

Chicago

November 30-December 2

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Special thanks to our 2018 Corporate Sponsors for their outstanding support of The Podiatry Institute and the continued development of excellence in post-graduate continuing education. Please support these companies that support your profession.

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The Windy City Podiatry Conference

Current Treatment Options in Podiatric Medicine and Surgery

About Your Hosts

The **Podiatry Institute** is a non-profit educational foundation that offers a variety of programs, conferences, workshops and postgraduate courses. The Institute has achieved international recognition for its leading role in developing and advancing podiatric medicine and surgery. The faculty members are all volunteers who serve without compensation. They are committed to ongoing education in the area of foot and ankle surgery.

The **Illinois Podiatric Medical Association** is a non-profit organization representing a majority of the doctors of podiatric medicine in the State of Illinois. IPMA members comply with rigid ethical standards and participate in numerous programs and events that benefit patients, the profession and the community. When you select a podiatrist who is a member of the IPMA, you are assured of having chosen a skilled practitioner to care for your feet.

PARK CITY
February 7-9 2019
26th Annual Winter Conference
with Utah Podiatric
Medical Assn.

LITTLE ROCK
March 29-31 2019
Foot & Ankle Surgery
with Arkansas Podiatric
Medical Assn.

PHOENIX
April 11-14 2019
Valley of the Sun
with Arizona Podiatric
Medical Assn.

NEWPORT
April 25-28 2019
Surgical Pearls by the Sea
with Rhode Island Podiatric
Medical Assn.

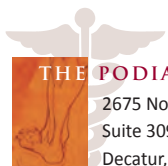
ATLANTA
May TBA 2019
2nd Annual
Foot & Ankle Women's Conference

HILTON HEAD
June 20-23 2019
Footprints in the Sand
with South Carolina Podiatric
Medical Assn.

PORTLAND
August 14-17 2019
Pacific Coast Conference
with Oregon Podiatric
Medical Assn.

For more information and
updates to the 2019 Conference
Schedule, please visit
www.podiatryinstitute.com

The Podiatry Institute cannot be held liable for events beyond its control, such as acts of God, government regulations, disasters or weather-related hazards, civil unrest, or any other emergency, making it inadvisable or impossible to hold the conference. The Podiatry Institute will make every effort to inform the participants as soon as possible to enable the participants to cancel hotel and flight arrangements. The entire contents of this brochure are copyrighted by The Podiatry Institute with all rights reserved. Reproduction or use, without permission, of written or graphic content in any manner is prohibited. ©2018



THE PODIATRY INSTITUTE

2675 North Decatur Road

Suite 309

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Chicago

The Windy City Podiatry Conference *Current Treatment Options in Podiatric Medicine and Surgery*

PRESENTED BY

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MEDICAL ASSOCIATION

NOV. 30 - DEC. 2



This is a PICA approved
risk management seminar.

CHICAGO MARRIOTT SCHAUMBURG, Chicago, Illinois



Photo courtesy of iChoose Chicago

To do and see in Chicago



Winter in Chicago

Two of the best parks are **Grant Park** (www.chicagoparkdistrict.com) and **Millennium Park** (www.millenniumpark.org). Go ice-skating at the **McCormick Tribune Ice Rink** and be surrounded by an incredible skyline. See the **Cloud Gate** sculpture, a.k.a the "Bean". During this season, hundreds of singers led by various Chicago choral groups gather each Friday to sing holiday classics.

The **Soldier Field Sledding Hill** stays lit at night and features a 220-foot slope. Grab a sled, snowboard or toboggan and get ready for some fearless fun. www.soldierfield.net

With the clip-clop of hooves, you can be transported back to simpler days on a cozy carriage ride through the city. Numerous companies offer tours, including **Chicago Horse & Carriage**. www.chicagocarriage.com

Take your sightseeing to new heights for incredible views of the Chicago skyline. **The Ledge at Skydeck Chicago** in Willis Tower (www.theskydeck.com) puts you more than 100 stories above the bustling streets—in a glass box! **360Chicago** (www.360chicago.com), formerly known as the John Hancock Observatory, offers expansive sights of the city, a 94th floor café, interactive technologies, and the new exhilarating angle of **TILT**, where you can step inside the glass and steel moveable platform that slowly tilts outward on an angle, providing downward-facing views of the city from 1,000 feet!

Indoor Wonders

To warm up from the inside out, try one of the city's "tropical" indoor getaways! Walk among 1,000 butterflies in the balmy Judy Istock Butterfly Haven at the **Peggy Notebaert Nature Museum** (www.naturemuseum.org). Try one of the free Conservatory Scavenger Hunts at the **Garfield Park Conservatory** (www.garfieldconservatory.org). Celebrate the holidays at **Lincoln Park Conservatory**, a stunning 19th century Victorian glass haven (lincolnparkconservancy.org). Gaze at the world's largest Tiffany stained-glass dome, as well as beautifully ornate multi-colored mosaics, marble and molding during guided architectural tours of the **Chicago Cultural Center** (www.cityofchicago.org).

Chicago is home to more than 40 museums. Learn more about life on Earth at **The Field Museum** (www.fieldmuseum.org). Dive into a

holiday-themed spectacle at the **Shedd Aquarium** (www.shedd-aquarium.org). Lay eyes upon the works of African-American artists at the **Dusable Museum of African American History** (www.dusablemuseum.org). Surround yourself with works from all times and areas at the **Art Institute of Chicago** (www.artic.edu).

More Holiday Happenings

The **Museum of Science and Industry** has an especially magical quality around the holidays. In the special annual exhibitions, **Christmas Around the World** and **Holidays of Light**, you'll see how nations around the world celebrate this unique time of year. www.msichicago.org

Gather the whole family and visit **ZooLights** at the **Lincoln Park Zoo**, one of Chicago's favorite free festivities. Roughly two million lights illuminated tunnels, live ice carvings, fun crafts for kids and Santa Claus himself. www.lpzoo.org

Unique **holiday lights** tours are offered by Segway Experience of Chicago (www.mysegwayexperience.com), and Chicago Trolley and Double Decker Co. (www.coachusa.com/chicagotrolley). Or explore popular buildings and hidden gems on an architecture tour.

Family Fun

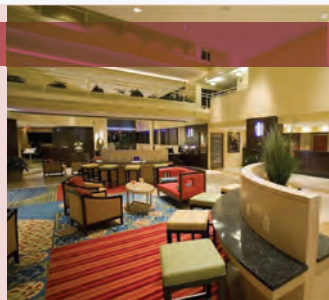
Stop by the lakefront playground **Navy Pier** for **Winter WonderFest**, complete with an indoor ice skating rink, rides, an indoor Ferris wheel and more. navypier.com/winter-wonderfest/

At **Chicago Children's Museum**, you can climb on a schooner, hide in a tree house, construct a skyscraper, make art you can take home and so much more. www.chicagochildrensmuseum.org

Shopping

Don't miss the historic, 9-story **Macy's on State Street** (visitmacyschicago.com). For hundreds of high-end stores and retailers, shop magnificently as you walk down **The Magnificent Mile** (www.themagnificentmile.com). **Christkindlmarket** (www.christkindlmarket.com) is a charming outdoor holiday market inspired by 16th-century European marketplaces. The **Maxwell Street Market** (www.cityofchicago.org) is a Chicago tradition of bargains with an international flavor.

Stop by the Chicago Cultural Center or visit www.choosechicago.com to see more of the amazing attractions that await you in Chicago!



Chicago Marriott Schaumburg

50 N Martingale Road, Schaumburg IL 60173 www.marriott.com*
800.228.9290 or 847.240.0100 (mention The Podiatry Institute Seminar)

Soar into comfort at the **Chicago Marriott Schaumburg**, conveniently located close to popular attractions and downtown Chicago. Indulge in fresh American fare with an international twist at BlueFire Grille. For an Italian-inspired dining experience, head to Bevande Lounge. Stay fit with a visit to the 24-hour fitness center or a swim in the heated indoor pool. Shop at the adjacent Streets of Woodfield and Woodfield Mall complexes.

Rate: \$112 (plus tax, subject to change without notice) *Register online via the Chicago page at www.podiatryinstitute.com.

A block of rooms has been reserved and will be held until it is full or **October 29, 2018**, whichever comes first. Please book early to guarantee your reservation. In order to secure our special group rate, advanced reservations are mandatory and you must advise Reservations that you are attending The Podiatry Institute conference. Rates cannot be changed for guests who fail to identify their affiliation at the time the reservation is made. Rate applicable 3 days before/3 days after (based on availability).

TRAVEL DISCOUNTS

To obtain the best possible rates and make your reservations, please call our official agency:

Travel Leaders
678.689.0176

(A \$25.00 SERVICE FEE WILL APPLY FOR THE FIRST PASSENGER; \$15.00 FOR EACH ADDITIONAL PASSENGER.)

If you have trouble securing hotel accommodations, please call Trish at Travel Leaders.

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Each speaker is required to disclose the existence of any financial and/or other relationship(s) (e.g., employee, consultant, speaker's bureau, grant recipient, research support) he/she might have with a) the manufacturer(s) of any commercial product(s) to be discussed during his/her presentation and/or b) the commercial contributor(s) of the activity.



20 CECHs

This activity has been planned and implemented in accordance with the standards and requirements for approval of providers of continuing education in podiatric medicine through a joint provider agreement between The Podiatry Institute and Illinois Podiatric Medical Association. The Podiatry Institute is approved by the Council on Podiatric Medical Education as a provider of continuing education in podiatric medicine. The Podiatry Institute has approved this activity for a maximum of 20 continuing education contact hours.

November 30

Friday

7:00 AM BREAKFAST

7:25 AM WELCOME TO CHICAGO

7:30 AM FOREFOOT RECONSTRUCTIVE SURGERY

Anatomic Dissection for Digital and Lesser MPJ Surgery
Hammertoe Treatment Options
Current Concepts and Techniques in Repair of Lesser MPJ Instability
Risk Factors for 2nd MTPJ Instability
Cost Effective Repair of Lesser MPJ Luxation
Common Forefoot Complications
Tailor's Bunion Technique
The Use of Shape Changing Implants in Forefoot/Digital Surgery
Question & Answer

10:15 AM BREAK — VISIT EXHIBITS

11:00 AM WORKSHOPS

NOTE: YOU MUST TAKE THE ONE 2-HOUR WORKSHOP OR TWO OF THE 1-HOUR WORKSHOPS. THERE WILL BE A SIGN-IN SHEET IN EACH WORKSHOP PER ROTATION.
Hands-on workshops featuring latest techniques & technologies:

WORKSHOP ROTATION ONE: 11:00 AM – 11:50 AM

Innovative In-Office Strategies and Protocols for Treating Foot and Venous Stasis Ulcers with Jonathan Moore, DPM; The Podiatry Institute has designated an unrestricted educational grant from Amerx Health Care to support this workshop session.

TBA with Mickey D. Stapp, DPM; The Podiatry Institute has designated an unrestricted educational grant from Cutting Edge Laser to support this workshop session.

TBA with _____, DPM; The Podiatry Institute has designated an unrestricted educational grant from Metric Medical to support this workshop session.

Winter 2018 Podiatric Dermatology Update – “Hands-On Biopsy” Workshop with Javan S. Bass, DPM; The Podiatry Institute has designated an unrestricted educational grant from Bako Diagnostics to support this workshop session.

Note: This is a two-hour workshop!

WORKSHOP ROTATION TWO: 11:55 AM – 12:50 PM

12:50 PM LUNCH

1:30 PM HALLUX VALGUS & RELATED TOPICS

Algorithm for Hallux Valgus
New Options for Hallux Limitus
Osteotomies for Hallux Rigidus
Update on Lapidus
Lapidus: Frontal Plane Rotation
Anatomic Dissection for 1st MPJ fusion
Venous Insufficiency: Understanding Vein Disease
Question & Answer

4:00 PM BREAK — VISIT EXHIBITS

4:45 PM Early WTB following 1st TMT Fusion
What Our Patients Wish We Would Tell Them About Bunion Surgery
1st MTPJ Arthrodesis: Surgical Technique and Pearls
A New 80:20 in Bunion Correction?
Bunion Complications
Question & Answer

6:45 PM FRIDAY SESSION ADJOURNS

December 1

Saturday

7:00 AM BREAKFAST WITH THE VENDORS

7:30 AM TRAUMA OF THE LOWER EXTREMITY

Current Concepts: Lisfranc Injuries - ORIF vs. Fusion
Treatment of Lisfranc Injuries
5th Metatarsal Fractures
Syndesmotic Stability
Lateral Extensile vs. Sinus Tarsi Approach for Calcaneal Fractures
Question & Answer

9:45 AM BREAK — GRAB A COFFEE & THANK A VENDOR

10:30 AM Talus Fractures
Anatomic Dissection for Ankle Fractures
Fixation of Posterior Malleolar Fractures
Question & Answer

12:30 PM LUNCH

1:15 PM NEW TECHNIQUES & TECHNOLOGIES

Current Concepts: Cartilage Restoration
Basic Understanding of Orthobiologics
Advanced Plating Options in Foot and Ankle Surgery
Ultrasonic Debridement of the Plantar Fascia and Achilles Tendon
The “Bow-Tie” Rotational Skin Flap
Antifungal Treatments for Onychomycosis
This is a non-CME presentation
Question & Answer

2:35 PM RISK MANAGEMENT PRESENTATION

Complications of Orthopedic Implants & Hardware

with Steven R. Carter, DPM

LEARNING OBJECTIVES: ■ Be able to identify and distinguish complications of orthopedic implants ■ Identify common modes of failure of orthopedic joint implants and orthopedic hardware ■ Be able to differentiate mode of failure and plan a course of treatment ■ Become familiar with orthopedic metals and potential for allergy ■ Be able to identify and assess infectious complications including periprosthetic infection ■ Help participant avoid orthopedic implant complications.

Note: There will be a separate sign-in.

3:35 PM BREAK — GRAB A SODA & SEE THE VENDORS

4:20 PM REARFOOT & ANKLE RECONSTRUCTIVE SURGERY

Pediatric Flatfoot: Surgical Procedure Selection
Medial Displacement Calcaneal Osteotomy
Flexor Hallucis Longus Tendon Transfers
Shockwave Therapy for Heel Pain — Update
Anatomic Dissection for Rearfoot Surgery
STJ Arthrodesis
Question & Answer

6:30 PM FRIDAY SESSION ADJOURNS

December 2

Sunday

7:00 AM BREAKFAST

7:30 AM MEDICAL TOPICS PERTINENT TO THE LOWER EXTREMITY PATIENT

Opioid Management with Michael C. McGlamry, DPM
Approved procedures in prescribing and monitoring controlled substances.
Note: There will be a separate sign-in.

DVT Prophylaxis
Current Concepts in Abscess Treatment
Interdigital Maceration — Not Just Tinea
Prevention of Perioperative Infection
Etiology of Charcot Neuroarthropathy
Perioperative Use of Biologics for patients with RA
Question & Answer

10:15 AM BREAK

10:30 AM Bone Biopsy Guidelines in Osteomyelitis
An Update on Sepsis Diagnosis and Management
Management Considerations for Charcot Neuroarthropathy
Innovations in Wound Care
Radiographic Lower Extremity Deformity Assessment
Imaging and Infection
Oral Corticosteroids in Podiatric Medicine
Question & Answer

12:30 PM CONFERENCE ADJOURNS

TENTATIVE PROGRAM,
SUBJECT TO CHANGE WITHOUT NOTICE

Conference Objectives

At the conclusion of the conference, the participant should be able to:

Trauma: The attendee will gain the basic knowledge to recognize, evaluate, diagnose and manage common disorders seen in trauma to the foot and ankle and the long term sequelae in different groups.

Forefoot: The attendee will be exposed to the various options in the repair of hammertoes and to address the options, risks and long term complications of different procedures on the 2nd MPJ.

Hallux Valgus: The attendee will become familiar with all different surgical procedures in the management of hallux valgus and associated deformities and their roles.

Diabetic Foot: The attendee will become familiar with the current treatment options and advanced therapies in treating the diabetic foot.

Heel and Hindfoot: The attendee will discuss the goals and expected outcomes in the rearfoot. This includes soft tissue management, fractures, heel surgery and management of failed tendon surgeries.

Medicine & Topics of Interest: The attendee will gain knowledge and understanding of different products and their cost, diagnosis of carcinoma, understanding of the mechanism of ankle fractures and some less common anatomical variants and procedures.





OUR MISSION

To be a supportive global network of members, colleagues, and friends that enhances the quality of life for patients with foot, ankle, and leg disorders through innovative education, research, and service.

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The Podiatry Institute is a nonprofit educational foundation that offers a variety of programs including conferences, workshops and post-graduate courses, in addition to textbooks, DVDs, PowerPoint® presentations and patient education materials. The Institute has achieved national and international recognition for its leading role in developing and advancing the standard of care in podiatric medicine and surgery. The faculty members are all volunteers who serve without compensation. They are committed to ongoing education in the area of foot and ankle surgery.

For more information, please visit
www.podiatryinstitute.com



CHOOSE ONE OF FOUR EASY WAYS TO REGISTER

ONLINE

(BEFORE 11/16/18)
www.podiatryinstitute.com

PHONE

888.833.5682
or 770.939.0393

FAX

404.508.8539

MAIL

The Podiatry Institute
2675 N Decatur Rd, Ste 309
Decatur, GA 30033-6132

Chicago Conference Registration

☐ \$540 on or before 10/19/18

☐ \$590 on 10/20/18 through 11/16/18

☐ \$690 after 11/16/18 or at the door (**Credit Card ONLY**)

☐ \$315 Retired Podiatrists or Active Military

☐ \$95* Residents with letter from Residency Director

***DOES NOT APPLY TO CADAVER WORKSHOPS. LETTER MUST BE SUBMITTED BY MAIL WITH YOUR COMPLETED REGISTRATION FORM. RESIDENT REGISTRATION NOT ACCEPTED BY E-MAIL OR ONLINE.**

☐ Special Seminar Rate for **APMA Young Members**.
Call 888.833.5682.

☐ **Food functions are open to registered attendees only.**
Additional meal packages can be purchased for family/guests. Includes 3 breakfasts, 2 lunches and 5 breaks.

____ # OF ADULTS (\$200 EACH)

____ # OF CHILDREN 12 & UNDER (\$100 EACH)

\$ _____
CHICAGO TOTAL

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(YOU MUST PROVIDE EMAIL ADDRESS TO RECEIVE CONFIRMATION AND CME CERTIFICATE)



PLEASE INDICATE ANY SPECIAL NEEDS YOU HAVE AND WE WILL CONTACT YOU

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PLEASE CALL
OUR OFFICE
TO CONFIRM
REGISTRATION.**

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REGISTER FOR A 2018 SEMINAR AT THE REGULAR RATE AND RECEIVE 25% OFF YOUR SECOND 2018 SEMINAR

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DOES NOT APPLY TO EXHIBITOR REGISTRATION OR CADAVER SURGICAL SKILLS COURSES.
CALL BEFORE REGISTERING FOR THE SECOND SEMINAR TO RECEIVE THE DISCOUNT.

CANCELLATION requests must be made in writing, via fax or mail, and postmarked no later than one month before the start date of the conference. All cancellation requests will be assessed a \$75 administrative fee. There will be no refunds for cancellations made less than one month prior to the start of the conference. Instead a "certificate of transfer" will be issued, redeemable for any Podiatry Institute conference of equal price or as partial registration fee on any higher price conference. The certificate will be valid for a period of one year from date of issue. NO cancellations or transfers will be accepted within two weeks of the start of the conference. In the event the conference is cancelled by events beyond our control, the participant will receive a full refund or transfer to another conference, without penalty, within 30 days of the notice of cancellation.