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Disease Management Clinical Decisions

Alternatives to Methotrexate Therapy for Rheumatoid Arthritis

Release Date: January 1, 2019**Expiration Date:** January 1, 2022**Estimated Time of Completion:** 1 hour

Description

Each lesson in the Disease Management Clinical Decisions series provides a brief, case-based review of management strategies related to the topic. Questions and multiple-choice answers about the case presented include the rationale for the correct answer. Throughout this case-based lesson, you may proceed to the next question once you answer the question correctly.

Learning Objectives

After completing this case the reader should be able to:

- Critically assess efficacy and side effects of methotrexate use in patients with rheumatoid arthritis.
- Describe potential alternatives to methotrexate for patients with active RA.
- Identify the pros and cons regarding treat-to-target strategies in rheumatology.
- Describe the efficacy and side effects of JAK-inhibitor therapy for RA, and devise strategies to prevent them.
- Recognize the effect of RA on patients' sleep and fatigue, and describe strategies to address these in clinical practice.

Target Audience

Directed to primary care physicians including family practitioners and internists.

Accreditation

The Cleveland Clinic Foundation Center for Continuing Education is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

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[Begin Activity](#)

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