



P N C E

**PRACTICE
NURSE**
CLINICAL
EDUCATION

CONFERENCE BROCHURE

13–15 NOVEMBER 2015 | Melbourne Convention & Exhibition Centre

melbourne.

PNCE

sydney. perth. brisbane. **melbourne.**
PRACTICE NURSE CLINICAL EDUCATION

REED MEDICAL
education

WELCOME



Dear Delegates,

On behalf of Reed Medical Education, it gives me great pleasure inviting you to join us at the Melbourne Practice Nurse Clinical Education (PNCE) from Friday 13 to Sunday 15 November 2015.

The PNCE is widely recognised as Australia's leading healthcare event for nurses working in general practice. No other event provides access to world-class medical education, exclusive networking opportunities and innovative products and services specifically for general practice across one weekend.

The Melbourne conference program provides Nurses with an extensive choice of high quality, engaging educational sessions delivered in a highly practical group learning environment. Each session is led by local expert speakers who are thought-leaders in their chosen discipline. Additionally, the exhibition floor delivers cutting edge products, services and technologies for your practice and allows you to meet with over 100 leading healthcare providers and 'try before you buy'.

The PNCE also provides an exclusive forum to interact with peers, share ideas and experiences. I would encourage you attend our social drinks taking place on Saturday 14 November and take the opportunity to meet with local colleagues, educators, exhibitors and specialists.

The Melbourne PNCE will run alongside the General Practitioner Conference & Exhibition (GPCE) thus expanding our exhibition floor to welcome all primary health practitioners.

Demand for places at the Melbourne PNCE is high, so I urge you to register at your earliest possible convenience in order to attend the sessions of your choice. I look forward to welcoming you to the Melbourne PNCE in November.

BRANDON WARD
DIRECTOR, REED MEDICAL EDUCATION

DON'T MISS THE QUEENSLAND EDITION OF THE PNCE THIS NOVEMBER!

The Melbourne Practice Nurse Clinical Education delivers the latest clinical and business updates as well as never before seen products and services specifically for Australian primary care nurses!

The PNCE is Australia's leading provider of medical education for Nurses working in general practice.



THE CONFERENCE

The PNCE conference program is designed to deliver clinically relevant, diverse and practical education along with training on key topics and issues faced by primary care nurses today. The program has been submitted for accreditation by the Australian College of Nursing (ACN) and attracts up to 18 CPD hours across three days of learning. The Melbourne PNCE runs alongside the General Practitioner Conference & Exhibition on Friday 13 to Sunday 15 November 2015.



THE EXHIBITION

Discover cutting-edge products, services and technologies for your practice via Australia's largest primary care exhibition. Meet with over 100 leading healthcare providers, browse new products and services and 'try before you buy'.



WHO SHOULD ATTEND?

The Melbourne PNCE is open to all Nurses working in or with an interest in primary care. Co-located with the General Practitioner Conference & Exhibition (GPCE), the event provides learning opportunities for the entire general practice team.



DELEGATE LOUNGE

The Delegate Lounge is the online hub for all your accreditation needs. Delegates who are claiming for CPD points from their attendance at the PNCE can now submit all paperwork via the Delegate Lounge as well as gain access to:

- Speaker Notes
- Accreditation Paperwork
- Tracking of CPD points
- Certificate of Attendance

All delegates who have registered for the PNCE conference program have automatic access to the Delegate Lounge. You can log-in at any time by visiting www.pnce.com.au/delegate_lounge. You can also visit the Delegate Lounge onsite at the Melbourne PNCE to access and complete all required paperwork.

ACCREDITATION

The PNCE conference program offers a fully-accredited Scientific Program for the education of Primary Care Nurses.

In 2010, the Nursing and Midwifery Board of Australia (National Board) introduced registration requirements for nurses and midwives to accrue 20 hours of CPD each year. The Melbourne PNCE seminar and workshop program has been submitted for accreditation by the Australian College of Nursing. One CPD point will be allocated for every hour attended and delegates participating in the PNCE conference program have the opportunity to earn up 18 CPD hours across the whole weekend.

HOW DO I OBTAIN MY POINTS?

Following your attendance at the Melbourne PNCE, you will need to complete a session evaluation for each session attended. All evaluations are available via the online Delegate Lounge. Once completed, your certificate of attendance will be available to download from the Delegate Lounge.



THE LAUNCH PAD

Want to discover the latest products and services for your practice? Featuring on the exhibition floor, the Launch Pad will provide a series of live demonstrations and interactive sessions, highlighting the latest innovations to help you improve the choice and service delivered to your patients.

Access to the Launch Pad is FREE for all conference delegates and Exhibition Visitors.



CPR TRAINING

Take part in Cardiopulmonary Resuscitation (CPR) training at the Melbourne PNCE. These hands-on sessions are based on the Australian Resuscitation Council guidelines and are delivered by highly trained paramedics. Sessions are open to both conference delegates and exhibition visitors.

Cost: Included for Conference Delegates / \$75 for Exhibition Only Visitors

2 CPD POINTS



SOCIAL DRINKS RECEPTION

Join us after the show on Saturday 14 November for canapés, drinks and live entertainment! Don't miss this perfect opportunity to catch-up and network with colleagues, educators, exhibitors and sponsors in an informal setting.

When: Saturday 14 November

Time: 5:00pm – 6:30pm

Where: The Launch Pad, Exhibition Floor

Entry: FREE for all visitors to the PNCE

IMPORTANT DATES:

- **FIRST EARLY BIRD – SAVE 20%** Ends Wednesday 16 Sept.
Promotion Code: **EBM15**
- **SECOND EARLY BIRD – SAVE 10%** Ends Wednesday 14 Oct.
Promotion Code: **EB2MEL**

*Promotional Codes apply to the Standard Practice Nurse Registration Rates – see page 11 for further details. The promotion code must be used at the time of registration and cannot be used with any other offer.



8.30am – 9.45am

01

- 3As Brief Smoking Cessation Intervention – Supporting Patients To Be Smokefree
- Accrediting Your General Practice – AGPAL's Hot Tips To Ensure You're Prepared
- Holistic Approach to Female Bladder Health and Continence
- Improving Management of Common Skin Problems
- Obesity, Non-Alcoholic Fatty Liver Disease and Probiotic Therapy
- Opioids and Pain Management
- Perform CPR **8.30am – 10.00am**
- Preventing Fractures – Where to Start with Osteoporosis Management
- Taping – The Shoulder
- Update on the Management of Unipolar Depression

MORNING TEA 9.45AM – 10.20AM

10.20am – 11.35am

02

- Diagnosis and Management of Major Depression in General Practice
- How to Assess the Painful Shoulder
- Maximising Your Earnings While In Private Practice – Part 1
- Rational Blood Glucose Self-Monitoring for People with Type 2 Diabetes
- Tackle Target Today BP Program
- Taping – The Knee
- The Journey of the Patient with Psoriasis
- Think Outside the Pill Box – Rethink Management of Localised Neuropathic Pain Associated with PHN
- Troubleshooting Difficult Asthma – Help Is At Hand

11.50am – 1.05pm

03

- Autism Spectrum Disorder – An Evidence Based Approach
- Chronic Pain – The Bane of General Practice
- COPD Management – Rewriting the Script from Mild to Severe COPD
- Diarrhoeal Illness – Causes and Evidence Based Treatments
- Early Detection and Treatment of Melanoma
- Improving Your Interaction With and Meeting the Health Needs of the Trans & Gender Diverse Community
- Maximising Your Earnings While In Private Practice – Part 2
- Perform CPR **11.50am – 1.20pm**
- PRISM – Positive Response In Depression Management **11.50am – 1.20pm**
- Radiological Diagnosis and Management Options of Common Spinal Disorders

LUNCH SERVED CONTINUOUSLY BETWEEN 1.00PM – 2.00PM

2.00pm – 3.15pm

04

- A Sustainable Model of Chronic Disease Care Planning
- Assisting Patients Living with Anxiety
- Could It Be The Pituitary – The Master Gland?
- Depression and the Gut Microbiome – Influence of Probiotics and Nutraceuticals
- Detection and Management of SCC and BCC
- Hip Pain in the Under 50s – What Are The Options When Non-Operative Measures Fail?
- Reducing Anaphylaxis Risk
- PCOS – Health Effects
- Preventing Drug and Alcohol Problems in General Practice

AFTERNOON TEA 3.15PM – 3.40PM

3.40pm – 4.55pm

05

- A Practitioner's Toolkit for Managing Menopause
- Chronic Complex Pain Management – Decision Making Workshop, including Clinical, Regulatory and Medico-Legal Aspects
- COPD Guidelines – A Practical View
- eHealth – Guide for General Practice
- Mental Health and Diabetes – Improving Outcomes
- Pain In The Hip – A GP's Guide
- Preventing Skin Cancer
- The Role of Primary Care Practitioners In Anaphylaxis Management

8.30am – 9.45am

01

- Assisting Patients Living with Anxiety
- Chronic Complex Pain Management – Decision Making Workshop, including Clinical, Regulatory and Medico-Legal Aspects
- Dementia Assessment – Better Use of Tests and Scans **8.30am – 10.00am**
- eHealth – Guide for General Practice
- Emergency Management of Burns in the Primary Care Setting* **8.30am – 10.00am**
- Improving Management of Common Skin Problems
- Men's Health – Benign Prostatic Hyperplasia
- Pain In The Hip – A GP's Guide
- Perform CPR **8.30am – 10.00am**
- Popular Weight Loss Diets – Facts and Fiction **8.15am – 9.45am**
- The Latest Options in Preventative Treatment for Asthma
- Troubleshooting Difficult Asthma – Help Is At Hand
- Management of the Emergency Patient in A General Practice & Remote Setting (Group A) – Part 1^

MORNING TEA 9.45AM – 10.20AM

10.20am – 11.35am

02

- A Practitioner's Toolkit for Managing Menopause
- Addressing Challenges Faced By GPs Caring For Post-ACS Patients
- Applied Anatomy – Head and Neck
- COPD Guidelines – A Practical View
- Diagnosis and Management of Major Depression in General Practice
- How to Assess the Painful Shoulder
- Improving Your Interaction With and Meeting the Health Needs of the Trans & Gender Diverse Community
- Maximising Your Earnings While In Private Practice – Part 1
- Rational Blood Glucose Self-Monitoring for People with Type 2 Diabetes
- Tackle Target Today BP Program
- Think Outside the Pill Box – Rethink Management of Localised Neuropathic Pain Associated with PHN
- Management of the Emergency Patient in A General Practice & Remote Setting (Group A) – Part 2^

11.50am – 1.05pm

03

- Autism Spectrum Disorder – An Evidence Based Approach
- Chronic Pain – The Bane of General Practice
- Dementia – Physical Activity, Positive Lifestyle and Risk Factors – What Medicines We Should Use? **11.50am – 1.20pm**
- Detection and Management of SCC and BCC
- Diet, Obesity and Asthma – Exploring the Connections, Improving the Outcomes
- Is Hearing Health Something I Should Care About?
- Maximising Your Earnings While In Private Practice – Part 2
- Perform CPR **11.50am – 1.20pm**
- PRISM – Positive Response In Depression Management **11.50am – 1.20pm**
- Radiological Diagnosis and Management Options of Common Spinal Disorders
- CKD & Diabetes – Make the Connection, Change the Management
- PCOS – Health Effects
- Tubular Compression Therapy in the Primary Care Setting* **11.50am – 1.20pm**
- Management of the Emergency Patient in A General Practice & Remote Setting (Group A) – Part 3^

LUNCH SERVED CONTINUOUSLY BETWEEN 1.00PM – 2.00PM

2.00pm – 3.15pm

04

- A Sustainable Model of Chronic Disease Care Planning
- Complications and Behavioural Changes in Dementia – How to Better Manage the Distressed Dementia Patient **2.00pm – 3.30pm**
- Early Detection and Treatment of Melanoma
- Latest Updates in Bone Health and Preventing Fractures – Who To Investigate, How To Treat, What's On The Horizon, Review of Calcium and Vitamin D
- Holistic Approach to Female Bladder Health and Continence
- Obesity, Non-Alcoholic Fatty Liver Disease and Probiotic Therapy
- Mental Health and Diabetes – Improving Outcomes
- Perform CPR **2.00pm – 3.30pm**
- Taping – The Shoulder
- Targeting Multiple Pain Pathways in the Treatment of Chronic Pain
- Wound Closure Using Tissue Adhesive* **2.00pm – 3.30pm**
- Management of the Emergency Patient in A General Practice & Remote Setting (Group A) – Part 4^

AFTERNOON TEA 3.15PM – 3.40PM

3.40pm – 4.55pm

05

- Bone Health for Life
- Updates in Non-invasive Prenatal Testing
- 3As Brief Smoking Cessation Intervention – Supporting Patients To Be Smokefree
- Accrediting your General Practice – AGPAL's Hot Tips To Ensure You're Prepared
- Could It Be The Pituitary – The Master Gland?
- Depression and the Gut Microbiome – Influence of Probiotics and Nutraceuticals
- Opioids and Pain Management
- Preventing Fractures – Where to start with Osteoporosis Management
- Preventing Skin Cancer
- Reducing Anaphylaxis Risk
- Taping – The Foot & Ankle
- Management of the Emergency Patient in A General Practice & Remote Setting (Group A) – Part 5^

8.30am – 9.45am

01

- eHealth – Guide for General Practice
- Essential Steps to Diagnose and Manage Dementia **8.30am – 10.00am**
- Improving Management of Common Skin Problems
- Perform CPR **8.30am – 10.00am**
- Preventing Drug and Alcohol Problems in General Practice
- Radiological Diagnosis and Management Options of Common Spinal Disorders
- Reducing Anaphylaxis Risk
- Tackle Target Today BP Program
- Think Outside the Pill Box – Rethink Management of Localised Neuropathic Pain Associated with PHN
- Troubleshooting Difficult Asthma – Help Is At Hand
- Veteran Mental Health – Achieving Quality Outcomes
- Wound Closure Using Tissue Adhesive* **8.30am – 10.00am**
- PCOS – Health Effects
- Management of the Emergency Patient in A General Practice & Remote Setting (Group B) – Part 1[^]

MORNING TEA 9.45AM – 10.20AM

10.20am – 11.35am

02

- Using Your Inhaler – Correct Technique in Asthma & COPD Medications
- 3As Brief Smoking Cessation Intervention – Supporting Patients To Be Smokefree
- A Sustainable Model of Chronic Disease Care Planning
- Assisting Patients Living with Anxiety
- Chronic Complex Pain Management – Decision Making Workshop, including Clinical, Regulatory and Medico-Legal Aspects
- Could It Be The Pituitary – The Master Gland?
- Early Detection and Treatment of Melanoma
- Live Probiotic Cultures and the Gastrointestinal Tract – Improving More Than Just GI Health
- Men's Health – Benign Prostatic Hyperplasia
- Pain in the Hip – A GP's Guide
- Management of the Emergency Patient in A General Practice & Remote Setting (Group B) – Part 2[^]
- Managing the Challenging Journey of the Heart Failure Patient

11.50am – 1.05pm

03

- Advances in Migraine Management
- COPD Guidelines – A Practical View
- Holistic Approach to Female Bladder Health and Continence
- How to Assess the Painful Shoulder
- Men's Health – Benign Prostatic Hyperplasia
- Perform CPR **11.50am – 1.20pm**
- Perform ECG* **11.50am – 1.20pm**
- PRISM – Positive Response In Depression Management **11.50am – 1.20pm**
- Rational Blood Glucose Self-Monitoring for People with Type 2 Diabetes
- Rethinking Treatment for Atopic Dermatitis (AD)
- Taping – The Knee
- The Dementia Patient, The Carer, and the Burden of Care – the Legal Issues **11.50am – 1.20pm**
- Management of the Emergency Patient in A General Practice & Remote Setting (Group B) – Part 3[^]

LUNCH SERVED CONTINUOUSLY BETWEEN 1.00PM – 2.00PM

2.00pm – 3.15pm

04

- Autism Spectrum Disorder – An Evidence Based Approach
- Chronic Pain – the Bane of General Practice
- Detection and Management of SCC and BCC
- Diarrhoeal Illness – Causes and Evidence Based Treatments
- Emergency Management of Burns in the Primary Care Setting* **2.00pm – 3.30pm**
- Mental Health and Diabetes – Improving Outcomes
- Perform CPR **2.00pm – 3.30pm**
- Taping – The Foot & Ankle
- The Breakthrough in Prostate Cancer Diagnosis We've All Been Waiting For
- The Role and Value of Osteopathy in Australian Health Care
- Management of the Emergency Patient in A General Practice & Remote Setting (Group B) – Part 4[^]

AFTERNOON TEA 3.15PM – 3.40PM

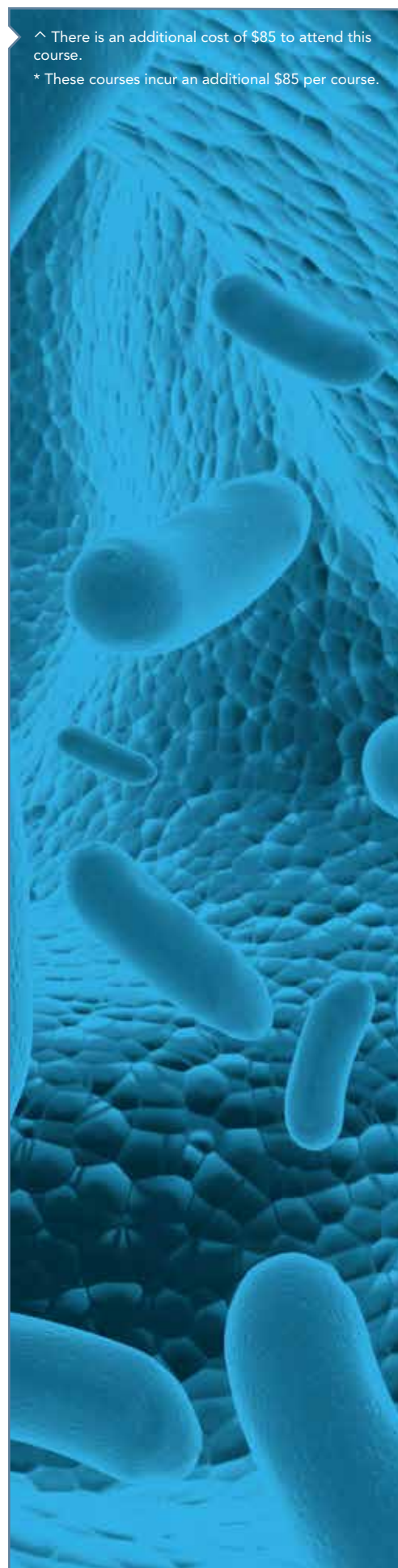
3.40pm – 4.55pm

05

- A Practitioner's Toolkit for Managing Menopause
- Accrediting your General Practice – AGPAL's Hot Tips To Ensure You're Prepared
- Diagnosis and Management of Major Depression in General Practice
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- Obesity, Non-Alcoholic Fatty Liver Disease and Probiotic Therapy
- Opioids and Pain Management
- Preventing Fractures – Where to Start with Osteoporosis Management
- Preventing Skin Cancer
- Tailoring Treatment Approaches For Your COPD Patients
- Management of the Emergency Patient in A General Practice & Remote Setting (Group B) – Part 5[^]

[^] There is an additional cost of \$85 to attend this course.

* These courses incur an additional \$85 per course.



SESSION SYNOPSES

UPDATE ON THE MANAGEMENT OF UNIPOLAR DEPRESSION

Major depression is now one of the leading causes of disability globally. The last decade has seen the development of new pharmacotherapies, neurostimulation techniques and psychosocial therapies. These new treatments come with a diversity of levels of evidence and consumer enthusiasm. This presentation will describe a rational approach to utilising currently available treatments for depression.

Prof Malcolm Hopwood

University of Melbourne

Friday – Session 1

THE JOURNEY OF THE PATIENT WITH PSORIASIS

Psoriasis is a chronic, relapsing, inflammatory skin disorder associated with significant comorbidity that confers a disease burden that is often more than 'skin-deep'. This session explores the overall clinical picture, including the medical co-morbidities, pathology and quality of life impact, and provides an in-depth overview of the current treatment landscape.

Prof George Varigos

Novartis Australia

Friday – Session 2

COPD MANAGEMENT – REWRITING THE SCRIPT FROM MILD TO SEVERE COPD

This session will cover the diagnosis and early management of the COPD patient including smoking cessation, pulmonary rehabilitation, exercise programs and vaccinations. We will also discuss pharmacological management of COPD including bronchodilator initiation, dual bronchodilation, managing COPD exacerbations and late stage treatment i.e. use of ICS, oxygen therapy, lung reduction surgery and palliative care.

Friday – Session 3

Novartis Australia

HIP PAIN IN THE UNDER 50S – WHAT ARE THE OPTIONS WHEN NON-OPERATIVE MEASURES FAIL?

Advancements in minimally invasive techniques in arthroscopy to arthroplasty have increased the treatment options for many painful hip conditions with improved outcomes. The latest hip arthroscopy techniques enable successful hip preservation surgery and allow early return to sports. Anterior approach hip replacement techniques are less invasive with corresponding better functional and cosmetic results.

Mr Andrew Chia

Presented by ARTHRO Health & supported by Medacta Australia

Friday – Session 4

THE ROLE OF PRIMARY CARE PRACTITIONERS IN ANAPHYLAXIS MANAGEMENT

General practice has an important role in the management of anaphylaxis. This session will address issues relating to the diagnosis and treatment of allergy and risk of anaphylaxis, and the ongoing management of patients at risk of anaphylaxis, including adrenaline autoinjector prescription guidelines, managing co-morbidities, patient review and education.

Friday – Session 5

Alphapharm

POPULAR WEIGHT LOSS DIETS – FACTS AND FICTION

With significant growth in popular weight loss diets, it can be challenging to answer patient queries about these diets in an informed way. From no sugar, Paleo and gluten free to low carb/high fat diets, it is important to be aware of patient groups who may benefit and who should avoid these various eating regimes. This presentation will provide a scientific review of popular diets with the aim of providing participants with an opinion on each including their pros, cons and precautions. This information will assist you to answer patient queries in this area in an informed manner.

Ms Sharon Natoli

Egg Nutrition Council

Saturday – Session 1

THE LATEST OPTIONS IN PREVENTATIVE TREATMENT FOR ASTHMA

A practical review and appraisal of the latest options available in the treatment of chronic asthma.

Saturday – Session 1

GSK

ADDRESSING CHALLENGES FACED BY GPs CARING FOR POST-ACS PATIENTS

GPs have an essential role in the ongoing management of MI or unstable angina patients after hospital discharge, even more so since the duration of hospital stay has become shorter over time. There are numerous challenges faced in caring for post-ACS patients, most of which can be addressed with improved communication between the hospital, the treating cardiologist, the GP and the patient. When balancing risks (such as bleeding versus ischaemic risks), patients need to be fully engaged in the decision making process.

Saturday – Session 2

AstraZeneca

APPLIED ANATOMY – HEAD AND NECK

This session will explore how we can assess injury involving a patient's head and neck region. Why is the site of nerves in the subcutaneous plane (and below the deep cervical fascia) crucial in assessment? What is the significance of

- The frontal branch of the facial nerve in the temple
- Maxillary nerve in the cheek
- Transverse cervical nerve in the anterior neck
- Accessory nerve in the posterior neck

All that anatomy learnt back at university is made relevant in this very interactive session.

Dr Paul Rosenberg

Saturday – Session 2

IS HEARING HEALTH SOMETHING I SHOULD CARE ABOUT?

This session will discuss hearing health, hearing loss and its direct connection with other common conditions such as diabetes, cardiovascular and cerebrovascular disorders, mental health and cancer treatments. Update on recent research and advancements in hearing health. We will provide you with information on how you can assist your hearing impaired patients achieve a better quality of life.

Saturday – Session 3

Australian Hearing

DIET, OBESITY AND ASTHMA – EXPLORING THE CONNECTIONS, IMPROVING THE OUTCOMES

There is emerging evidence that diet and obesity affect lung health, yet confusion and misconceptions remain around healthy eating for asthma. This workshop will cover the latest evidence on good dietary habits for asthma, with a specific focus on recent research regarding the beneficial effects of consuming fruit and vegetables and the detrimental effects of consuming fast foods in asthma.

Saturday – Session 3

NAC and Dairy Australia

LATEST UPDATES IN BONE HEALTH AND PREVENTING FRACTURES – WHO TO INVESTIGATE, HOW TO TREAT, WHAT'S ON THE HORIZON, REVIEW OF CALCIUM AND VITAMIN D

Over one million Australians have osteoporosis. Fracture incidence is expected to increase over the next five years. Investigating patients at the right time is crucial for managing bone health and preventing fractures.

Prof Peter Ebeling

Presented by Osteoporosis Australia and supported by an unrestricted educational grant from Amgen, Remedy Healthcare and Actavis

Saturday – Session 4

TARGETING MULTIPLE PAIN PATHWAYS IN THE TREATMENT OF CHRONIC PAIN

Pharmacological treatment of chronic pain can be challenging due to the range of causative mechanisms and the difficulty of balancing analgesic efficacy and tolerability. Combining separate agents with different mechanisms of action may overcome some of these limitations, however polypharmacy can potentially lead to drug-to-drug interactions and adverse events. How could targeting multiple pain pathways help patients manage their nociceptive (musculoskeletal), neuropathic (nerve) or 'mixed' pain (both nociceptive & neuropathic) symptoms?

Saturday – Session 4

bioCSL

UPDATES IN NON-INVASIVE PRENATAL TESTING

This session aims to educate doctors on a non-invasive blood test for Down Syndrome which uses cell-free DNA technology. The harmony test can be performed as early as 10 weeks gestation and carries a >99% accuracy rate with a low false positive rate of 0.1%.

Saturday – Session 5

Healthscope Pathology

BONE HEALTH FOR LIFE

This session discusses the relevance of bone health throughout different life stages (childhood, pregnancy, pre-menopausal women etc) and the importance of calcium and vitamin D in these key stages for prevention of osteoporosis in later life.

Saturday – Session 5

Pfizer Australia

ESSENTIAL STEPS TO DIAGNOSE AND MANAGE DEMENTIA

As the patient population ages, and as presentations of memory loss become more common, there is greater pressure on primary care practitioners to differentiate early dementia from benign age-associated memory loss. This presentation provides 14 essential and practical steps on how to assess patients with cognitive decline and how to assist their families/carers in the process.

Sunday – Session 1

Dementia Training Study Centres

VETERAN MENTAL HEALTH – ACHIEVING QUALITY OUTCOMES

Military service can pose unique risks to mental health. This seminar will outline the latest evidence in military and veteran mental health, referral pathways and Medicare-funded assessments for veteran patients, as well as professional development opportunities and clinical resources for practitioners treating veterans.

Prof Richard Reed & Dr Stephanie Hodson

Department of Veterans' Affairs

Sunday – Session 1

MANAGING THE CHALLENGING JOURNEY OF THE HEART FAILURE PATIENT

This seminar introduces the first ever 'documentary-style' portrayal of the heart failure patient journey within the Australian healthcare system – from home, through the hospital and back into the community. Developed in partnership with The Alfred Hospital (Melbourne), this footage will prompt a unique discussion into how GPs can further support their patients with heart failure and manage this challenging condition more effectively to help contain acute exacerbations and minimise hospitalisations.

Sunday – Session 2

Presented by The Alfred with support from Novartis Australia

SESSION SYNOPSIS

CKD & DIABETES – MAKE THE CONNECTION, CHANGE THE MANAGEMENT

Diabetes is one of the major risk factors for CKD with recent evidence suggesting diabetes is the underlying cause of CKD in over 30% of cases. This presentation will investigate the relationship between CKD and diabetes and the role of the practice nurse in managing diabetes in the context of chronic kidney disease.

Saturday – Session 3

Kidney Health Australia

LIVE PROBIOTIC CULTURES AND THE GASTROINTESTINAL TRACT – IMPROVING MORE THAN JUST GI HEALTH

Bacteria comprise the earliest form of independent life on earth. A fusion event of two prokaryotes evolutionary gave rise to the eukaryote cell in which mitochondria may be envisaged as a genetically functional mosaic; a relic from one of the prokaryote cells. As such, the evolution of human life has been complexly connected to bacterial activity. Microbial interactions in the gut provide the cues for the development of regulated signals (in part by reactive oxygen species) that promote immunological tolerance, metabolic regulation and stability that may help to control local and extra-intestinal end organ physiology. Pharmacobiotics is an exciting growth area of potential therapeutics, developing together with an increased scientific understanding of gut microbiome symbiosis in health and disease and may further rescue mitochondrial dysfunction by linking a biologically plausible cellular signalling program between the human host and its microbiome cohort for a continued co-operative symbiosis that maintains homeostasis favourable to both.

Prof Luis Vitetta & Dr Samantha Coulson

Medlab

Sunday – Session 2

ADVANCES IN MIGRAINE MANAGEMENT

Migraine management is a complex treatment area. There are many acute and preventative therapies available to manage migraine. How do you decide what the best choice is for your patients? This seminar aims to orient participants with the right framework for cascading the correct therapies for the correct diagnoses. Presentation symptoms, differential diagnosis and management options in Australia will be covered.

A/Prof Richard Stark

Allergan Australia

Sunday – Session 3

RETHINKING TREATMENT FOR ATOPIC DERMATITIS (AD)

Treating AD aggressively and early with appropriate topical corticosteroids (TCS) is key to gaining control of flares. This session explores the origin and impact of TCS phobia and provides practical, rational recommendations for treating AD, including overcoming barriers affecting treatment adherence and outcomes to improve patient quality of life.

Sunday – Session 3

MSD

THE ROLE AND VALUE OF OSTEOPATHY IN AUSTRALIAN HEALTH CARE

This presentation will provide an overview of osteopathy with a particular focus on the Australian context. The role and value of osteopathy will be discussed using pregnancy and back pain as example conditions. Findings from nationally-representative epidemiological data will be presented.

Dr Amie Steel

Osteopathy Australia

Sunday – Session 4

THE BREAKTHROUGH IN PROSTATE CANCER DIAGNOSIS WE'VE ALL BEEN WAITING FOR

Multiparametric MRI is changing the face of prostate cancer diagnosis by allowing vastly improved detection of aggressive prostate cancer. At the same time it may help us avoid over detection of harmless low grade disease. Other advances in targeting aggressive prostate cancer will also be discussed.

Dr Jeremy Grummett

Sunday – Session 4

TAILORING TREATMENT APPROACHES FOR YOUR COPD PATIENTS

A critical review and appraisal of the different treatment options for patients with chronic obstructive pulmonary disease (COPD), with a focus on tailoring the treatment to the different needs of patients.

Sunday – Session 5

GSK

USING YOUR INHALER – CORRECT TECHNIQUE IN ASTHMA & COPD MEDICATIONS

Incorrect technique when taking inhaled medications frequently prevents patients with asthma or chronic obstructive pulmonary disease (COPD) from receiving the maximal benefit from their medications. This practical, hands-on workshop will discuss medications available for asthma and COPD, including new medications, and include a demonstration of correct inhaler technique.

Sunday – Session 2

Presented by the National Asthma Council Australia and supported by Boehringer Ingelheim

DEPRESSION AND THE GUT MICROBIOME – INFLUENCE OF PROBIOTICS AND NUTRACEUTICALS

Depression is a highly prevalent mental health illness facing the health care system, with the burden of care second only to heart disease. In this workshop we progress the SAMe-methylation and Orotate-Uridine and probiotic hypothesis. However, we also consider that the response to these novel compounds implicates the microbiome as an important participant for the adjuvant treatment of resistant depression.

Prof Luis Vitetta & Dr Samantha Coulson

Medlab

Friday – Session 4/Saturday – Session 5

OBESITY, NON-ALCOHOLIC FATTY LIVER DISEASE AND PROBIOTIC THERAPY

Non-alcoholic fatty liver disease (NAFLD) is more commonly diagnosed than alcoholic liver disease, owing to the rapid increased prevalence and burden of obesity. Further, NAFLD is an important emerging disease in children and adolescents, with 3% of the general paediatric population estimated to currently have NAFLD which rises sharply in obese adolescents. Interest in probiotics as a therapy for NAFLD has emerged from evidence suggesting a role for gastrointestinal microbiota or its metabolites in the aetiology of NAFLD and its progression to steatohepatitis. This workshop will present available evidence for the use of probiotics in treating NAFLD and further laboratory animal research-based evidence on the efficacy of a multi-strain probiotic formulation to improve NAFLD and the implications for clinical practice.

Prof Luis Vitetta & Dr Samantha Coulson

Medlab

Friday – Session 1/Saturday – Session 4/Sunday – Session 5

DIARRHOEAL ILLNESS – CAUSES AND EVIDENCE BASED TREATMENTS

A common complaint seen in clinical practice is diarrhoea which can be associated with antibiotic administration, Clostridium difficile infection, other infections (bacterial, viral and parasitic), food allergies, certain medications and conditions such as irritable bowel syndrome and inflammatory bowel disease. This workshop will outline the causes and pathophysiology of diarrhoea in both children and adults and discuss effective, evidence-based treatment options associated with specific bacterial and yeast-derived probiotic species and the requirement for effective oral rehydration therapy.

Prof Luis Vitetta & Dr Samantha Coulson

Medlab

Friday – Session 3/Sunday – Session 4

MEN'S HEALTH – BENIGN PROSTATIC HYPERPLASIA

The workshop has been developed to improve patient outcomes through better identification and management of BPH. The program will promote an attitude of proactive assessment and management of patients presenting with lower urinary tract symptoms (LUTS) associated with BPH, or at risk of progression.

Saturday – Session 1/Sunday – Session 2 & 3

GSK

THINK OUTSIDE THE PILL BOX – RETHINK MANAGEMENT OF LOCALISED NEUROPATHIC PAIN ASSOCIATED WITH PHN

This workshop will discuss strategies to help improve the management of localised neuropathic pain including PHN (post-herpetic neuralgia) in general practice. An interactive workshop including case studies.

Friday – Session 2/Saturday – Session 2/Sunday – Session 1

bioCSL

PROVIDE CPR

In this session, learn some vital crew resource management techniques for managing your team. Our paramedics will have you confident in managing a collapse where team CPR and the defibrillator are required. This workshop will discuss and demonstrate the skills and knowledge required to perform Cardiopulmonary Resuscitation (CPR) in line with the Australian Resuscitation Council (ARC) guidelines. Participants will demonstrate competence in team CPR, plus CPR on children and babies. A certificate with the National Unit of Competency Code HLTAID001 'Provide Cardiopulmonary Resuscitation' will be issued to successful participants and is recognised by the APNA CPD Program.

Friday – Session 1 & 3/Saturday – Session 1, 3 & 4/Sunday – Session 1, 3 & 4

Cynrgex Group

TROUBLESHOOTING DIFFICULT ASTHMA – HELP IS AT HAND

Asthma can be difficult to manage in general practice, but there are ways to troubleshoot difficult cases. This interactive workshop will give attendees a first look at the National Asthma Council Australia's new online learning modules covering how to diagnose and manage difficult asthma in general practice, including options for referral for severe cases, and show attendees how to access further online learning on this topic for themselves.

Friday – Session 2/Saturday – Session 1/Sunday – Session 1

Presented by the National Asthma Council Australia and supported by Novartis Australia

PREVENTING FRACTURES – WHERE TO START WITH OSTEOPOROSIS MANAGEMENT

In 2011-12, 3.3% of Australians (726,000 people) had osteoporosis. Over the last decade, the proportion of Australians with osteoporosis has increased from 1.6% in 2001. Without preventive intervention, the number of people with osteoporosis is expected to increase to 3 million by 2021. This workshop will focus on the identification of risk factors for fractures, bone loss and falls, and the role of medicines in reducing the risk of osteoporotic fractures.

Friday – Session 1/Saturday – Session 5/Sunday – Session 5

NPS MedicineWise

COPD GUIDELINES – A PRACTICAL VIEW

Primary care plays a critical role in COPD patient identification, diagnosis and management. The COPD-X guidelines assist health care professionals in their task, but the influx of COPD medicines onto the market has created confusion for the busy practitioner. These workshops give practical advice on best use of guidelines and other resources to diagnose and manage patients.

Friday – Session 5/Saturday – Session 2/Sunday – Session 3

Presented by the Lung Foundation Australia and supported by Novartis Australia

SESSION SYNOPSES

A SUSTAINABLE MODEL OF CHRONIC DISEASE CARE PLANNING

This presentation highlights the work being undertaken at a general practice to implement health and wellness coaching to preventative care clients, utilising MBS item 10997. A patient centered approach to developing client engagement through motivational interviewing, positive psychology practices and improving diabetes clinical outcomes.

Dr Tim Denton & Ms Kim Poyner Presented by the Surf Coast Medical Centre and supported by the Western Victoria Primary Health Network

Friday – Session 4/Saturday – Session 4/Sunday – Session 2

AUTISM SPECTRUM DISORDER – AN EVIDENCE BASED APPROACH

Unclear about ASD symptoms? Unsure when to on-refer/what to tell parents? Don't miss this nuts and bolts presentation. This practical presentation will enlighten, edify, and educate about the treatment option known as Applied Behaviour Analysis – an evidence-based intervention with 50 years academic support.

Ms Sarah Wood Autism Behavioural Intervention Association

Friday – Session 3/Saturday – Session 3/Sunday – Session 4

MAXIMISING YOUR EARNINGS WHILE IN PRIVATE PRACTICE – PART 1

While in private practice it's vital to remember that the financial decisions you make today will impact how you are rewarded now and in the future. This important wealth management workshop is a not to be missed session no matter where you are in your career. Topics covered include:

- Ensuring you are operating under the most efficient business structure
- Budget changes and how they affect you
- Wealth creation – can you create wealth without borrowing?
- Protecting your most important asset – yourself! Your ability to earn an income is paramount
- Making sure you are maximising your financial facilities with a focus on the best possible mix of non-deductible and deductible debt

Mr Michael Waycott & Mr Paul Fox Bongiorno Group

Friday – Session 2/Saturday – Session 2

MAXIMISING YOUR EARNINGS WHILE IN PRIVATE PRACTICE – PART 2

This session will ask the important questions:

- How much do you need in your superannuation fund to provide an adequate income stream for approximately 20 years?
- Superannuation – what are the rules now and how do you maximise to increase your superannuation balance?
- Is there a 'gap' on what you require your members' superannuation balance to be at retirement to fund an adequate income stream? If so, how do you bridge the 'gap'?

Mr Michael Waycott & Mr Paul Fox Bongiorno Group

Friday – Session 3/Saturday – Session 3

REDUCING ANAPHYLAXIS RISK

Healthcare professionals have an important role in the diagnosis and treatment of anaphylaxis, including acute management of anaphylaxis. This session will use case study discussions to address issues relating to the diagnosis and treatment of allergy and risk of anaphylaxis. Participants will be presented with a number of scenarios to problem solve and determine the optimal management approach.

Friday – Session 4/Saturday – Session 5/Sunday – Session 1 Alphapharm

TACKLE TARGET TODAY BP PROGRAM

Cardiovascular disease is the number one killer in Australia and hypertension is the biggest contributor to CVD in Australia. One million Australians treated for hypertension remained above target BP. Overcoming clinical inertia plays a critical role in getting patients to target BP. Tackle Target Today BP program is an accredited GP educational program looking at how best to get treated hypertensives to target BP and what are the evidences supporting the rationale of treatment to target BP?

Friday – Session 2/Saturday – Session 2/Sunday – Session 1 Servier Australia

PRISM – POSITIVE RESPONSE IN DEPRESSION MANAGEMENT

PRISM (Positive Response in Depression Management) looks at the evolution of depression management over the last century, with a focus on more recent advances. Participants in this workshop can then complete the remainder of PRISM – Positive Response in Depression Management ALM and may also participate in the PRISM Depression Audit (QI activity) for ACRRM or QI&CPD points.

Friday – Session 3/Saturday – Session 3/Sunday – Session 3 Servier Australia

CHRONIC COMPLEX PAIN MANAGEMENT – DECISION MAKING WORKSHOP, INCLUDING CLINICAL, REGULATORY AND MEDICO-LEGAL ASPECTS

The management of patients with chronic non-malignant pain ('CNMP') can be fraught with difficulty. Despite the controversy surrounding the long term use of opioids in CNMP, there has been an increasing range of medications and formulations available to prescribers. From 1992 to 2012 in Australia, opioid dispensing episodes increased 15-fold. Despite opioid monotherapy lacking evidence of safety and efficacy, 'de-prescribing' is frequently problematic for doctors and patients. There is increasing evidence that in CNMP, opioids fail to provide long term analgesic efficacy, functional gains or improved quality of life. Furthermore they may cause harm to both individuals and the public health. Clinicians may wish to provide quality pain management but may lack knowledge and confidence to do so. In this workshop, we will follow several patient journeys, some of which span decades of pain management. We will be utilising interactive technology so participants may evaluate the clinical options and vote on their decisions. As a group we will compare and contrast the choices polled. In this way, participants will rehearse the strategies required to measure and improve patient outcomes, and to remain compliant with relevant laws and regulations.

Friday – Session 5 / Saturday – Session 1 / Sunday – Session 2 NPS MedicineWise

OPIOIDS AND PAIN MANAGEMENT

This education guides GPs to safe and effective prescription of opioids, and provide an update on the current issues surrounding opioids.

Friday – Session 1/Saturday – Session 5/Sunday – Session 5

IMPROVING MANAGEMENT OF COMMON SKIN PROBLEMS

This session is an interactive workshop about common dermatological problems seen in general practice. The aim of the workshop is knowing how to recognise common skin conditions, how to manage skin conditions and knowing when and where to refer patients when 'specialist input' is needed in the patients' care.

Dr Jeremy Banky

Friday – Session 1/Saturday – Session 1/Sunday – Session 1

EARLY DETECTION AND TREATMENT OF MELANOMA

The Cancer Council Victoria's SunSmart Program offers The Early Detection and Treatment of Melanoma in General Practice workshop. Presented by a specialist educator, this workshop will provide participants with the skills they need to assess a patient's risk of melanoma using an evidence-based approach, and to accurately identify patients who require biopsies and excisions.

Friday – Session 3/Saturday – Session 4/Sunday – Session 2 Cancer Council Victoria

DETECTION AND MANAGEMENT OF SCC AND BCC

The Cancer Council Victoria's SunSmart Program offers the Detection and Management of Squamous Cell Carcinoma (SCC) and Basal Cell Carcinoma (BCC). Skin cancers are by far the most common cancers managed by general practitioners. This workshop will explore early detection and treatment in general practice.

Friday – Session 4/Saturday – Session 3/Sunday – Session 4 Cancer Council Victoria

PREVENTING SKIN CANCER

This workshop will explore the relationship between ultraviolet (UV) radiation exposure and the development of skin cancer including the importance of a balanced approach to UV to reduce skin cancer risk while assisting with vitamin D.

Friday – Session 5/Saturday – Session 5/Sunday – Session 5 Cancer Council Victoria

HOW TO ASSESS THE PAINFUL SHOULDER

These sessions will feature a case-based discussion on how to assess the painful shoulder. This will include a practical hands-on approach to pertinent examination findings as well as shoulder injection techniques.

Mr Austin Vo

ARTHRO Health

Friday – Session 2/Saturday – Session 2/Sunday – Session 3

DEMENTIA ASSESSMENT – BETTER USE OF TESTS AND SCANS

Do some of your patients have early dementia, or just mild cognitive impairment? While there is currently no cure, there is a need to gain more knowledge and understanding of diagnostic tests, the biomarkers available and how to assess and better manage these patients.

Dr Allan Shell & Dr Holly Anderson

Dementia Training Study Centres

Saturday – Session 1

DEMENTIA – PHYSICAL ACTIVITY, POSITIVE LIFESTYLE AND RISK FACTORS – WHAT MEDICINES WE SHOULD USE?

Do you prescribe a 'healthy diet', or write repeat scripts for Alzheimer's disease medication for your patients? Do you understand the risk factors and the use of Anticholinesterase inhibitors in dementia, or are you just a 'therapeutic nihilist' when it comes to managing the patient with dementia?

Dr Allan Shell & Dr Holly Anderson

Dementia Training Study Centres

Saturday – Session 3

SESSION SYNOPSIS

COMPLICATIONS AND BEHAVIOURAL CHANGES IN DEMENTIA – HOW TO BETTER MANAGE THE DISTRESSED DEMENTIA PATIENT

When your patient has an episode of delirium, confusion or is aggressive, is there something you can do about it before it gets worse? Improving your skills in behaviour management can only improve the patient's well-being, particularly when managed at home and not just in the Aged Care Facility.

Dr Allan Shell & Dr Holly Anderson

Dementia Training Study Centres

Saturday – Session 4

THE DEMENTIA PATIENT, THE CARER, AND THE BURDEN OF CARE – THE LEGAL ISSUES

Community services are stretched to the limit, and so are the carers looking after a person with some form of dementia. Understand the legal and financial issues, or engage community or practice nursing staff to assist you and the carer in the 'management plan'.

Dr Allan Shell & Dr Holly Anderson

Dementia Training Study Centres

Sunday – Session 3

3AS BRIEF SMOKING CESSATION INTERVENTION - SUPPORTING PATIENTS TO BE SMOKEFREE

Quit Victoria is dedicated to eliminating the pain, illness and suffering caused by tobacco. This workshop will outline Quit's Smoking Cessation brief intervention programs and services to support patients to be smokefree. Health professionals play an important role in our work and this session will look at some practical ways you can help to support patients in stopping smoking.

Friday – Session 1/Saturday – Session 5/Sunday – Session 2

Quit Victoria

A PRACTITIONER'S TOOLKIT FOR MANAGING MENOPAUSE

A primary care specific designed toolkit (endorsed by the International Menopause Society) to assist physicians and nurses to engage in meaningful discussions with patients during routine consultations. The logical algorithm approach to decision-making will serve to assist both women at midlife, and their healthcare professionals, to make appropriate decisions in managing the symptoms of menopause.

Dr Susan Davis

Pfizer Australia

Friday – Session 5/Saturday – Session 2/Sunday – Session 5

TAPING – THE SHOULDER

This workshop will discuss the rotator cuff problems, the A-C joint, shoulder dislocation and stabilisation, impingement problems.

Mr Nick Ames

Beiersdorf

Friday – Session 1/Saturday – Session 4

TAPING – THE KNEE

This workshop will discuss the patello-femoral, Collateral ligament injuries, Osgood-schlatters & tendinopathies.

Mr Nick Ames

Beiersdorf

Friday – Session 2/Sunday – Session 3

TAPING – THE FOOT & ANKLE

This workshop will discuss the lateral ankle sprains and plantar fasciitis.

Mr Nick Ames

Beiersdorf

Saturday – Session 5/Sunday – Session 4

PAIN IN THE HIP – A GP'S GUIDE

A practical guide for the GP in assessing and managing common hip problems. How to investigate and when to refer? Case studies presented will cover various conditions and current best practice treatment options. The latest minimally invasive surgical techniques will be highlighted. Participants are encouraged to bring difficult cases to discuss.

Mr Andrew Chia Presented by ARTHRO Health and supported by Medacta Australia

Friday – Session 5/Saturday – Session 1/Sunday – Session 2

PCOS – HEALTH EFFECTS

Polycystic ovaries are present in 20% of the general female population. The polycystic ovary syndrome which causes irregular periods, hirsutism, infertility and obesity occurs in 25% of these women. Different aspects of this condition affect the young women versus the older women trying to conceive a child. Diagnosis and the latest treatment recommendations for young and older women for each presenting symptom will be discussed.

Friday – Session 4/Saturday – Session 3/Sunday – Session 1

RATIONAL BLOOD GLUCOSE SELF-MONITORING FOR PEOPLE WITH TYPE 2 DIABETES

Systematic reviews and recent Australian guidance suggest that self-monitoring of blood glucose (SMBG) is of limited clinical benefit among people with non-insulin treated type 2 diabetes. This session will critique this evidence and discuss how structured SMBG using clinically validated tools improves HbA1c, confidence in diabetes self-care and emotional well-being.

Friday – Session 2/Saturday – Session 2/Sunday – Session 3

Diabetes Victoria

MENTAL HEALTH AND DIABETES – IMPROVING OUTCOMES

Psychological problems, e.g. diabetes distress and depression, are common among people with diabetes, yet often go undetected in clinical practice. The new NDSS Mental Health and Diabetes Handbook is an evidence-based, practical resource for health professionals, providing guidance/tools for how to identify, communicate about, and address emotional challenges in consultations.

Friday – Session 5/Saturday – Session 4/Sunday – Session 4

Diabetes Victoria

RADIOLOGICAL DIAGNOSIS AND MANAGEMENT OPTIONS OF COMMON SPINAL DISORDERS

This session will discuss spinal pain and radiculopathy and review the role of MRI, CT and other modalities in the radiological workup of spinal related conditions. It will also provide an overview of available radiological interventions.

Dr Dean Federman

Capital Radiology

Friday – Session 3/Saturday – Session 3/Sunday – Session 1

ACCREDITING YOUR GENERAL PRACTICE – AGPAL'S HOT TIPS TO ENSURE YOU'RE PREPARED

Participants will be provided with an overview of accreditation and insight into key areas of focus within the RACGP Standards for General Practices. Gain practical hints and tips to successfully undertake the accreditation process and continue on a journey of quality improvement.

Friday – Session 1/Saturday – Session 5/Sunday – Session 5

Australian General Practice Accreditation Limited (AGPAL)

ASSISTING PATIENTS LIVING WITH ANXIETY

Living in a world of uncertainty can be difficult for many people. Anxiety is becoming one of the most prevalent mental health issue facing our community. This interactive workshop explores the impact of anxiety on individuals, the family unit and communities, providing information, support and practical strategies for managing anxiety, including breathing, mindfulness, grounding and visualisation techniques.

Ms Michelle Graeber

Anxiety Recovery Centre Victoria

Friday – Session 4/Saturday – Session 1/Sunday – Session 2

COULD IT BE THE PITUITARY – THE MASTER GLAND?

Recent studies have reported an increased prevalence of pituitary tumours, with about 1 in 1,000 people having a clinically significant pituitary tumour. Pituitary disorders caused by mass effect, hormone hypersecretion and hypopituitarism are difficult to recognise and typically associated with a delayed diagnosis because of varied and non-specific clinical features. Early diagnosis is vital as there is significant morbidity and reduced life expectancy associated with these disorders. This workshop will highlight how participants can be instrumental in diagnoses, treatment and management of pituitary disorders.

Friday – Session 4/Saturday – Session 5/Sunday – Session 2

Presented by Australian Pituitary Foundation and supported by educational grants from Novartis, Ipsen, Novo Nordisk, Pfizer, SciGen, Ferring

eHEALTH – GUIDE FOR GENERAL PRACTICE

This session will guide healthcare practitioners through the eHealth record system showing how usability improvements have made it more accessible and easy to use.

- The eHealth record system
- Linking patient records with their Individual Healthcare Identifier (IHI)
- Patient consent and privacy controls
- Accessing and viewing an eHealth record
- Clinical Documents
- Shared Health Summary, Event Summary
- Assisting patients to register

NEHTA is the lead organisation supporting the national vision for eHealth in Australia and was established by the Australian Commonwealth, State and Territory governments in 2005 to develop better ways of electronically collecting and securely exchanging health information.

Friday – Session 5/Saturday – Session 1/Sunday – Session 1

NEHTA

HOLISTIC APPROACH TO FEMALE BLADDER HEALTH AND CONTINENCE

Female bladder health problems are one of the most common complaints affecting almost one in every two women in Australia. There is no "one size fits all" when it comes to bladder health management. However by understanding the pathophysiology and applying the modern model of care backed up by evidence-based medicine health professionals can deliver high standard of care that improved the quality of life for women in general.

Dr Salwan Al-Salih

Friday – Session 1/Saturday – Session 4/Sunday – Session 3

CHRONIC PAIN – THE BANE OF GENERAL PRACTICE

Australian BEACH data (2009) reported a 15.7% overall prevalence of chronic pain amongst patients visiting their GPs, with prevalence increasing with patient age. Osteoarthritis (OA) was the most common (48.1%), followed by back pain (29.4%), and 19.6% had chronic pain neurological in nature. This workshop will discuss the long term management of OA and neuropathic pain within the general practice setting.

Friday – Session 3/Saturday – Session 3/Sunday – Session 4

Pfizer Australia

SESSION SYNOPSES

DIAGNOSIS AND MANAGEMENT OF MAJOR DEPRESSION IN GENERAL PRACTICE

Patients with depression would usually present to their GPs. Their complaints would vary from mood symptoms to offering of physical ailments. Symptoms of depression could also mimic a variety of medical conditions. This lecture discussion aims to increase awareness and skills required in primary practice to correctly identify patients' depressive disorders, assess risks, investigate and have necessary management initiated treated early in the course of their illness. Patient education and management of expectations can help ensure compliance to medication during the initial phases of therapy thereby increasing the overall success rates of treatment. The identification of AEs that need urgent medical attention need to be highlighted to patients. Referral pathways to more specialised care will be discussed.

Dr Pradeepa Dassanayake & Dr Mahendra Perera

Pfizer Australia

Friday – Session 2/Saturday – Session 2/Sunday – Session 5

PREVENTING DRUG AND ALCOHOL PROBLEMS IN GENERAL PRACTICE

Drugs and Alcohol problems frequently present to General Practitioners. We will workshop how GPs may worsen or lessen these. We will explore practical preventative strategies that a time-poor GP can implement such as screening and brief interventions: particularly for licit drugs.

Dr Simon Holliday

Friday – Session 4/Sunday – Session 1

IMPROVING YOUR INTERACTION WITH AND MEETING THE HEALTH NEEDS OF THE TRANS & GENDER DIVERSE COMMUNITY

This session will cover an introduction to gender diversity, differentiate sexual orientation, intersex status and gender identity and expression, highlight key areas of mental and general health impacts for trans and gender diverse (TGD) people, and provide suggestions and tips on providing an inclusive service to meet the needs of TGD people.

Friday – Session 3/Saturday – Session 2/Sunday – Session 5

Transgender Victoria

NATIONALLY RECOGNISED TRAINING COURSES

MANAGEMENT OF THE EMERGENCY PATIENT IN A GENERAL PRACTICE & REMOTE SETTING*

'Good emergency medicine is 10% clinical skill and 90% good logistics'.

Successful management of an unexpected medical emergency in your practice demands a quick and well co-ordinated response by the practitioner and the whole support team. This professional training course not only provides clinical skills and knowledge but also provides the systems and processes needed for the practice team to ensure a high level of care to the stricken patient.

This course outlines the science underpinning current resuscitation practices before being introduced to the risk assessment approach which underpins the treatment algorithms that have been developed to manage the emergency. Based upon these algorithms, simple and easy to use equipment to help you to manage airway, breathing and circulation will be identified. Techniques taught include team CPR, defibrillation, the use of airway devices, monitoring of SpO2 and CO2, use of first line medications and packaging of the trauma victim.

Nurses attending this ALM will receive two nationally accredited certificates – HLTAID003 'Provide first aid' and HLTAID007 'Provide advanced resuscitation', and a CPD Statement in the Management of Medical Emergencies.

Saturday – Group A – All Day/Sunday – Group B – All Day

Cynergex Group

EMERGENCY MANAGEMENT OF BURNS IN THE PRIMARY CARE SETTING*

This program is an accredited unit taken from the health training package offering participants a Nationally Accredited Certificate outcome. A burn wound is dynamic and subject to the effect of secondary injury. The burn may deepen if the blood supply of the wound is impaired, for example by hypovolaemia, hypotension or if infection occurs. The program is based on current best practice in the area of emergency burns management in the primary care setting and includes assessment and management of the burn, selection of the appropriate wound management product and ongoing patient management.

Saturday – Session 1/Sunday – Session 4

Benchmark Group

WOUND CLOSURE USING TISSUE ADHESIVE*

This program is an accredited unit taken from the health training package offering participants a Nationally Accredited Certificate outcome. The program is an innovative hands on practical session that covers the underlying theory of wound closure using tissue adhesives for minor wound closure. Participants will explore the types of wounds that are suitable for closure using tissues adhesives and its limitations in clinical practice. The session will give participants the knowledge and skills to competently assess and manage minor lacerations.

Saturday – Session 4/Sunday – Session 1

Benchmark Group

PERFORM ECG*

This short course is designed to develop the knowledge and skills required to perform an ECG correctly to allow for accurate interpretation. On completion of this learning package, participants will have an understanding of how the 12-lead ECG is produced, be able to prepare the ECG machine for use, be able to prepare the client to obtain an ECG, attach the ECG electrodes correctly, perform an ECG tracing and be able to recognise ECG rhythms that require urgent medical attention.

Sunday – Session 3

Benchmark Group

TUBULAR COMPRESSION THERAPY IN THE PRIMARY CARE SETTING*

This program is an accredited unit taken from the health training package offering participants a Nationally Accredited Certificate outcome. One of the most common chronic wounds encountered in general practice is leg ulceration. Not only is the prevalence of leg ulcers relatively high, many patients endure their leg ulcers for many years without healing. Recurrence rates are also very high. The key to successful healing begins with the accurate determination of aetiology as this directs the management plan. The program is based on current best practice in the area of compression therapy using a 3 layer tubular bandage system and includes a strong practical focus. Each student will have the opportunity to be observed in the application of lower leg compression.

Saturday – Session 3

Benchmark Group

^ This course incurs an additional \$85 and attendees must attend all five parts within the same group.

* These courses incur an additional \$85 per course and run for 1.5 hrs.



HOW TO REGISTER

Online Registration is Now Open!

Visit www.pnce.com.au/register

For enquiries regarding registration, please contact: 1800 814 611/(07) 3854 1611



CONFERENCE REGISTRATION

Conference registration includes:

- Access to conference sessions and the PNCE exhibition
- Ticket to the social networking drinks reception
- Morning, afternoon tea and lunch each day of the conference
- Conference satchel
- Conference materials including conference program book and online speaker notes
- 'Event Only' discounts and offers on medical equipment and services!

CONFERENCE RATES

Practice Nurse Rates

	1ST EARLY BIRD UNTIL 16 SEPT	2ND EARLY BIRD 17 SEPT TO 14 OCT	STANDARD REGISTRATION FROM 15 OCT	PLATINUM CLUB
1 Day	\$280	\$315	\$350	\$245
2 Days	\$440	\$495	\$550	\$385
3 Days	\$560	\$630	\$700	\$490

*All fees are quoted in Australian Dollars (AUD) and are inclusive of GST.

Cancellation policy

Cancellations must be made in writing to pnce@ozaccomm.com.au. Cancellations received by 14 October 2015 will receive a 50% refund. Cancellations received from 15 October 2015 will not be refunded.

EXHIBITION ONLY DAY PASS - FREE

Exhibition Day Pass Includes:

- Access to over 100 healthcare organisations on the exhibition floor
- Access to FREE Launch Pad sessions showcasing the latest innovative products, devices and services
- Take part in the Passport Competition to win over \$10,000 worth of great prizes!
- 'Event Only' discount and offers on medical equipment and services!
- CPR Training (additional charge of \$75 applies for Expo only Delegates).

**Entry to the PNCE is strictly for Healthcare Professionals only.

Register now for your **FREE Exhibition Day Pass** and beat the queues onsite! Visit www.pnce.com.au/register

ACCOMMODATION

A wide range of accommodation options, located close to the Melbourne PNCE, have been reserved for delegates and their guests at highly competitive rates. Rates quoted are per room per night and inclusive of GST. Delegates can book accommodation during the registration process.



CROWN METROPOL



\$265 – Luxe Room inc daily buffet breakfast for one and Internet



ADINA APARTMENT NORTHBANK



\$209 – One Bedroom Apartment
\$315 – Two Bedroom Apartment



CROWN PROMENADE



\$235 – Standard Room inc daily buffet breakfast for one and Internet



CROWN PLAZA MELBOURNE



\$220 – Standard Room



TRAVELODGE SOUTHBANK



\$160 – Guest Room

For enquiries regarding accommodation, please contact Ozaccomm+ on:

1800 814 611 / 07 3854 1611 or pnce@ozaccomm.com.au.

Accommodation terms & conditions

Please note, all prices are quoted on a per room per night basis and include GST. Rates and all information are current at the time of printing and are subject to changes without prior notice. Accommodation bookings are subject to availability.



BOOK AS A GROUP & SAVE

Discounted registration is available for group bookings of 4 or more attendees from the same practice. All delegates will receive **25% discount** off the Standard Registration rate (**Saving up to \$175**). The offer cannot be combined with any other discount or offer. With the PNCE co-located with the Melbourne General Practitioner Conference & Exhibition, the offer includes all healthcare professionals in your practice looking to attend the GPCE or PNCE.

Group registrations can only be made via phone. Please contact Ozaccomm+ on 1800 814 611 or (07) 3854 1611.

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WHO TO LOOK OUT FOR AT MELBOURNE PNCE?

*At time of printing

a2 Milk
AFT Pharmaceuticals
Alphapharm
AMA Victoria
Analytica
ANZ Banking Group
Aspen Pharmacare Australia
ASV Partners
Australian After Hours Doctors
Australian Counselling Association
Australian Hearing
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Avita Medical
Besins Healthcare Australia
Best Practice Software
bioCSL Australia
BOC
Boehringer Ingelheim
BOO Specialist
Capital Radiology
Cobram Estate
Cynergex Group
Department of Veterans' Affairs
Diabetes Australia Limited

Dr. Hönle Medizintechnik GmbH
Eczema Association of Australasia
Egg Nutrition Council
Ego Pharmaceuticals
Ethical Nutrients
Exercise and Sports Science Australia
Exquisite Marketing Australia
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GlaxoSmithKline
Healthscope Pathology
HICAPS
Independent Practitioner Network
Julie Warner Health
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Lowe Financial Group
MD Briefcase
Medfin Australia
Medical Director
Medifit Design & Construct
Medigrow
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MSD
National E-Health Transit Authority (NEHTA)

Neilmed Pharmaceuticals
Nestle Australia
NL-TEC
Novartis Australia
NPS Medicine Wise
OAPL
Omega Pharma Australia
Omron Healthcare
Pearson Clinical Assessment
Pfizer Australia
Prime Super
Priority Life
Pulmonx
RDNS
Servier Laboratories
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