KENTUCKY PODIATRIC MEDICAL ASSOCIATION

Presents

2025 ANNUAL SCIENTIFIC MEETING

20 CPME Contact Hours
April 11-13, 2025
French Lick Springs Hotel

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Mission Statement of the KPMA 2025 Annual Scientific Meeting

The KPMA's educational mission is to purposefully advance the art and science of podiatric medicine by providing the highest quality of didactic and clinical learning experiences to KPMA members & non- members and shall include a variety of instructional sessions aimed at significantly enhancing patient care, treatment protocols and practice efficiency. The program may include interactive educational adult learning methods and principles utilizing lectures, point- counterpoint, case studies, question and answer, handouts, audio visual materials (including media or narrations), and hands-on workshops.

Key goal

To achieve 20 Hours of Continuing Education Contact Hours (CECH) in evidenced-based podiatric medicine for professional development.

Objectives

Upon conclusion of the Annual Scientific Meeting podiatric physicians will be able to:

- be knowledgeably informed or remember information regarding podiatric conditions, maladies or circumstances relating to the practice of medicine and podiatry
- extrapolate by comprehension, understanding or perception the insight gained via lecture and discussion relating to the practice of medicine and podiatry
- formulate or infer by application case relevance relating to the practice of medicine and podiatry
- distinguish by analysis the appropriate modalities in the treatment, care and protocols of current trends, application and practices of medicine in podiatry
- generalize, synthesize, or deduce by classification ways to develop treatment protocols based on current literature and evidenced based medicine
- compare, contrast, and evaluate judgment values for those ideas presented between medical and surgical applications

Kentucky Podiatric Medical Association
5932 Timber Ridge Drive, Suite 101; Prospect, KY 40059
(502) 223-5322 * (800) 522-1321 * info@kypma.org * Fax: (502) 223-4937

Welcome to the KPMA 2025 Annual Scientific Meeting!

Dear Colleague:

Thank you for supporting our state association by attending our annual scientific meeting. The 2025 Scientific Meeting will feature a diverse program of lecture topics focused on podiatric medicine. They will be presented in a didactic lecture format and will feature presenters from across the country. The purpose of this seminar is to provide a broad overview of developments in the field of podiatric medicine. The lectures will be geared toward licensed podiatric physicians. Participants will receive continuing medical education credits that will satisfy the licensure requirements of the Commonwealth of Kentucky. If you have any ideas or suggestions for speakers or topics for future meetings, please send them to the association office. We appreciate your participation and support.

Ariel Sexton, DPM
Scientific Chair

Registration Information

Member	$350 Early bird/$400 late fee
Non-Member	$650 Early bird/$750 late fee

Doctor registration includes continental breakfasts, breaks, lunch, up to 20 hours of CE, and access to exhibits.
We suggest you bring a sweater or jacket to ensure your comfort during all events.

Exhibit Hall
Visit the exhibits **all day Friday**, and **Saturday until Noon**. Wear your KPMA name tag for admittance. Exhibitor participation supports the podiatric profession. Please let them know how much you value their presence and support.

Changes to Lectures & Schedules
KPMA reserves the right to adjust or change any lecture or schedule.

Cancellations for DPMs
Cancellations must be submitted in writing to the KPMA office with the reason clearly stated. The CECH Chair and KPMA staff will review each request individually. Refund denials can be appealed to the KPMA Executive Committee. A $50 service charge will apply to all refunds issued.

Audience
The intended audience for the meeting is physicians, resident physicians, and students of podiatric medicine. Presentations are presented at a post- graduate physician level.

Nondiscrimination
No person shall be denied participation in any continuing education program provided by this Association for reasons of race, sex, religion, national origin, or physical ability. This program is ADA compliant. Please notify the KPMA staff if you require specific accommodations at 1-800-522-1321.

CECH Hours
The KY Podiatric Medical Association is approved by the Council on Podiatric Medical Education as a provider of continuing education in podiatric medicine. KPMA has approved this activity for a maximum of 20 continuing education contact hours: Friday offers 7.5 total hours. Saturday offers 9.0 total hours. Sunday offers 3.5 total hours. **You will be required to sign-in two times per day for attendance verification!**

You must turn in your CECH signature sheet at the end of EACH DAY.

No commercial interest provided financial support for this continuing education activity.

Conference Attendance
Registration and payment do not automatically result in the issuance of any CECH credit. The CECH signature sheet attests that you have attended the program for the number of CECH hours awarded. A signed copy is required in order to receive the certificate of attendance.

Disclosure
Each speaker is required to disclose the existence of any financial and/or other relationships (i.e., Employee, consultant, speaker's bureau, grant recipient, research support) he or she might have with a) manufacturer(s) of any commercial product(s) to be discussed during his/her presentation and/or b) the commercial contributor(s) of the activity. Any such conflict will be announced by the individual introducing the speaker or by the speaker immediately preceding the lecture. These speakers are indicated by a # next to their name in the speaker bios.

2025 KPMA Conference Schedule at a Glance

Friday, April 11	Course Title	Presenter
7:00 – 8:00 AM	***Registration & Continental Breakfast***	
8:00 – 10:00 AM (2.0 B CECH)	**"Choosing E&M Levels the Right Way"** **"At-Risk Food Care Coding & Compliance"** **"Coding Updates 2025"**	Dr. Jeffrey D. Lehrman
10:00 – 10:30 AM	***Exhibit Break***	
10:30 – 12:00 PM (2.0 A CECH)	**"Lower Extremity Dermatology"** **"Dermatology Case Reports"**	Dr. Dock Dockery
12:00 – 1:30 PM	***Lunch with Exhibitors***	
1:30 – 3:30 PM (2.0 A CECH)	**"MIS Lapidus and Percutaneous 1st MTPJ Arthrodesis"** **"Advanced Surgical Treatment of Ankle Fractures"**	Dr. Bradley P. Abicht
3:30 – 4:00 PM	***Exhibit Break***	
4:00 – 5:00 PM (1.0 A CECH)	**"Surgical Procedures for Diabetic Wounds"**	Dr. Fernando Cruz
5:00 – 6:00 PM (1.0 A CECH)	**"Clinical Protocols for Heel Pain"**	Dr. Melissa J. Lockwood

Saturday, April 12	Course Title	Presenter
7:00 – 8:00 AM	***Registration & Continental Breakfast with Exhibitors***	
8:00 – 9:00 AM (1.0 A CECH)	**"Gout Update 2025"**	Dr. Melissa J. Lockwood
9:00 – 9:30 AM (0.5 A CECH)	**"MIS Bunionectomy"**	Dr. Makenzie Kerns
	"Achilles Tendon Ruptures"	Dr. Neil Patel
9:30 – 10:00 AM	***Exhibit Break***	
10:00 – 11:30 AM (1.5 A CECH)	**"Denervation Techniques in Foot and Ankle"**	Dr. Abinav Leva
	"University of Louisville Hospital Interesting Cases"	Dr. Kaitlyn Loesel
	"The Use of Antibiotic Eluting Cement for Management of Osteomyelitis"	Dr. Anthony Brando
11:30 – 1:30 PM (2.0 A CECH)	*Lunch Lecture:* **"Modern Wound Care"**	Dr. Alton R. Johnson
1:30 – 3:30 PM (2.0 A CECH)	**"Common Pitfalls & Complications in Foot & Ankle Surgery"** **"Diabetes and Surgery, Update 2025"** **"1st Tarsometatarsal Joint Fusions"** **"MIS Bunions, Should We Reconsider?"**	Dr. Joshua L. Moore
3:30 -3:45 PM	***Break***	
3:45 – 5:45 PM (2.0 B CECH)	**"What's the Buzz About Medical Cannabis in KY?"**	Wendy Fletcher, APRN

Sunday, April 13	Course Title	Presenter
7:30 – 8:00 AM	***Registration***	
8:00 – 10:00 AM (2.0 A CECH)	*Breakfast Lecture:* **"Potpourri of Podiatric Pathology"**	Dr. Craig A. Camasta
10:00 – 10:15 AM	***Break***	
10:15 – 11:15 AM	***General Membership Meeting***	
11:15 AM – 12:45 PM (1.5 A CECH)	*Lunch Lecture:* **"Opioid Prescribing Pearls"**	Dr. Savannah Santiago

Continuing Education Lectures

Friday April 11, 2025

7:00-8:00 AM **Registration & Light Breakfast**

8:00-10:00 AM (2.0 B CECH)
"Choosing E&M Levels the Right Way"; "At-Risk Food Care Coding & Compliance" & "Coding Updates 2025"
Jeffrey D. Lehrman, DPM, CPC

"Choosing E&M Levels the Right Way"
Objectives
- Differentiate between the medical decision making pathway and total time pathway for choosing E&M levels
- Define "chronic" as it applies to E&M level selection

"At-Risk Food Care Coding & Compliance"
Objectives
- Cite the AMA CPT Editorial Panel definition of "bunionectomy"
- List the steps required to complete an arthrodesis

"Coding Updates 2025"
Objectives
- List two "complex" conditions that a podiatrist may manage
- List three routes of administration for medications that may be used to manage diabetes

10:00-10:30 AM **Exhibit Break**

10:30 AM-12:00 PM (2.0 A CECH)
"Lower Extremity Dermatology" & "Dermatology Case Reports"
Dock Dockery, DPM, FACFAS

"Lower Extremity Dermatology"
Objectives
- To identify the most common etiological factors for lower extremity dermatitis.
- To better understand the methods of making a correct diagnosis of skin conditions.
- To be able to describe the up-to-date treatments for these disorders.

"Dermatology Case Reports"
Objectives
- To be able to review several different individual cases of dermatitis in a sequential manner.
- To be able to create a differential diagnosis for each.
- To better understand the treatment options for different skin conditions.

12:00-1:30 PM **Lunch with the Sponsors**

1:30-3:30 PM (2.0 A CECH)
"MIS Lapidus and Percutaneous 1st MTPJ Arthrodesis" & "Advanced Surgical Treatment of Ankle Fractures"
Bradley P. Abicht, DPM, FACFAS

"MIS Lapidus and Percutaneous 1st MTPJ Arthrodesis"
Objectives
- Be familiar with the indications for minimally invasive surgery pertaining to Lapidus bunionectomy and 1st MTPJ arthrodesis
- Obtain knowledge regarding proper minimally invasive surgical technique related to Lapidus bunionectomy and 1st MTPJ arthrodesis.
- Learn new tips/tricks/surgical techniques that can be applied no matter if just starting your MIS journey or refining these techniques.

"Advanced Surgical Treatment of Ankle Fractures"
Objectives
- Be familiar with common ankle fracture patterns and how to appropriately assess them for surgical planning purposes
- Intraoperative decision making when checking for instability or syndesmotic/deltoid ligament compromise
- Learn variable fixation methods or techniques related to advanced ankle fracture repair.

3:30-4:00 PM **Exhibit Break**

4:00-5:00 PM (1.0 A CECH)
"Surgical Procedures for Diabetic Wounds"
Fernando Cruz, DPM
Objectives
- Understand the pathophysiology of the ulceration
- Identifying the indications for surgery
- Reviewed surgical techniques

5:00-6:00 PM (1.0 A CECH)
"Clinical Protocols for Heel Pain"
Melissa J. Lockwood, DPM, FACFAS
Objectives
- Understand the essential clinical protocols that can optimize patient care and operational efficiency in a podiatric practice with respect to the common complaint of "heel pain."
- Learn how to design, document, and train your team on effective clinical workflows related to heel pain (and associated diagnoses) that reduce errors and improve consistency.
- Explore methods for tracking the success of your protocols using key performance indicators (KPIs) to ensure continuous improvement and practice growth both in clinical outcomes and profitability.

Saturday April 12, 2025

7:00-8:00 AM **Registration & Light Breakfast**

8:00-9:00 AM (1.0 A CECH)
"Gout Update 2025"
Melissa J. Lockwood, DPM, FACFAS
Objectives
- Recognize classic and atypical presentations of gout in the lower extremities.
- Utilize diagnostic tools, including joint aspiration, serum urate levels, and imaging modalities, to confirm gout.
- Examine advancements in gout treatment, including biologic agents like IL-1 inhibitors.
- Consider the role of patient education and compliance in reducing recurrence and improving outcomes.

9:00-9:30 AM (0.5 A CECH)
"MIS Bunionectomy" & "Achilles Tendon Ruptures"
Makenzie Kerns, DPM & Neil Patel, DPM
"MIS Bunionectomy"
Objectives
- Understand the anatomy, classification, and etiology of the Achilles tendon.

"Achilles Tendon Ruptures"
Objectives
- Understand the anatomy, classification, and etiology of the Achilles tendon.
- Explore the clinical presentation and diagnostic imaging.
- Review the conservative treatment options, surgical treatment options, and complications.

9:30-10:00 AM **Exhibit Break**

10:00-11:30 AM (1.0 A CECH)
"Denervation Techniques in Foot and Ankle"; "University of Louisville Hospital Interesting Cases" & "The Use of Antibiotic Eluting Cement for Management of Osteomyelitis"
Abinav Leva, DPM; Kaitlyn Loesel, DPM; Anthony Brando, DPM

"Denervation Techniques in Foot and Ankle"
Objective
- How neuromas are formed
- Testing modalities for nerve related pathology
- Denervation procedures and applications

"U of L Hospital Interesting Cases"
Objective
- Review interesting and innovating procedures that are currently being done at University of Louisville Hospital.

"The Use of Antibiotic Eluting Cement for Management of Osteomyelitis"
Objective
- Introduction and overview of antibiotic eluting cement
- Current use of antibiotic eluting cement for the management of osteomyelitis

11:30 AM-1:30 PM Lunch Lecture (2.0 A CECH)
"Modern Wound Care"
Alton R. Johnson, DPM, FACPM
Objectives
- Evaluate clinical outcomes of lower extremity wounds treated with split-thickness skin allografts compared to traditional wound care methods.
- Determine the ideal patient and wound characteristics to maximize the success rate of split-thickness skin allografts.
- Develop and implement standardized protocols for the preparation, application, and post-operative care of split-thickness skin allografts to improve patient outcomes.

1:30-3:30 PM (2.0 A CECH)
"Common Pitfalls & Complications in Foot & Ankle Surgery" ; "Diabetes and Surgery, Update 2025" ; "1st Tarsometatarsal Joint Fusions" & "MIS Bunions, Should We Reconsider?"
Joshua L. Moore, DPM, FACFAS

"Common Pitfalls & Complications in Foot & Ankle Surgery"
Objectives
- Understand common complications in foot and ankle surgery
- Understand how to deal with common complications in foot and ankle surgery
- Understand current standards of care surrounding complications in foot and ankle surgery

"Diabetes and Surgery, Update 2025"
Objectives
- Understand the diabetic patient in the face of surgery
- Understand current treatment modalities in diabetic patients
- Understand current recommendations for diabetics undergoing surgery

"1st Tarsometatarsal Joint Fusions"
Objectives
- Understand the biomechanics and anatomy of the 1st ray
- Understand the indications of 1st TMT surgery
- Understand current standards of surgical and post operative management in 1st TMT surgery

"MIS Bunions, Should We Reconsider?"
Objectives
- Understand history and mechanics of bunions
- Understand MIS patient selection and goals
- Understand long term care of bunions post MIS

3:30-3:45 PM Break

3:45-5:45 PM (2.0 B CECH)
"What's the Buzz About Medical Cannabis in KY?"
Wendy Fletcher, DNP, APRN
Objectives
- Review of Kentucky's medicinal cannabis laws and regulations to gain an understanding of compliance and key practice pearls.
- The pharmacology of cannabis will help the learner understand the pharmacokinetics and pharmacodynamics, formulations and applications of medicinal cannabis, and review common drug to drug interactions.
- Overview of the current qualifying conditions for medicinal cannabis use authorization in Kentucky, to help learners identify which cannabis products may help (and not hurt) their patients.

6:30-8:00 PM KPMA Saturday Evening Party

Sunday April 13, 2025

7:30-8:00 AM Registration

8:00-10:00 AM Breakfast Lecture (2.0 CECH)
"Potpourri of Podiatric Pathology"
Craig A. Camasta, DPM
Objectives
- TBD

10:00-10:15 AM Break

10:15-11:15 AM Annual Membership Meeting

11:15 AM-12:45 PM Lunch Lecture (2.0 A CECH)
"Opioids Prescribing Pearls"
Savannah Santiago, DPM
Objectives
- Identify the root causes of the United States opioid epidemic.
- Recognize alternatives to opioids for

postoperative pain management.
- Be able to teach the 10 principles of opioid prescribing in foot and ankle surgery.
- Review current Kentucky law for opioid prescribing.

This session fulfills the KY State Board of Podiatry requirement 4)(a) Beginning on July 1, 2012, and annually thereafter, each podiatrist licensed by the board shall complete at least one and one-half (1.5) hours of continuing education related to the use of the Kentucky All- Schedule Prescription Electronic Reporting System (KASPER), pain management, or addiction disorders.

SPEAKER BIOS



Dr. Bradley P. Abicht# is a board-certified foot and ankle surgeon practicing for over a decade at emplify Health System by Gundersen in La Crosse, WI. He is a fellow of the American College of Foot and Ankle Surgeons and currently serves as department chair for the Podiatric Medicine and Surgery Department at Gundersen Health System. Dr. Abicht is actively involved in medical education, medical leadership, as well as research with regular publications in peer-reviewed journals and textbooks. Additionally, he serves as Medical Director for LerEXPO and the editorial board for multiple journals. Dr. Abicht is a leading surgeon innovator within the foot and ankle space, with particular interests in percutaneous and MIS techniques as well as emerging technologies that advance patient care. Outside of work, he enjoys spending as much time as he can with his wife and two sons.



Dr. Craig Camasta is well-known for treating difficult bone and soft tissue tumors and infections and specializes in revision surgery in patients with previously unsuccessful surgical results. Dr. Camasta uses his surgical expertise to treat complex deformities including neonatal and neglected clubfoot, congenital deformities (polydactyly, macrodactyly, arthrogryposis, calcaneovalgus), trauma and burn victims, neurological conditions affecting the lower extremity (spina bifida, polio, cerebral palsy, Charcot-Marie-Tooth disease), infectious diseases (bone infections), and various acquired conditions such as flatfoot, tarsal coalition, cavus foot, arthritis, and juvenile bunions.



Dr. Fernando Cruz is Board-Certified in Forefoot and Reconstructive Rearfoot and Ankle Surgery. A graduate of KSUCPM, he completed his surgical residency with the Cleveland Clinic Foundation and Mercy Regional Medical Center in Lorain, OH. Dr. Cruz practices in south Dallas, with primary clinics in Waxahachie and Ennis, TX.



Dr. Dock Dockery# is a widely published author of over 152 scientific articles and chapters in medical and surgical journals and textbooks and the author of 5 textbooks on foot & ankle dermatology and plastic surgery. He is a national and international speaker. He is a Senior Vice-President of Education, Podiatry Division, of Sagis Diagnostics, Houston, Texas, and the Founder and Past Chairman of the Board of the International Foot & Ankle Foundation for Education and Research, Mukilteo, Washington.



Wendy Fletcher has earned degrees from Morehead State University (Bachelor's of Science in Nursing), the University of Kentucky (Master's of Science in Nursing), and Texas Christian University (Doctor of Nursing Practice). She is a Board-certified Family Nurse Practitioner with over two decades of experience in primary care. Wendy is married to Richard "Fletch" Fletcher and has two adult daughters, Allison and Reagan. She enjoys cooking, baking, kayaking, traveling and playing ukulele.



Dr. Alton Johnson# is a Clinical Assistant Professor of Orthopaedic Surgery specializing in Podiatric Surgery at the University of Michigan Medical School. Dr. Johnson completed his medical education at Kent State University College of Podiatric Medicine in Cleveland, OH. Dr. Johnson brings a wealth of knowledge and expertise in podiatric surgery with an emphasis on wound healing and prevention.



Dr. Makenzie Kerns grew up in Round Rock, TX, which is just outside of Austin. She studied biochemistry and sociology at Abilene Christian University. Dr. Kerns then obtained her DPM degree from Midwestern University in 2021. She received extensive training in foot and ankle surgery, including reconstruction and limb salvage at Denver Health Hospital and is now a fellow at KYINFAS. In her free time, Dr. Kerns enjoys the outdoors, sports, working out, and traveling. At home, she has a Rhodesian Ridgeback dog who loves to snuggle and go for walks, but mostly snuggle.



Dr. Jeffrey A. Lehrman# is a podiatrist and a Certified Professional Coder and Certified Professional Medical Auditor. He operates Lehrman Consulting, LLC which provides guidance regarding coding, compliance and documentation. Dr. Lehrman serves as a staff liaison at the AMA CPT® Editorial Panel meetings where CPT codes are created, edited, and deleted.



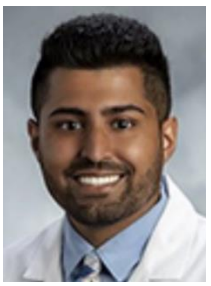
Dr. Melissa J. Lockwood is the owner and founder of Heartland Foot and Ankle Associates, a boutique private practice in Central Illinois. She is a nationally recognized speaker on practice management and medical Podiatric management topics. Dr. Lockwood enjoys spending her free time cheering on her favorite sports teams with her husband, Scott, and children, Lauren and James.



Dr. Kaitlin Loesel is currently completing her second year of residency at the University of Louisville Hospital. A proud native of Atlanta, Kaitlyn earned her undergraduate degree in biology from Piedmont University and her doctorate of podiatric medicine from Temple University in Philadelphia. Kaitlyn enjoys working out, hiking, and playing pickleball.



Dr. Joshua Moore is a Professor and Division Head of Clinical Medicine and Surgery at Kent State University's College of Podiatric Medicine. Dr. Moore lectures nationally, serves on numerous University committees, has several publications to his credit, and is an active clinician and surgeon at Cleveland Foot & Ankle Clinics.



Dr. Neil Patel was born and raised in Troy, MI, in the Detroit metro area. He earned his Bachelor of Science degree in Human Biology from Michigan State University and obtained his DPM degree from Temple University of Podiatric Medicine. Dr. Patel received extensive training in foot and ankle surgery, with focuses in trauma and reconstructive foot and ankle surgery, at Beaumont Farmington Hills Hospital. In his free time, he enjoys working out and playing sports such as basketball, football, and soccer.



Dr. Savannah Santiago double majored in biochemistry and Spanish language and culture at the University of Colorado, Colorado Springs. After working as a Spanish Language Medical Translator, she earned her DPM from Western University in Pomona, CA. Dr. Santiago is currently at Ascension St. Vincent in Indianapolis. Outside of medicine, Dr. Santiago finds joy in spending time with her loved ones and indulging in outdoor activities. training.

 # This speaker has a financial interest or conflict of interest to disclose.

Registration Form

2025 KPMA Annual Scientific Meeting

Doctor registration includes *admission to lectures and exhibit hall, & breakfast and lunch each day as well as a ticket to the Saturday night event.*

Please print

Dr. Name _____ **Practice Name** _____

Email _____ **Phone** _____

Address _____ **City, State, Zip** _____

I am a member of the_____*(state abbr.)* **Podiatric Medical Association.**

☐ **I am a first-time attendee.**

☐ **I have special diet/accommodations requests:** _____

REGISTRANT TYPE	**Badge Name** *(First and Last)*	***Thru 4/1*** **Regis Fee**	***After 4/1*** **Regis Fee**	**GUEST Tickets to Saturday Evening Event**	**SUBTOTAL**
KPMA/APMA Doctor		$350	$400	_____ x $50 each	
Resident/ Student		$75	$100	_____ x $50 each	
Non-Member Doctor		$650	$750	_____ x $50 each	
Guest Name(s) for Tix					

☐ **Check #_____enclosed** *(payable to KY Podiatric Medical Association)*

☐ **Charge my** *(circle one)* Visa MC AMEX Discover

TOTAL: $_____

Credit Card #_____**Exp**_____**Sec Code** _____

Name on card_____**Email for receipt** _____

Billing Add _____

City_____**State**_____**Zip** _____

HOTEL INFO: The conference and exhibits will take place at the French Lick Springs Hotel in French Lick, Indiana. Hotel reservation information is on kypma.org.

Return this completed form *with payment* by mail (KPMA, 5932 Timber Ridge Drive, Ste 101, Prospect, KY 40059), fax (502-223-4937) or email (info@kypma.org)

Questions? info@kypma.org or 502-223-5322