinbacher, MD
11:20 - 11:27 am	Short 7-minute Break
11:27 - 12:10 pm	ABSTRACTS Moderator: Ashkan Ghavami, MD
11:27 – 11:34 am	Structure and Preservation Rhinoplasty Outcomes Sam P. Most, MD – Palo Alto, CA
11:34 - 11:41 am	Modified Septal Extension Graft vs. Columellar Strut Graft: A Comparison of Anatomic Facial Changes in Tip Projection and Tip Rotation Yash Avashia, MD - Dallas, TX
11:41 - 11:48 am	The Cartilage-Only Dorsal Preservation Rhinoplasty: Combining Osteotomy and High Septal Strip Removal for the Reduction of Small Dorsal Humps Aaron Kosins, MD - Newport Beach, CA
11:48 - 11:55 am	Costal Spring Graft for Correction of Late Cleft Lip Nose Deformity (New Technique) Onur Erol, MD - Istanbul, Turkey
11:55 - 12:10 pm	Discussion / Discussant: R. Laurence Berkowitz, MD

12:10 - 12:58 pm PANEL 1: Controlling the Nasal Tip Tripod for Nasal Tip Projection
Moderator: R. Laurence Berkowitz, MD

12:10 - 12:15 pm Introduction: **R. Laurence Berkowitz, MD**
12:15 - 12:22 pm **Ali Sajjadian, MD**
12:22 - 12:29 pm **Rod Rohrich, MD**
12:29 - 12:36 pm **Jeffrey R. Marcus, MD**
12:36 - 12:43 pm **Bahman Guyuron, MD**

12:43 - 12:58 pm Panel Discussion / Discussant: Sam Most, MD

12:58 - 1:41 pm ABSTRACTS
Moderator: David Bray, Jr., MD

12:58 - 1:05 pm The Impact of Alar Flare Reduction Goes Beyond Just the Ala
Alexandra Gordon, MedStudent - New York, NY

1:05 - 1:12 pm Profileplasty: Profile Management Algorithm for Rhinoplasty Patients
Navid Pourtaheri, MD - New Haven, CT

1:12 - 1:19 pm Alar Preservation: 24-Year Experience
Arturo Regalado-Briz, MD - San Pedro, Mexico

1:19 - 1:26 pm Functional Outcomes Following Revisional Functional Rhinoplasty with an Absorbable Lateral Nasal Implant (Latera)
Nargiz Seyidova, MedStudent – Boston, MA

1:26 - 1:41 pm Discussion / Discussant: Jeffrey R. Marcus, MD

1:41 - 1:48 pm Short 7-minute Break - Grab some lunch and join us back here in 7 minutes for the continuation of the program which will begin with Dr. Jay Calvert's President's Address!

1:48 - 2:18 pm **PRESIDENT'S ADDRESS**
Jay Calvert, MD
Evolution of Architectural Rhinoplasty

2:18 - 3:06 pm PANEL 2: Dorsal Preservation versus Resection in Hump Reduction
Moderator: Sam P. Most, MD

2:18 - 2:23 pm Introduction: **Sam P. Most, MD**
2:23 - 2:30 pm **Aaron Kosins, MD**
2:30 - 2:37 pm **Jay Calvert, MD**
2:37 - 2:44 pm **Bahman Guyuron, MD**
2:44 - 2:51 pm **Jose Carlos Neves, MD**

2:51 - 3:06 pm Panel Discussion / Discussant: Rod Rohrich, MD

3:06 - 3:54 pm PANEL 3: Patient Selection and When to Say No
Moderator: Jay Calvert, MD

3:06 - 3:11 pm Introduction: **Jay Calvert, MD**
3:11 - 3:18 pm **Mark Constantian, MD**
3:18 - 3:25 pm **Ashkan Ghavami, MD**
3:25 - 3:32 pm **Rod Rohrich, MD**
3:32 - 3:39 pm **Jonathan Sykes, MD**

3:39 - 3:54 pm Discussion / Discussant: Jamil Ahmad, MD

3:54 - 4:01 pm Short 7-minute Break

4:01 - 4:49 pm PANEL 4: Functional Aspects of Aesthetic Rhinoplasty
Moderator: Bahman Guyuron, MD

4:01 - 4:06 pm Introduction: **Bahman Guyuron, MD**
4:06 - 4:13 pm **Jeffrey R. Marcus, MD**
4:13 - 4:20 pm **George Murrell, MD**
4:20 - 4:27 pm **Norman Pastorek, MD**
4:27 - 4:34 pm **Jamil Ahmad, MD**

4:34 - 4:49 pm Discussion / Discussant: Ali Sajjadian, MD

4:49 - 5:20 pm **President's Guest Lecturer**
Frederick J. Menick, MD
When a Cosmetic Rhinoplasty Turns Into a
Reconstructive Salvage Rhinoplasty

5:20 - 5:30 pm

AWARDS

Moderator: Joe Gryskiewicz, MD

Rollin K. Daniel, MD Resident Paper Competition

Sam Stal, MD Best Member Paper

5:30 - 5:37 pm

Adjourn

2021-2022 TRS President - R. Laurence Berkowitz, MD

5:37 - 6:37 pm

Members Only Business Meeting

We will hold our annual members only business meeting immediately following the adjournment of our 2021 program. All TRS members please remain on the virtual Zoom meeting call.

Non-Members, Thank you for joining us, please end your Zoom meeting.



The Rhinoplasty Society Past Presidents

2019-2020	Jay Calvert, MD, Beverly Hills, CA
2018-2019	Ali Sajjadian, MD, Newport Beach, CA
2017-2018	Jeffrey Marcus, MD, Durham, NC
2016-2017	Geoffrey R. Keyes, MD, Los Angeles, CA
2015-2016	O. Onur Erol, MD, Istanbul, Turkey
2014-2015	Geoffrey W. Tobias, MD, Englewood, NJ
2013-2014	George L. Murrell, MD, Chesapeake, VA
2012-2013	Rod Rohrich, MD, Dallas, TX
2011-2012	Joe Gyskiewicz, MD, Burnsville, MD
2010-2011	S. Anthony Wolfe, MD, Miami, FL
2009-2010	Alan Matarasso, MD, New York, NY
2008-2009	Berish Strauch, MD, Rye, NY
2007-2008	Jack A. Friedland, MD, Phoenix, AZ
2006-2007	Frederick J. Menick, MD, Tucson, AZ
2005-2006	M. Haskell Newman, MD, Ann Arbor, MI
2004-2005	Rollin K. Daniel, MD, Newport Beach, CA
2003-2004	Samuel Stal, MD, Houston, TX
2002-2003	Gary C. Burget, MD, Chicago, IL
2001-2002	Mark B. Constantian, MD, Nashua, NH
2000-2001	H. Steve Byrd, MD, Dallas, TX
1999-2000	Ronald P. Gruber, MD, Oakland, CA
1998-1999	Bahman Guyuron, MD, Lyndhurst, OH
1997-1998	Peter McKinney, MD, Chicago, IL
1996-1997	Jack H. Sheen, MD, Santa Barbara, CA

~ SAVE THE DATES ~



The 2021 IMRHIS Meeting, previously scheduled for October 1-3, 2021 in Berlin, Germany has been postponed until 2022. Further updates will be announced as they become available.



**The Rhinoplasty Society
Annual Meeting 2022**

*Thursday, April 21, 2022
San Diego, CA*

We hope you will join us! Watch your e-mail for meeting details coming soon!