

# Delivering Excellence in Recovery Oriented Services in Mental Health

10% card payments discount\*  
15% group booking discount\*\*

Tuesday 4 October 2016 Hallam Conference Centre, London



## Chair and Speakers Include:

**Prof Mike Slade**  
*Chair in Recovery*  
Institute of Mental Health

**Alison Brabban**  
*National Advisor SMI IAPT*  
NHS England

Supporting Organisation



# Delivering Excellence in Recovery Oriented Services in Mental Health

10% card payments discount\*  
15% group booking discount\*\*

**Tuesday 4 October 2016 Hallam Conference Centre, London**

***The Mental Health Taskforce Five Year Forward View for Mental Health focuses on recovery throughout. Commissioners are urged to “emphasise early intervention, choice and personalisation and recovery”, that “Long stays in high cost secure hospitals and delayed discharge are common, often owing to the lack of recovery-focused care” and The CQC should set out how it will strengthen its approach to services to “ensure that, from 2016, inspections of all specialist mental health services reflect the extent to which the provider ensures that people have an outcomes-focused recovery path”***

**Mental Health Taskforce 5 year forward view 2016**

Chaired by Professor Mike Slade, Chair in Recovery at the Institute of Mental Health, this conference focuses on delivering excellence in recovery oriented services in mental health. Through national updates, lived experience and practical case studies the conference will provide a step by step guide to improving recovery outcomes and delivering recovery oriented practice. The conference will include an extended session what excellence in recovery oriented services looks like including how to set up, develop and run recovery oriented services.

Expert sessions will focus on setting up and running a recovery college, delivering user involvement for recovery orientated practice, supporting recovery through crisis, changing the way we look at risk assessment and management, and measuring and monitoring progress against recovery through a co-production approach.

***“Recovery is about building a meaningful and satisfying life, whether or not there are recurring or ongoing symptoms or mental health problems”***

**The Centre for Mental Health**

**Follow the conference on Twitter #MHRcovery**

## 10.00 Chairman's Introduction

**Prof Mike Slade** *Chair in Recovery Institute of Mental Health*

## 10.10 What service users want from recovery oriented services

**Speaker to be announced**

- learning from the lived experience
- what does recovery mean to you? Ensuring people facing mental health challenges develop their own definition of recovery
- ensuring every person in services has an outcomes-focused recovery path
- implementing the recommendations from the Mental Health Taskforce

## 10.40 Moving the focus to recovery-orientated services

**Dr Sridevi Kalidindi**

*Consultant Psychiatrist in Rehabilitation & Trust Clinical Liaison Lead for Local Contracts*  
South London & Maudsley NHS Foundation Trust  
*Chair, Rehabilitation & Social Psychiatry Faculty & Co-Chair*  
Joint Commissioning Panel for Mental Health, RCPsych

- what outcomes does every clinical service need to measure to focus on recovery?
- what do recovery outcomes mean?
- how do we mainstream recovery orientated services for everyone
- examples of excellence in practice

11.10 Questions & answers, followed by coffee & exhibitions 11.20

## 11.50 EXTENDED SESSION: What does excellence in recovery orientated services look like? How to set up, run and develop recovery-orientated services

**Speaker to be announced**

- This extended session will provide a practical guide to setting up, running and developing recovery-orientated services including
- changing the culture
  - refocusing all mental health services around the principles of recovery
  - what does excellence look like in recovery services
  - measurement of recovery outcomes
  - practical examples and advice

## 12.35 An Integrated Approach to delivering a recovery focused service: Lessons from a Vanguard Site

**Speaker to be announced**

- the importance of an integrated approach
- delivering a recovery focused service
- our experience and moving forward

12.50 Questions & answers, followed by lunch & exhibitions 13.00

## 14.00 Setting up and running a recovery college: supporting people

**Rob Pickard**

*Recovery College Manager*

**with Person with Lived Experience**

Tower Hamlets Recovery College  
East London NHS Foundation Trust

- ensuring people with mental health difficulties have access to the same opportunities in life as everyone else
- the role of the recovery college and how we set up the service
- supporting people to identify personal goals and ambitions, creating a fun, positive and safe environment for learning and exploring recovery and giving people the confidence and support to access opportunities and resources available to them
- developing user led training and education programmes
- lessons from the Recovery College at East London NHS Foundation Trust

## 14.30 Changing the culture of an organisation: A Case Study

**Alison Brabban**

*National Advisor for Severe Mental Illness (IAPT), NHS England*  
Specialist Committee Member, Schizophrenia in Adults Quality Standard, NICE & Consultant Clinical Psychologist, Tees Esk and Wear Valleys NHS Foundation Trust, Honorary Senior Clinical Lecturer, Durham University

- recovery orientated principles and recovery orientated practice initiatives
- boosters and barriers that support/hinder recovery and social inclusion
- case studies and examples of good practice

## 15.00 User involvement for recovery orientated practice

**Speaker to be announced**

- changing the dynamic: developing a discussion/conversation approach
- developing independent service user feedback and involvement in clinical practice
- developing the role of recovery champions
- the experience

15.30 Questions & answers, followed by coffee & exhibitions 15.40

## 16.00 Changing the way we approach risk assessment and management

**Fiona Venner**

*Director*  
Leeds Survivor Led Crisis Service

- what positive risk taking means in our service
- changing the way we approach risk assessment and management
- developing a joint approach to risk
- recovery focused crisis planning
- co-production of joint recovery focused crisis plans and personal recovery plan
- lessons learnt from implementation from a user led service

## 16.30 Measuring and monitoring progress against recovery outcomes: The development and implementation of a recovery focused PROM for mental health services

**Dr Paramala Santosh**

*Paediatric Psychopharmacology*  
Kings College London

- how can we measure progress against recovery outcomes
- the role of PROMs in recovery orientated services
- co-production of PROMs: how we did it
- supporting effective clinical practice through use of the PROM
- how outcome monitoring in real time can support people in their recovery journeys
- our experience

16.30 Questions & answers, followed by close 16.45

10% card payments discount\*  
15% group booking discount\*\*

# Delivering Excellence in Recovery Oriented Services in Mental Health

Tuesday 4th October 2016 Hallam Conference Centre, London

Conference Registration

Download

How to book

Book online via credit card and  
receive a 10% discount\*

[www.healthcareconferencesuk.co.uk](http://www.healthcareconferencesuk.co.uk)

Fax the booking form to  
0208 181 6491

Post this form to Healthcare Conferences UK  
8 Wilson Drive, Ottershaw, Surrey, KT16 0NT

## > Your Details (please complete a new form for each delegate. Photocopies are acceptable)

Dr Mr Mrs Ms (Please Circle)

First Name

Surname

Job Title

Department

Organisation

Address

Postcode

Telephone

Fax

Email

Please write your address clearly as confirmation will be sent by email, if you  
prefer confirmation by post please tick this box, ☐  
Please also ensure you complete your full postal address details for our records.

Please specify any special dietary or access requirements

**This form must be signed by the delegate or an authorised person  
before we can accept the booking**

*(By signing this form you are accepting the terms and conditions below)*

Name

Signature

Date

## > Payment

☐ **By Cheque** A cheque for  is enclosed

Please make Cheques Payable to: Healthcare Conferences UK Ltd.

☐ **By Invoice** Please send an invoice to

Name

Organisation

Address

Postcode

**PURCHASE ORDER NUMBER**  
(If Applicable)

Please note if you are requesting an invoice many NHS organisations now require a Purchase Order  
Number to be provided. If you do not provide this number this may slow down the processing of this  
delegate place.

☐ **By BACS**

For Payments in £: Sort Code 40-46-22 Account No. 21553690

☐ Please send your BACS remittance form as confirmation of payment

☐ Your BACS Reference

☐ **By credit card** Please debit my Visa/Mastercard/Switch **All sections must  
be completed**

Cardholder's Name

Card No.

Valid From

Expiry Date

Issue No. (switch only)

You will be contacted during the processing of your booking to confirm the payment card security code.  
(this is the last three digits of the number printed on the back of your card)

Signature

Card billing address

**Promotional Code**

## Conference Documentation

☐ I cannot attend the conference but would like to receive a PDF containing the  
conference handbook material, which includes speaker slides, at £49 each.

The PDF will be emailed out after the conference, please fill in  
the 'Your Details' section above, ensuring your email address  
is clear and the 'Payment' section..

For more information contact Healthcare Conferences UK on **01932 429933** or email [jayne@hc-uk.org.uk](mailto:jayne@hc-uk.org.uk)

### Venue

Hallam Conference Centre, 44 Hallam Street London,  
W1W 6JJ. A map of the venue will be sent with  
confirmation of your booking.

**Date** Tuesday 4th October 2016

### Conference Fee

- ☐ £365 + VAT (£438.00) for NHS, Social care, private  
healthcare organisations and universities.  
☐ £300 + VAT (£360.00) for voluntary sector / charities.  
☐ £495 + VAT (£594.00) for commercial organisations.

The fee includes lunch, refreshments and a copy of the  
conference handbook. VAT at 20%.

### \*Credit card Discount

10% discount when you book via credit or debit card. This offer is  
exclusive to card bookings and cannot be used in conjunction with any  
other Healthcare Conferences UK offer.

### \*\*Group Rates

A discount of 15% is available to all but the first delegate from the same  
organisation, booked at the same time, for the same conference.

### Terms & Conditions

A refund, less a 20% administration fee, will be made if cancellations are  
received, in writing, at least 4 weeks before the conference. We regret  
that any cancellation after this cannot be refunded, and that refunds for  
failure to attend the conference cannot be made, but substitute delegates  
are welcome at any time.

### Accommodation

On confirmation of your booking you will receive information for  
booking accommodation should you require it.

### Confirmation of Booking

All bookings will be confirmed by email, unless stated otherwise.  
Please contact us if you have not received confirmation 7-10 days  
after submitting your booking.

### Exhibition

If you are interested in exhibiting at this event, please contact  
Carolyn Goodbody on 01932 429933, or email [carolyn@hc-uk.org.uk](mailto:carolyn@hc-uk.org.uk)

### Credits

CPD Certified. Recognised by the Good Governance Institute.  
Conference Producer is a member of the British Association for  
Professional Conference Organisers.

The information provided will be held on the Healthcare Conference UK's  
database and may be used to update you with details of other events that we  
organise. If you DO NOT wish to receive this information, please tick this box ☐

We occasionally release your details to companies sponsoring or exhibiting at  
our events. If you DO NOT wish to receive information from these companies,  
please tick this box ☐

Healthcare Conferences UK reserve the right to make changes to speakers and  
programmes without prior notice.  
©Healthcare Conferences UK Ltd 2016



Visit our website [www.healthcareconferencesuk.co.uk](http://www.healthcareconferencesuk.co.uk)

or tel **01932 429933**

fax **0208 181 6491**

