



CONFERENCE PROGRAM

You're Invited!

It is my distinct pleasure as president of Family Medicine Foundation of Michigan to invite you to the 2025 Michigan Family Medicine Conference & Expo, July 18-20, 2025. We are excited to host you at The Grand Hotel on Mackinac Island. This year's conference promises to be an exceptional gathering, offering a unique opportunity to engage with our association's three strategic pillars: **advocacy, community and connection, and practice support.** These pillars are the cornerstone of our mission to serve Michigan's family medicine physicians, residents, and students.

Advocacy: Join us in our efforts to influence healthcare policy and advocate for the needs of family physicians and their patients. Engage in sessions that will equip you with the tools and knowledge to be effective advocates at both the state and national levels.

Community and Connection: Strengthen your professional network by connecting with fellow family medicine physicians. Participate in interactive workshops and social events designed to foster collaboration and camaraderie.

Practice Support: Gain valuable insights and resources to enhance your practice. Attend sessions led by experts in the field and peers, covering topics such as practice management, clinical innovations, and patient care strategies.

The conference's quality continuing medical education program includes extraordinary keynote, plenary, and breakout sessions covering a broad variety of timely clinical, practice management, and advocacy topics (pages 5–11).

The agenda includes two exciting keynote speakers including **Jen Brull, MD, FAAFP, President, American Academy of Family Physicians (AAFP)** and **Warren A. Jones, MD, DHL, FAAFP, Chief Health Officer, The Jones Group of Mississippi; Professor Emeritus, University of Mississippi Medical Center; 2001-2002 AAFP President (Ridgeland, MS).**

Other highlights include the Family Medicine Expo Welcome Reception and the Family Medicine Foundation of Michigan VIP Afterglow on Friday, July 18, and the President's Reception and Michigan Family Medicine PAC Mixer on Saturday, July 19.

The Michigan Family Medicine Conference & Expo offers a prime opportunity to build and strengthen relationships with colleagues; further your family medicine knowledge; celebrate personal and collective wins; recharge with family and friends; and explore the beautiful and historic Grand Hotel and Mackinac Island — there is a lot to see and do (see page 12 for details)!

We look forward to your presence and to the collective impact we can achieve together.



Sincerely,

Glenn Dregansky, DO, FAAFP

President, Family Medicine
Foundation of Michigan



Ferry Rates

Shepler's Ferry (sheplersferry.com) is offering conference attendees discounted ferry rates from Mackinaw City and St. Ignace.

- Tickets can be purchased online or in-person. Pre-purchasing online is recommended to avoid lines.
- Use discount code **FAMILYMED25**
- Discounted round trip rates are \$28 per adult and \$19 per child (ages 6-12); children 5 and younger travel at no charge.
- Use QR code to access the ferry schedule



AGENDA KEY

- CME** Continuing Medical Education credit(s)
- CME+** State-mandated Continuing Medical Education
- \$** Optional event requires pre-registration and payment of an additional fee
- CL** Clinical
- PM** Practice Management

EARN CME

AMA PRA Category 1 Credit(s)™

Statement of Accreditation: This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of Michigan State Medical Society and Michigan Academy of Family Physicians. The Michigan State Medical Society is accredited by the ACCME to provide continuing medical education for physicians.

AMA Credit Designation Statement: The Michigan State Medical Society designates this live activity for a maximum of 14.75 AMA PRA Category 1 Credit(s)™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

AAFP Prescribed Credits

The AAFP has reviewed 2025 Michigan Family Medicine Conference & Expo, and deemed it acceptable for AAFP credit. Term of approval is from 07/18/2025 to 07/20/2025. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

For more CME info, scan the QR code.



Schedule At-A-Glance

Subject to change.

THURSDAY, July 17 (Pre-Conference)

1:00 - 6:00 pm	Conference Registration & Information Desk Open
2:00 - 6:00 pm	KSA: Behavioral Health Care (Additional Cost)

FRIDAY, July 18

8:00 am - 6:00 pm	Conference Registration & Information Desk Open
8:00 - 9:00 am	New Physician Welcome Breakfast
9:15 - 10:15 am	A) Turning \$90 into \$1,000,000 – Strategies for Growing Practice Revenue B) Early Detection and Screening for CKD: Partnering with NKFM to Empower Primary Care Physicians
10:30 - 11:30 am	A) The Changing Landscape of ABFM Board Certification B) Addressing Health Disparities Among Formerly Incarcerated Populations
12:00 - 1:00 pm	Lunch Product Theater with Sanofi Regeneron
1:15 - 2:45 pm	A) Rethinking Cervical Cancer Screening with Primary HPV Testing and Patient Self-Swab B) Recognizing and Addressing Eating Disorders: A Guide for Outpatient Primary Care
3:00 - 4:15 pm	Practicing Full Scope Family Medicine in a Changing Healthcare Landscape KEYNOTE
4:15 - 6:15 pm	Family Medicine Expo and Welcome Reception
8:30 - 9:30 pm	Family Medicine Foundation of Michigan VIP Afterglow (Additional Cost)

SATURDAY, July 19

6:00 am - 5:30 pm	Conference Registration & Information Desk Open
6:30 - 7:30 am	Understanding Nutraceuticals: Evidence Based Recommendations
7:30 - 8:15 am	Expo Hall Open
8:15 - 9:15 am	Strengthening the Future of Family Medicine KEYNOTE
9:15 - 10:00 am	Coffee Break Experience with Exhibitors
10:00 - 11:00 am	A) Treating Menopause-Associated Insomnia: A Blend of Pharmacologic and Behavioral Approaches B) From Volume to Value: Redefining the Future of Healthcare Delivery



#MiFamMed25

Schedule At-A-Glance

Subject to change.

SATURDAY, July 19 (Continued)

11:05 am - 12:05 pm	A Practical Guide to Chronic Pain Management with Buprenorphine
12:15 - 2:30 pm	MAFP Annual Meeting and Lunch
2:40 - 3:40 pm	A) How Climate Change Shapes Health: Insights for Family Physicians B) Acute Pain Management in Patients with Opioid Use Disorder
3:50 - 5:00 pm	Advocacy: Using our Collective Voice to Affect Lasting Change
6:00 - 7:00 pm	Michigan Family Medicine PAC Mixer (Additional Cost)
8:30 - 9:30 pm	President's Reception

SUNDAY, July 20

6:30 - 11:35 am	Conference Registration and Information Desk
6:30 - 7:30 am	Beyond the Scale: Empowering Patients with Anti-Obesity Medications
8:30 - 9:30 am	Partners in Care: Collaborative Efforts in Alzheimer's Disease Treatment, sponsored by Medical Learning Institute
9:35 - 10:35 am	From Disparities to Solutions: Building Trust and Equity in Urban Healthcare
10:35 - 11:35 am	OMT for the MD: Tackling Low Back, Hip, and Pelvic Pain
11:35 am	Conference Concludes

FAMILY EVENTS

POOL TIME

FRIDAY, 10:00 AM - 6:00 PM

ESTHER WILLIAMS SWIMMING POOL



ICE CREAM SOCIAL

SATURDAY, 5:00 - 6:00 PM

EAST FRONT PORCH



To receive communications about family events and connect with other families at the conference, download the Group Me app and join the conference group.



AGENDA

Subject to change.

THURSDAY, July 17 (Pre-Conference)

1:00 – 6:00 pm

Conference Registration & Information Desk Open

2:00 – 6:00 pm



KSA: Behavioral Health Care

The new Behavioral Health Care ABFM-developed KSA activity combines content from both the current Depression and the Mental Health in the Community KSA activities. This new activity focuses on diagnosis and management of depressive disorders, bipolar disorder, anxiety disorders, substance abuse disorders, autism, ADHD, and comorbid behavioral health conditions. | *Kari Beth Watts, DO, FAAFP, Assistant Professor, Western Michigan Homer Stryker M.D. School of Medicine (Kalamazoo, MI)* | [The AAFP has reviewed the Behavioral Health KSA and deemed it acceptable for up to 8.00 Knowledge Self-Assessment, Live AAFP Prescribed credits. Term of Approval is from 7/17/2025 to 7/17/2025. Physicians should claim only the credit commensurate with the extent of their participation in the activity.](#)

FRIDAY, July 18

8:00 am – 6:00 pm

Conference Registration & Information Desk Open

8:00 – 9:00 am

New Physician Welcome Breakfast

AAFP defines New Physicians as physicians in their first 7 years of practice post residency.

9:15 – 10:15 am



A) Turning \$90 into \$1,000,000 – Strategies for Growing Practice Revenue

Have you ever wondered what it takes to build a thriving independent practice? Beyond a deep clinical knowledge base and caring bedside manner, physicians must develop a broad range of skills and competencies. This session offers a behind-the-scenes look at the successes, challenges, and key lessons that shaped the journey of growing my independent family medicine practice, founded in 2016. You'll gain valuable insights into the skills and strategies developed each year, and see real-world financial data, including revenue projections and year-end balance sheets. From mastering financial management to navigating market changes, this presentation will equip you with the tools and knowledge needed to forge your own path to success. | *Paul Thomas, MD, FAAFP, Family Physician and Owner, Plum Health DPC (Detroit, MI)*



B) Early Detection and Screening for CKD: Partnering with NKFM to Empower Primary Care Physicians

Elevate your approach to chronic kidney disease (CKD) care in this engaging session. Learn how to stay ahead in CKD care with insights into modern screening guidelines and the application of two critical diagnostic tests. During this session you will learn about practical management strategies and gain access to resources offered in partnership with the National Kidney Foundation of Michigan (NKFM). | *Snigdha Reddy, MD, Senior Staff Nephrologist, Henry Ford Hospital (Detroit, MI) and Terri Walters, Program Specialist II, National Kidney Foundation of Michigan (Ann Arbor, MI)*



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FRIDAY, July 18 (Continued)

10:30 – 11:30 am

CME

PM

A) The Changing Landscape of ABFM Board Certification

Stay informed on the latest updates to American Board of Family Medicine (ABFM) certification requirements and gain clear guidance on maintaining your board certification with ease. This session will cover the purpose and value of continuous board certification, recent improvements to the process, and practical insights on topics such as professionalism in family medicine, the MyABFM Portfolio, and new ABFM communication tools designed to support your efforts. Discover how board certification advances your clinical expertise and benefits your patients, with an emphasis on the vital roles of knowledge self-assessment and quality improvement. Don't miss this opportunity to stay ahead and strengthen your practice! | Gary LeRoy, MD, FAAFP, Senior Vice President of Diplomate Experience, American Board of Family Medicine (Dayton, OH)

CME+

CL

PM

B) Addressing Health Disparities Among Formerly Incarcerated Populations

Our nation's carceral system is disproportionately comprised of individuals with complex chronic medical and behavioral health conditions, including serious mental illness (Constantine et al., 2010), substance use disorders (Bronson et al., 2017), and racial and ethnic minorities (Carson, 2020), who already face systemic health disparities. After release, these individuals encounter heightened health risks, including a twelvefold increase in all-cause mortality within the first two weeks and a staggering relative risk of 129 for death from drug overdose (Binswanger et al., 2007). Despite their critical role in addressing these disparities, family physicians often lack adequate training to meet the unique needs of justice-involved individuals transitioning to community settings. This presentation, co-facilitated by a family and addiction physician and a formerly incarcerated leader of a re-entry organization in Washtenaw County, will examine the profound health challenges tied to incarceration. Attendees will gain practical insights into engaging and supporting justice-involved individuals, explore innovative care models in re-entry medicine, and learn the value of multidisciplinary teamwork and peer support services in transforming outcomes for this vulnerable population. | Eliza Hutchinson, MD, CEDS, Clinical Assistant Professor of Family Medicine and MAT Medical Director, Michigan Medicine and Packard Health (Ann Arbor, MI) and Adam Grant, Executive Director, A Brighter Way (Ypsilanti, MI) | [Contributes toward the State of Michigan's CME requirement for medical licensure for implicit bias.](#)

12:00 – 1:00 pm

CL

Lunch Product Theater with Sanofi Regeneron

1:15 – 2:45 pm

CME

PM

A) Rethinking Cervical Cancer Screening with Primary HPV Testing and Patient Self-Swab

Primary HPV testing for cervical cancer screening in average-risk women aged 25-65 has been FDA-approved for over a decade and remains the preferred method, offering the optimal balance of benefits and risks compared to other screening options. Recently, the FDA approved patient self-swabbing, utilizing the same proven technology behind primary HPV testing. This innovative approach is effective, cost-efficient, environmentally friendly, and highly preferred by patients over traditional speculum-based exams. During this session you will examine the latest advancements in primary HPV testing and self-swab methods, and discover how they are being successfully implemented at the University of Michigan Medical School/Michigan Medicine. | Alisa Young, MD, Clinical Assistant Professor of Family Medicine, Michigan Medicine (Ann Arbor, MI) and Diane Harper, MD, MS, MPH, FAAFP, Professor, Michigan Medicine (Ann Arbor, MI)

AGENDA

Subject to change.

FRIDAY, July 18 (Continued)

1:15 – 2:45 pm

CME+ CL

B) Recognizing and Addressing Eating Disorders: A Guide for Outpatient Primary Care

Eating disorders, including anorexia nervosa, are prevalent and serious, with anorexia having the second highest mortality rate of any mental health disorder. As primary care physicians, it is crucial to recognize the signs of eating disorders and understand how to support patients in their treatment journey. Although these conditions are widespread, training on this topic remains minimal in most medical schools and residency programs. This session will equip family physicians with essential knowledge and tools to address eating disorders effectively. | *Jillian Moshay, MD, CEDS, Primary Care Physician, Eating Recovery Center (Bellevue, WA)* | [Contributes toward the State of Michigan's CME requirement for medical licensure for implicit bias.](#)



Warren Jones, MD, FAAFP

3:00 – 4:15 pm | KEYNOTE SESSION CME

Practicing Full Scope Family Medicine in a Changing Healthcare Landscape

Don't miss this exciting keynote with Dr. Warren Jones who will delve into exploring how to navigate today's ever-changing healthcare environment. Take away recommendations that will help maintain the fullest scope of practice and shape the health care delivery system of the future. Dr. Jones, a former AAFP president, will highlight the crucial roles of public policy engagement, patient-centered care, and self-care for family physicians and their families. Don't miss this opportunity to be at the forefront of innovation and wellness in family medicine! | *Warren A. Jones, MD, DHL, FAAFP, Chief Health Officer, The Jones Group of Mississippi; Professor Emeritus, University of Mississippi Medical Center; 2001-2002 AAFP President (Ridgeland, MS)*

4:15 – 6:15 pm

Family Medicine Expo and Welcome Reception

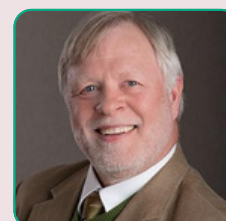
Hosted by FMFM & MAFP Presidents

Reunite with colleagues, meet new friends, and introduce yourself to supporters of family medicine. Light hors d'oeuvres will be served with an open bar. Plus enjoy music and Booth Bingo as you explore the exhibits.

Hosted by:



Rachel M. Klamro,
DO, MS, FAAFP
2024-2025 MAFP President



Glenn Dregansky,
DO, FAAFP
2024-2025 FMFM President

8:30 - 9:30 pm

Family Medicine Foundation of Michigan VIP Afterglow



This exclusive event is a thank you to supporters for donations they have made to Family Medicine Foundation of Michigan between July 17, 2024, and July 17, 2025, to help advance the specialty in Michigan. Desserts, drinks, and refreshments will be served. To donate, visit mafp.com/foundation.

Hosted by:



Beena Nagappala,
MD, MPH, FAAFP
FMFM Incoming President



Bashar Yalldo,
MD, FAAFP
MAFP President-Elect



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AGENDA

Subject to change.

SATURDAY, July 19

6:00 am – 5:30 pm

Conference Registration & Information Desk Open

6:30 – 7:30 am

CME

CL

Understanding Nutraceuticals: Evidence Based Recommendations

As more patients turn to natural remedies for common health issues, it is crucial family medicine physicians understand the evidence supporting popular supplements. This session examines the evidence behind common supplements often discussed by patients and provides family medicine physicians with the tools to evaluate and select high-quality options. By the end of the session, physicians will be better equipped to recommend supplements that align with their patients' health goals. By enhancing their understanding of nutraceuticals, physicians can confidently integrate supplements into care plans, foster respect for patient autonomy, and collaborate effectively to tailor supplementation based on the patient's needs and goals. | *Christopher Hopper, MD, MScPH, Family Physician, Western Wayne Physicians (Allen Park, MI)*

7:30 – 8:15 am

Expo Hall Open

8:15 – 9:15 am | **KEYNOTE SESSION**

CME

Strengthening the Future of Family Medicine

Family medicine is the north star of our health care system, and the AAFP is the compass that guides family physicians as we care for our communities. In this keynote address, learn how AAFP is helping today's family physicians and mentoring future family doctors through our shared commitment to providing excellent primary care to our patients and communities. Leave with an understanding and renewed enthusiasm for how AAFP's new strategic plan will help to focus efforts on elevating family medicine, enhancing well-being of family physicians, improving systems, and strengthening the future by attracting and retaining talent. | *Jen Brull, MD, FAAFP, President, American Academy of Family Physicians (Fort Collins, CO)*



Jen Brull, MD, FAAFP

9:15 – 10:00 am

Coffee Break Experience with Exhibitors

10:00 – 11:00 am

CME

CL

A) Treating Menopause-Associated Insomnia: A Blend of Pharmacologic and Behavioral Approaches

Insomnia is a significant and challenging symptom experienced by many peri- and post-menopausal individuals. During this 60-minute session expert sleep specialists with dual training in family and internal medicine will review the latest science – and the unanswered questions – around managing menopause-related insomnia. The presentation will cover practical approaches to clinical evaluation, behavioral therapies, and pharmacologic treatments. To enhance learning, the session will feature real-world clinical scenarios, interactive polls, and plenty of opportunities for audience Q & A. | *Suzanne Bertisch, MD, MPH, Clinical Director of Behavioral Sleep Medicine, Brigham and Women's Hospital; Assistant Professor of Medicine, Harvard Medical School (Boston, MA) and David Benavides, MD, Instructor of Medicine, Brigham and Women's Hospital, Harvard Medical School (Jamaica Plain, MA)*

B) From Volume to Value: Redefining the Future of Healthcare Delivery

CME

PM

During this session we will unpack the essentials of value-based care. Discover the core principles behind this transformative approach, explore current models in action, and learn how to navigate the benefits and challenges it presents. Whether you're beginning your journey or advancing your practice, this session will empower you with the actionable insights needed to succeed. | *Jen Brull, MD, FAAFP, President, American Academy of Family Physicians (Fort Collins, CO)*

SATURDAY, July 19 (Continued)

11:05 am – 12:05 pm

A Practical Guide to Chronic Pain Management with Buprenorphine

CME+ CL

Looking to expand your knowledge on buprenorphine's diverse applications? Join this session, which kicks off with a brief overview of its mechanism of action. We'll dive into its evidence-based applications in pain management through real-world case studies, review its potential as a first-line treatment, and evaluate the critical overlap between pain management and substance use disorder (SUD) care. | *Jane Charget, MD, Assistant Professor, Michigan Medicine (Ann Arbor, MI)* | [Contributes toward the State of Michigan's CME requirements for pain and symptom management and medical ethics.](#)

12:15 – 2:30 pm

MAFP Annual Meeting and Lunch

For a "how to" on writing and submitting resolutions to be voted on at the Annual Meeting, visit www.mafp.com/mafp-annual-meeting. All MAFP members in good standing are eligible to submit resolutions (due to MAFP by May 19) and vote during the meeting.



2:40 – 3:40 pm

A) How Climate Change Shapes Health: Insights for Family Physicians

CME CL

The broad spectrum of primary care encourages family medicine physicians to be informed about circumstances, environments, and exposures that can positively or negatively impact health outcomes and population health. During this presentation you will discover the critical connection between climate change, acute and chronic medical conditions, and overall health outcomes across the United States. Examine the role of primary care in addressing these challenges while learning about the importance of climate and environmental advocacy. | *Aisha Harris, MD, Family Physician and Owner, Harris Family Health (Flint, MI)*

B) Acute Pain Management in Patients with Opioid Use Disorder

CME+ CL

Discover evidence-based strategies for managing acute pain in patients with opioid use disorder (OUD) and gain practical tools for delivering compassionate and effective care. During this session you will learn practical insights into screening, diagnosis, and standard medication management of OUD before diving into a step-by-step, multimodal strategy for treating acute pain in this unique population. Designed to enhance physician knowledge and confidence, the presentation will also address safe and equitable prescribing practices. The session will close with a discussion on bias, stigma, and provide actionable ways to foster equity within interdisciplinary teams. | *Kari Beth Watts, DO, FAAFP, Assistant Professor, Western Michigan University Homer Stryker M.D. School of Medicine (Kalamazoo, MI)* | [Contributes toward the State of Michigan's CME requirements for pain and symptom management and implicit bias.](#)

3:50 – 5:00 pm

Advocacy: Using our Collective Voice to Affect Lasting Change

CME

Advocacy is paramount for MAFP. It provides an opportunity to communicate the value of family medicine, work toward decreased administrative complexity which distracts from patient care, and support initiatives that position family physicians as leaders of the healthcare team. By using our collective voice to affect lasting change that improves your professional life, quality of patient care, and vitality of our communities is why we advocate. Join us for a broad update on recent legislative and regulatory changes in Michigan, highlighting both professional lobbying efforts and grassroots initiatives. We'll cover the past year's developments, MAFP's involvement, key updates from the Michigan Board of Medicine and Michigan Board of Osteopathic Medicine and Surgery, and proposed bills affecting family medicine. | *Aisha Harris, MD, Family Physician and Owner, Harris Family Health, Chairperson of MAFP Advocacy Committee (Flint, MI)* and *Emily Henderson, Government Affairs Consultant, McCall Hamilton (Lansing, MI)*

6:00 – 7:00 pm

Michigan Family Medicine PAC Mixer. One ticket per \$150 contribution.



8:30 – 9:30 pm

President's Reception



AGENDA

Subject to change.

SUNDAY, July 20

6:30 – 11:35 am

Conference Registration & Information Desk Open

6:30 – 7:30 am

Beyond the Scale: Empowering Patients with Anti-Obesity Medications

CME+

CL

Delve into the latest pharmacological options available for managing obesity in family medicine. This session offers an in-depth look at FDA-approved anti-obesity medications, focusing on their mechanisms, clinical applications, and practical integration with lifestyle interventions. Through case discussions, real-world scenarios, and interactive Q & A, you'll learn to identify the right candidates for these medications and tackle common challenges like cost and adherence. Equip yourself with the knowledge and strategies to deliver sustainable, holistic obesity care that empowers your patients. | *Jonathan Gabison, MD, FAAFP, Assistant Professor, Michigan Medicine (Ann Arbor, MI) and Wala Tout, MD, Assistant Professor, Michigan Medicine (Ann Arbor, MI)* | [Contributes toward the State of Michigan's CME requirement for implicit bias.](#)

8:30 – 9:30 am

Partners in Care: Collaborative Efforts in Alzheimer's Disease Treatment, sponsored by Medical Learning Institute

CME

CL

Addressing cognitive decline and Alzheimer's disease is more than a clinical challenge – it's a chance to profoundly impact the lives of patients and their families. This session will examine the latest advancements in evidence-based practices, empowering clinicians to manage modifiable risk factors effectively and recognize the critical importance of early detection and timely treatment. Through thoughtful education and practical strategies, you'll gain the tools needed to bridge critical practice gaps and transform your approach to patient care. Learn how to navigate sensitive, empathetic conversations about brain health while enhancing your ability to intervene early and deliver meaningful, life-changing results. Don't miss this opportunity to be part of the solution and elevate your impact. | *Presented by Medical Learning Institute, faculty to be determined*

STUDENT & RESIDENT EVENT SCHOLARSHIPS

Scholarship Application Due June 8, 2025

SPONSOR A STUDENT / RESIDENT OR APPLY FOR A SCHOLARSHIP!

Family Medicine Foundation of Michigan's Student & Resident Event Scholarship Fund—funded 100% by donations—makes it possible for student and resident members of MAFP to attend the Michigan Family Medicine Conference & Expo to learn, network, and explore family medicine. A scholarship covers the early-bird registration fee and the included sessions and events.

Each donor is matched with a student/resident, whom they will have the opportunity to meet during the conference. Unused donations are reserved for scholarships for other Family Medicine Foundation of Michigan events, such as the Michigan Future of Family Medicine Student Conference held in the fall. Indicate your donation when you register for the conference or go to mafp.com/foundation. Every \$275 donation earns one entry ticket to the exclusive Family Medicine Foundation of Michigan VIP Afterglow on Friday evening, July 18. To apply for a scholarship scan the QR code (right) or visit <https://mafp.memberclicks.net/2025AC-stu-res-scholarship-app>. The scholarships are awarded on a first-come first-served basis, and the number of scholarships available is dependent on the donations received.



AGENDA

Subject to change.

SUNDAY, July 20 (Continued)

9:35 – 10:35 am

CME+ PM

From Disparities to Solutions: Building Trust and Equity in Urban Healthcare

Dive into a thought-provoking presentation that blends evidence-based insights with personal experiences to tackle the intricate connections between health disparities, medical mistrust, and social determinants of health (SDOH) in urban medical practice. This session will uncover the historical and social factors fueling mistrust in healthcare among underserved communities, offering practical tools and strategies to assess and address these challenges. Learn how to break down social and structural barriers to care by adopting culturally sensitive, patient-centered approaches that promote health equity and strengthen patient-provider relationships. Whether you work in private practice, hospital systems, or academic settings, you'll leave equipped with actionable strategies to drive meaningful change. | *Ralph Williams II, MD, FAAFP, Assistant Professor, Wayne State University School of Medicine (Detroit, MI) and Ashley Erwin, MD, Attending Physician, Henry Ford Health System (Detroit, MI)* | [Contributes toward the State of Michigan's CME requirement for implicit bias.](#)

10:35 – 11:35 am

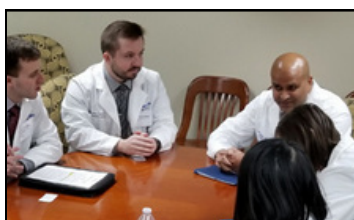
CME+ CL

OMT for the MD: Tackling Low Back, Hip, and Pelvic Pain

Low back pain (LBP) is one of the most common challenges faced in primary care, often requiring a well-rounded, multi-disciplinary approach. This session highlights how Osteopathic Manipulative Treatment (OMT) can be a transformative tool for MD's and DO's in managing LBP effectively. By examining the biomechanical factors contributing to pain, participants will gain a deeper understanding of the anatomy of the lumbar spine, hip, sacrum, and pelvis, laying the groundwork for more accurate diagnoses and targeted treatments. Attendees will explore strategies to build a comprehensive differential diagnosis for low back, hip, sacral, and pelvic pain, while developing practical examination techniques to identify the root causes. The session will also demonstrate how to translate biomechanical findings into actionable treatment plans and seamlessly integrate OMT into patient care. By the end of this hands-on experience, providers will feel empowered to elevate their approach to LBP, improving outcomes and enhancing their clinical practice. | *Brooke Lemmen, DO, Physician, University of Michigan Health – Sparrow (Lansing, MI) and Katrina Weirauch, DO, Physician, University of Michigan Health – Sparrow (Lansing, MI)* | [Contributes toward the State of Michigan's CME requirement for pain and symptom management.](#)

11:35 am

Conference Concludes



FAMILY MEDICINE PAC

Look for opportunities throughout the conference to support your PAC—100% of our fundraising proceeds benefit this voluntary political action committee. It is only through MAFP member contributions that FMPAC can strengthen the voice of family medicine in the State Legislature and amplify your Academy's work to ensure state policies and laws protect patients, the practice of family medicine, and the specialty.



DONATE TODAY



#MiFamMed25

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Mackinac Island Activities

For centuries, visitors have found Mackinac Island to be an amazing, ideal vacation spot. Known for the world-famous Mackinac Island fudge, historic Fort Mackinac, unique shopping, and diverse dining, Mackinac Island is a summer get-away for everyone. Check out the unforgettable sunsets, awe-inspiring sunrises, and extraordinary nightlife while you are visiting the island.

ARCH ROCK

The most famous of the rock formations on the island, this arch towers above the water and is more than 50-feet wide. It attracts the vast majority of tourists to the island and can be reached by foot, taxi, carriage, or bike.

FORT MACKINAC

Founded during the American Revolution, the British captured the fort in the very first engagement on American soil in the War of 1812. Inside, 14 original buildings, cannon salutes, bugle music, daily reenactments, and interactive displays speak of America's infancy.

THE GRAND HOTEL STABLES

With fewer than 200 Hackney horses living in America today, The Grand Hotel Stables provides a rare opportunity to see these elegant, high-stepping horses up close.

ORIGINAL BUTTERFLY HOUSE & INSECT WORLD

The original Mackinac Island Butterfly House is the first of its kind in Michigan and the third oldest live butterfly exhibit in the United States.

SOMEWHERE IN TIME GAZEBO

Mackinac Island's famous movie, *Somewhere In Time*, starring Jane Seymour and Christopher Reeves, featured a gazebo that was formerly on the grounds of The Grand Hotel.



General Conference Information

REGISTRATION RATES

Conference registration is required before you can book a room with The Grand Hotel. The full conference registration rate (page 14) includes:

- Access to all CME sessions
- This CME program along with the complimentary on-demand package, includes all state-mandated licensing requirements of the State of Michigan.
- Admission to the Expo Hall
- Drinks and appetizers at the Family Medicine Expo and Welcome Reception on Friday, July 18
- Expo Hall Coffee Break Experience with Exhibitors on Saturday, July 19
- Lunch during the MAFP Annual Meeting on Saturday, July 19
- Refreshments at the President's Reception on Saturday, July 19

GUEST REGISTRATION

All guests of attendees must register to participate in any ticketed events (pricing included in agenda descriptions). Payment due during online registration.

PAYMENT

Payment is required to process your registration. Payment by MasterCard, Visa, American Express, or Discover is accepted.

REGISTRATION CONFIRMATION

Once your registration has been processed, you will receive a registration confirmation email and a payment confirmation email from info@mafp.com. If you do not receive these emails within 24 hours after registering, contact Sarah Pinder at spinder@mafp.com. To help ensure you receive email from MAFP, add info@mafp.com to your safe sender's list.

CONFERENCE CANCELLATION/REFUND

Cancellation and refund requests must be submitted in writing to info@mafp.com. An administrative fee of \$50 will be deducted from all cancellations and refunds. The final date for refunds is **June 12**.

CONFERENCE MATERIALS

Hard copy materials will not be printed. All conference information will be included on the new conference app, accessible for downloading in Google Play or Apple App Store. More information on downloading the conference app will be sent to you prior to the conference. You are encouraged to bring a laptop, tablet, or other mobile device to the conference and to download the conference app prior to attending the conference.

DIETARY & ACCESSIBILITY NEEDS

If you have special dietary requirements, food allergies, and/or accessibility needs, please indicate them when you register.

CONFERENCE ATTIRE

Conference attire is business casual.

Inside The Grand Hotel, prior to 6:30 pm, no midriff-baring tops, sweatpants, sleeveless shirts, or cut-off shorts. After 6:30 pm, dresses, skirts, blouses, dress sweaters, and dress slacks for ladies are preferred; gentlemen are required to wear a suit coat, necktie, and dress pants; no denim or shorts. This applies for all areas inside the hotel with exception of the Cupola Bar.

Children 12 years and older are expected to be in dress similar to adults.

CONSENT

Registration and attendance at MAFP / Family Medicine Foundation of Michigan events constitutes consent for MAFP to use and distribute (both now and in the future) the attendee's image or voice in photographs, videotapes, electronic reproductions, and audio tapes of such events and activities.

NEW IN 2025

Conference registration is required before you can book a room with The Grand Hotel. The online reservation link for The Grand Hotel will be shared in the conference registration confirmation email. Conference registration does not guarantee a room reservation with The Grand Hotel.

DATES TO REMEMBER

February 28 Conference registration early-bird rates close

May 19 Annual Meeting resolutions due to MAFP

June 12 @ 5pm Last day to reserve a discounted room at The Grand Hotel

July 17 KSA: Behavioral Health

July 19 Annual Meeting (free to members)

QUESTIONS? Contact Sarah Pinder, MAFP Director of Member Engagement, at spinder@mafp.com



#MiFamMed25

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Registration

Register Today!

This conference is open to physicians, residents currently enrolled in family medicine residency, and students currently enrolled in medical school. Other non-physician health care professionals are not eligible to attend.

Can't attend the full conference? Customize to your schedule — one and multi-day rates are available.

Full Conference Rate: July 18 - July 20		Early by 2/28	Regular 3/1 - 7/17
MAFP MEMBER	FAMILY PHYSICIAN MEMBER		
	Full Conference Rate	\$575	\$625
	Daily Rate	\$250/day	\$275/day
	LIFE MEMBER		
	Full Conference Rate	\$500	\$550
	Daily Rate	\$200/day	\$225/day
NON-MEMBER	RESIDENT/STUDENT/TRANSITIONAL MEMBER		
	Full Conference Rate	\$300	\$350
	Daily Rate	\$195/day	\$220/day
	FAMILY PHYSICIAN OR OTHER PHYSICIAN NON-MEMBER		
	Full Conference Rate	\$700	\$750
	Daily Rate	\$325/day	\$350/day
	RESIDENT/STUDENT/TRANSITIONAL NON-MEMBER		
	Full Conference Rate	\$325	\$375
	Daily Rate	\$225/day	\$250/day

(AAFP / MAFP membership is FREE for all students—apply for membership at mafp.com/medical-students)

REGISTER ONLINE:

Visit mafp.com/calendar
or scan the QR code



THE GRAND HOTEL 286 Grand Avenue, Mackinac Island, MI 49757

DISCOUNTED ROOM RATES

The Grand Hotel lodging availability is limited to conference attendees only and offered on a first-come, first-served basis. The following discounted rates are for reservations made by June 12 at 5:00 pm or when our conference room block is full.

Grand King or Queen, Grand Double, or Grand Superior Double:
\$282/night + taxes and fees

Lake View or Lake View Double: \$450/night + taxes and fees

RESERVE YOUR ROOM

Conference registration is required before you can book a room with The Grand Hotel. The online reservation link for The Grand Hotel will be shared in the conference registration confirmation email. Conference registration does not guarantee a room reservation with The Grand Hotel.

To register for the conference and reserve your room at the discounted group rate, visit www.mafp.com/calendar.

Check-in: Begins at 4 pm
Check-out: By 11 am



Reserve Your Room By June 12

