

24 CE
Credits



27TH ANNUAL

NPOH **WOMEN'S
HEALTHCARE
CONFERENCE**

SEPT. 25 - 28, 2024

CHICAGO, IL

PROGRAM GUIDE

The Clinical CE Conference for
WHNP-BC, NP, FNP-BC, CNM, and all APRNs who provide
Women's & Gender-Related Healthcare



Greetings and welcome to the preliminary agenda to the 27th Annual NPWH Women's Healthcare Conference, September 25-28, 2024. The 27th Annual NPWH Women's Healthcare Conference is the premier continuing education, networking, clinical, and business meeting for certified women's health nurse practitioners (WHNP-BCs) and APRNs who provide women's and gender-related healthcare across a person's lifespan.

We are thrilled to host this annual gathering of healthcare professionals from across the country at the historic Hilton Chicago, where 800+ will explore the latest advancements, best practices, and trends in women's healthcare. As women's health nurse practitioners and APRNs who provide women's and gender-related healthcare, you play a critical and crucial role in providing trauma-informed, person-centered care that seeks to advance health equity, mitigate racism and biases, and provide structurally competent care to the people we serve. NPWH focuses on improving healthcare outcomes for patients and this conference provides an invaluable opportunity to learn from one another and experts in the field, share best practices, and enhance our clinical expertise.

NPWH looks forward to providing you with a stimulating and engaged conference with the latest evidence based scientific information to help you bring back this knowledge to your practice, education programs or clinics and provide the very best care for your patients.

We look forward to seeing you in Chicago in September!

Conference Committee

Jacki Witt, JD, MSN, WHNP-BC, NCC-E, Chair
Danica Homere, MSN, CNP, WHNP- CNP, WHNP-BC

Kate Vaske-Wright, MSN, WHNP-BC

Jessica Wood, DNP, WHNP-BC, RNC-OB

Jessica Wells, PhD, RN, WHNP-BC, FAAN, NPWH BOD Liaison to the Committee

Donna Ruth, MSN, RN, NPD-BC, NPWH Director of Education and Staff Liaison

Heather L. Maurer, MA, CAE, NPWH Chief Executive Officer

Please go to www.npwh.org or [click here](#) for the most up-to-date schedule, course descriptions and speakers.

Mission

NPWH is the professional community for Women's Health Nurse Practitioners and other advanced practice registered nurses who provide women's and gender-related health across the lifespan. We provide a standard of excellence by generating, translating, and promoting the latest research and evidence-based clinical guidance, providing high-quality continuing education, and advocating for patients, providers, and the WHNP profession.

Our mission includes protecting and promoting a woman and all individuals' rights to make their own choices regarding their health and well-being within the context of their lived experience and their personal, religious, cultural, and family beliefs.

27TH ANNUAL



SEPT. 25 - 28, 2024

CHICAGO, IL

Wednesday, September 25, 2024

8:00 am - 5:00 pm

EmpowerHer, TeachHer, LeadHer: Women's Health Nurse Practitioner Certification Review Course

Facilitator: Shawana S. Moore, PhD, DNP, APRN, WHNP-BC, PNAP, FAAN

Course Overview

This WHNP certification review course is designed to enhance your knowledge and skills in providing exceptional care for the women and gender-related populations. Led by a certified WHNP, who is also a program director for a DNP program, this course will cover essentials topics, practice exam questions, and real-life case studies to prepare you for success in obtaining your certification.

Teaching Methodology

To ensure an engaging learning experience, the course will adopt a combination of didactic lectures, interactive discussions, case presentations, and group activities.

Attendees can register for this review course on its own or combine it with the Main Conference.

Course Description and Outline

This certification review course has been designed to sharpen your knowledge and skills in women's and gender-related health. The curriculum will cover essential topics related to women's health nurse practitioner practice, including but not limited to:

- Reproductive health, contraception, and family planning
- Gynecological assessments and common gynecological disorders
- Pregnancy, prenatal care, and postpartum management
- Menopause management and hormone therapy
- Screening, prevention, and management of sexually transmitted infections
- Assessment and management of common breast and gynecological cancers
- Pharmacology and medication management in women's health

Pre-Conference

8:00 am – 12:00 pm

Trans and Gender-Affirming Healthcare for the WHNP and APRN

Chance Krempasky, MSN, APRN, FNP, WHNP-BC, AAHIVS

Mary Bowman, DNP, APN, WHNP-BC, AC Noëlle Rakotoniaina, MS, CPH

12:00 pm – 1:00 pm

Lunch Industry Symposium

Her Story: Making an Impact with a Medical Management Option for Treating Uterine Fibroid-associated Heavy Menstrual Bleeding or Endometriosis-related Moderate to Severe Pain

Non-CE. Sponsored by Sumitomo Pharma America and Pfizer, Inc.

1:00 pm - 5:00 pm

First Trimester Abortion and Early Pregnancy Loss: A Comprehensive Approach for Nurse Practitioners

Yvonne Oldacker, MSN, CNM

Kara Pravdo, MSN, CRNP, WHNP-BC

5:15 pm – 6:15 pm

Dinner Industry Symposium*

Bayer IUDs (Mirena, Kyleena, Skyla): An Overview for New Learners

Jeff Levine, MD

Non-CE. Supported by Bayer.

6:00 - 8:00 pm

Welcome Reception in the Exhibit Hall*

**Included in Main Conference registration*

Plenary/White Coat Day: Thursday, September 26, 2024

Wear your white coats today in celebration of all certified WHNPs and all APRNs who provide women's and gender-related healthcare!

7:00 am – 8:00 am

Breakfast in the Exhibit Hall

8:00 am - 8:30 am

Welcome Remarks/NPWH Inspiration Awards

8:30 am – 9:30 am

Panel - Equity, Representation and Impact on Outcomes

Moderator: Clifton Kenon, DNP, RN, IBCLC, FAWHONN, FAAN
Connie Graves, MD
Karie Stewart, MPH, MSN, CNM, APRN
Jamilie Nagtalon-Ramos, EdD, MSN, WHNP-BC, IBCLC, FAANP

9:30 am – 10:30 am

The Impact of Gender-Based Violence on Individual and Community Health

Traci Kurtzer, MD

10:30 am – 10:45 am

Break

10:45 am– 11:45 am

Trauma Informed Pelvic Care: Consent and Examinations

Stephanie Tillman, PhD(c), CNM, FACNM

11:45 am – 1:30 pm

Lunch Break in Exhibit Hall and Clinical/Industry Poster Viewing

12:00 pm – 1:00 pm

Lunch Product Theater

VEOZAH® (fezolinetant) For the Treatment of Moderate to Severe Vasomotor Symptoms Due to Menopause

Non-CE. Sponsored by Astellas.

12:00 pm – 1:00 pm

WHNP Student Meet & Greet

1:30 pm - 2:00 pm

Congenital Syphilis

Kate Miele, MD, MA, FACOG

2:00 pm - 3:00 pm

Vulvovaginal Dermatology

Hope Haefner, MD

3:00 pm - 3:15 pm

Break

3:15 pm – 4:15 pm

Medical Eligibility Criteria for Contraception

Antoinette Nguyen, MD, MPH, FACOG

4:15 pm – 5:15 pm

Finding Florence: Abundance and Well-Being

Tim Cunningham, DrPH, MSN, RN, FAAN

6:00 pm – 7:00 pm

Dinner Industry Symposium

27th Annual NPWH Women's Healthcare Conference Objectives

1. Utilize evidence and best practices in the delivery of basic and complex care in primary, preventative, sexual, and reproductive healthcare across the lifespan.
2. Promote equity in women's and gender-related healthcare through practice and policy strategies focused on diversity and inclusivity.
3. Foster relationships with peers to learn from and support each other in the delivery of high-quality healthcare.

2024 Conference Outcome Goal

At the end of the conference, 80% of participants will agree that the objectives have been met.

Breakout Sessions: Friday, September 27, 2024

Breakout sessions are limited in capacity.
Register early to secure your first choice.

Each breakout session is worth 1.0 CE. You
may choose one session for each period.

7:00 am – 8:00 am

Breakfast in the Exhibit Hall

8:00 am – 9:00 am

A. Cardiovascular Complications in the Postpartum Period

Connie Graves, MD

B. Integrative Medicine Approach for Perimenopause and Menopause

Brett Eaton, MSN, APRN, WHNP-BC, AGNP-BC

C. OB/GYN Coding & Billing

Rhonda Granja, BS, CMA, CPC, RMC, CNC, CMOM, CMIS

D. Contraceptive Management in Women with Co-Existing Health Conditions

Kelley Stallworth Borella, DNP, WHNP-BC

E. Beyond the Surface: Illuminating Hidradenitis Suppurativa for Nurse Practitioners

Jessica Wood, DNP, WHNP-BC, RNC-OB

9:15 am – 10:15 am

F. Introduction to First Trimester Ultrasound

Julie Gaston, BS, RDMS, RVT

G. WPSI Recommendations: A Practical Guide to Implementation

Danielle Grimm, MPH, MSN, CNP, WHNP-BC, MSCP

H. Addressing Misinformation in Clinical Practice

Sarah Vaillancourt, DNP, RN, WHNP-BC

9:15 am – 10:15 am

I. “P” is for Pharmacological and Nonpharmacological HIV Prevention Strategies Tailored for Women

Rasheeta Chandler, PhD, RN, FNP-BC, FAANP, FAAN

J. Osteoporosis Management in Women: When to Start Pharmacological Therapy

Kristi Desapri, MD

10:30 am – 11:30 am

K. Sexual Health, Wellness and Medications

Alan “Tony” Amberg, MS, MSN, APRN, PMHNP-BC, FPA

L. Benign Breast Conditions

Kathy Trotter, DNP, CNM, FNP-BC, FAANP, FAAN

M. Carrier Screening for Genetic Conditions: Overview and Application

Xindi Song, MS, CGC

N. Negotiating the Contract You Deserve: Understanding Compensation for WHNPs

Caroline Hewitt, DNS, RN, WHNP-BC, ANP-BC
Amy Noecker, M.Ed, BA

O. Research Topics

Impact of Education for Evidence-Based Screening Mammography in Black Women Aged 40-49

Evelyn Addo-Wallace, DNP, MPH, WHNP-BC
Co-Author: Carol Taylor, PhD, MSN, RN, FAAN
Co-Author: Victoria Amankwa, MD, FACOG

Improving Menstrual Knowledge and Self-Efficacy Among Young Women with Intellectual and Developmental Disabilities

Casey Hopkins, PhD, APRN, WHNP-BC
Co-Author: Kristina Randall, PhD
Co-Author: Dianna Gurich, MD
Co-Author: Hannah Drew, PhD Student
Co-Author: Erin Thielbar, BSN, RN
Co-Author: Kylee Randall, Special Education Student

Breakout Sessions: Friday, September 27, 2024 (continued)

11:30 am – 1:30 pm

Lunch Break in Exhibit Hall and Clinical/Industry Poster Viewing

11:45 am – 12:45 pm

**Lunch Industry Symposium
Understanding and Addressing Cervical Cancer Rates in the U.S.**

Jasmine Powell, MSN, APRN, CNM, FNP-C
Non-CE. Sponsored by Hologic.

1:45 pm – 2:45 pm

P. Syphilis Challenges and Opportunities: Testing, Diagnosis, and Treatment

Kate Miele, MD, MA, FACOG

Q. Prevention, Screening and Management of Preterm Labor

Ludrena Rodriguez, DNP, WHNP-BC, RNC-OB, C-EFM

R. Evidence-based Pharmaceutical Strategies to Navigate the Menopause Transition

Genevieve Hofmann, DNP, WHNP-BC, MSCP

S. Understanding Obesity Treatment Options

Kayla Gish, MSN, APRN, CNP

T. Clinical Topics (two 30-minute sessions)

Exploring the Evolution of the PP Hospitalist Role

Jamille Nagtalon Ramos, EdD, MSN, WHNP-BC, FAANP

Annelise Pfeiffer Wood, MSN, WHNP-BC

Kara Reyman, MSN, WHNP-BC, non-presenting author

The Art and Science of Insulin for Gestational Diabetes

Rebecca Smith, MSN, CNM

3:00 pm – 4:00 pm

U. The ABCs of CBD: What You Need to Know and What You Need to Tell Your Patients

Cydney McQueen, PharmD

V. Secondary PPH: Not Always a Lazy Uterus

Laura Petiya, MSN, RNFA, APRN-CNP, WHNP-BC

W. Sex, Gender, and Primary Care

Sandi Tenfelde, PhD, APRN, WHNP-BC

X. Assessment and Management of Pelvic Pain

Brooke Faught, DNP, WHNP, MSCP, FAANP, IF

Y. Clinical Topics (two 30-minute sessions)

Exploring Sex Hormones: Beyond Reproduction

Jacyln Piasta, MSN, WHNP-BC, MSCP

Building Empowerment: Launching Your Menopause Movement and Business

Jean Marino, MSN, WHNP-BC, MSCP

4:15 pm – 5:15 pm

Movie (CE Credit) TBA

5:30 pm – 6:30 pm

Dinner Industry Symposium

Non CE. Sponsored by Natera.

Workshops: Saturday, September 28, 2024

Workshops are included with the main conference registration unless indicated below. Registration is required for all workshops.

8:00 am – 9:00 am

Breakfast Industry Symposium

Identifying Patients at Elevated Risk through Comprehensive Breast Cancer Risk Assessment

Non-CE. Sponsored by Myriad Genetics.

9:00 am – 12:00 pm

Build Your Confidence and Do It! Writing for Publication

Beth Kelsey, EdD, APRN, WHNP-BC, FAANP

Pessary Uses for the Management of Pelvic Floor Disorders

Amy Hull, DNP, WHNP-BC, FAUNA

Melanie Schlittenhardt, DNP, APRN, FNP-BC
(additional fee)

Removing Barriers to Providing IUDs in the Primary Care Setting: Hands-on Practice Techniques for IUD Insertion and Removal

Sarah Prager, MD, MAS

Introduction to First Trimester and Non-Gravid Ultrasound

Julie Gaston, BS, RDMS, RVT (additional fee)

Office GYN Procedures for Primary Care Providers

Kelley Stallworth Borella, DNP, WHNP-BC
(additional fee)

27th Annual NPWH Women's Healthcare Conference Details

Registration Information

The easiest way to register for the 27th Annual NPWH Women's Healthcare Conference is online by [clicking here](#) or visiting www.npwh.org.

Registration Information/Payment Method

Registration is online, and payments can be made using Visa, MasterCard, or Discover.

[Click here](#) to register. Please email Carol Wiley (cwiley@npwh.org) for the registration form if you require paying via check.

Registration Fees

Register on or before August 2, 2024, to receive early bird prices. The Pre-Conference includes all sessions (excluding the WHNP Review Course) on September 25. The Main Conference includes all sessions September 26-28 (some workshops on September 28 may require additional fees) as well as the optional Dinner Symposium and Welcome Reception on September 25.

NPWH Members Save on Registration Fees

Active membership is required to be eligible for the NPWH Member or Student Member rates. NPWH membership costs \$150 (\$75 for students; \$75 for retired). [Join today](#) and save on your conference registration. Students must be student members in order to receive the discounted student rate. If you are past your membership expiration date, you must [renew your membership](#) before registering for the Conference to qualify for the member rate. Adjustments and refunds for registration fees will not be given to individuals who register at the non-member rate and later join NPWH. Non-member registration includes 1-year membership.

Industry Symposium Attendance

If you have signed up for any breakfast, lunch, or dinner industry symposium but can no longer attend, please modify your registration online or contact info@npwh.org.



Conference Details

Continued

Workshop and Breakout Session Registration

Workshops and breakout sessions have limited space and are subject to change or close due to room capacity. In addition, the Office Gynecology Procedures and Ultrasound workshops incur additional fees. All other workshops are included in the Main Conference fee and are optional.

Refund Policy

Cancellations received in writing by August 15, 2024, will receive a full refund minus a \$75 processing fee. After August 15, 2024, only 50% of the registration fee will be refunded, and “no-shows” will not receive a refund. On-site cancellations of workshops that have a price are non-refundable. Please email info@npwh.org with your request.

How to Get Employer Support

Conference attendees may seek employer support to cover all or part of the conference fees. This event is an ideal opportunity to stay up to date in the field of women's and gender-related healthcare, to gain continuing education credit while doing so, and to network with women's healthcare practitioners from all over the country. The knowledge and skills gained at the conference can be applied to patient care and the organization of the practice or healthcare facility, which benefits the attendee and the employer. If you need a letter from NPWH to support your request, email Heather L. Maurer: hmaurer@npwh.org.

Hotel Information

NPWH is pleased to host the 27th Annual NPWH Women's Healthcare Conference at the historic Hilton Chicago. Overlooking Grant Park, Lake Michigan, and Museum Campus, you'll be situated on Michigan Avenue, where incredible experiences are around every corner. Learn more about the [history](#) of the Hilton Chicago.

Hotel Reservations

For your convenience, NPWH has secured a block of rooms at the Hilton Chicago at a discounted rate of \$279/night + taxes/fees. This discounted rate is available through September 2, 2024. To make a reservation, click [here](#). If you have any questions or concerns about your reservation, please contact the hotel directly at 877-865-5320. Please be advised that the hotel's standard cancellation policy will apply.

Flights

The National Association of Nurse Practitioners in Women's Health is pleased to partner with [United Airlines](#) for air travel to our upcoming 27th Annual NPWH Women's Healthcare Conference.

To make flight reservations online, please use discount code ZPJT431739. MileagePlus members earn valuable miles for their travel when using the Meetings discount code.

You may also call United Meetings Reservation Desk Monday – Friday at (800) 426-1122 for booking assistance. Booking fees are waived for Meeting reservations. International customers may contact their local United Reservation Desk.

Discounts will range from 2%-8% depending on the fare. See below details.

Within US 50 States and between US 50 States and Canada
First Letter of Fare Basis Applicable Discount
J, C, O, Y, B, M, E, U, H 8%
First Letter of Fare Basis Applicable Discount
D, Z, P, A, Q, V, W, S, T, L 2%



Conference Details

Continued

ADA Statement

By the Americans with Disabilities Act (ADA), the National Association of Nurse Practitioners in Women's Health (NPWH) strives to provide reasonable accommodations and services for persons who require special assistance to participate in our events (virtual and in-person). We strive to host inclusive, accessible events that enable all individuals, including individuals with disabilities, to engage fully. Three weeks' advance notice is necessary to arrange accommodations. To request an accommodation or for inquiries about accessibility, please get in touch with Donna Ruth at druth@npwh.org.

Equal Opportunity Statement

Events and activities approved by NPWH are available without regard to a participant's race, color, sex, national origin, disability, or age, as provided by law and by NPWH's respect for personal dignity.

Exhibitor & Sponsor Information

[Click here](#) to learn more about exhibit and sponsorship opportunities. We have many unique opportunities to showcase your product, devices, or services to certified WHNPs and APRNs nationwide. To learn more or develop a custom package, please contact Julia Knox, Director of Programs and Sponsorships, at jknox@npwh.org.

CE Credit Information & Accreditation Statement

As of May 2024, the total number of continuing education contact hours that can be earned while attending the conference is 24. This number includes contact hours for poster review and attendance at optional pre- and post-conference workshops, for which there are additional fees.

This activity has been evaluated and approved by the Continuing Education Approval Program of the National Association of Nurse Practitioners in Women's Health. The program has been issued NPWH Activity number 24-02.

NPWH is approved by the California Board of Registered Nursing, CEP Number 13411.

NPWH is committed to ensuring that educational sessions are free from commercial bias and product promotion. Any commercial products, goods or services displayed or discussed during this CE activity should not be interpreted to imply endorsement by NPWH.

Attendees can earn up to 24 continuing education contact hours at this conference.

Pre-Conference total CE = 7.5 CEs
Plenary Day total CE = 6.5 CEs
Breakout Sessions total CE = 6.0 CEs
Workshops total CE = 3.0 CEs
Review of Posters = 1.0 CEs

Evaluations must be completed and CE Credit claimed by January 6, 2025.

Please go to www.npwh.org or [click here](#) for the most up-to-date schedule, course descriptions and speakers.



Conference Details

Continued

NPWH Conference Inclusion Statement

NPWH is committed to providing a safe and welcoming environment for all participants at the 27th Annual NPWH Women's Healthcare Conference. We are committed to the broadest principles of inclusion, diversity, and equity. NPWH affirmed its commitment to these principles with the release of our IDE statement in 2021. We embrace the value of every person regardless of race, sex, sexual orientation, gender identity/expression, religion, age, ethnicity, national origin or ancestry, marital status, socio-economic background, physical appearance, military status, veteran status, or physical ability.

NPWH conference participants have the right to pursue shared interests and professional development in an environment that supports diversity and inclusion, free from discrimination or harassment. Any speech or actions that create an unsafe space will not be tolerated. Behaviors considered unacceptable include, but are not limited to, offensive verbal comments, personal attacks, use of derogatory language, inappropriate physical contact, or unwelcome sexual attention.

NPWH is committed to cultivating a culture of inclusion and connectedness. We expect the environment at the conference is one that supports the professional development of the participants. Thank you in advance for your support in this mission.

2024 Planning Committee for the 27th Annual NPWH Women's Healthcare Conference

We thank the planning committee for the 27th Annual NPWH Women's Healthcare Conference. These volunteers and staff provided extensive time juggling between clinical practice, teaching and personal lives to bring you a high quality, unique and clinical education program. We hope you enjoy the conference. We are excited to see you and network.

Jacki Witt, Chair, JD, MSN, WHNP-BC, NCC-E
Danica Homere, MSN, CNP, WHNP-BC, WHNP-BC

Kate Vaske-Wright, MSN, WHNP-BC

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Disclaimer

Companies, products, and services advertised in an NPWH publication, at an NPWH event, exhibitors, or sponsors at NPWH's events do not necessarily reflect the recommendations of NPWH, and the presence of such advertisements in any NPWH publication or at any NPWH event should not be considered a confirmation of endorsement.

Early Bird Registration Prices: Register on or before August 2, 2024.

NPWH members receive a substantial discount. Price adjustments will not be made for non-members who later join NPWH. Non-member registration includes 1 year of NPWH membership. Students must be student members of NPWH to receive student pricing. Pre-registration is required for all workshops.

	Pre-Conference Only	Main Conference Only	Main Conference + Pre-Conference	Main Conference + WHNP Exam Prep Course
NPWH Member	\$275	\$725 Early Bird \$825 Regular	\$949 Early Bird \$1049 Regular	\$1499 Early Bird \$1599 Regular
Non-Member	\$399	\$925 Early Bird \$1025 Regular	\$1249 Early Bird \$1349 Regular	\$1749 Early Bird \$1849 Regular
NPWH Student Member	\$199	\$299 Early Bird \$399 Regular	\$449 Early Bird \$549 Regular	\$999 Early Bird \$1099 Regular
	WHNP Exam Prep Course Only	Introduction to First Trimester and Non Gravid Ultrasound Workshop	Office Gyn Procedures for Primary Care Providers Workshop	Pessary Uses for the Management of Pelvic Floor Disorders Workshop
NPWH Member	\$825	\$349	\$150	\$150
Non-Member	\$899	\$449	\$225	\$225
NPWH Student Member	\$825	\$349	\$150	\$150



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