



ASP MN

American Society for Pain Management Nursing

SUPPORTING NURSES MANAGING PAIN



35th Annual Conference

OCTOBER 15-18, 2025

AURORA, COLORADO

CLIMBING THE SUMMIT TOWARD
PAIN MANAGEMENT EXCELLENCE



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The American Society for Pain Management Nursing (ASPMN) invites you to the 35th annual conference in Aurora, Colorado, October 15-18, 2025.

We encourage all nurses, allied healthcare professionals, hospital & clinic administrators, advance practice providers, research scientists, physical therapists, occupational therapists, pharmacists, university professors, adjunct faculty, nurse educators, and students at all levels to join us!

This year's conference theme is **"Climbing the Summit Toward Pain Management Excellence"**

Conference Objectives:

- Discuss clinical options for the treatment of patients who require pain management nursing care.
- Analyze clinical, research, sociocultural, and legal developments in the field of pain management.
- Advocate for the provision of comprehensive, evidence-based, quality care of individuals and their families experiencing problems related to persistent pain conditions.
- Network with nurses and other health care professionals who focus on pain management in their practice.

PROGRAM OF EVENTS

Wednesday, October 15

7:00 AM - 7:00 PM: Registration Open

7:00 AM - 7:45 AM: Breakfast for Pre-Conference Participants

8:00 AM - 12:00 PM: Morning Pre-Conference Workshops

- Advanced Pain Pharmacology, Session I — **Linda Vanni**, MSN, RN, PMGT-BC, ACNS-BC, NP, AP-PMN; **Megan Filoramo**, MSN, RN-BC, APRN-BC, PGMT-BC, AP-PMN, IHWNC-BC; **June Oliver**, MSN, CCNS, APRN/CNS
- "Spine Strong": Empowering Nurses in Comprehensive Spine Pain Management and Patient Advocacy — **Michelle Lavelle-Henry**, APRN, CNP, ACHPN, PMGT-BC; **Mary Milano Carter**, MS, ANP-BC, AP-PMN, PMGT-BC, GERO-BC; **Marilyn Bazinski**, DNP, RN, AGCNS-BC, AP-PMN
- Exploring Safe Pain Management Through a Regulatory Lens — **Ann Quinlan-Colwell**, PhD, CNS, AHNBC, RN, PMGT-BC; **Sharon Wrona**, DNP, PNP-PC, PMHS, AP-PMN, PMGT-BC, FAAN

12:00 PM - 12:45 PM: Lunch for Pre-Conference Participants

12:45 PM - 4:45 PM: Afternoon Pre-Conference Workshops

- Advanced Pain Pharmacology, Session II — **Linda Vanni**, MSN, RN, PMGT-BC, ACNS-BC, NP, AP-PMN; **Megan Filoramo**, MSN, RN-BC, APRN-BC, PGMT-BC, AP-PMN, IHWNC-BC; **June Oliver**, MSN, CCNS, APRN, CNS
- Centered & Present: Holistic Self-Care Strategies to Sustain the Pain Management Nurse — **Marie O'Brien**, DNP, ANP, PMGT-BC, CCRN; **Patricia Dodd**, LAc, ANP-C, PMGT-BC; **Laura Vinci**, ANP-C, PMGT-BC; **Christine Cirolli**, RN, Yoga Teacher
- Pediatric Pre-Conference Sessions:
 - The Magic of a Multidisciplinary Approach to Effective Management of Persistent Pediatric Pain — **Lauren Kenny**, MSN, APRN, CPNP-PC; **Chansey Pullen**, BSN, RN
 - Hitting a High Note for Pediatric Pain Management — **Kaitlin Pounders**, MSN, RNC-NIC, C-ELBW, NEA-BC, CPPS; **Elizabeth Pasternak**, MS, RN, CHPPN; **Meredith Irvine**, MHA, MT-BC, NICU-MT; **Maleea Roy**, MT-BC, NMT, NICU-MT
 - Needles Don't Have to Be Scary — **Julie Marshall**, DNP, RN, CCM, CNE, PED-B
 - Pediatric Headaches — **Lara Koral**, MS, FNP-BC
 - Opioid Stewardship in Pediatrics — **Elizabeth Edmundson**, PhD, RN, NE-BC

5:00 PM - 5:30 PM: New Member / First-Time Attendee Orientation

5:30 PM - 6:30 PM: General Session

When Empathy Fades and Internal Stigma Rises: Tools to Regain Your Own Homeostasis — **Megan Filoramo**, MSN, RN-BC, APRN-BC, PGMT-BC, AP-PMN, IHWNC-BC

6:30 PM - 8:00 PM: Welcome Reception with Posters and Silent Auction

Thursday, October 16

7:00 AM - 6:00 PM: Registration Open

7:00 AM - 8:00 AM: Continental Breakfast

8:00 AM - 8:40 AM: **Welcome & Opening Remarks** — **June Oliver**, MSN, CCNS, APRN/CNS

8:40 AM - 9:40 AM: Opening Speaker

Climbing the Summit Together: Empowering People with Pain Through Peer Support and Community-Based Care — **Nicole Hemmenway**, CEO, U.S. Pain Foundation

9:40 AM - 10:10 AM: Break in Exhibit Hall / Poster Viewing / Silent Auction

10:10 AM - 11:10 AM: Keynote Speaker

Bioethics of Pain Management — **Daniel S. Goldberg**, JD, PhD, University of Colorado Anschutz Medical Campus

11:15 AM - 12:15 PM: Lunch Symposium

Opioid Prescribing in Chronic Pain: What Every Nurse Needs to Know

Sponsored by:



12:20 PM - 1:20 PM: Jean Guveyan Lecture

25+ Years with the Acute Pain Service: A Personal Journey — **Robert Montgomery**, DNP, RN, PMGT-BC, ACNS-BC

1:20 PM - 1:50 PM: Break in Exhibit Hall / Poster Viewing / Silent Auction

1:50 PM - 2:50 PM: General Session

Beyond Survival: Thriving in Pain Management Amidst Workplace Violence and Clinical Complexity — **Scott Faust**, Ed.D, MS, APRN, CNP

2:50 PM - 3:50 PM: Your Patient Says They Take Buprenorphine, Now What? — **Crystal Parrish**, ACNP-BC, PMGT-BC

3:50 PM - 4:50 PM: General Session

Multidisciplinary Viewpoints on Pain Disparities — **Anitha Saravanan**, PhD, APRN; **Marian Wilson**, PhD, MPH, RN, PMGT-BC; **Navdeep Singh**, PhD, AGACNP-BC, CNE; **Grace Mooney**, RD; **Buki Fabusiwa**, PharmD; **Keesha Powell-Roach**, PhD, RN, FAAN

5:00 PM - 5:30 PM: Chapter Meet-Ups

Dinner on your own

Friday, October 17

7:00 AM - 5:30 PM: Registration Open

7:00 AM - 8:00 AM: Continental Breakfast

7:30 AM - 8:50 AM: General Session

Rapid Realignment: Government Actions Affecting Patients, Providers, and the Public — **Marsha Stanton**, PhD, RN; **Wade Delk**, Director of Government Affairs, ASPMN; **Michael Barnes**, Esq

9:00 AM - 10:00 AM: Concurrent & Power Session 1

- Concurrent Session 1A — Interdisciplinary Collaboration Improves Outcomes: Children Undergoing Posterior Spinal Fusion Surgery — **Maddy Pelky**, MSN, RN, PMGT-BC, CPNP-AC, AP-PMN
- Concurrent Session 1B — Innovation and Advocacy for Adults Hospitalized with Sickle Cell Pain Crisis — **Sarah J. Dempsey**, MD
- Concurrent Session 1C — Choosing the Correct Clinical Inquiry Approach: Evidence-Based Practice, Quality Improvement, or Research — **Jeffrey Boon**, PhD, RN, AGACNP-BC; **Michele Farrington**, BSN, RN, PMGT-BC
- Power Session 1D (1) — Guiding Pain Management Decisions: A Preoperative Buprenorphine Strategy for Advanced Practice Providers — **Renata Barbosa Dos Santos**, MSN, RN, ACNP-BC, PMGT-BC
- Power Session 1D (2) — Clinical Insights into Migraine – Patterns, Differentials & When to Worry — **Michelle Lavelle-Henry**, APRN, CNP, ACHPN, PMGT-BC

10:00 AM - 10:30 AM: Break in Exhibit Hall / Poster Viewing / Silent Auction

10:30 AM - 11:30 AM: Concurrent & Power Session 2

- Concurrent Session 2A — Does it have to hurt? Supporting individualized comfort plans organizationally — **Deb Bruene**, MA, RN, PMGT-BC; **Liz Edmundson**, PhD, RN, NE-BC; **Barbette Murphy**, MSN, RN, CPNP
- Concurrent Session 2B — Appropriate Use of Artificial Intelligence in Scholarly Writing and Publishing — **Cecile Evans**, PhD, RN; **Elaine Miller**, PhD, RN, CRRN, FAAN, FAHA
- Concurrent Session 2C — Ready, Set, Disseminate — **Michele Farrington**, BSN, RN, PMGT-BC
- Power Session 2D (1) — Identifying Predictors of Pain and Treatment Response in Young Adults with IBS: A Machine Learning Approach — **Jie Chen**, PhD, RN; **Xiaomei Cong**, PhD, RN, FAAN
- Power Session 2D (2) — Chronic Pain and Ehlers Danlos Syndrome: What is the Connection? **Maureen Cooney**, DNP, RN, FNP-BC, PMHNP-BC, PMGT-BC, AP-PMN

11:30 AM - 12:30 PM: Lunch Symposium

Optimizing Care in Fibromyalgia: Advancing Patient Outcomes from Diagnosis to Therapeutic Interventions

Sponsored by:



12:40 PM - 1:40 PM: Concurrent & Power Session 3

- Concurrent Session 3A — Different Paths, Same Goal: Journey to Institutional Commitment to Improving Pediatric Pain Management — **Katie Bookout**, MSN, RN, CPN; **Elizabeth Pasternak**, MS, RN, CHPPN; **Nichollette Andrews**, MS, APRN, PCNS-BC
- Concurrent Session 3B — Dialing Down the Heat of Intrathecal Pain Pumps — **Anna Grosse**, DNP, APRN, AGNP-C
- Concurrent Session 3C — Opioid Tapering Strategies for Chronic Pain Patients — **Tamara Wilkins**, DNP, APRN, FNP-BC, PMGT-BC, AP-PMN
- Power Session 3D (1) — Don't Let Post Stroke Syndrome Steal Your SPARKLE! — **LaTanya Kennedy**, DNP, MSN, ACNS-BC, APRN, PMGT-BC, CRRN
- Power Session 3D (2) — When the Thunder Doesn't Stop: Rethinking Post-SAH Headache Treatment — **Kathy Baule**, DNP, APRN, ACNS-BC, CCRN, CNRN, RNFA; **Sydney Baule**, BSN, RN, CCRN

1:40 PM - 2:10 PM: Break in Exhibit Hall / Poster Viewing / Silent Auction

2:10 PM - 3:10 PM: Concurrent & Power Session 4

- Concurrent Session 4A — Understanding Facilitators and Barriers to Nursing Administration of PRN Analgesia — **Deb Bruene**, MA, RN, PMGT-BC; **Emma Englehart**
- Concurrent Session 4B — More than Constipation: Opioids' Impact on the Gut — **Bobbie Sue Brown**, MS, BA
- Concurrent Session 4C — Cultural Contexts of Pain: Awareness and Understanding — **Hallie Evans**, DNAP, CRNA, APRN, CNE; **Nicolette Hooge**, DNP, CRNA, APRN, CNE
- Power Session 4D (1) — Breaking the Stone Cycle: Opioid-Sparing Strategies for Renal Colic Relief — **Scott Faust**, Ed.D, MS, APRN, CNP
- Power Session 4D (2) — What a Nightmare! A Pain Patient Without Sleep — **Mary Milano Carter**, MS, ANP-BC, AP-PMN, PMGT-BC, GERO-BC

3:15 PM - 4:15 PM: Concurrent & Power Session 5

- Concurrent Session 5A — Group Yoga Therapy for People Living with Chronic Pain — **Sara Hall**, MS, APRN, CNS, PMGT-BC

3:15 PM - 4:15 PM: Concurrent & Power Session 5 (Continued)

- Power Session 5B (1) — RELIEF Resources and Innovations — **Marian Wilson**, PhD, MPH, RN, PMGT-BC
- Power Session 5B (2) — Results from the ERAS Study — **Holly Watson**, PhD, ANP-BC; **Megan Filoramo**, MSN, APRN-BC, PGMT-BC, AP-PMN, IHWNC-B
- Power Session 5C (1) — Better Practice, Better Relief: Simulation-Based Pain Management Education — **Rachel Badovick**, MS, PNP; **Alexa Ganter**, MS, APRN, CPNP-PC
- Power Session 5C (2) — Engaging Technology to Improve Pain and Sedation Reassessment Documentation — **Marilyn Bazinski**, DNP, RN, AGCNS-BC, AP-PMN; **Lena Ngo**, RN, MSN

4:30 PM - 5:30 PM: Awards Ceremony

5:30 PM - 5:45 PM: Committee Meet-Ups

Dinner on your own

7:30 PM - 9:30 PM: Friday Night Group Social Event “Friday Night Social Event: Celebrating 35 Years: 1980-1990s Era”

Saturday, October 18

7:00 AM - 12:00 PM: Registration Open

7:00 AM - 8:00 AM: **Breakfast Symposium**

Role of Suzetrigine in Acute Pain Management

Sponsored by:



8:10 AM - 9:00 AM: **General Session**

Enhancing Pain Management Through Mobile Health Technology: A Value-Driven Approach — **Lynn Webster**, MD; **Jody Green**, PhD; **Jeffrey Bettinger**, PharmD

9:00 AM - 9:30 AM: **Presidential Address** — **June Oliver**, MSN, CCNS, APRN, CNS

9:30 AM - 9:45 AM: Break

9:45 AM - 10:45 AM: **General Session**

Pain and Long COVID Rehab: A Conflict of Paradigms? — **Teri Reyburn-Orne**, MSN, APN, CPNP-AC/BC, PMGT-BC, AP-PMN; **Meaghan Anderson**, DPT, PT

10:45 AM - 11:45 AM: **General Session**

Pain is a Brain Thing ...and Nurses Can Help Rewire It — **Marie O'Brien**, DNP, ANP, PMGT-BC, CCRN

11:45 AM - 12:00 PM: Closing Remarks

Bonus Virtual-Only Offerings

- Implementation and Evaluation of a Multi-Step Opioid Monitoring Program — **Karin Choquette**, DNP, AGNP-C
- Professional Identity in Nursing: A Pain Nurse Perspective — **Laura Habighorst**, BSN, RN, CAPA, CGRN, NPD-BC, PMGT-BC
- Low Back Pain Again? A One-Stop Clinical Toolkit for Quick, Quality Care — **Megan Filoramo**, MSN, RN-BC, APRN-BC, PGMT-BC, AP-PMN, IHWNC-BC
- Managing Chronic Pain in Veterans — **Renee Holleran**, PhD, APRN, FNP-BC, CEN, CCRV, CTRN (retired), FAEN, FAST
- Mastering Buprenorphine: Integrating Pain Management, Opioid Use Disorder Treatment, and Application to Nursing Practice Across Clinical Settings — **Michelle Lavelle-Henry**, APRN, CNP, ACHPN, PMGT-BC
- Shining the Light on All the Right — **Bonnie Barnes**, FAAN, The DAISY Foundation, Co-founder