

HERE
& NOW

Contemporary issues in occupational medicine and workplace health

ANNUAL SCIENTIFIC MEETING 2015

Sofitel Brisbane Sunday 23rd August to Wednesday 26th August 2015



The Australian and New Zealand Society of Occupational Medicine Inc. (ANZSOM)

PROGRAM

The Australian and New Zealand Society of Occupational Medicine (ANZSOM) is pleased to announce the 2015 Annual Scientific Meeting to be held at the Sofitel in Brisbane, Queensland. Spanning over three days and providing a diverse range of topics and learning formats, the conference is a key educational and networking event for health professionals working in the field of occupational medicine and workplace health.

The conference theme **'Here and Now – Contemporary issues in occupational medicine and workplace health'** will focus on providing a perspective on issues relevant to all occupational health professionals.

The program features speakers of international renown and provides opportunities to experience local workplaces and attractions in Brisbane and surrounding areas. The conference will also feature a stream developed specifically for nurses, recognising their important role in workplace health.

Introducing Li Cunxin

Guest speaker at the ANZSOM Conference Dinner

We are very pleased to announce a very special guest speaker at this year's ASM. Li Cunxin (pronounced "Lee Schwin Sing") is a remarkable man borne of a remarkable story. He published a runaway best-selling book about his extraordinary life, *Mao's Last Dancer*, in which he recounts his journey to becoming one of the best dancers in the world, including principal dancer with the Australian Ballet. Now, after a successful career as an investment adviser, Li has recently returned to follow his passion for dance, becoming the Artistic Director of Queensland Ballet. We very much look forward to sharing Li's inspirational journey and insights.



ANZSOM gratefully acknowledges our major sponsor Sonic HealthPlus



SUNDAY 23 AUGUST

3.30pm – 5.30pm	ANZSOM General Council Meeting <i>Sofitel Hotel, Trocadero Room, Level 2</i>
5.30pm – 9.00pm	REGISTRATION <i>Sofitel Hotel, Cuvee Lounge 2, Lobby Level</i>
6.30pm – 9.00pm	WELCOME RECEPTION (included in full registration) <i>Sofitel Hotel, Cuvee Lounge 2, Lobby Level</i>

MONDAY 24 AUGUST

9.00am	WELCOME ADDRESS <i>Councillor Angela Owen-Taylor, Councillor for Parkinson</i>
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SESSION THEME: Psychological issues in the workplace

Chair: Dr Edward Foley

9.15am	Turning back the rising tide of PTSD <i>Dr Peter Cotton, Psychologist, Health Services Australia & Insight SRC</i> Some workplaces are experiencing a growth in claims relating to post traumatic stress disorder (PTSD). What organisational factors contribute to PTSD and how can these be addressed? What are the latest innovations for treatment, particularly for work focused treatment?
10.00am	Violence in the workplace <i>Dean Chandler, Director, Allsafe</i> Violence too is an increasing workplace issue. What is meant by violence? What factors contribute to violence and what effects can it have in the workplace? What workplace policies should be in place to manage violence? What procedures and training are required for employees to enable them to manage violence in the workplace?
10.30am	Morning Tea
11.00am	Substance misuse - determining fitness for work <i>Dr Greg Apel, Psychiatrist, Brisbane Private Hospital</i> Substance misuse in the workplace presents an ongoing challenge. What factors need to be considered when determining a person's fitness to return to work? Do different substances require different approaches? What are the considerations for safety critical work?
11.30am	If not critical incident debriefing then what? <i>Dr Arlene Walker, Psychologist, Associate Head of School (Rural and Regional Development), Deakin University</i> Formal critical incident debriefing is dead and buried but organisations continue to expect a formal process. What alternative models are available to manage critical incidents and the potential impacts in the workplace? How can we as health professionals advocate for best practice approaches?
12.00pm	PANEL DISCUSSION

MONDAY 24 AUGUST

12.30pm

Lunch

1.15pm – 4.30pm

SITE VISITS

Site visits are a highlight of the ANZSOM conference and are an opportunity to see first-hand the occupational health issues of local industries.

Battery manufacturer

Transport / logistics company

Large commercial plant nursery

Food manufacturer

1.15pm

PARALLEL WORKSHOPS

CPR update Session 1

Ian Cash, Australasian SOS Oxygen

A practical cardiopulmonary resuscitation update, including use of automated external defibrillation.

Violence in the workplace

Dean Chandler, Allsafe

An opportunity to explore in detail the current approaches to management of violence in the workplace, brought to life with scenarios and role plays.

Conducting pre-employment examinations

Dr Vern Madden, The Health Advantage; Dr Amanda Sillcock, Occupational Physician

The focus of this workshop will be on upgrading skills, particularly for nurses, to equip them to conduct pre-employment medicals.

2.45pm

Afternoon tea

3.00pm

**CPR update
Session 1 (cont'd)**
(3.45 finish)

**Violence in the
workplace (cont'd)**
(4.30pm finish)

**Conducting pre-employment
examinations (cont'd)**
(4.30pm finish)

4.15pm

CPR update; Session 2
Ian Cash, Australasian SOS Oxygen
(6.45 finish)

TUESDAY 25 AUGUST

SESSION THEME: Healthy and safe travel

Chair: Dr Vern Madden

8.30am

Travel for work – preparing for safe & healthy travel overseas

Dr Deborah Mills, Medical Director, Dr Deb's Travel Medicine Clinics

9.30am

Preventing and managing overseas emergencies

Colin MacDonald, Director Corporate Services, Aspen Medical

10.15am

Morning tea

SESSION THEME: Fitness to drive – the grey and the difficult

Proudly supported by Austroads

Chair: Dr Bruce Hocking

10.45am

This interactive session will provide an opportunity discuss a number of case studies in order to:

- Increase understanding of problematic aspects of assessing fitness to drive with regard to commercial vehicle drivers, including:
 - Blackouts and single seizures
 - Blackouts and arrhythmias
 - Sleep apnoea
 - Diabetes
- Improve interaction between occupational physicians and relevant specialists regarding “fitness for duty” examinations for commercial vehicle drivers .e.g., by occupational physicians providing useful referral information and relevant specialists providing information to aid decision-making regarding employment status
- Improve understanding of the role of, and communications with, the Driver Licensing Authority regarding license status.

The discussion will be supported by four experts.

Dr Noel Saines , Neurologist, Wesley Medical Centre

Dr Rob Perel, Cardiologist, Mater Private Hospital Brisbane

Dr Chris Zappala, Thoracic and Respiratory Physician, The Wesley Hospital

Dr Clair Sullivan, Deputy Chair of Medicine, Princess Alexandra Hospital



12.45pm

Lunch

TUESDAY 25 AUGUST

12.45pm

Lunch

1.30pm

Chair: Dr Amanda Sillcock

Hugh Denehy Oration

Dr Keith Adam, National lead Occupational Physician, Mining and Transport, Medibank Health Solutions

2.15pm

MEDICAL STREAM

Chair: Dr Chris Cunneen

Toxic environmental exposures in pregnancy

Assoc Prof Michael Gabbett, Clinical Geneticist, Griffith University

NURSING STREAM

Chair: Ms Sandra Code

Vaccination certification requirements for nurses

Rob Timmings, Rural and remote nurse educator, Director, ECT4Health

2.45pm

Diesel particulate matter – carcinogenesis and other health effects

Prof Zoran Ritovski, Nanotechnology and Molecular Science, Queensland University of Technology

Beyond the EAP. How to promote worker resilience and reduce workplace stress

Kristina Dalglish, Director, Health@ Work Pty Ltd

3.15pm

Afternoon tea

3.30pm

Chair: Dr Maggie Goldie

Advances in the treatment of asbestos related disease

Assoc Prof Glen Reid, Senior Scientist, Asbestos Diseases Research Institute
Proudly supported by the NSW Dust Diseases Board



Workers' Compensation
Dust Diseases Board

4.00pm

Australian Privacy Principals update, complying with the APP obligations

Luke Donaldson, Workplace Relations Advisor, Employsure Peninsula Group

4.30 – 5.30pm

ANZSOM Annual General Meeting

7.00pm

Conference Dinner – Tattersalls Club

Proudly supported by Beyondblue

Guest speaker: Georgie Harman
CEO Beyond Blue

Guest speaker: Li Cunxin

Artistic Director of Queensland Ballet and author of Mao's Last Dancer



WEDNESDAY 26 AUGUST

9.00am

Chair & facilitator: Associate Professor John Gall

Your day in court – a mock court experience

Proudly supported by Slater + Gordon Lawyers

Judge Bill Kearns

Barristers: John Miles, Donna Callaghan

Many of us will be called upon to present as expert witnesses. This well-prepared mock court experience will aim to demonstrate and engage participants in:

- Understanding the requirements for preparation to provide testimony in court
- How to present medical evidence in court
- Effective communication in a courtroom
- The need to be an impartial witness for the court and not for the complainant or defendant
- How to manage difficult situations in court
- The need to remain within your area of expertise

Three cases will be argued and critiqued to optimise the learning experience.



10.30am

Morning Tea

11.00am

Your day in court – a mock court experience (continued)

Chair & facilitator: Associate Professor John Gall

12.00pm

Lunch

CONTRIBUTED PAPERS

Chair: Ms Melinda Miller

12.45pm

Complaints to the Medical Board arising out of independent medical examinations

Dr John Wilson, Jobfit Health Group

1.05pm

Electrical hypersensitivity

Dr Bruce Hocking, Bruce Hocking and Associates

1.25pm

Of mice and men: Assessing the safety of on-farm mouse bait production

Associate Professor Anthony Brown, School of Rural Health, University of Sydney

1.45pm

Conducting clinic audits of an oil / gas industry health service in Papua New Guinea

Dr David Crocker, Consultant occupational physician: Dr Flora Jethro, Medical Officer, Oil Search Limited

2.05pm

Occupational injury risk among ambulance officers & paramedics compared with other health care workers in Victoria, Australia – analysis of workers' compensation claims from 2003 to 2012

Dr Minainyo Helen Roberts, Monash University

WEDNESDAY 26 AUGUST

	CONTRIBUTED PAPERS (continued) <i>Chair: Ms Melinda Miller</i>
2.25pm	Nanotechnology: Health effects and risk management <i>Dr Devan Kumarasamy, PETRONAS (Petroliam Nasional)</i>
2.45pm	A descriptive study on the need for postgraduate training programs in occupational and environmental medicine among selected medical practitioners <i>Dr Vivien Fefadrilan-Camacho, Department of Environmental and Occupational Health, College of Public Health, University of the Philippines, Manila</i>
3.05pm	Afternoon tea
	CONTRIBUTED PAPERS (continued) <i>Chair: Ms Melinda Miller</i>
3.25pm	Red eye - How an occupational health team member should handle it? <i>Dr Miguel Sergio Kabilio, OSH Group</i>
3.45pm	Disaster management: Fire at Barangaroo <i>Dr Robyn Alexandra Meades, Sonic Health Plus</i>
4.25pm	Close

ANZSOM gratefully acknowledges SonicHealth Plus as the major sponsor
for the 2015 Annual Scientific Meeting:



Sponsor of the conference dinner:



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