

38th Annual
Primary Care Summer Conference

Medical Specialties from the Primary Care Perspective

August 13–15, 2021

LIVE STREAMING VIRTUAL EVENT



Visit www.scripps.org/pcsummercme for conference updates!

Course Introduction

Course Overview

Scripps Health's Primary Care Summer Conference was designed by primary care physicians for primary care physicians and their care team and will present content from their unique perspective. The 2021 course will feature important updates in infectious disease, stroke, and sleep disorders. Current treatments for heart failure patients, dermatology updates, and tools for reducing bias and creating an LGBTQ inclusive practice will also be covered. In addition to an overview of the history and current science of a variety of specialty areas, content will be presented in a very practical, patient-focused manner relevant to the specific primary care setting and challenges.

Course Director

Michael L. Van Buskirk, MD, ABFM
Chairman, Department of Family Medicine
Scripps Clinic
Site Medical Director, Scripps Clinic
Encinitas and Del Mar
Senior Consultant, Scripps Clinic Medical Group
Voluntary Clinical Professor
Family and Preventive Medicine
University of California, San Diego
Encinitas, California

Conference Planning Committee

Bonnie Marblestone, PhD, RN, FNP-BC
Family Nurse Practitioner
Division of Internal Medicine
Scripps Clinic
Rancho Bernardo, California

Evan Richardson, PharmD
Clinical Pharmacist-In-Charge
Scripps Health Encinitas Ambulatory
Pharmacy
Encinitas, California

Conference Faculty

Toluwalase Ajayi, MD
Director, Diversity Initiatives and Clinical
Researcher, Digital Medicine
Scripps Research Translational Institute
Co-Site Director, Palliative Medicine
Scripps Mercy Hospital
San Diego, California

Faculty Disclosure

In accordance with the ACCME Standards for Integrity and Independence in Accredited Continuing Education, course directors, planners, moderators, faculty, and all others in control of the educational content of the continuing education activity must disclose all financial relationships with ineligible companies that they may have had within the past 24 months. If an individual refuses to disclose financial relationships, they will be disqualified from being a part of the planning and implementation of the activity. Owners and/or employees of an ineligible company with business lines or products relating to the content of the activity will not be permitted to participate in the planning or execution of any accredited program. All identified relevant financial relationships with ineligible companies for individuals in control of content have been mitigated. A complete listing of disclosures associated with this program can be found on the conference website: www.scripps.org/pcsummercmce.

Educational Objectives

After attending this live internet activity, participants should be able to:

- Integrate current trends in preventive health care into patient care strategies.
- Employ new collaborative care team strategies that enhance the prevention, diagnosis and management of various medical conditions encountered in the office practice.
- Effectively discuss with patients their personal responsibilities in prevention and treatment.
- Diagnose frequently encountered medical conditions using office examinations and formal diagnostic techniques.
- Manage the specialist referral process: assess when to refer, recognize what the specialized treatment will consist of, and determine the role of the primary care physician in cohesive care and follow-up.
- Access and/or recommend resources for both physicians and patients to acquire additional information pertinent to a range of therapeutic areas.

Target Audience

- Family Medicine
- Internal Medicine
- General Practitioners
- Advanced Practice Providers
- Nurses



Faculty

Emery H. Chang, MD
Attending Physician
Internal Medicine & Pediatrics
CARE (Clinical AIDS Research and Education) Center & General Internal Medicine
University of California, Los Angeles
Los Angeles, California

Nancy F. Crum-Cianflone, MD, MPH, FACP, FIDSA
Infectious Disease Specialist
Scripps Mercy Hospital
San Diego, California

Joel C. Diamant, MD, FACP
Executive Vice President
Scripps Clinic Medical Group
La Jolla, California

J. Thomas Heywood, MD, FACC
Director, Advanced Heart Failure and Mechanical Circulatory Support Program
Scripps Clinic
La Jolla, California

Lee A. Kaplan, MD
Consultant in Dermatology
Former Director of Clinical Dermatology
University of California, San Diego
Former President
San Diego Dermatological Society
San Diego, California

Andrew J. King, MD
Clinical Professor of Medicine
UCSD School of Medicine
Head, Division of Nephrology
Scripps Clinic/Scripps Green Hospital
La Jolla, California

Matthew J. Levine, MD, FACE
Voluntary Assistant Clinical Professor of Medicine, UCSD School of Medicine
Immediate Past President, CA Chapter of American Association of Clinical Endocrinologists
Endocrinology Fellowship Director
Scripps Clinic/Scripps Green Hospital
La Jolla, California

Derek H. Loewy, PhD, DABSM, CBSM
Behavioral Sleep Medicine Specialist
Viterbi Family Sleep Center
Scripps Clinic
La Jolla, California

Jack D. Schim, MD
Voluntary Assistant Clinical Professor of Neuroscience
University of California, San Diego
Chief, Neurology Section
Scripps Memorial Hospital
Encinitas, California

KeAndrea Titer, MD
Assistant Professor, Division of General Internal Medicine
Assistant Director of Diversity and Inclusion, Tinsley Harrison Internal Medicine Residency Program
University of Alabama at Birmingham
Birmingham, Alabama

Karla E. Williams, MD
Assistant Professor, Division of General Internal Medicine
Director of Diversity and Inclusion, Tinsley Harrison Internal Medicine Residency Program
University of Alabama at Birmingham
Birmingham, Alabama

Accreditation & Disclosure

Physicians

Scripps Health is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

Scripps Health designates this live activity for a maximum of 12 *AMA PRA Category 1 Credit(s)*[™]. Physicians should only claim credit commensurate with the extent of their participation in the activity.

ABIM MOC Points



Successful completion of this CME activity, which includes participation in the evaluation component, enables the participant to earn up to 12 Medical Knowledge MOC points

in the American Board of Internal Medicine's (ABIM) Maintenance of Certification (MOC) program. It is the CME activity provider's responsibility to submit participant completion information to ACCME for the purpose of granting ABIM MOC credit.

Nurses and Nurse Practitioners

For the purpose of recertification, the American Nurses Credentialing Center accepts *AMA PRA Category 1 Credit(s)*[™] issued by organizations accredited by the ACCME.

For the purpose of re-licensure, the California Board of Registered Nursing accepts *AMA PRA Category 1 Credit(s)*[™] for attendance at structured learning activities offered by organizations accredited by the ACCME.

The American Academy of Nurse Practitioners Certified Program (AANPCP) and the American Association of Nurse Practitioners (AANP) accept *AMA PRA Category 1 Credit*[™] from organizations accredited by the ACCME.

Physicians Assistants

PAs may claim a maximum of 12 Category 1 credits for completing this activity. NCCPA accepts *AMA PRA Category 1 Credit*[™] from organizations accredited by the ACCME.

American Academy of Family Physicians

The AAFP has reviewed 38th Annual Primary Care Summer Conference and deemed it acceptable for up to 12.00 In-Person, Live (could include online) AAFP Prescribed credit. Term of Approval is from 08/13/2021 to 08/15/2021. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

American Osteopathic Association

CME activities approved for AAFP credit are recognized by the AOA as equivalent to AOA Category 2 credit.

College of Family Physicians of Canada

Members of the College of Family Physicians of Canada are eligible to receive 12 Certified or Non-Certified Mainpro+ credits for participation in this activity due to reciprocal agreement with the American Academy of Family Physicians.

Commercial Support

This course is supported, in part, by educational grants from industry. In accordance with the ACCME Standards for Integrity and Independence in Accredited Continuing Education, a complete list of support received will be provided to all learners who participate in the continuing education activity. For more information: www.accme.org/standards.



Course Agenda

Friday, August 13, 2021

- 7:30 a.m. Live Event Opens & View Exhibits
- 7:55 a.m. **Welcome & Educational Overview**
- 8 a.m. **Primary Care News:
The Year's Literature in 60 Minutes**
Joel C. Diamant, MD
- 9 a.m. **Cost Effective Diabetes Care**
Matthew J. Levine, MD
- 10 a.m. Break & View Exhibits
- 10:30 a.m. **Infectious Disease Update 2020**
Nancy F. Crum-Cianflone, MD, MPH
- 11:30 a.m. **What's New in Outpatient Heart Failure Management?**
J. Thomas Heywood, MD
- 12:30 p.m. Adjourn

Saturday, August 14, 2021

- 7:30 a.m. Live Event Opens & View Exhibits
- 8 a.m. **Providing Inclusive Care for LGBTQ Patients**
Emery H. Chang, MD
- 9 a.m. **Making Sense of Chronic Renal Disease**
Andrew J. King, MD
- 10 a.m. Break & View Exhibits
- 10:30 a.m. **Drugs That Can Get You into Trouble**
Evan Richardson, PharmD
- 11:30 a.m. **All Headache Pain Is Not the Same: Diagnostic and Treatment Pearls**
Jack D. Schim, MD
- 12:30 p.m. Adjourn

Sunday, August 15, 2021

- 7:30 a.m. Live Event Opens & View Exhibits
- 8 a.m. **Supporting Our Healthcare Team by Addressing Inappropriate Behaviors in Patients**
KeAndrea Titer, MD and Karla E. Williams, MD
- 9 a.m. **The Role of the Primary Care Provider in Advanced Care Planning**
Toluwalase Ajayi, MD
- 10 a.m. Break & View Exhibits
- 10:30 a.m. **Tips for Weaning Patients Off Sleeping Pills**
Derek H. Loewy, PhD
- 11:30 a.m. **Clinical Dermatology for the Primary Care Provider**
Lee A. Kaplan, MD
- 12:30 p.m. Final Adjournment

Topics, speakers, and order of talks is subject to change



Conference Course Materials

All course materials will be available in the Scripps Health CME conference app. Presentations will be added to the app as they are received. Presentations may be downloaded and saved for your personal use. Recordings of all presentations will also be available in the app approximately one month after the conference. No printed syllabus will be available.

Registration Information

Included: Course tuition, live stream, course materials, mobile conference app, and course recordings

	Thru Jun 14	Jun 15–Aug 11	After Aug 11
Physicians (MD, DO, MBBS)	\$300	\$325	\$350
RN, NP, PA, Other	\$150	\$175	\$200
Scripps Employee	\$100	\$125	\$150
Students, Residents, Fellows	\$75	\$100	\$125

Attendance Policies

Attendee Cancellation, Substitution, Refund

The course tuition is refundable, minus a \$50 processing fee (MD, DO, RN, PA, NP) or a \$25 processing fee (Fellow, Resident, Student), if your cancellation is received in writing no later than **Friday, August 6, 2021**. Attendee substitutions will not be permitted. After August 6, 2021, under no circumstances will refunds, credits, or substitutions be granted. Failure to log-in to the live virtual broadcast will result in complete forfeiture of conference registration fees. Virtual conference participation is limited to the paid registrant only. Log-in information is unique and cannot be shared.

Scripps Conference Modification or Cancellation

Scripps reserves the right to modify the course's schedule or program as necessary. Scripps also reserves the right to cancel this conference, in which case a full refund of the registration fee will be provided.