

RNC Exam Preparation:

Maternal-Newborn
Level I & II NSY

Want your RNC?
*NCC CORE EXAM On-site options
following course for
Maternal-Newborn or Low Risk Neonatal Exams

Maternal & Newborn Review

#1 For Cross Training in OB

Co-Presented by:

Cindy Parke, RNC, CNM, MSN

Tracy Karp, RNC, MS, NNP

2018

SALINAS, CA - JAN. 31 - Feb. 2 (3)

HOST: Natividad Medical Center

Seminar site:

1441 Constitution Blvd. Bldg. 880.

Salinas, CA 93906

LUBBOCK, TX - February 21-23 (24)

HOST: Covenant Women's and

Children's Hospital

Seminar site: 4000 24th Street

Lubbock, TX 79410

LIBERTY, MO - April 11-13 (14)

HOST: Liberty Hospital

Seminar site: 2525 Glenn Hendren Dr.

Liberty, MO 64068

BOISE, ID - May 16-18 (19)

HOST: St. Luke's Regional Medical Center

Seminar site: Washington Group Plaza 1

Hot Springs Auditorium, 400 S. Broadway

Boise, ID 83712

SEATTLE, WA - September 26-28 (29)

DoubleTree Suites Seattle AP/Southcenter

16500 Southcenter Parkway

Seattle, WA 98188

CHARLOTTE, NC - October 17-19 (20)

HOST: Carolinas HealthCare System NorthEast

Seminar site:

Carolinas HealthCare System NorthEast

920 Church Street North

Concord, NC 28025

NYACK, NY - November 12-14 (15)

HOST: Nyack Hospital

Seminar site: The Time Nyack Hotel

2400 High Ave.

Nyack, NY 10960



Professional Education Center

P.O. Box 7447 Chico, CA 95927-7447

800-732-2387

www.proedcenter.com

MEET YOUR SPEAKERS...



Cindy Parke, RNC, CNM, MSN

Certified Nurse Midwife, Educator, and Clinician; Cindy has taught essentials of women's health, pregnancy, and childbirth topics to nurses nationwide. An active member of the ACNM, AWHONN, Sigma Theta Tau, and the International Cesarean Awareness Network, Cindy's focus is on comprehensive assessment and care; antepartum thru postpartum. Cindy teaches from a physiology base, helping you put all the pieces together for your clinical practice and testing. Logical and thorough. Recognizing the risks, choosing appropriate interventions, responding to the clinical findings - this program presents a focused overview of maternal care.



Tracy Karp, RNC, MS, NNP

Author, Educator, Researcher, and Clinician: Tracy Karp has 34 years of experience in neonatal nursing. He is currently the Chief of Advanced Practice Clinicians at Intermountain Healthcare's Primary Children's Medical Center. Tracy continues to practice as a neonatal Nurse Practitioner in various clinical settings including Level II & III NICUs. He is also on clinical faculty at the University of Utah College of Nursing in Salt Lake City. He has presented at various conventions; served on multiple state, regional, and national neonatal committees, and has authored or co-authored numerous textbook chapters and articles. Tracy has a relaxed teaching style utilizing audience knowledge in a technique that has proven to be engaging and a great tool for retention.

WHAT PEOPLE SAY...

"The INFORMATION was GREAT and such a good review for the test! Cindy and Tracy were both wonderful presenters and so very helpful to work with!!"

"EXCELLENT course -speaker and content! Cindy is terrific, compassionate and facilitates communication!"

"What a GREAT instructor! Tracy is phenomenal with his background, knowledge and clinical expertise!"

"Instructors were both very ENGAGING. Thank you for your time"

"What an INCREDIBLE three days! Great review, update and best of all - I PASSED! Thank you Cindy & Tracy!"

PROGRAM AMENITIES

All PEC programs provide a continental breakfast, lunch, and afternoon sodas. A comprehensive training manual is provided for each participant. **Breakfast is also provided the morning of the exam. Classroom style seating (table/chair) is the preferred PEC room set-up.**

CONTINUING EDUCATION CREDITS

This program has been designed to meet the Board of Nursing CE requirements for license renewal in all 50 states. Professional Education Center (PEC) is a provider approved by the California Board of Registered Nursing, Provider #9890, Nurses BRN: 24 Hours CE Credit (8/day); Pharmacology credits: 2 hours. Florida FBN #2219 for 21 Hours: 7/day.

CE Certificate is issued at program conclusion.

WHO SHOULD ATTEND:

- **AP - IP - PP and Level I or II Neonatal Nurses**
- **Mother-Baby and LDRP Nurses**
- **Maternal and Newborn Clinical Specialists**
- **Nurses Needing a Review, Orientation, or Cross-Training in Maternal Newborn Care**
- **Nurses planning to take the Maternal Newborn or Low Risk Newborn RNC exam**
- **Nurses needing RNC recertification credits**

Fast paced, comprehensive and intense review of physiology, pathophysiology, signs/symptoms, diagnosis, treatment and prognosis of mother and the low-risk newborn. This program will refresh your knowledge base, improve your assessment skills for clinical practice and assist you as a caregiver. It is also an excellent prep for the RNC exams with content to compliment exam outlines and a review of test taking skills.

PROGRAM OBJECTIVES:

Through Lecture and Discussion This Program Will:

- Describe maternal, fetal and neonatal physiology, norms and expected outcomes from the antepartum to the postpartum period, determining potential risk factors affecting outcomes.
- Review maternal history and physical findings to determine potential risk factors affecting maternal, fetal and neonatal outcomes.
- Identify normal and abnormal findings through physical assessment, laboratory values and common screening tools.
- Describe components for neonatal assessment and systems review.
- Describe common problems and complications in the antepartum, intrapartum, postpartum, and transitional time periods.
- Identify the at risk mother, fetus and newborn based upon multiple facets of information available to the care provider.
- Discuss elements of lactation, nutrition and breastfeeding.
- Describe components of education and support for maternal, newborn and family care.
- Discuss role adaptation, nursing care and family dynamics relative to maternal and newborn norms, deviations and needs.
- Identify Test Taking Skills and barriers to testing success.

GUARANTEE - CANCELLATION - TAXES

GUARANTEE: If you are not satisfied with the content and presentation of this program, notify the registrar by 12 noon on 1st day of attendance for refund of registration fees.

CANCELLATIONS: Up to 7 days before the program choose: Registration fee refund minus \$25 per day administrative fee or full value credit letter.

Cancellation within 7 days: No monetary refund. Send a substitute or request a credit letter (minus \$25/day administrative fee) which will allow you to apply fees to a future program of your choice. If program cannot be held due to circumstances beyond our control (natural disaster, strike, etc.) the seminar will be rescheduled if possible. Registrants may choose free admission to the rescheduled program, or credit voucher good for any future PEC program, no cash refund. PEC reserves the right to substitute qualified speaker(s) in response to emergency circumstances beyond our control. **CE tuition, travel/meal expenses are tax deductible.** Consult your tax advisor for details.

Maternal & Newborn Review

Comprehensive Assessment & Care...

DAY ONE - Maternal

7:30am Check In with Continental Breakfast

8:00am **ANTEPARTUM:** Maternal Physiology & Assessment
History - Physical - Lab Values - Weight Gain/Loss
Problems: EDC - STD's - Substance Abuse - Anemia
Risks & Complications: Size-Date Discrepancy
LGA - SGA - IUGR - Poly & Oligohydramnios, Multiples
Premature Labor - Post dates Pregnancy; Diabetes/GDM
Hypertension - Cardiac, Renal & GI Disease - Bleeding
FETAL ASSESSMENT: 1st - 2nd Trimester Screening
Genetics - Amniocentesis - Ultrasound - NST - BPP
INTRAPARTUM: Maternal-Fetal Health vs Risk
FHR-NICHD - Resuscitation - Cord Gasses - Rx in Labor
Labor Complications
POSTPARTUM: Maternal Health & Physiology
Lab Values - Physiologic Adaptations - Health Assessment -
Medications - Care - Danger Signs - Complications
4:00 pm Adjourn. Plus optional 30- 45 minutes Review

DAY TWO - Maternal - Newborn

7:30am Check In with Continental Breakfast

8:00am **POSTPARTUM: Common Problems**
Bladder - Hemorrhoids - Pain - Engorgement
Constipation - Fatigue - Postpartum Depression
COMPLICATIONS: PPH - DIC - Hematoma - Uterine
Rupture - Hypertension - Infection - Thrombophlebitis
EDUCATION: Self & Infant Care - Contraception
Lactation: Expectations - Problems - Education
Family Dynamics: Role Transition - Adaptation - Grief
NEWBORN: Assessment & Management
Clinical Findings & Laboratory - Diagnostic Data
Gestational Age - Thermoregulation - Developmental
SYSTEMS REVIEW: Normal & Abnormal Findings
Physiology - Assessment - Complications & Variations
Cardiac - Respiratory - GI - Integumentary
Musculoskeletal - Head: EENT
4:00 pm Adjourn Plus optional 30- 45 minutes Review

DAY THREE - Newborn

7:30am Check In with Continental Breakfast

8:00am **NEWBORN SYSTEMS ASSESSMENT Continued...**
Hematopoietic - Neurologic - Immune - Endocrine - GU
GENETICS: Patterns of Inheritance
Common Abnormalities & Defects
RECOGNIZING EARLY PROBLEMS:
Hyperbilirubinemia - Maternal Substance Abuse
GENERAL MANAGEMENT
Resuscitation & Stabilization
Neonatal Nutrition: Feeding & Lactation
Pharmacology - Pain Assessment & Management
Family Integration: Discharge Planning/Home Care
PROFESSIONAL - LEGAL - ETHICAL ISSUES
4:00 pm Adjourn

Registration 2018 Maternal Newborn

NAME _____ License# _____
☐ RN ☐ APN ☐ CNM ☐ Other: _____
Address _____
City _____ State _____ Zip _____
Phone (____) _____
Email _____
My clinical practice area is: _____

☐ Check Payable to: Professional Education Center (PEC)

☐  ☐  ☐  ☐ 

Card #s _____ Exp. _____

☒ I prefer a vegetarian lunch (available with pre-registration only)

PROGRAM FEES 3 Day Seminar Daily Attendance

Individual	☐ \$529	☐ \$239 per day
Group 4**	☐ \$519 each	☐ \$229 each/day
Group 8+**	☐ \$509 each	☐ \$219 each/day

I am taking the on site exam \$25 NR fee due PEC ☐

**Groups MUST pre-register & pre-pay TOGETHER to qualify as a group.
Group Rates are "pre-paid" and are not available at the door.

At The Door Payment or Registration: \$579/Course or \$289/day

Salinas, CA	☐ 1/31	☐ 2/1	☐ 2/2/18	*2/3
Lubbock, TX	☐ 2/21	☐ 2/22	☐ 2/23/18	*2/24
	☐	☐	☐	
Liberty, MO	☐ 4/11	☐ 4/12	☐ 4/13/18	*4/14
Boise, ID	☐ 5/16	☐ 5/17	☐ 5/18/18	*5/19
Seattle, WA	☐ 9/26	☐ 9/27	☐ 9/28/18	*9/29
Concord, NC	☐ 10/17	☐ 10/18	☐ 10/19/18	*10/20
Nyack, NY	☐ 11/12	☐ 11/13	☐ 11/14/18	*11/15

Recommended Home Study Text Units (Optional)

Prices listed on the website; may order with a conference discount

Perinatal Nursing 4th Ed. w/ 21 Hour CE Hours

Physical Assessment of the Newborn w/12 Hour CE Hours

Limited quantities of these texts will be available at conference.

EASY COURSE REGISTRATION:

Online at: www.proedcenter.com

Call: 800-732-2387 9am-3:30pm M-F (PST)

Register at anytime! FAX - 530-343-3575

OR

Mail Your Registration To:

P.O. Box 7447

Chico, CA 95927-7447

*The NCC exams are separate (\$275) from and have no affiliation with this course. It is PEC's goal to support higher standards of continuing education and to assist nurse's seeking certification, thus PEC has established the option for PEC MNB course attendees to sit the NCC exam. NCC sends an admission letter following receipt/approval of exam application. Contact NCC if you have applied and have not received your admission to exam letter. Testing site inclusion does not constitute NCC endorsement of course, course content, or materials provided. NCC and PEC are not affiliated organizations. A collaborative effort has provided an educational (PEC) and testing (NCC) opportunity to clinicians nationwide. PEC has no authority to approve, disapprove or vary any requirement for qualifying for or taking any NCC exam.

Registration for the on-site NCC exam following attendance at the course is separate, we suggest registering using the tab on our website. Please note there is a \$25 NR test administration fee due PEC for the onsite exam. Must register 21 days prior.



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Chico, California 95927-7447

PLEASE POST - THANK YOU!

Maternal-Newborn

RNC Exam Prep - Update - Review
TWO NCC Exams to choose from
NCC Paper-Pencil Exam Testing On-Site

The answer to OB cross training!
Comprehensive Systems Review
AP - IP - PP - NSY (Level I & Level II)
Physiology Based Teaching Styles
Test Taking Skills Review

RNC EXAM INFORMATION CONTACT-DETAILS:

*NCC Exam registration must be done separately with NCC and is \$275.
NCC requires the registration be at least 21 days prior to exam date.

Direct NCC Registration Instructions Inside
OR use the tab on the proedcenter.com website homepage.

There is also a \$25 non-refundable Test Administration Fee due to PEC if taking exam on-site.

We recommend some review prior to the seminar.

CE CREDIT: Nurses: BRN - 24 Hours CE Credit (8/day); Pharmacology credits: 2 Hours.

Professional Education Center is approved as a provider of continuing nursing education by the California Board of Registered Nursing, Provider #9890 and Florida FBN #2219 (FL: CE Credit 21 Hours: 7/day)

Pharmacology credits: 2 Hours

Neither program planners nor presenters have any commercial conflict of interest.

2018 PROGRAM LODGING

A limited number of rooms at a preferred rate, have been arranged with the following hotel per site.
Call, (use code if stated) or use the direct website link (on our website) to make a reservation.
Be sure to reserve at least 30 days ahead to get a room and get the special discounted rate.

SALINAS, CA - JAN. 31 - Feb. 2 (3)

HOST: Natividad Medical Center

LODGING: Pick your own,

We expect to use the Holiday Inn Salinas

LUBBOCK, TX - February 21-23 (24)

HOST: Covenant Women's and Children's Hospital

LODGING: Pick your own.

LIBERTY, MO - April 11-13 (14)

HOST: Liberty Hospital

LODGING: PEC is still negotiating a room block at Holiday Inn Express

8230 N Church Road, Kansas City, MO 64158.

(816) 781-5555

BOISE, ID - May 16-18 (19)

HOST: St. Luke's Regional Medical Center

LODGING: Holiday Inn Express

475 W. Parkcenter Blvd. Boise, ID 83706

(208) 345-2002 Room rate: \$111 PEC MNB

SEATTLE, WA - September 26-28 (29)

DoubleTree Suites Seattle AP/Southcenter

16500 Southcenter Parkway, Seattle, WA 98188

(206) 575-8220 Room rate: \$159 PEC-MNB Seattle

CHARLOTTE, NC - October 17-19 (20)

HOST: Carolinas HealthCare System NorthEast

LODGING: Holiday Inn Express and Suites

2491 Wonder Dr. Concord/Kannapolis NC 28083

(704) 743-1080 Room rate \$129 PEC

NYACK, NY - November 12-14 (15)

HOST: Nyack Hospital

LODGING: The Time Nyack Hotel

2400 High Ave. Nyack, NY 10960

(845) 675-8700 Room rate: \$159 PEC-MNB

CONTINENTAL BREAKFAST & LUNCH PROVIDED AT ALL PEC CONFERENCES...

PARKING FEES (if any) ARE THE RESPONSIBILITY OF THE PARTICIPANT.

PROFESSIONAL EDUCATION CENTER is dedicated to bringing you the most respected speakers, and providing education that is clinically essential. Education that you will use every day - Education that makes a difference! **The opportunity to share experiences and network with your peers is just one more reason to choose Professional Education Center for your CE programs!**