

# [FRONTIERS]

## IN UPPER EXTREMITY SURGERY

NOVEMBER 2-3, 2018 - FIVE LABS & MARRIOTT WATERSIDE, TAMPA, FL



### COURSE DIRECTORS

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FOUNDATION for ORTHOPAEDIC  
RESEARCH and EDUCATION



# COURSE DIRECTORS



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# INVITED FACULTY

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Ohio State Plastic Surgery  
Columbus, OH

**David Zelouf, MD**

Hand, Wrist, & Elbow Orthopedist  
Philadelphia Hand to Shoulder Center  
Paoli, PA

# COURSE DESCRIPTION

Using a combination of didactic presentations and interactive debates, the expert faculty for this live CME activity will update you on treatment options and outcomes for a variety of both common and complex hand and upper extremity conditions. The first day of the meeting is devoted to a hands-on cadaver lab, where you will practice hand and wrist procedures that involve plating, internal bracing, and arthrodesis. Come to the meeting with the questions you need answered in order to enhance your practice – you'll have plenty of opportunities to engage with the faculty.

## COURSE OBJECTIVES

On completion of this course, learners will be able to:

- **Evaluate** surgical and nonsurgical principles of managing common hand and upper extremity problems
- **Address** common problems and complications associated with distal radius fractures
- **Implement** enhanced management of fractures, Dupuytren disease, and arthritis problems
- **Employ** current trends and techniques in microsurgical and soft tissue reconstruction in the upper extremity
- **Apply** current concepts for common disorders of the hand and upper extremity
- **Develop** strategies for the treatment of the shoulder, including rotator cuff tears, shoulder instability, and wrist fractures

## TARGET AUDIENCE

Orthopaedic and plastic surgery hand surgeons, general orthopaedic surgeons, fellows, residents, physical therapists, occupational therapists, and other healthcare professionals whose scope of practice includes hand and upper extremity surgery.

## ACCREDITATION

FORE is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

FORE designates this live activity for a maximum of **13 AMA PRA Category 1 Credits™**. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

**Physical Therapists:** Pending approval from Florida Board of Physical Therapy

**Occupational Therapists:** Pending Approval from the Florida Board of Occupational Therapy

## DISABILITIES

Please notify the Continuing Medical Education Office, 4115 W. Spruce Street, Tampa, FL 33607, or call 813-877-8096 a minimum of 10 working days in advance of the event if a reasonable accommodation for a disability is needed. Events, activities, and facilities of Foundation for Orthopaedic Research and Education are available without regard to race, color, sex, national origin, disability, age, or veteran status as provided by the law and in accordance with FORE's respect for personal dignity.

## REFUND POLICY

Cancellation notification must be in writing (email [CME@FOREonline.org](mailto:CME@FOREonline.org)) and received by the close of business on October 2, 2018. A cancellation fee of \$50 will be assessed. Cancellations received after October 2, 2018, will not receive a refund. No-shows will not receive a refund.

FORE reserves the right to cancel this program due to unforeseen circumstances, in which case a full refund of registration fees will be given to participants. FORE will not be responsible for travel expenses incurred by the participant in the unlikely event that the program is cancelled.

# REGISTRATION OPTIONS

1 | Online: ForeOnline.org      2 | Phone: 813-877-8096

|                                          | On or Before 10/2/2018 | After 10/2/2018 |
|------------------------------------------|------------------------|-----------------|
| Physicians                               | \$600.00               | \$700.00        |
| Fellows & Other Healthcare Professionals | \$350.00               | \$450.00        |
| Residents                                | Call to Register       |                 |

Registration fee includes course materials, bioskills lab, breaks, breakfasts, lunches, and an evening welcome reception for the participant only. A confirmation email will be sent one week prior to the activity (no registration is confirmed without full payment).

# COURSE LOCATIONS & HOTEL ACCOMMODATIONS

The Friday evening reception & Saturday lectures will take place at the conference hotel



Tampa Marriott Waterside Hotel & Marina  
700 South Florida Avenue  
Tampa, FL 33602  
Phone: 813-221-4900  
Reservations: 888-789-3090

A small block of rooms has been reserved for November 2-4, 2018, at a special group rate starting at \$189 + hotel fees and taxes. Reservations must be made by October 12, 2018. To receive the group rate, please mention "Frontiers in Upper Extremity Surgery" when making your reservation by phone.

Complimentary transportation will be provided between the Tampa Marriott Waterside Hotel & Marina and FIVE Labs on Friday

The Friday Bioskills Lab will take place at FIVE Labs



FIVE Labs  
4115 W. Spruce St. • Tampa, FL 33607  
Phone: 813-877-8096 • FIVELabs.org

FIVE Labs is a new and innovative facility designed to educate the next generation of healthcare professionals and to foster creativity for the development of technologies for healthcare's biggest challenges.

# AGENDA (SUBJECT TO CHANGE)

FRIDAY, NOVEMBER 2, 2018

## **BIOSKILLS LAB- FIVE LABS**

**Complimentary Transportation Will Be Provided From Marriott to FIVE Labs**

10:00 AM Registration

11:00 AM Wrist Partial Fusion

12:00 PM Common Tendon Transfers

1:00 PM Lunch with Exhibitors

2:00 PM Thumb CMC Arthritis Treatment with Implant

3:00 PM MCP and PIP Joint Arthrodesis

Distal Biceps Repair

4:00 PM Elbow Instability: Internal Joint Stabilizer (IJS) and Internal Brace

5:00 PM Adjourn for the Day

**Complimentary Transportation Will Be Provided From FIVE Labs to Marriott**

5:30 PM Reception - Tampa Marriott Waterside

SATURDAY, NOVEMBER 3, 2018

## **DIDACTIC SESSIONS - TAMPA MARRIOTT WATERSIDE HOTEL**

7:00 AM Registration & Breakfast with Exhibitors

7:55 AM Welcome Remarks

### **Session One: Common Things Are Common**

8:00 AM DeQuervains Tenosynovitis

8:20 AM Hand Tumors

8:40 AM Hand Stiffness

9:00 AM Finger Fracture / Dislocations

9:20 AM Carpal Tunnel Syndrome

9:40AM Lateral Elbow Pain

10:00 AM Panel Discussion & Questions

10:15 AM Break with Exhibitors

## SATURDAY, NOVEMBER 3, 2018 (CONTINUED)

### Session Two: Experience Counts

10:30 AM Treatment of the Work Comp Hand/ UE Patient

10:50 AM Advanced Rehab Protocols

11:10 AM Office Procedures/ WALANT

11:30 AM Coding Tips

11:50 AM The Mangled Extremity

11:40 AM Panel Discussion & Questions

**12:00 PM Lunch and Guest Speaker**

12:10 PM Pain Management / Narcotic Use

### Session Three: Case Discussions w/ Faculty

1:15 PM Wrist Fractures

1:30 PM Scaphoid Fractures

1:45 PM Elbow Instability

2:00 PM Nerve Injury

2:30 PM Cases from Audience

3:15 PM Panel Discussion & Questions

**3:35 PM Course Adjourn**



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